



Maharaja Agrasen Institute of Management Studies

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Date: **25 OCTOBER, 2024**

TIHAR JAIL VISIT

Academic Year: 2024 - 25

Name of Event: Tihar Jail Visit

Organizing Unit: Legal Services Clinic, Maharaja Agrasen Institute of Management Studies, GGSIPU

Name and designation of Resource Person: Dr. Purnima Gupta, Faculty Convenor, LSC, MAIMS

Date of the Event: 25 October, 2024

Time of the Event: 12:00 PM

Location: Central Jail Number 4, Tihar Jail

Number of Students participated: 15

On 25th October 2024, students from the Legal Services Clinic, MAIMS, along with their faculty members, visited Central Jail Number 4 in Tihar Jail, where convicted prisoners are kept. The visit was organized in collaboration with the North-West District Legal Services Authority (DLSA) as an educational initiative to provide students with a practical understanding of the prison system, including its operations, rehabilitation programs, and the challenges faced by prisoners.

The visit began with a *nukkad natak* (street play) performed by the students on the theme of mental health. The play aimed to shed light on the stigma surrounding mental health issues among prisoners and emphasized the importance of providing proper care and psychological support. The performance was

well-received and served as a meaningful way to spread awareness about the mental health needs of inmates, aligning with the visit's broader objective of understanding prisoner welfare.

After the *nukkad natak*, we were shown different parts of the jail. The first stop was a workshop where inmates make furniture as part of their vocational training. This work not only helps prisoners develop useful skills but is also part of an employment program where they are paid Rs. 402 per day. The furniture is sold online and used in various courts, providing inmates with a source of income and experience that can aid their reintegration into society. Next, we visited the kitchen, where inmates prepare their own meals, and we saw how the system is organized to ensure cleanliness and proper nutrition.

The tour also included visits to the barracks, where prisoners reside, providing insights into their living conditions and daily routines. We were then shown the jail library, a peaceful place where inmates can read books for learning and relaxation. The authorities also shared details about the legal aid center operating within the jail, emphasizing its critical role in ensuring prisoners have access to justice and assistance with their legal issues.

As part of the visit, we conducted a mental health survey by using a structured questionnaire to interact with selected inmates. This activity provided valuable insights into the psychological well-being of the prisoners and highlighted the importance of targeted mental health interventions.

The visit concluded with students gaining a better understanding of the prison system's role in both punishment and rehabilitation. It was a valuable experience, giving us a firsthand look at the legal, mental health, and social aspects of incarceration, while highlighting the need for support in mental health, skill building, and legal aid for prisoners.



