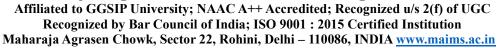


Maharaja Agrasen Institute of Management Studies





DEPARTMENT OF COMMERCE NSS, MAIMS

Email: hodcommerce@maims.ac.in Prof. (Dr.) Manju Gupta

Ph: 9811871455 Head, Department Commerce

31, January 2025

SCHOOL VISIT- MCD GOVT. SCHOOL

Academic Year- 2024-25

Theme: School Visit- MCD GOVT. SCHOOL

Head of Department: Dr. Prof. Manju Gupta

Participants: 3

Coordinators: Dr. Sheetal Badesra, Ms. Divisha Gupta, Mrs. Durga Aryal

Date: January 31st, 2025, Time: 9:00-11:00 A:M

Venue: SECTOR-21, ROHINI

OBJECTIVES OF THE INDUSTRIAL VISIT:

- Awareness about Health and Fitness Habits
- Awareness about Balanced nutrition and Healthy eating practices
- Awareness about Environmental conservation and sustainability
- Instill sense of Ethical behavior and moral values

On Friday, January 31st, 2025, the Department of Commerce, Maharaja Agrasen Institute of Management Studies, organized a school visit to MCD School in Rohini Sector 21.

The objective of this program is to aware students of school about the importance of good health and fitness habits, instilling ethical and moral values and importance of having balanced nutrition and healthy eating practice and awareness about environmental conservation and sustainability.



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Having poor diet, including junk food or not having any physical activities included in daily life are the main reason for health-related problems and students should know the reasons behind it and also how they can take measure steps for it.

Three students from the Commerce Department, MAIMS along with Dr. Sheetal Badesra, Assistant Professor (Department of Commerce), Ms. Divisha Gupta, Assistant Professor (Department of Commerce), and Mrs. Durga Aryal (Department of Commerce) went for the visit.

Following the address note, students reached the school at 9:00 am. The teachers and students of the school welcomed and greeted us with all respect. The Principal of the School addressed the assembly and informed the students about our school visit.

The speaker told the students about the various ways to protect the environment, impact of having healthy balanced diet, its impact on health and the importance of ethical behavior and moral values. They were also taught about actions they can take to protect the environment. This was followed by a small quiz competition including questions related to general knowledge, health, physical fitness, moral values and etc. The student giving the right answer was rewarded with a chocolate.

The principal and the school students thanked MAIMS for their contribution to the betterment of their lives and the motivation to study.

The visit ended at 11:00 am and the students then returned to the college.

OUTCOMES:

Student interacted with the school students.

- Students knew the importance of spreading awareness.
- Students enjoyed doing the social work by spreading the knowledge they have.

GLIMPSES:



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