

Report

SPIRITUAL TRIP TO VRINDAVAN AND GOVERDHAN (Nov 17th – 18th, 2023)

Date: 17th -18th November, 2023

No. of Participants: 49

No. of Days: 2 days

Hotel Stay: Chandrodaya Bhavan, Akshaya Patra Campus, Vrindavan

Faculty Coordinator: Ms. Neetu Agarwal, Assistant Professor, Dept. of Computer Applications

The **Wellness Club** of Maharaja Agrasen Institute of Management Studies (MAIMS) organized a spiritually enriching trip to the sacred cities of Vrindavan and Govardhan for Bhagavad Gita students from various departments, including BBA, B.Com (Hons.), B.A (Hons.) Economics, BA(JMC), B.A(LLB), and BBA(LLB). The trip was held from November 17th to 18th, 2023, with the primary objective of providing students with an immersive experience to deepen their understanding of the teachings of the Bhagavad Gita and foster spiritual well-being. Vrindavan and Govardhan, known for their historical and religious significance in Lord Krishna's life, offered the perfect setting for this purpose. Participants visited several prominent temples and sacred sites, engaging in devotional activities such as kirtans, parikramas, and discussions on spiritual values. These experiences allowed students to connect with the cultural and spiritual heritage of India while gaining insights into the life and teachings of Lord Krishna. The serene and spiritually charged atmosphere encouraged reflection, mindfulness, and personal growth among the participants.



News Coverage of MAIMS Spiritual Excursion



Accommodation was thoughtfully arranged at Chandrodaya Bhavan, Akshaya Patra Campus, Vrindavan, providing a peaceful environment that complemented the trip's spiritual focus. A total of 49 participants, including 9 faculty members and 40 students, took part in this journey. The event was smoothly coordinated by **Ms. Neetu Agarwal, Convenor** of the event and Assistant Professor in the Department of Business Administration, ensuring the trip was well-organized and impactful.

This spiritual journey not only enriched the participants understanding of the Bhagavad Gita but also instilled values of inner peace, discipline, and cultural appreciation. The trip successfully achieved its objective of blending education with spirituality, leaving the participants with lasting memories and valuable lessons that will guide them in their personal and professional lives.