## MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES



(A unit of Maharaja Agrasen Technical Education Society)
Affiliated to GGSIP University; Recognized u/s 2(f) of UGC
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## REPORT

## ANNUAL SPORTS DAY 2020 (JANUARY 19-20, 2020)

Sports is the celebration of the human spirit and youth, it not only inspires young minds but also teaches good values and ethics to young students. The ENIGMAA-The Sports Society of Majaraja Agrasen Institute of Management Studies, Delhi organized two days sports meet in the college campus. It was organized at sports ground, indoor stadium, and other rooms in campus of Maharaja Agrasen Institute of Management Studies. The annual sports fest was inaugurated by Dr. Nand Kishore Garg (founder & chief advisor of MATES), Sh. Jagdish Mittal (Vice Chairman, MATES), Sh. Umesh Gupta (Vice-Chairman MATES) and Sh. Mohan Garg (Jt. General secretary of MATES). Convenor of the event were Dr. Manju Gupta, Associate Professor, Department of Commerce, Ms. Sarita Garg, Assistant Professor, Department of Business Administration, Dr. Usha Nair, Assistant Professor, Department of Business Administration and Ms. Charu Mohla, Assistant Professor, Department of Business Administration.

The institute put emphasis on playing sports which can also help children to develop their social skills and help to set them up for positive relationship building for life. Through an event like a sports day students get the chance to show leadership, teamwork and communication skills, as they interact with new people and face new challenges. An event such as this would encourage students to work together to achieve the same goal. Moreover, this new found self-confidence has been shown to transfer into the classroom in some cases, as student shake of the anxiously or doubt in their mind about speaking in front of class or answering a question they are not sure about. This might be the trickiest element to get right as constructive criticism needs to be well throughout to ensure the student can process the information in the right way.

This annual sports day meet consists of various games for the students. This event was

organized in two days. On day one screening of various games were organized. There were plenty of registrations by students. Then semi-finals and finals were done on January 20, 2020.

Results of all the sports events were declared in the evening on the second day. At the end of the events, the Director, Dr. Ravi Kumar Gupta gave away prizes to the participants. He thanked and expressed his gratitude to everyone for their presence and congratulated the students for their excellent performance.

Best sports person of the year (Male) was given to Nupur Mittal, 5<sup>h</sup> year student of MAIT and the best sportsperson of the year (Female) was given to Tarun Bansal, 1<sup>st</sup> Year student of MAIMS.

Badmintion (Boys): First Position, Aarti Gupta, BCOM, 1st year

Second Position, Mansi Garg, 2<sup>nd</sup> year

Badmintion (Girls): First Position, Shrishti Sindhwani, BCOM, 3<sup>rd</sup> year

Second Position, Aarushi Verma, BALLB, 1st year

Chess (Boys): First Position, Alka Patel, BBA, 2<sup>nd</sup> year

Second Position, Ansh Mahajan, BAJMC, 1st year

Chess (Girls): First Position, Vanshika Chawla, BCOM, 3<sup>rd</sup> year

Second Position, Aarushi Guglani, BALLB, 4th year

