



MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

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EXPERT SESSION ON “SELF HYGIENE”

November 7, 2017

Department of Commerce, Maharaja Agrasen Institute of Management Studies organized an “Expert Session on Self Hygiene” in Maharaja Agrasen Institute of Management Studies, New Delhi on November 7, 2017. The expert session focused on the need to maintain good personal hygiene. It was a great learning experience for students. The session showed a turnout of 58 students. The main speaker invited for this expert session was Dr. Deepa Kaushik, Assistant Professor, VIPS.

Dr. Deepa interacted with the students and elucidated them about the importance of personal hygiene and how having good hygiene habits contribute to the wellness of society. She then illustrated some good hygiene activities which are necessary to be undertaken by everyone. She then spoke about having good hygiene perpetuates a personable image of an individual in the society. She encouraged the students to take responsibility for their own hygiene and health and further promote good hygiene habits. The expert session was ended by a quick quiz session which saw an enthusiastic response from the students. Dr. Deepa concluded the session by the good old proverb: “Health is Wealth”.

On behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked her for delivering an exceedingly informative expert session and sharing her expert guidance with the students.

