



Maharaja Agrasen Institute of Management Studies

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Report on Spiritual Seminar

Department of Economics

Academic Year 2025-26

The Spiritual Seminar “Skills for Life Values for Living” was organized by Arthonomics and Maharaja Agrasen Spiritual Society (MASS) of Maharaja Agrasen Institute of Management Studies (MAIMS). The session aimed to provide students to develop essential life skills grounded in strong moral and spiritual values. The event featured an interactive session with Shri Keshav Murari Das, the President of Iskcon Rohini

Speaker Profile: Shri Keshav Murari Das

Shri Keshav Murari Das is the **President of ISKCON Rohini**. With over 15 years of experience in value-based education, he is a **senior leader, counselor, and life coach**. Through his extensive work, he has played a significant role in guiding individuals toward **personal growth, ethical living, and spiritual well-being**. His insights on **values, leadership, and life management** provided meaningful learning opportunities for the students.

Event Details

- **Event Title:** Spiritual Seminar on “Skills for Life Values for Living”
- **Organizing Unit:** Arthonomics and Maharaja Agrasen Spiritual Society
- **Institute Head:** Prof. (Dr.) Rajni Malhotra Dhingra
- **Event Coordinators:** Dr. Gaurav Aggarwal, Ms. Saloni Arora
- **Date:** Thursday, 29th January 2026
- **Time:** 11:00 AM – 12:30 PM
- **Venue:** Seminar Hall, 9th Floor, 9th Block, MAIMS
- **No. of Participants:** 80 Students from Economics department

Objectives

The primary goals of the **Spiritual Seminar** were:

- To develop essential life skills among students grounded in **strong moral and spiritual values**.
- To encourage **self-reflection, positive mindset building**, and a sense of social responsibility.
- To highlight the importance of **value-based living for personal growth** and overall well-being.
- To inspire students to lead a **disciplined, ethical, and purposeful life** through practical insights.

Session Highlights

- **Keynote Address by Shri Keshav Murari Das:**
 - Spoke about the **importance of core human values** that need to be inculcated in today's fast-paced world.
 - Emphasized traits such as **understanding, self-discipline, compassion,** and maintaining a positive mindset.
 - Highlighted the need to avoid negative habits and **adopt ethical practices** in daily life.
 - Recited selected **shlokas from the Bhagavad Gita** to explain practical life lessons and value-based living.
- **Interactive Session:**
 - Students actively participated and reflected on the **relevance of spiritual values** in modern life.
 - The discussion focused on **self-improvement, moral responsibility, and inner growth.**

Key Takeaways

- Students developed a **deeper understanding of value-based living** and personal ethics.
- The session encouraged **self-reflection and positive behavioral change.**
- Practical insights on leading a **balanced, disciplined, and meaningful life** were shared.

The spiritual seminar “**Skills for Life: Values for Living**” was a **successful and enriching initiative**. It was well-received by the students and contributed significantly to their moral, emotional, and personal development.

Convener

Dr. Gaurav Aggarwal

Head of Department

Economics Department, MAIMS

Co Convener

Ms. Saloni Arora

Assistant Professor

Economics Department, MAIMS



