



**Maharaja Agrasen Institute of Management Studies**  
(A unit of Maharaja Agrasen Technical Education Society)  
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Maharaja Agrasen Chowk, Sector-22, Rohini, Delhi-110086, India  
Tel. Office: 8448186947, 8448186950 Website: [www.maims.ac.in](http://www.maims.ac.in)

## REPORT

**Theme- Workshop on Mediation: A Perfect Way to Dispute Resolution**

**Organizing Department- Law**

**Head of the Dept. – Prof. (Dr.) Praveen Kumar Gupta**

**Student Beneficiary- 90**

**Convenor- Dr. Nisha Dhanraj Dewani**

**Date: 27<sup>th</sup> September 2023**

**Time: 2:00-4:00 PM**

**Venue: - Seminar Hall, 9<sup>th</sup> Floor, 9<sup>th</sup> block**

**Resource Persons: - 1. Dr. Anant Vijay Maria, AOR, Supreme Court of India**

**2. Ms. Anuja Saxena, Mediator, Delhi Dispute Resolution Society (DDRS)**

**MAIMS Pro Bono Club** organized a workshop on mediation on 27<sup>th</sup> september 2023 in the Seminar hall of 9<sup>th</sup> Block, MAIMS for law students and its objective was to emphasize the importance of ADR- Alternative Dispute Resolution. The session began with welcoming all



the guests- Hon'ble Justice Mr. M.L. Mehta, Chairman, DDRS, Dr. Anant Vijay Maria, AOR, Supreme Court of India and a consultant having more than 10 years of experience at the Bar and Mrs. Anuja Saxena who is a mediator, a master- trainer at DDRS and MCPC.

The workshop was started with an illuminating address of Hon'ble Mr. Justice M.L. Mehta, who shared his valuable experience and interacted with the students as well as with the faculty members. He told the students about the enforcement of the mediation process and explained how mediation can be an opportunity for their legal careers. Along with this, he also explained the relationship between Mediation and meditation, and why meditation is important for advocates. The session was carried forward by Dr. Anant Vijay Maria who began

with focusing on the number of pendency cases and how mediation will help reduce this number. He further explained the history of mediation and addressed all the controversies that happened while enforcing mediation. He also explained the process of mediation step by step.



The session was moved ahead by Mrs. Anuja Saxena who is a Mediator, a Master Trainer, and an advisor for Training and organising events at the Delhi Dispute Resolution Society (DDRS) and at the Mediation & Conciliation Project Committee (MCPC), Supreme Court of India. Due to her experience and expertise in Mediation, Arbitration, and legal compliance, she has settled over 2000 post-litigation mediation matters as of date. She explained the process of mediation with the help of real-life examples and also

answered all the queries of the students. She also explained how the process of mediation can be understood with the help of mathematics. She illustrated the alphabet 'A' in ADR is not just 'Alternative' but also 'Absolute' and 'Amicable'. Along with this, she also shared her experience as a mediator.



The session was concluded with a vote of thanks by Dr. Nisha Dhanraj Dewani, Associate Prof., Department of Law. The Workshop was indeed a great exposure to learning the ADR, especially Mediation for the students and faculties of law, and other departments.