



MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

Affiliated to GGSIP University; Recognised u/s 2(f) of UGC

NAAC Accredited with Grade "A++"

Recognised by Bar Council of India; ISO 9001: 2015 Certified Institution

Maharaja Agrasen Chowk, Sector- 22, Rohini, Delhi-110086, India

Phone Office; 8448186950 website; www.maims.ac.in



SANGINI 4.0: Panel Discussion on 'Redefining Horizons of Courage' Academic Year: 2025-2026

Department: Department of Law

Name of Event: Sangini 4.0: Panel Discussion on 'Redefining Horizons of Courage'

Organizing Unit: Gender Sensitisation and Equality Initiative Club, MAIMS

Date of the Event: 04 March, 2025

Time of the Event: 11:00 AM to 1:00 PM

Location: Main Auditorium, MAIMS

Number of Students participated: 248

On 4th March, 2025, Gender Sensitisation Equality Initiative Society of Maharaja Agrasen Institute of Management Studies proudly presented "Sanigni 4.0": Panel 'Discussion on Redefining Horizons of Courage'. This flagship event, themed **"Redefining Horizons of Courage"**, aimed to foster meaningful dialogue on the evolving definitions of courage, exploring how it manifests in various aspects of life from personal battles to professional journeys. The event sought to challenge stereotypes and encourage the audience to embrace courage in all its diverse forms.

The event commenced at 12:00 pm with an energetic and mesmerizing Ganesh Vandana dance performance by the students, setting a spiritual and graceful tone for the day. This was followed by the ceremonial lamp lighting, signifying the dispelling of ignorance and the pursuit of enlightenment.

To honor the esteemed guests, a felicitation ceremony was held by Dr. Manoj Verma Head of Department, BBA and Praveen Kumar Gupta head of department Law presented a token of appreciation to all the panelists. The much-awaited panel **discussion** then began, moderated by Dr. Uday Kumar Sinha, Head of the Clinical Psychology Department at IBHAS. The panel consisted of Capt. (Dr.) Sunaina Singh Former Army Officer with over 10 years of service in the Ministry of Defence, Ms. Nandini Sharma – Founder and CEO of The Invincible Academy, Adv. Yasna Sehgal Popularly known as The Friendly Advocate with over 250K+ followers.

Each panelist shared powerful insights, making the discussion deeply engaging. Capt. (Dr.) Sunaina Singh encouraged everyone with her wise words, shedding light on the true essence of courage. She spoke about her journey as an Army officer, highlighting the strength and resilience required to thrive in a challenging environment. Adv. Yasna Sehgal emphasized the role of courage in decision-making, explaining how every choice we make in life requires bravery, whether in professional or personal spheres. Ms Nandini Sharma shared her inspiring journey of becoming an entrepreneur and how it was her courage that enabled her to take risks and build a successful career in an unconventional field. Dr. Uday Kumar Sinha, as the panel moderator, concluded the discussion on a thought-provoking note, stating, "Never let your emotions control you and your life decisions." His words resonated with the audience, leaving them with a powerful takeaway about emotional resilience and self-awareness. The event also showcased captivating performances that beautifully aligned with the theme. Nirvana, the dance group, delivered a visually stunning performance inspired by the theme of courage and perseverance. Swarag, the musical group, mesmerized the audience with soulful melodies that echoed the essence of strength and determination.

Sangini 4.0 was a resounding success, leaving the audience enlightened, empowered, and inspired. The engaging panel discussion and the artistic performances blended seamlessly to reinforce the message of courage in all aspects of life. The GSEI team expressed heartfelt gratitude to all the distinguished panelists, the moderator, the faculty, and the enthusiastic audience for their active participation in making the event a memorable one. With this, Sangini 4.0 reaffirmed its commitment to fostering conversations on empowerment, inclusivity, and breaking barriers, ensuring that courage is not just celebrated but actively embraced in everyday life.

