



# Maharaja Agrasen Institute of Management Studies

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## WELLNESS CLUB

### Report

### Spiritual Tour to Haridwar and Rishikesh

**Date:** February 21-22, 2025

**No. of Participants:** 50

**No. of Days:** 2

**Place:** Haridwar and Rishikesh

**Faculty Coordinator:** Ms. Neetu Agarwal, Assistant Professor, Dept. of Computer Applications

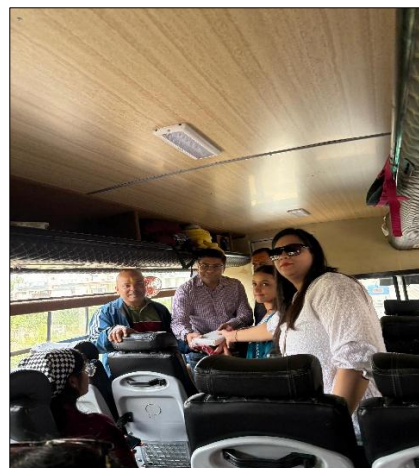
The Wellness Club of Maharaja Agrasen Institute of Management Studies (MAIMS) successfully organized a spiritual tour to Haridwar and Rishikesh for Bhagavad Gita students on February 21-22, 2025. The trip, sponsored by MATES, saw the participation of 43 students, accompanied by 7 faculty members. Ms. Neetu Agarwal, Faculty Convener of the Wellness Club, played a key role in organizing and leading the trip. The journey commenced from Haridwar, where the group first visited the sacred Har Ki Pauri. Students took a holy dip in the Ganga and later participated in the Ganga Aarti, a mesmerizing ritual that left everyone spiritually uplifted. The next stop was Mansa Devi Temple, where students offered prayers and sought divine blessings. Another significant visit was to the Bharat Mata Temple, a unique shrine symbolizing national unity and cultural heritage.



*Bhagavad Gita Group on Triveni Ghat*



*Bhagavad Gita Group on spiritual tour to Haridwar & Rishikesh*



*Shloka Recitation Competition in the bus*

In Rishikesh, the group explored the iconic Ram Jhula and Janki Setu, marvelling at the scenic beauty of the holy river. The students engaged in discussions on the Bhagavad Gita's teachings, reflecting on their relevance in modern life. A Shloka Recitation Competition was also held during the trip, where **Haritika of BA(LLB)** secured the first position and **Himanshu of B.com(H)** secured the second position showcasing their deep understanding and devotion to the sacred texts. The highlight of the trip was the Triveni Ghat, where the sacred chants and illuminated diyas created an aura of deep devotion and peace. This journey was not just a trip but a spiritual awakening for the students. The participants expressed their heartfelt gratitude to **MATES** and the **Wellness Club** for making this divine experience possible.