

Maharaja Agrasen Institute of Management Studies

(A unit of Maharaja Agrasen Technical Education Society)

Affiliated to GGSIP University; Recognized u/s 2(f) of UGC

Recognized by Bar Council of India; ISO 9001:2015 Certified Institution

Sector- 22, Rohini, Delhi- 110086, India



CRITERION 5



5.1 STUDENT SUPPORT

Metric 5.1.2



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Criteria 5 – Student Support and Progression

Key Indicator – 5.1 Student Support

5.1.2 Report along with List of Participants on the programs/activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

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Director
Maharaja Agrasen Institute
of Management Studies
Sector-22 Rohini, Delhi-86



5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

| S.No. | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) |
|---------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------|
| YEAR 1 (2021 - 2022) | | |
| 1. SOFT SKILLS | | |
| 1 | Talk On "How To Have A Growth Mindset" | 25-10-2021 |
| 2 | Session on "Critical-Skills-For-2030" | 05-04-2022 |
| 2. LANGUAGE AND COMMUNICATION SKILLS | | |
| 3 | Session on "Key to Verbal and Non-Verbal Communication" | 09-03-2022 |
| 4 | Expert Lecture on "Strategic Communication for Entrepreneurs" | 13-05-2022 |
| 5 | Special lecture on "Health Communication" | 16-06-2022 |
| 6 | Guest Lecture on "Dynamics of Sports Journalism Reporting" | 07-07-2022 |
| 7 | Session on "Health Communication at Apollo Hospital" | 08-07-2022 |
| 3. LIFE SKILLS | | |
| 8 | Webinar On "Internship- A Pathway For Placements" | 23-10-2021 |
| 9 | Panel discussion - "Plastic Sustainability and its varied nuances effecting Health" | 29-10-2021 |
| 10 | Session on "Mental Health by Mindpeers" | 01-02-2022 |
| 11 | International Yoga Day | 21-06-2022 |
| 12 | Practical exposure to Fitness : A Visit to Sports Authority of India | 22-07-2022 |



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REPORT E-TALK ON “HOW TO HAVE A GROWTH MINDSET”

October 25, 2021

In order to prepare the final year students for the challenges ahead and offer support in any manner possible, MAIMS held a discussion on "How to have a growth Mindset." The conversation had taken place online via Gmeet on October 25, 2021.

Whether it's your business or even that someone special you want to impress, having positive energy and a growth mindset is a key trait that separates you from everyone else. And we have a wonderful solution for you, MAIMS organized a very insightful and interactive session with **Mrs. Mehar Sindhu Batra** who is an Entrepreneur, a Career Coach, and a Youtuber. Throughout the session one of the most important thoughts that she quoted was “Change your words to change your mindset”. She also interacted with the audience and even took up their questions and suggestions. It was indeed a great and insightful session.

The speaker had prepared an interactive power point presentation while also providing preparation tips for the talk, which was attended by **89** students.

He extolled the virtues of conceptual clarity to his listeners. He claimed that the Blue Print Approach was required to determine the attitude of the people who created the test questions. He went into great detail about the Preliminary, Main, and Interview portions of the exams. The Department's aspirant and consistently passionate students found the Talk to be really informative and educating overall. The major goal of the tests, according to the speaker, was to find the nation's unpolished gems in order to handle the onerous workload of the nation. According to him, the tests were intended for everyone in the nation, not just members of the upper classes. He declared that the examinations were challenging but not insurmountable in his final statement.

The lecturer continued by discussing old exam papers using an audio-visual style, and the students actively participated in the discussion. The Speaker then chose the students who had provided the correct responses to conduct mock interviews with them on stage.

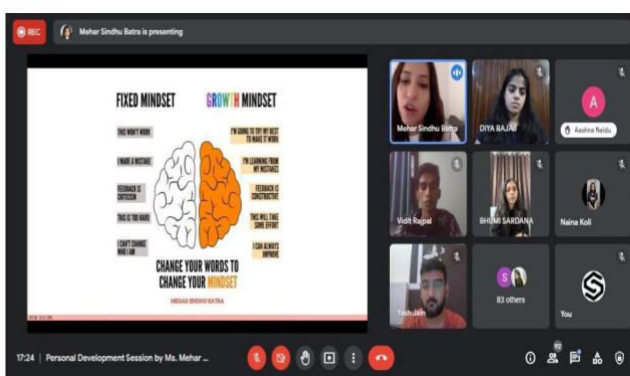
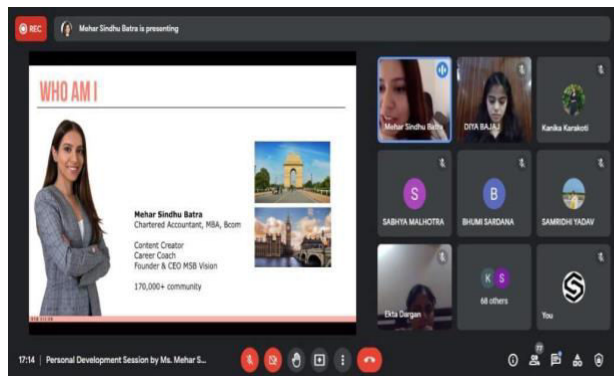
Students braved the challenging questions that were asked to them during the mock interviews, and the speaker highlighted their errors as examples of "what not to do" throughout the interview process. He gave the pupils the advice to practice these mock interviews in front of a mirror so they can feel more confident on the big day.



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Dr. Shilpee Agarwal gave the Vote of Thanks, which was followed by a heartfelt expression of gratitude from the students.





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Academic Year: 2021-22

October 25, 2021

List of Participants

| Talk on "How to have a growth Mindset" | | | | |
|----------------------------------------|-----------------------|----------------|------------|----------|
| S.no. | Name of Student | Enrollment No. | Department | Semester |
| 1 | Aryan Pasricha | 02414701720 | BBA | 3rd |
| 2 | Abhigyan | 00361101720 | BBA | 3rd |
| 3 | Sirjan Singh Kathuria | 01761101719 | BBA | 5th |
| 4 | Aritra Paul | 02214701720 | BBA | 3rd |
| 5 | Arsh Vaish | 02861101720 | BBA | 3rd |
| 6 | Abhishek Kumar Gupta | 00714701720 | BBA | 3rd |
| 7 | Anushka Sharma | 02461101719 | BBA | 5th |
| 8 | Adarsh Agarwal | 00914701720 | BBA | 3rd |
| 9 | Ansh Verma | 02061101720 | BBA | 3rd |
| 10 | Aastha Aggarwal | 00314701720 | BBA | 3rd |
| 11 | Abhijeet Solanki | 00514701720 | BBA | 3rd |
| 12 | Chanchal | 02914701720 | BBA | 3rd |
| 13 | Anmol Ralhan | 01661101720 | BBA | 3rd |
| 14 | Devangna | 03114701720 | BBA | 3rd |
| 15 | Aryaman Tomar | 02561101719 | BBA | 5th |
| 16 | Akash Tewari | 00861101720 | BBA | 3rd |
| 17 | Akshita Vaid | 01514701720 | BBA | 3rd |
| 18 | Arnav Mathur | 02661101720 | BBA | 3rd |
| 19 | Dhruv Vohra | 01561101719 | BBA | 5th |
| 20 | Amisha Jain | 01161101720 | BBA | 3rd |
| 21 | Abhinav Kumar Dubey | 01661101719 | BBA | 5th |
| 22 | Anshika Jain | 02114701720 | BBA | 3rd |
| 23 | Ansh Bhojaiya | 01961101720 | BBA | 3rd |
| 24 | Vikash Singh | 03014701719 | BBA | 5th |
| 25 | Anirudh Goel | 03314701719 | BBA | 5th |
| 26 | Vishal Louhria | 02261101719 | BBA | 5th |
| 27 | Aaryaman Jain | 00214701720 | BBA | 3rd |
| 28 | Deepti Kapoor | 03014701720 | BBA | 3rd |
| 29 | Aditya Vikram A | 00761101720 | BBA | 3rd |
| 30 | Anurag Goyal | 02361101720 | BBA | 3rd |
| 31 | Aditya | 00561101720 | BBA | 3rd |
| 32 | Arya Singh | 02961101720 | BBA | 3rd |
| 33 | Mayank Garg | 03114701719 | BBA | 5th |
| 34 | Amandeep Singh | 01614701720 | BBA | 3rd |
| 35 | Akshat Jain | 01414701720 | BBA | 3rd |
| 36 | Amogh Sawhney | 01714701720 | BBA | 3rd |
| 37 | Aryan Gupta | 02314701720 | BBA | 3rd |
| 38 | Anmol Vasu | 01761101720 | BBA | 3rd |
| 39 | Arpit Khandelwal | 02761101720 | BBA | 3rd |



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| | | | | |
|----|---------------------|-------------|-----|-----|
| 40 | Bhavya Tyagi | 02514701719 | BBA | 5th |
| 41 | Aatrey Singh | 00414701720 | BBA | 3rd |
| 42 | Anand Mishra | 01814701720 | BBA | 3rd |
| 43 | Aaditya Gupta | 00114701720 | BBA | 3rd |
| 44 | Ansh Banwari | 01861101720 | BBA | 3rd |
| 45 | Abhishek Singh | 00814701720 | BBA | 3rd |
| 46 | Anish Bhateja | 02014701720 | BBA | 3rd |
| 47 | Ashish Gupta | 02514701720 | BBA | 3rd |
| 48 | Adarsh Kumar Pandey | 01014701720 | BBA | 3rd |
| 49 | Ankit Kumar | 01561101720 | BBA | 3rd |
| 50 | Atul Kumar Singh | 02614701720 | BBA | 3rd |
| 51 | Bhavya Kumar | 02814701720 | BBA | 3rd |
| 52 | Anish Sachdeva | 01461101720 | BBA | 3rd |
| 53 | Anshul Dabas | 02261101720 | BBA | 3rd |
| 54 | Akshat Dhawan | 01314701720 | BBA | 3rd |
| 55 | Alan Sebastian | 00961101720 | BBA | 3rd |
| 56 | Ritik Goyal | 02614701719 | BBA | 5th |
| 57 | Aman Goyal | 01061101720 | BBA | 3rd |
| 58 | Abhishek Jindal | 00461101720 | BBA | 3rd |
| 59 | Lakshay Talreja | 02914701719 | BBA | 5th |
| 60 | Anshika Pathak | 02161101720 | BBA | 3rd |
| 61 | Yash Gosain | 02661101719 | BBA | 5th |
| 62 | Devansh Singhal | 03214701720 | BBA | 3rd |
| 63 | Devesh Agarwal | 03314701720 | BBA | 3rd |
| 64 | Archit Jain | 02461101720 | BBA | 3rd |
| 65 | Aditya Tanwar | 00661101720 | BBA | 3rd |
| 66 | Vaishali Mittal | 02361101719 | BBA | 5th |
| 67 | Anirudh Raj | 01914701720 | BBA | 3rd |
| 68 | Aayush Pandey | 00261101720 | BBA | 3rd |
| 69 | Aditya Dhama | 01961101719 | BBA | 5th |
| 70 | Aryamann Agarwal | 03061101720 | BBA | 3rd |
| 71 | Vishesh Vatni | 03214701719 | BBA | 5th |
| 72 | Nikhil Kumar | 02161101719 | BBA | 5th |
| 73 | Aryan Bansal | 03161101720 | BBA | 3rd |
| 74 | Agrim Goel | 01214701720 | BBA | 3rd |
| 75 | Soumorup Banerjee | 02061101719 | BBA | 5th |
| 76 | Ayush Kathit | 02714701720 | BBA | 3rd |
| 77 | Aashish Nukhra | 00161101720 | BBA | 3rd |
| 78 | Parv Mittal | 03814701719 | BBA | 5th |
| 79 | Abhimanyu Kumar | 00614701720 | BBA | 3rd |
| 80 | Agam Nagpal | 01114701720 | BBA | 3rd |



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| | | | | |
|----|----------------|-------------|-----|-----|
| 81 | Arjun Bhatia | 02561101720 | BBA | 3rd |
| 82 | Anirudh Sharma | 01361101720 | BBA | 3rd |
| 83 | Aniket Khemka | 01261101720 | BBA | 3rd |
| 84 | Akshat Gupta | 03414701719 | BBA | 5th |
| 85 | Tanmay Batra | 02814701719 | BBA | 5th |
| 86 | Vasu Singhal | 01861101719 | BBA | 5th |
| 87 | Pranjal Sharma | 02714701719 | BBA | 5th |
| 88 | Rizul Tiwari | 03614701719 | BBA | 5th |
| 89 | Aditya Mehra | 03514701719 | BBA | 5th |



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REPORT

WORKSHOP ON “CRITICAL SKILLS FOR 2030”

April 5, 2022

Commcompact - The Commerce Society of Maharaja Agrasen Institute of Management Studies organized a seminar on “Critical Skills for 2030” in association with IILM, on April 5, 2022. The event started at 5:00 PM via Google Meet. The workshop was attended by 89 students. Our host, Gunika began the event by giving the welcome address and a brief introduction about Commcompact and IILM. Mr. Rahul K Mishra is a professor at IILM. He has guided more than 1000 students to achieving 99+ percentile. Mr. Raju Majumdar is a Professor of Finance and Accounting at IILM. Soon after the introduction, the stage was handed over to the IILM representative.

Mr. Rahul K Mishra for a detailed introduction about IILM. He started the session with a little ice-breaking conversation with the audience, to which the audience showed engagement. He gave a brief of top-paying jobs like Portfolio Management, Equity Researcher, Investment banking etc. Upon elaborating on different current and future-ready professions he showed us the various opportunities these professions offer and how planning plays a base-building role. He told some entry barriers in various professions and possible ways to overcome them. He listed some key skills and courses which are required in today’s scenario for good growth. He interacted with the audience and answered their queries and concluded the session. It was indeed a very interactive session. The speaker’s address was followed by the Vote of Thanks conveyed by Gunika. The event was graced with the presence of dignitaries from our college and the society’s faculty coordinators. After conveying our sincere gratitude to all those present in the seminar hall, we ended the webinar at 6 PM.



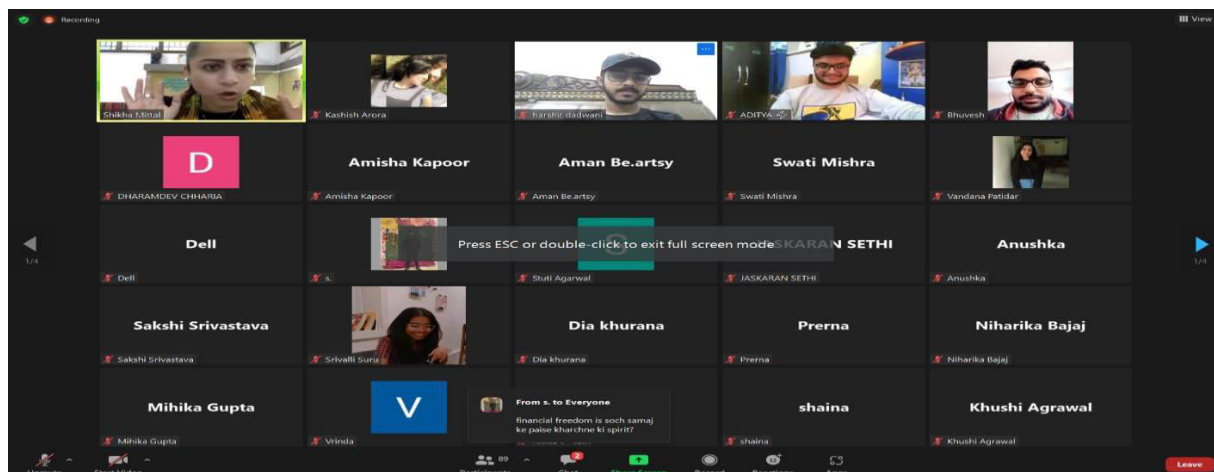
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Academic Year: 2021-22

April 5, 2022

List of Participants

Critical Skills for 2030

| S.no. | Name of Student | Enrollment No. | Department | Semester |
|-------|--------------------|----------------|------------|----------|
| 1 | Dhruv Juneja | 03614701720 | BBA | 4th |
| 2 | Aryan Thakur | 03461101720 | BBA | 4th |
| 3 | Mansi Goel | 03114788820 | B.Com(H) | 4th |
| 4 | Rahul | 03714788820 | B.Com(H) | 4th |
| 5 | Khushin Gupta | 02414788820 | B.Com(H) | 4th |
| 6 | Paawan Singhal | 03414788820 | B.Com(H) | 4th |
| 7 | Prince | 03361188820 | B.Com(H) | 4th |
| 8 | Parth Gupta | 03614788820 | B.Com(H) | 4th |
| 9 | Sanchi Aggarwal | 03861188820 | B.Com(H) | 4th |
| 10 | Aryamann Agarwal | 03061101720 | BBA | 4th |
| 11 | Arpit Khandelwal | 02761101720 | BBA | 4th |
| 12 | Lakshay Ahuja | 02814788820 | B.Com(H) | 4th |
| 13 | Khushi Garg | 02214788820 | B.Com(H) | 4th |
| 14 | Pratham Aggarwal | 03261188820 | B.Com(H) | 4th |
| 15 | Ankit Kumar | 01561101720 | BBA | 4th |
| 16 | Aryan Khosla | 03361101720 | BBA | 4th |
| 17 | Sarthak Jhamb | 04314788820 | B.Com(H) | 4th |
| 18 | Mayank | 02861188820 | B.Com(H) | 4th |
| 19 | Param Garg | 03514788820 | B.Com(H) | 4th |
| 20 | Ashish Gupta | 02514701720 | BBA | 4th |
| 21 | Krish Garg | 02514788820 | B.Com(H) | 4th |
| 22 | Arsh Vaish | 02861101720 | BBA | 4th |
| 23 | Kshitij Srivastava | 02714788820 | B.Com(H) | 4th |
| 24 | Manish Bansal | 03014788820 | B.Com(H) | 4th |
| 25 | Ayush Gupta | 03661101720 | BBA | 4th |
| 26 | Arnav Mathur | 02661101720 | BBA | 4th |
| 27 | Samiksha Singh | 04214788820 | B.Com(H) | 4th |
| 28 | Devesh Agarwal | 03314701720 | BBA | 4th |
| 29 | Ansh Verma | 02061101720 | BBA | 4th |
| 30 | Ramanan Kartikh | 03814788820 | B.Com(H) | 4th |
| 31 | Anshika Jain | 02114701720 | BBA | 4th |
| 32 | Anish Sachdeva | 01461101720 | BBA | 4th |
| 33 | Anshika Pathak | 02161101720 | BBA | 4th |
| 34 | Khushit Garg | 02461188820 | B.Com(H) | 4th |
| 35 | Jai Beniwal | 01714788820 | B.Com(H) | 4th |
| 36 | Prakhar Jain | 03161188820 | B.Com(H) | 4th |
| 37 | Rhythm Bansal | 03914788820 | B.Com(H) | 4th |

| | | | | |
|----|----------------------|-------------|----------|-----|
| 38 | Nimit Jain | 03061188820 | B.Com(H) | 4th |
| 39 | Ansh Bhojariya | 01961101720 | BBA | 4th |
| 40 | Aryan Gera | 03261101720 | BBA | 4th |
| 41 | Deepti Kapoor | 03014701720 | BBA | 4th |
| 42 | Arya Singh | 02961101720 | BBA | 4th |
| 43 | Aritra Paul | 02214701720 | BBA | 4th |
| 44 | Aryan Pasricha | 02414701720 | BBA | 4th |
| 45 | Saksham Mittal | 03761188820 | B.Com(H) | 4th |
| 46 | Arjun Bhatia | 02561101720 | BBA | 4th |
| 47 | Gaurav Kumar | 04114701720 | BBA | 4th |
| 48 | Shashwat Goel | 04414788820 | B.Com(H) | 4th |
| 49 | Devansh Singhal | 03214701720 | BBA | 4th |
| 50 | Archit Jain | 02461101720 | BBA | 4th |
| 51 | Aryan Bansal | 03161101720 | BBA | 4th |
| 52 | Chanchal | 02914701720 | BBA | 4th |
| 53 | Aryan Vashist | 03561101720 | BBA | 4th |
| 54 | Kshitij Khanna | 02614788820 | B.Com(H) | 4th |
| 55 | Manav Madaan | 02761188820 | B.Com(H) | 4th |
| 56 | Ayush Jain | 03761101720 | BBA | 4th |
| 57 | Garvit Garg | 04014701720 | BBA | 4th |
| 58 | Sajal | 04014788820 | B.Com(H) | 4th |
| 59 | Jatin Mitra | 01814788820 | B.Com(H) | 4th |
| 60 | Nandini Acharya | 03214788820 | B.Com(H) | 4th |
| 61 | Atul Kumar Singh | 02614701720 | BBA | 4th |
| 62 | Ansh Banwari | 01861101720 | BBA | 4th |
| 63 | Lakshay Sharma | 02914788820 | B.Com(H) | 4th |
| 64 | Rahul Dembla | 03561188820 | B.Com(H) | 4th |
| 65 | Devangna | 03114701720 | BBA | 4th |
| 66 | Saijal Bansal | 03661188820 | B.Com(H) | 4th |
| 67 | Kartikeya Aggarwal | 02114788820 | B.Com(H) | 4th |
| 68 | Mudit Jain | 02961188820 | B.Com(H) | 4th |
| 69 | Anish Bhateja | 02014701720 | BBA | 4th |
| 70 | Dhaaram Devv Chharia | 03414701720 | BBA | 4th |
| 71 | Bhavya Kumar | 02814701720 | BBA | 4th |
| 72 | Ishita Tuli | 01514788820 | B.Com(H) | 4th |
| 73 | Gantavaya Chauhan | 03914701720 | BBA | 4th |
| 74 | Rahul Ahuja | 03461188820 | B.Com(H) | 4th |
| 75 | Anshul Dabas | 02261101720 | BBA | 4th |
| 76 | Jagrit Soin | 01614788820 | B.Com(H) | 4th |
| 77 | Aryan Gupta | 02314701720 | BBA | 4th |
| 78 | Anmol Vasu | 01761101720 | BBA | 4th |
| 79 | Ayush Kathit | 02714701720 | BBA | 4th |
| 80 | Niharika Bajaj | 03314788820 | B.Com(H) | 4th |
| 81 | Kunal Sehgal | 02561188820 | B.Com(H) | 4th |
| 82 | Divyansh Sharma | 03814701720 | BBA | 4th |
| 83 | Divyam Khunger | 03714701720 | BBA | 4th |
| 84 | Luv Arora | 02661188820 | B.Com(H) | 4th |
| 85 | Joshua Daly T | 01914788820 | B.Com(H) | 4th |
| 86 | Khushi Narang | 02314788820 | B.Com(H) | 4th |
| 87 | Dhruv Bansal | 03514701720 | BBA | 4th |

| | | | | |
|----|--------------|-------------|-----|-----|
| 88 | Anurag Goyal | 02361101720 | BBA | 4th |
| 89 | Anmol Ralhan | 01661101720 | BBA | 4th |

Session on “Key to Verbal and Non-Verbal Communication”

March 9, 2022

Illuminate, the Learning Hub of Maharaja Agrasen Institute of Management Studies, organized a session on “Key to Verbal and Non-Verbal Communication” on 9th March 2022. The session focused on educating students about verbal and non-verbal communication. In total 112 students attended the session. It was a great learning experience for all the students.

Mr. Sachin Singhal, Director of Acropolis Consulting Pvt Ltd interacted with the students and explained the importance and difference between verbal and non-verbal communication. He talked about verbal communication being the most obvious and understood mode of communication, and it is certainly a powerful tool in your communication toolbox. He also explained that the reactions of students during the session is in fact non-verbal communication i.e nodding, facial expressions, leaning toward the speaker to show interest. He exclaimed that non-verbal communication can make or break your message. The session was very interactive and informative for the students.

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Shikha Sharma, Assistant Professor, Department of Business Administration, (MAIMS) presented a token of gratitude. The session was very successful. The students showed great interest in the seminar. It was enlightening and informative for the students.





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| Session on Key to Verbal and Non-Verbal Communication | | | | |
|-------------------------------------------------------|----------------------|----------------|----------------------|-----------|
| Academic Year : 2021-2022 | | | Date : March 9, 2022 | |
| List of Participants | | | | |
| S.NO. | NAME | ENROLLMENT NO. | YEAR | COURSE |
| 1 | Pushpraj Singh Negi | 3214702420 | 2 | BAJMC |
| 2 | Vaishnavi Srivastava | 5014702420 | 2 | BAJMC |
| 3 | Hardik Gangwani | 1861102420 | 3 | BAJMC |
| 4 | Divesh Singh | 414702419 | 3 | BAJMC |
| 5 | Yagyas Sharma | 5361102420 | 3 | BAJMC |
| 6 | Archie Walia | 1314721620 | 2 | BA(Eco.) |
| 7 | Divyanshu Chugh | 2014721620 | 2 | BA(Eco.) |
| 8 | Varchas Sharma | 414721619 | 3 | BA(Eco.) |
| 9 | Arjun Singh | 3514721619 | 3 | BA(Eco.) |
| 10 | Niharika Bajaj | 3314788820 | 2 | B.Com (H) |
| 11 | Ansh Vijayran | 1161188820 | 2 | B.Com (H) |
| 12 | Sabhya Malhotra | 4514788819 | 3 | B.Com (H) |
| 13 | Yash Jain | 3961188819 | 3 | B.Com (H) |
| 14 | Harshit Upadhyay | 2914788819 | 2 | B.Com (H) |
| 15 | Lakshya Joshi | 3861101719 | 3 | BBA |
| 16 | Gautam Sarkar | 4314701720 | 2 | BBA |
| 17 | Janvi Dubey | 5914701720 | 2 | BBA |
| 18 | Manika Arora | 36061101720 | 2 | BBA |
| 19 | Priyanshu Josh | 4914701719 | 3 | BBA |
| 20 | Mayank Saboo | 11414701719 | 3 | BBA |
| 21 | Srishti Agarwal | 35314701719 | 3 | BBA |

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|----|--------------|------------|---|-----|
| 22 | Gurveen Kaur | 7614701719 | 3 | BBA |
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|----|----------------------|-------------|---|-----------|
| 23 | Raghav Sharma | 6514703820 | 2 | BALLB |
| 24 | Harshit Bansal | 35414703819 | 3 | BALLB |
| 25 | Kashika Kapoor | 8814703819 | 3 | BALLB |
| 26 | Gaurav Singh | 2914703820 | 2 | BALLB |
| 27 | Varsha Kucheria | 36714701720 | 2 | BBA |
| 28 | Ishan Chaturvedi | 2761101719 | 3 | BBA |
| 29 | Pratham Bansal | 3514788821 | 1 | B.Com |
| 30 | Shubh Jain | 4514788820 | 2 | B.Com |
| 31 | Ayushi Pokhriyal | 1361188820 | 2 | B.Com |
| 32 | Daksh Setia | 614702421 | 1 | BA(JMC) |
| 33 | Sabhya Malhotra | 4514788819 | 3 | B.Com (H) |
| 34 | Yash Jain | 3961188819 | 3 | B.Com (H) |
| 35 | Harshit Upadhyay | 2914788819 | 2 | B.Com (H) |
| 36 | Lakshya Joshi | 3861101719 | 3 | BBA |
| 37 | Gautam Sarkar | 4314701720 | 2 | BBA |
| 38 | Janvi Dubey | 5914701720 | 2 | BBA |
| 39 | Pushpraj Singh Negi | 3214702420 | 2 | BAJMC |
| 40 | Vaishnavi Srivastava | 5014702420 | 2 | BAJMC |
| 41 | Hardik Gangwani | 1861102420 | 3 | BAJMC |
| 42 | Divesh Singh | 414702419 | 3 | BAJMC |
| 43 | Yagyash Sharma | 5361102420 | 3 | BAJMC |
| 44 | Archie Walia | 1314721620 | 2 | BA(Eco.) |
| 45 | Divyanshu Chugh | 2014721620 | 2 | BA(Eco.) |
| 46 | Varchas Sharma | 414721619 | 3 | BA(Eco.) |
| 47 | Arjun Singh | 3514721619 | 3 | BA(Eco.) |
| 48 | Niharika Bajaj | 3314788820 | 2 | B.Com (H) |
| 49 | Ansh Vijayran | 1161188820 | 2 | B.Com (H) |
| 50 | Sabhya Malhotra | 4514788819 | 3 | B.Com (H) |

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|----|-----------|------------|---|-----------|
| 51 | Yash Jain | 3961188819 | 3 | B.Com (H) |
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|----|----------------------|-------------|---|------------|
| 52 | Harshit Upadhyay | 2914788819 | 2 | B.Com (H) |
| 53 | Lakshya Joshi | 3861101719 | 3 | BBA |
| 54 | Gautam Sarkar | 4314701720 | 2 | BBA |
| 55 | Janvi Dubey | 5914701720 | 2 | BBA |
| 56 | Manika Arora | 36061101720 | 2 | BBA |
| 57 | Priyanshu Josh | 4914701719 | 3 | BBA |
| 58 | Mayank Saboo | 11414701719 | 3 | BBA |
| 59 | Srishti Agarwal | 35314701719 | 3 | BBA |
| 60 | Gurveen Kaur | 7614701719 | 3 | BBA |
| 61 | Raghav Sharma | 6514703820 | 2 | BALLB |
| 62 | Harshit Bansal | 35414703819 | 3 | BALLB |
| 63 | Kashika Kapoor | 8814703819 | 3 | BALLB |
| 64 | Gaurav Singh | 2914703820 | 2 | BALLB |
| 65 | Humz Iqbal | 5114701721 | 1 | BBA |
| 66 | Rishita Gupta | 4361101721 | 1 | BBA |
| 67 | Ishika Dhingra | 35114788820 | 2 | B.Com |
| 68 | Aditya Roy Choudhury | 514702421 | 1 | BA (JMC) |
| 69 | Angel Jain | 914721620 | 2 | BA Eco.(H) |
| 70 | Shivam Dutta | 7314703821 | 1 | BA LLB |
| 71 | Shreyansh Jain | 07414703818 | 3 | BA LLB |
| 72 | Ananya Bhatia | 00514703520 | 2 | BBA LLB |
| 73 | Akshat Dhawan | 1314701720 | 2 | BBA |
| 74 | Anshika Jain | 2114701720 | 2 | BBA |
| 75 | Prachi Gupta | 8914701720 | 2 | BBA |
| 76 | Varun Kumar | 14214701720 | 2 | BBA |
| 77 | Anurag Goyal | 2361101720 | 2 | BBA |
| 78 | Bhavya Sarin | 4161101720 | 2 | BBA |
| 79 | Prerit Huria | 10161101720 | 2 | BBA |

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|----|-------------|------------|---|-----|
| 80 | Varun Kumar | 2014701719 | 3 | BBA |
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|-----|------------------------|-------------|---|------------|
| 81 | Mansi | 6214701719 | 3 | BBA |
| 82 | Malabika Jena | 3261101719 | 3 | BBA |
| 83 | Ankur Yadav | 314788820 | 2 | B.Com. |
| 84 | Khushi Narang | 2314788820 | 2 | B.Com. |
| 85 | Aishwariya Santhosh | 661188820 | 2 | B.Com. |
| 86 | Sanyam Jain | 914788819 | 3 | B.Com. |
| 87 | Kanishka Jain | 1414702420 | 2 | BA(JMC) |
| 88 | Jaspreet Kaur | 2561102420 | 2 | BA(JMC) |
| 89 | Muskaan Dudeja | 2714702419 | 3 | BA(JMC) |
| 90 | Abhirath Pratap Tiwari | 2814702419 | 3 | BA(JMC) |
| 91 | Anshika Maggo | 1014721620 | 2 | BA Eco.(H) |
| 92 | Mayank Singhal | 3114721620 | 2 | BA Eco.(H) |
| 93 | Ujjwal | 514721619 | 3 | BA Eco.(H) |
| 94 | Anisha Maan | 01414703820 | 2 | BA LLB |
| 95 | Shashwat Mishra | 01514703819 | 3 | BA LLB |
| 96 | Gautam Garg | 01614703520 | 2 | BBA LLB |
| 97 | Ananya Bhatia | 00514703520 | 2 | BBA LLB |
| 98 | Meenal Singhal | 1814702420 | 2 | BAJMC |
| 99 | Sachin Chaturvedi | 3714702420 | 2 | BAJMC |
| 100 | Kritish Soi | 35461102420 | 2 | BAJMC |
| 101 | Charchit Srivastava | 161102419 | 3 | BAJMC |
| 102 | Kanishk Khailani | 3514702419 | 3 | BAJMC |
| 103 | Bipasha Rawat | 1814721620 | 2 | BA(Eco.) |
| 104 | Shekhar Patnaik | 4214721620 | 2 | BA(Eco.) |
| 105 | Manvi | 4914703820 | 2 | BALLB |
| 106 | Yug Mongia | 5461188820 | 2 | B.Com (H) |
| 107 | Aditya Kumar | 2261188819 | 3 | B.Com (H) |
| 108 | Tripti Garg | 2814788819 | 3 | B.Com (H) |

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|-----|----------------|------------|---|-----------|
| 109 | Pratham Bansal | 3514788821 | 1 | B.Com (H) |
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|-----|------------------|------------|---|-----------|
| 110 | Harshit Upadhyay | 2914788819 | 2 | B.Com (H) |
| 111 | Devangna | 3114701720 | 2 | BBA |
| 112 | Palak Katyal | 8614701720 | 2 | BBA |



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Expert Lecture on “Strategic Communication for Entrepreneurs”

May 13, 2022

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, organized an Expert Lecture on “Strategic Communication for Entrepreneurs” on May 13, 2022. The Seminar was focused on to make students understand the importance of strategic communications in the real world for the future entrepreneurs. It was a great learning experience for the students. In total 76 students attended the event.

The Expert Ms. Pallavi Gupta, Senior Software Architect at Mckinsey, India who is also a Communication Enthusiast interacted with students and shared her knowledge on strategic communications and guided the students on how they can communicate effectively with stakeholders, partners, and customers to achieve a desired outcome. By understanding the attitude of the target audience, how entrepreneurs can craft effective messages that will be well-received. Furthermore, she briefed how by utilizing strategic communications, entrepreneurs can ensure that their message resonates with their target audience and that they are able to effectively communicate their goals and objectives.

On the behalf of Maharaja Agrasen Institute of Management Studies, Ms. Rashi Aggarwal, Assistant Professor, Department of Business Administration, (MAIMS) presented a token of gratitude.





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Expert Lecture on Strategic Communication for Entrepreneurs

Academic Year : 2021-2022

Date : May 13, 2022

List of Participants

| S NO. | NAME OF THE PARTICIPANT | ENROLLMENT NUMBER | YEAR | COURSE |
|-------|-------------------------|-------------------|------|-----------|
| 1 | Gaurav Singh | 2914703820 | 2 | BALLB |
| 2 | Humz Iqbal | 5114701721 | 1 | BBA |
| 3 | Ishan Chaturvedi | 2761101719 | 3 | BBA |
| 4 | Pratham Bansal | 3514788821 | 1 | B.Com |
| 5 | Shubh Jain | 4514788820 | 2 | B.Com |
| 6 | Ayushi Pokhriyal | 1361188820 | 2 | B.Com |
| 7 | Daksh Setia | 614702421 | 1 | BA(JMC) |
| 8 | Sabhya Malhotra | 4514788819 | 3 | B.Com (H) |
| 9 | Yash Jain | 3961188819 | 3 | B.Com (H) |
| 10 | Harshit Upadhyay | 2914788819 | 2 | B.Com (H) |
| 11 | Lakshya Joshi | 3861101719 | 3 | BBA |
| 12 | Gautam Sarkar | 4314701720 | 2 | BBA |
| 13 | Janvi Dubey | 5914701720 | 2 | BBA |
| 14 | Pushpraj Singh Negi | 3214702420 | 2 | BAJMC |
| 15 | Vaishnavi Srivastava | 5014702420 | 2 | BAJMC |
| 16 | Hardik Gangwani | 1861102420 | 3 | BAJMC |
| 17 | Divesh Singh | 414702419 | 3 | BAJMC |
| 18 | Yagyas Sharma | 5361102420 | 3 | BAJMC |
| 19 | Archie Walia | 1314721620 | 2 | BA(Eco.) |
| 20 | Divyanshu Chugh | 2014721620 | 2 | BA(Eco.) |
| 21 | Varchas Sharma | 414721619 | 3 | BA(Eco.) |

| | | | | |
|----|------------------|-------------|---|-----------|
| 22 | Arjun Singh | 3514721619 | 3 | BA(Eco.) |
| 23 | Niharika Bajaj | 3314788820 | 2 | B.Com (H) |
| 24 | Ansh Vijayan | 1161188820 | 2 | B.Com (H) |
| 25 | Sabhya Malhotra | 4514788819 | 3 | B.Com (H) |
| 26 | Yash Jain | 3961188819 | 3 | B.Com (H) |
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| 28 | Lakshya Joshi | 3861101719 | 3 | BBA |
| 29 | Gautam Sarkar | 4314701720 | 2 | BBA |
| 30 | Janvi Dubey | 5914701720 | 2 | BBA |
| 31 | Manika Arora | 36061101720 | 2 | BBA |
| 32 | Priyanshu Josh | 4914701719 | 3 | BBA |
| 33 | Mayank Saboo | 11414701719 | 3 | BBA |
| 34 | Srishti Agarwal | 35314701719 | 3 | BBA |
| 35 | Gurveen Kaur | 7614701719 | 3 | BBA |
| 36 | Raghav Sharma | 6514703820 | 2 | BALLB |
| 37 | Harshit Bansal | 35414703819 | 3 | BALLB |

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|----|----------------------|-------------|---|------------|
| 38 | Kashika Kapoor | 8814703819 | 3 | BALLB |
| 39 | Gaurav Singh | 2914703820 | 2 | BALLB |
| 40 | Humz Iqbal | 5114701721 | 1 | BBA |
| 41 | Rishita Gupta | 4361101721 | 1 | BBA |
| 42 | Ishika Dhingra | 35114788820 | 2 | B.Com |
| 43 | Aditya Roy Choudhury | 514702421 | 1 | BA (JMC) |
| 44 | Angel Jain | 914721620 | 2 | BA Eco.(H) |
| 45 | Shivam Dutta | 7314703821 | 1 | BA LLB |
| 46 | Shreyansh Jain | 7414703818 | 3 | BA LLB |
| 47 | Ananya Bhatia | 514703520 | 2 | BBA LLB |
| 48 | Akshat Dhawan | 1314701720 | 2 | BBA |
| 49 | Anshika Jain | 2114701720 | 2 | BBA |
| 50 | Prachi Gupta | 8914701720 | 2 | BBA |

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|----|------------------------|-------------|---|------------|
| 51 | Varun Kumar | 14214701720 | 2 | BBA |
| 52 | Anurag Goyal | 2361101720 | 2 | BBA |
| 53 | Bhavya Sarin | 4161101720 | 2 | BBA |
| 54 | Prerit Huria | 10161101720 | 2 | BBA |
| 55 | Varun Kumar | 2014701719 | 3 | BBA |
| 56 | Mansi | 6214701719 | 3 | BBA |
| 57 | Malabika Jena | 3261101719 | 3 | BBA |
| 58 | Ankur Yadav | 314788820 | 2 | B.Com. |
| 59 | Khushi Narang | 2314788820 | 2 | B.Com. |
| 60 | Aishwariya Santhosh | 661188820 | 2 | B.Com. |
| 61 | Sanyam Jain | 914788819 | 3 | B.Com. |
| 62 | Kanishka Jain | 1414702420 | 2 | BA(JMC) |
| 63 | Jaspreet Kaur | 2561102420 | 2 | BA(JMC) |
| 64 | Muskaan Dudeja | 2714702419 | 3 | BA(JMC) |
| 65 | Abhirath Pratap Tiwari | 2814702419 | 3 | BA(JMC) |
| 66 | Anshika Maggo | 1014721620 | 2 | BA Eco.(H) |
| 67 | Mayank Singhal | 3114721620 | 2 | BA Eco.(H) |
| 68 | Ujjwal | 514721619 | 3 | BA Eco.(H) |
| 69 | Anisha Maan | 1414703820 | 2 | BA LLB |
| 70 | Shashwat Mishra | 1514703819 | 3 | BA LLB |
| 71 | Gautam Garg | 1614703520 | 2 | BBA LLB |
| 72 | Ananya Bhatia | 514703520 | 2 | BBA LLB |
| 73 | Meenal Singhal | 1814702420 | 2 | BAJMC |
| 74 | Sachin Chaturvedi | 3714702420 | 2 | BAJMC |
| 75 | Kritish Soi | 35461102420 | 2 | BAJMC |
| 76 | Charchit Srivastava | 161102419 | 3 | BAJMC |

Special Lecture on “Health Communication”

June 16, 2022

A Special lecture on Health Communication was organized on June 16, 2022 by Department of Journalism & Mass Communication for its students. The lecture was delivered by senior journalist Mr. Prikshit Nirbhay, National Bureau, Amar Ujala who is known for his contribution in health journalism.

He was welcome by Prof (Dr) Vinita Gupta, Head of the department who presented him the Memento and Plant sapling as souvenir of respectand gratitude. All other faculty members were present at that moment along with her.

Mr. Prikshit Nirbhay started his lecture with his own experiences of student life. He connected his life with students by saying that the college reminds him his own student life.

Mr. Prikshit Nirbhay put many important things before students. He emphasized the value of research in health communication in journalism. He stated that if a student is well versed in understanding latest research article, he could get many major stories from there and it could boost his own career.

He also emphasized that hard work always pays and there is no substitute for that. He suggested the students that students should develop reading habit during their college days. Reading certainly enhances their knowledge that will be proved very beneficial when they start their career.

Mr. Prikshit Nirbhay presented different dynamics of health communication in journalism. Students got a major benefit from this lecture.





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 Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA
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Academic Year: 2021-2022

Date: June 16, 2022

List of Participants

Special lecture on "Health Communication"

| S.No. | NAME | ENROLLMENT NO. | COURSE | YEAR |
|-------|---------------------|----------------|---------|------|
| 1 | Gauraansh Yadav | 01014702420 | BA(JMC) | 2 |
| 2 | Rudhi Bansal | 03514702420 | BA(JMC) | 2 |
| 3 | Arinavv | 00761102420 | BA(JMC) | 2 |
| 4 | Devanshi Deo Singh | 00914702420 | BA(JMC) | 2 |
| 5 | Samar | 05261102419 | BA(JMC) | 3 |
| 6 | Mehar Singh | 03314702421 | BA(JMC) | 1 |
| 7 | Shivek Aggarwal | 04261102420 | BA(JMC) | 2 |
| 8 | Kirti Sharma | 04561102419 | BA(JMC) | 3 |
| 9 | Shivam Kumar | 04114702420 | BA(JMC) | 2 |
| 10 | Bhavya sharma | 01061102420 | BA(JMC) | 2 |
| 11 | Madhav Mathur | 01614702419 | BA(JMC) | 3 |
| 12 | Ritik Chauhan | 01814702421 | BA(JMC) | 1 |
| 13 | Priyal Kedia | 03514702421 | BA(JMC) | 1 |
| 14 | Nitya Gupta | 35261102419 | BA(JMC) | 3 |
| 15 | Sachin Chaturvedi | 03714702420 | BA(JMC) | 2 |
| 16 | Sahil Sharma | 03814702420 | BA(JMC) | 2 |
| 17 | Ammisha Srivastav | 00561102420 | BA(JMC) | 2 |
| 18 | Asia Sajjan | 01714702419 | BA(JMC) | 3 |
| 19 | Divya Garg | 04661102419 | BA(JMC) | 3 |
| 20 | Ansh Mahajan | 00714702420 | BA(JMC) | 2 |
| 21 | Deepanshi Tyagi | 02161102419 | BA(JMC) | 3 |
| 22 | Bhaves Jain | 35361102419 | BA(JMC) | 3 |
| 23 | Satyam Thakur | 04161102420 | BA(JMC) | 2 |
| 24 | Jasmine Mehta | 02461102419 | BA(JMC) | 3 |
| 25 | Abhinav | 35561102419 | BA(JMC) | 3 |
| 26 | Saloni Tyagi | 03914702420 | BA(JMC) | 2 |
| 27 | Arpita Singh | 00861102420 | BA(JMC) | 2 |
| 28 | Jinisha Kapoor | 02114702421 | BA(JMC) | 1 |
| 29 | Deepali Chanana | 00814702420 | BA(JMC) | 2 |
| 30 | Aditya Bharti | 00361102420 | BA(JMC) | 2 |
| 31 | Garvit Garg | 01514702421 | BA(JMC) | 1 |
| 32 | Riya Jain | 35214702419 | BA(JMC) | 3 |
| 33 | Anisha Ramachandran | 00614702420 | BA(JMC) | 2 |
| 34 | Harshita | 01214702420 | BA(JMC) | 2 |
| 35 | Sanya vinayak | 04061102420 | BA(JMC) | 2 |

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|----|---------------------|-------------|---------|---|
| 36 | Rudrakshi Sachdeva | 03614702420 | BA(JMC) | 2 |
| 37 | Rishika Mangal | 01114702419 | BA(JMC) | 3 |
| 38 | Ananya arora | 00661102420 | BA(JMC) | 2 |
| 39 | Ronit Sawhney | 01714702421 | BA(JMC) | 1 |
| 40 | Shashank Singh | 04014702420 | BA(JMC) | 2 |
| 41 | Aditya Mishra | 03414702421 | BA(JMC) | 1 |
| 42 | Aryan Loomba | 00961102420 | BA(JMC) | 2 |
| 43 | Keshav Suri | 02561102419 | BA(JMC) | 3 |
| 44 | Nandini Singh | 07061102421 | BA(JMC) | 1 |
| 45 | Shreya | 04361102420 | BA(JMC) | 2 |
| 46 | Aakansha Kashyap | 02061102419 | BA(JMC) | 3 |
| 47 | Akshita Jain | 00461102420 | BA(JMC) | 2 |
| 48 | Deepasha Jain | 01314702419 | BA(JMC) | 3 |
| 49 | Gursimar Kaur Khera | 35314702419 | BA(JMC) | 3 |
| 50 | Jaya | 05561102421 | BA(JMC) | 1 |
| 51 | Chavi jain | 01161102420 | BA(JMC) | 2 |
| 52 | Naman Nayyar | 01961102419 | BA(JMC) | 3 |
| 53 | Utsav Gaur | 35461102419 | BA(JMC) | 3 |
| 54 | Kavya Jain | 02214702421 | BA(JMC) | 1 |
| 55 | Swati Sharma | 01214702419 | BA(JMC) | 3 |
| 56 | Divyansh Jain | 02261102419 | BA(JMC) | 3 |
| 57 | Shardul Singh | 01614702421 | BA(JMC) | 1 |
| 58 | Nibha Jain | 01514702419 | BA(JMC) | 3 |
| 59 | Lakshita Sharma | 05361102419 | BA(JMC) | 3 |
| 60 | Manvi Maletha | 05461102421 | BA(JMC) | 1 |
| 61 | Kashish Vohra | 04761102419 | BA(JMC) | 3 |
| 62 | Ritika madaan | 03961102420 | BA(JMC) | 2 |
| 63 | Arjun Chugh | 06061102421 | BA(JMC) | 1 |
| 64 | Riya Gupta | 03214702421 | BA(JMC) | 1 |
| 65 | Harsh Goyal | 01114702420 | BA(JMC) | 2 |
| 66 | Sanjamjeet Singh | 01014702419 | BA(JMC) | 3 |
| 67 | Tanvi Manchanda | 01861102419 | BA(JMC) | 3 |
| 68 | Shubhangi Trivedi | 04214702420 | BA(JMC) | 2 |
| 69 | Aniket Pratap | 00546110249 | BA(JMC) | 3 |
| 70 | Ananya Sharma | 01914702421 | BA(JMC) | 1 |
| 71 | Gaurang Goel | 01414702419 | BA(JMC) | 3 |
| 72 | Ridhi Modi | 35161102419 | BA(JMC) | 3 |
| 73 | Yaman Joshi | 01761102419 | BA(JMC) | 3 |
| 74 | Diya Sawhney | 02014702421 | BA(JMC) | 1 |



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Guest Lecture on "Dynamics of Sports Journalism Reporting" July 7, 2022

A Guest Lecture on “Dynamics of Sports Journalism Reporting” was organized on 7th July 2022 by Department of Journalism & Mass Communication for its students. The lecture was delivered by Senior Journalist Mr. Madan Jaira, who is a journalist of national repute. Presently, he is associated with Hindustan Times Group as National Bureau Chief, Hindustan, New Delhi.

He was welcomed by Prof (Dr) Ravi Kumar Gupta, Director, Maharaja Agrasen Institute of Management Studies and Prof (Dr) Vinita Gupta, HOD, Journalism & Mass Communication. Prof (Dr) Ravi Kumar Gupta presented him a Memento of the institute and Prof (Dr) Vinita Gupta gave him Plant sapling as a souvenir of respect and gratitude. All other faculty members were present at that moment on this occasion.

Mr. Madan Jaira started his lecture by directly asking some questions from students related to sports journalism. He tried to keep his lecture more interactive by involving the attention of students.

Mr. Madan Jaira told the students that sports journalism has wide scope these days. He explained that Sports journalism is a form of writing that reports on matters pertaining to sporting topics and competitions. It focuses on reporting amateur and professional sporting news and events. Sports journalists work in all media, including print, television broadcasting and the internet. As a sports journalist, one can expect a variety of job duties such as reporting game statistics, interviewing coaches and players, and offering game commentary.

He described that as a newspaper reporter one will be assigned to a 'beat'. One will then be required to gather news major and minor in that area. For collecting information on its rounds, one will have to develop contacts with different kinds of people, whether they be officials or citizens in non-official positions. One will be called 'upon to analyze and comment on any event or occurrence in that 'beat'. Thus, one will have to develop special reporting skills and concentrate most of their energies on the given subject. He told the students that in his mobile he is carrying more than 500 contacts who are well known to him and who are experts of different fields.

Having the experience of field reporting of more than three decades, he also shared his reporting

experiences with students. He shared many reporting tips with them. He also emphasized the changing need of reporting in the internet era. He said that research has become an integral part in the new era and reporters must be proficient in searching facts on google too. He emphasized the importance of Keywords in google search. He also said that getting reliable information from net search is of paramount importance these days.

He also emphasized that hard work always pays and there is no substitute for that. He suggested to the students that students should develop reading habits during their college days. Reading certainly enhances their knowledge that will be proved very beneficial when they start their career.





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| Guest Lecture on "Dynamics of Sports Journalism Reporting" | | | | |
|------------------------------------------------------------|----------------------|-----------------------|--------|-------|
| Academic Year : 2021-2022 | | Date: July 7, 2022 | | |
| List of Participants | | | | |
| S.No. | Name of the Student | Student Enrollment No | Course | Shift |
| 1 | Sarthak Khanna | 114702421 | BJMC | 1A |
| 2 | Priyanshi Gulati | 214702421 | BJMC | 1A |
| 3 | Vandana Mourya | 314702421 | BJMC | 1A |
| 4 | Pratibha Sharma | 414702421 | BJMC | 1A |
| 5 | Aditya Roy Choudhury | 514702421 | BJMC | 1A |
| 6 | Daksh Setia | 614702421 | BJMC | 1A |
| 7 | Shobhiet Girotra | 714702421 | BJMC | 1A |
| 8 | Disha Kalra | 814702421 | BJMC | 1A |
| 9 | Bhavya Tomar | 914702421 | BJMC | 1A |
| 10 | Bhumika Behl | 1014702421 | BJMC | 1A |
| 11 | Gaurav Narang | 1114702421 | BJMC | 1A |
| 12 | Nikita Arora | 1214702421 | BJMC | 1A |
| 13 | Mannat Arora | 1314702421 | BJMC | 1A |
| 14 | Sparshita Goyal | 1414702421 | BJMC | 1A |
| 15 | Garvit Garg | 1514702421 | BJMC | 1A |
| 16 | Shardul Singh | 1614702421 | BJMC | 1A |
| 17 | Ronit Sawhney | 1714702421 | BJMC | 1A |
| 18 | Ritik Chauhan | 1814702421 | BJMC | 1A |
| 19 | Ananya Sharma | 1914702421 | BJMC | 1A |
| 20 | Diya Sawhney | 2014702421 | BJMC | 1A |
| 21 | Jinisha Kapoor | 2114702421 | BJMC | 1A |
| 22 | Kavya Jain | 2214702421 | BJMC | 1A |
| 23 | Paridhi | 2314702421 | BJMC | 1A |

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|----|-----------------|------------|------|----|
| 24 | Paawani Panya | 2414702421 | BJMC | 1A |
| 25 | Khushi Aggarwal | 2514702421 | BJMC | 1A |
| 26 | Aanchal Saluja | 2614702421 | BJMC | 1A |
| 27 | Kunal Adhikari | 2714702421 | BJMC | 1A |
| 28 | Riya Gupta | 3214702421 | BJMC | 1A |
| 29 | Mehar Singh | 3314702421 | BJMC | 1A |
| 30 | Aditya Mishra | 3414702421 | BJMC | 1A |
| 31 | Priyal Kedia | 3514702421 | BJMC | 1A |
| 32 | Priyanka Gupta | 3614702421 | BJMC | 1A |
| 33 | Riya | 3714702421 | BJMC | 1A |
| 34 | Devika Magu | 3814702421 | BJMC | 1A |
| 35 | Anjali Pathak | 3914702421 | BJMC | 1A |

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|----|------------------|-------------|------|----|
| 36 | Suhani Jain | 4014702421 | BJMC | 1A |
| 37 | Udbhav Ghildiyal | 4114702421 | BJMC | 1A |
| 38 | Saksham | 4314702421 | BJMC | 1A |
| 39 | Tanishq Dabla | 4414702421 | BJMC | 1A |
| 40 | Kashish Garg | 4614702421 | BJMC | 1A |
| 41 | Aditya Sharma | 5414702421 | BJMC | 1A |
| 42 | Disha Khandelwal | 35114702421 | BJMC | 1A |

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|----|-----------------|------------|------|----|
| 43 | Utkarsh Goel | 161102421 | BJMC | 1B |
| 44 | Kislay Sinha | 261102421 | BJMC | 1B |
| 45 | Anmol Gupta | 361102421 | BJMC | 1B |
| 46 | Sahil Mehta | 561102421 | BJMC | 1B |
| 47 | Rupansh Kumar | 661102421 | BJMC | 1B |
| 48 | Shreya Garg | 761102421 | BJMC | 1B |
| 49 | Krishan Thapar | 1161102421 | BJMC | 1B |
| 50 | Jahnavi Khurana | 1261102421 | BJMC | 1B |
| 51 | Sahil Dahiya | 2061102421 | BJMC | 1B |
| 52 | Isha Maheshwari | 2261102421 | BJMC | 1B |
| 53 | Krishna Pandey | 2461102421 | BJMC | 1B |
| 54 | Devang | 2561102421 | BJMC | 1B |

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|----|-------------------|-------------|------|----|
| 55 | Khyati Dhir | 2861102421 | BJMC | 1B |
| 56 | Rhythm Singh | 3061102421 | BJMC | 1B |
| 57 | Ayush Kohli | 3861102421 | BJMC | 1B |
| 58 | Priya Bhardwaj | 4861102421 | BJMC | 1B |
| 59 | Raj Tripathi | 10161102421 | BJMC | 1B |
| 60 | Shivam Camma | 10261102421 | BJMC | 1B |
| 61 | Himanshu Pathania | 10361102421 | BJMC | 1B |
| 62 | Kriti Jain | 10561102421 | BJMC | 1B |
| 63 | Bhor Batra | 11461102421 | BJMC | 1B |
| 64 | Khushi Sharma | 11561102421 | BJMC | 1B |
| 65 | Harshita Yadav | 11961102421 | BJMC | 1B |
| 66 | Ansh Kukreti | 12561102421 | BJMC | 1B |
| 67 | Ashima Singla | 13061102421 | BJMC | 1B |
| 68 | Niharika Sisodia | 13161102421 | BJMC | 1B |
| 69 | Aakshi Mittal | 13261102421 | BJMC | 1B |
| 70 | Sania Gusain | 13661102421 | BJMC | 1B |
| 71 | Tushar Saini | 14861102421 | BJMC | 1B |
| 72 | Siddhant Vashisht | 14961102421 | BJMC | 1B |
| 73 | Aryan Kumar | 50161102421 | BJMC | 1B |
| 74 | Kritika Singh | 35161102421 | BJMC | 1B |

Session on “Health Communication at Apollo Hospital”

Health is Wealth; indeed, it is true but after facing the trauma of Covid 19, people realized this truth deeply, its meaning and the role of Health Communication and Public Health. To make the Health Communication students understand the public health care system, The Department of Journalism and Mass Communication of MAIMS organized a visit to Indraprastha Apollo Hospital, Sarita Vihar, New Delhi on 8th July, 2022. Head & Prof. (Dr.) Vinita Gupta along with 30 students visited Apollo Hospital.

They were well received by the personnel of the Department of Public Relations and Communication, Apollo Hospital. Public Relations managers Mr. Sanjeev Jain and Ms. Kusum Sanjhipal briefed the students about the PR strategies in handling various aspects related to patients, media and other matters.

Through a wonderful PPT Dr. Faujia Khan explained the operational flow aspects of the hospital. After understanding the operational flow, the next schedule was an interactive session with Dr. Shanti Bansal, Director, Medical Services. She explained the achievements of Apollo Hospital worldwide. How this hospital is creating a niche in providing medical services to the parents from India and Abroad. Students asked many questions to which she answered in detail. At the end of this interactive session, Prof. (Dr.) Vinita Gupta, presented her a memento as a token of gratitude.

Mr. Umesh and Ms. Anupama, PR personnel of the hospital took the whole group for a tour of various departments of the hospital to make students understand the facilities and modus operandi of the hospital.

It was a great learning experience for the students of Health Communication which will surely help them in health reporting.





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| Session on "Health Communication at Apollo Hospital" | | | | |
|------------------------------------------------------|---------------------|-----------------------|--------|-------|
| Academic Year : 2021-2022 | | Date: July 8, 2022 | | |
| List of Participants | | | | |
| S.No. | Name of the Student | Student Enrollment No | Course | Shift |
| 1 | Sarthak Khanna | 114702421 | BJMC | 1A |
| 2 | Priyanshi Gulati | 214702421 | BJMC | 1A |
| 3 | Vandana Mourya | 314702421 | BJMC | 1A |
| 4 | Disha Kalra | 814702421 | BJMC | 1A |
| 5 | Bhavya Tomar | 914702421 | BJMC | 1A |
| 6 | Bhumika Behl | 1014702421 | BJMC | 1A |
| 7 | Gaurav Narang | 1114702421 | BJMC | 1A |
| 8 | Nikita Arora | 1214702421 | BJMC | 1A |
| 9 | Mannat Arora | 1314702421 | BJMC | 1A |
| 10 | Diya Sawhney | 2014702421 | BJMC | 1A |
| 11 | Jinisha Kapoor | 2114702421 | BJMC | 1A |
| 12 | Kavya Jain | 2214702421 | BJMC | 1A |
| 13 | Paridhi | 2314702421 | BJMC | 1A |
| 14 | Paawani Panya | 2414702421 | BJMC | 1A |
| 15 | Khushi Aggarwal | 2514702421 | BJMC | 1A |
| 16 | Aanchal Saluja | 2614702421 | BJMC | 1A |
| 17 | Kunal Adhikari | 2714702421 | BJMC | 1A |
| | | | | |
| 18 | Utkarsh Goel | 161102421 | BJMC | 1B |
| 19 | Kislay Sinha | 261102421 | BJMC | 1B |
| 20 | Anmol Gupta | 361102421 | BJMC | 1B |
| 21 | Sahil Mehta | 561102421 | BJMC | 1B |
| 22 | Rupansh Kumar | 661102421 | BJMC | 1B |

| | | | | |
|----|-------------------|-------------|------|----|
| 23 | Shreya Garg | 761102421 | BJMC | 1B |
| 24 | Krishan Thapar | 1161102421 | BJMC | 1B |
| 25 | Jahnavi Khurana | 1261102421 | BJMC | 1B |
| 26 | Sahil Dahiya | 2061102421 | BJMC | 1B |
| 27 | Shivam Camma | 10261102421 | BJMC | 1B |
| 28 | Himanshu Pathania | 10361102421 | BJMC | 1B |
| 29 | Kriti Jain | 10561102421 | BJMC | 1B |
| 30 | Bhor Batra | 11461102421 | BJMC | 1B |

**MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES,
DEPARTMENT OF LAW,
INTERNSHIP AND PLACEMENT COMMITTEE
PRESENTS A WEBINAR ON**

INTERNSHIPS: A PATHWAY TO PLACEMENTS

MR. JAYANT BHATT

He is a practicing advocate, who has pursued his Masters from New York University, USA, and the National University of Singapore. He is also a member of the Supreme Court Bar Association and the Delhi High Court Bar Association.



Faculty Coordinator: Ms. Aarushi Agarwal

**Date: October 23, 2021
Time: 12 P.M. to 1 P.M.
Venue: Online Platform**

**Student Coordinators:
Anshita Khandelwal
Palak Tyagi**



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REPORT OF WEBINAR ON INTERNSHIPS: A PATHWAY FOR PLACEMENT

23rd October 2021



The Internship and Placement Committee, Department of law, Maharaja Agrasen Institute of management studies organized a webinar on Internships: A Pathway to Placements on 23rd October 2021 via Zoom. More than 150 students registered and attended the webinar.

The guest speaker of the session was Mr. Jayant Bhatt, Advocate, Delhi High Court and Supreme Court of India. Mr. Bhatt is an Independent Lawyer and holds dual Masters of Law (LL.M.) from New York University, USA & the National University of Singapore and is a member of the prestigious Supreme Court Bar Association and Delhi High Court Bar Association. Sir has a keen interest in teaching and mentoring young minds and is an advisory board member to various organizations. He regularly features in news articles & columns and is also a writer and a thought leader. The webinar was attended by more than 150 students of 1st and 2nd year.

Mr. Bhatt discussed the importance of internships in the early years of Law College. He encouraged students to build communication skills by participating in moot court and reading judgments. He shared his own experience about internships and how internships help in getting placements in the future. He also motivated the students to build strong relations in college and told them about the importance of teamwork. He interacted with students and also guided them to start internships in different fields and not restrict only to law such as business, films, NGO's. Mr. Bhatt also guided students to focus equally on studies and internships. The overall session was very insightful.

Ms. Anshita Khandelwal, student of 7th Semester, BA LL.B. successfully moderated the session and towards the end, faculty coordinator, Ms Aarushi Agarwal proposed a vote of thanks.



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Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi -110086, INDIA. www.maims.ac.in

Academic Year: 2021-22

October 23, 2021

List of Participants

| Webinar On Internship- A Pathway For Placements | | | | |
|-------------------------------------------------|--------------------|----------------|------------|----------|
| S.no. | Name of Student | Enrollment No. | Department | Semester |
| 1 | Vansh Goyal | 14014701720 | BBA | 3rd |
| 2 | Vishal Tomar | 14614701720 | BBA | 3rd |
| 3 | Hariom Kashyap | 12814701721 | BBA | 1st |
| 4 | Vanshika Walia | 14114701720 | BBA | 3rd |
| 5 | Ansh Verma | 02061101720 | BBA | 3rd |
| 6 | Sahil Verma | 11414701720 | BBA | 3rd |
| 7 | Saurabh Pauriyal | 12214701720 | BBA | 3rd |
| 8 | Tushar | 13014701721 | BBA | 1st |
| 9 | Alan Sebastian | 00961101720 | BBA | 3rd |
| 10 | Anshika Pathak | 02161101720 | BBA | 3rd |
| 11 | Archit Jain | 02461101720 | BBA | 3rd |
| 12 | Muskan Gupta | 05961101721 | BBA | 1st |
| 13 | Aditya Vikram A | 00761101720 | BBA | 3rd |
| 14 | Varun Kumar | 14214701720 | BBA | 3rd |
| 15 | Harshak Jain | 05661101720 | BBA | 3rd |
| 16 | Yashasvi Singh | 15114701720 | BBA | 3rd |
| 17 | Kushagra Singh | 14214701721 | BBA | 1st |
| 18 | Diksha Maggo | 05261101721 | BBA | 1st |
| 19 | Aryan Khosla | 03361101720 | BBA | 3rd |
| 20 | Aman Goyal | 01061101720 | BBA | 3rd |
| 21 | Arpit Khandelwal | 02761101720 | BBA | 3rd |
| 22 | Saksham Jain | 11514701720 | BBA | 3rd |
| 23 | Sahil Gupta | 11314701720 | BBA | 3rd |
| 24 | Sagar Narwal | 11214701720 | BBA | 3rd |
| 25 | Tanishka Tanwar | 13114701720 | BBA | 3rd |
| 26 | Manav Madaan | 02761188820 | B.Com(H) | 3rd |
| 27 | Garv Gupta | 02161188820 | B.Com(H) | 3rd |
| 28 | Gaurav Sharma | 05461101720 | BBA | 3rd |
| 29 | Sparsh Jain | 12914701720 | BBA | 3rd |
| 30 | Aniket Khemka | 01261101720 | BBA | 3rd |
| 31 | Arya Singh | 02961101720 | BBA | 3rd |
| 32 | Tushar Matlani | 13614701720 | BBA | 3rd |
| 33 | Harshita Banga | 02261188820 | B.Com(H) | 3rd |
| 34 | Vinay Kumar Sharma | 14414701720 | BBA | 3rd |
| 35 | Ayush Gupta | 03661101720 | BBA | 3rd |
| 36 | Bhaskar Uday Kala | 03861101720 | BBA | 3rd |
| 37 | Aayush Pandey | 00261101720 | BBA | 3rd |

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|----|----------------------|-------------|----------|-----|
| 38 | Kritika Garg | 00314788821 | B.Com(H) | 1st |
| 39 | Utkarsh Pandey | 05761101721 | BBA | 1st |
| 40 | Sakshi Garg | 06261101721 | BBA | 1st |
| 41 | Devang Verma | 04761101720 | BBA | 3rd |
| 42 | Saswat Parhi | 12014701720 | BBA | 3rd |
| 43 | Piyush Aggarwal | 00814788821 | B.Com(H) | 1st |
| 44 | Aryan Gera | 03261101720 | BBA | 3rd |
| 45 | Esha Sharma | 13414701721 | BBA | 1st |
| 46 | Aryan Vashist | 03561101720 | BBA | 3rd |
| 47 | Bhavy Aggarwal | 03961101720 | BBA | 3rd |
| 48 | Abhishek Jindal | 00461101720 | BBA | 3rd |
| 49 | Divyansh Gaba | 04861101720 | BBA | 3rd |
| 50 | Harsh | 05561101720 | BBA | 3rd |
| 51 | Saksham Monga | 11614701720 | BBA | 3rd |
| 52 | Sanskar Aggarwal | 11914701720 | BBA | 3rd |
| 53 | Tushar Jain | 00114788821 | B.Com(H) | 1st |
| 54 | Ansh Banwari | 01861101720 | BBA | 3rd |
| 55 | Hemang Goel | 02361188820 | B.Com(H) | 3rd |
| 56 | Charvi Chandak | 04361101720 | BBA | 3rd |
| 57 | Gaurang Jain | 05361101720 | BBA | 3rd |
| 58 | Rohan Bhardwaj | 11014701720 | BBA | 3rd |
| 59 | Tannu Garg | 13314701720 | BBA | 3rd |
| 60 | Romit Gogia | 11114701720 | BBA | 3rd |
| 61 | Gagandeep Malik | 05161101720 | BBA | 3rd |
| 62 | Abhishek Kumar | 04861101721 | BBA | 1st |
| 63 | Chesta Singh | 04461101720 | BBA | 3rd |
| 64 | Arjun Bhatia | 02561101720 | BBA | 3rd |
| 65 | Aryan Gupta | 00914788821 | B.Com(H) | 1st |
| 66 | Abhigyan | 00361101720 | BBA | 3rd |
| 67 | Yash Tanwar | 15014701720 | BBA | 3rd |
| 68 | Arnav Mathur | 02661101720 | BBA | 3rd |
| 69 | Akash Tewari | 00861101720 | BBA | 3rd |
| 70 | Vishesh Tiwari | 14714701720 | BBA | 3rd |
| 71 | Hiten Mantala | 05961101720 | BBA | 3rd |
| 72 | Kriti Aggarwal | 14014701721 | BBA | 1st |
| 73 | Mudit Jain | 02961188820 | B.Com(H) | 3rd |
| 74 | Piyush Gera | 00514788821 | B.Com(H) | 1st |
| 75 | Aryan Bansal | 03161101720 | BBA | 3rd |
| 76 | Tejas Khattar | 00214788821 | B.Com(H) | 1st |
| 77 | Keshav Bagri | 13514701721 | BBA | 1st |
| 78 | Kunal Sehgal | 02561188820 | B.Com(H) | 3rd |
| 79 | Sanskar Aggarwal | 04561101721 | BBA | 1st |
| 80 | Nityam Singh | 13214701721 | BBA | 1st |
| 81 | Gagandeep Kaur Dhaul | 05061101720 | BBA | 3rd |
| 82 | Devansh Chugh | 13714701721 | BBA | 1st |
| 83 | Tushar Srivastava | 14114701721 | BBA | 1st |
| 84 | Aashish Nukhra | 00161101720 | BBA | 3rd |

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|-----|---------------------|-------------|----------|-----|
| 85 | Harshit Wadhwa | 05761101720 | BBA | 3rd |
| 86 | Garv Mohan | 05261101720 | BBA | 3rd |
| 87 | Satyam Jaiswal | 13814701721 | BBA | 1st |
| 88 | Ayush Raj | 05361101721 | BBA | 1st |
| 89 | Shrey Singhal | 13114701721 | BBA | 1st |
| 90 | Archit Mittal | 05161101721 | BBA | 1st |
| 91 | Ansh Bhojaiya | 01961101720 | BBA | 3rd |
| 92 | Mayank | 02861188820 | B.Com(H) | 3rd |
| 93 | Bhavya Sarin | 04161101720 | BBA | 3rd |
| 94 | Harshita Khandelwal | 05861101720 | BBA | 3rd |
| 95 | Sneha Arya | 12814701720 | BBA | 3rd |
| 96 | Suvansh Manik | 13014701720 | BBA | 3rd |
| 97 | Saksham Bansal | 05061101721 | BBA | 1st |
| 98 | Elton Jose | 04961101720 | BBA | 3rd |
| 99 | Arsh Vaish | 02861101720 | BBA | 3rd |
| 100 | Raghav Arora | 00714788821 | B.Com(H) | 1st |
| 101 | Vishwanath Oberoi | 14814701720 | BBA | 3rd |
| 102 | Khushit Garg | 02461188820 | B.Com(H) | 3rd |
| 103 | Aditya | 00561101720 | BBA | 3rd |
| 104 | Ankit Kumar | 01561101720 | BBA | 3rd |
| 105 | Aditya Tanwar | 00661101720 | BBA | 3rd |
| 106 | Shambhavi Sandilya | 13314701721 | BBA | 1st |
| 107 | Akarsh Dubey | 12914701721 | BBA | 1st |
| 108 | Anirudh Sharma | 01361101720 | BBA | 3rd |
| 109 | Tanya Jain | 06161101721 | BBA | 1st |
| 110 | Yash Kumar | 14314701721 | BBA | 1st |
| 111 | Riya Saini | 10814701720 | BBA | 3rd |
| 112 | Aryamann Agarwal | 03061101720 | BBA | 3rd |
| 113 | Aman Khurana | 04661101721 | BBA | 1st |
| 114 | Aakarsh Bhardwaj | 05861101721 | BBA | 1st |
| 115 | Priyansh Jain | 06061101721 | BBA | 1st |
| 116 | Priyanshi Joshi | 13914701721 | BBA | 1st |
| 117 | Ayush Jain | 03761101720 | BBA | 3rd |
| 118 | Riya Srivastava | 10914701720 | BBA | 3rd |
| 119 | Kalp Bajaj | 00614788821 | B.Com(H) | 1st |
| 120 | Anurag Goyal | 02361101720 | BBA | 3rd |
| 121 | Bhavya Gautam | 04061101720 | BBA | 3rd |
| 122 | Chirag Arora | 04561101720 | BBA | 3rd |
| 123 | Divanshi Kapoor | 04961101721 | BBA | 1st |
| 124 | Sanchita Arora | 11814701720 | BBA | 3rd |
| 125 | Abhinav Rawat | 05561101721 | BBA | 1st |
| 126 | Amisha Jain | 01161101720 | BBA | 3rd |
| 127 | Vipul Arora | 14514701720 | BBA | 3rd |
| 128 | Yash Garg | 14914701720 | BBA | 3rd |
| 129 | Anshul Dabas | 02261101720 | BBA | 3rd |
| 130 | Luv Arora | 02661188820 | B.Com(H) | 3rd |
| 131 | Kanishka Singh | 05661101721 | BBA | 1st |

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|-----|--------------------|-------------|----------|-----|
| 132 | Samriddhi Jain | 11714701720 | BBA | 3rd |
| 133 | Saumya Puri | 12114701720 | BBA | 3rd |
| 134 | Anmol Chaturvedi | 13614701721 | BBA | 1st |
| 135 | Anmol Ralhan | 01661101720 | BBA | 3rd |
| 136 | Udit Raj | 13814701720 | BBA | 3rd |
| 137 | Uttkarsh Rawat | 13914701720 | BBA | 3rd |
| 138 | Tithi Sharma | 13414701720 | BBA | 3rd |
| 139 | Tannu | 13214701720 | BBA | 3rd |
| 140 | Tushar Tuteja | 13714701720 | BBA | 3rd |
| 141 | Tushar Krishnatrey | 13514701720 | BBA | 3rd |
| 142 | Yash Garg | 00414788821 | B.Com(H) | 1st |
| 143 | Anmol Vasu | 01761101720 | BBA | 3rd |
| 144 | Aryan Thakur | 03461101720 | BBA | 3rd |
| 145 | Chirag Khatter | 04661101720 | BBA | 3rd |
| 146 | Mayur Vijay | 05461101721 | BBA | 1st |
| 147 | Vedant Negi | 14314701720 | BBA | 3rd |
| 148 | Bhumi Sardana | 04261101720 | BBA | 3rd |
| 149 | Anish Sachdeva | 01461101720 | BBA | 3rd |
| 150 | Ishaan | 04761101721 | BBA | 1st |



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Panel discussion

"Plastic Sustainability and its varied nuances affecting Health"

October 29, 2021 – October 30, 2021

*"We do not need a handful of people doing zero waste perfectly.
We need millions of people doing it imperfectly."*

Plastic is the new parasite. This naturally non-biodegradable atrocity has subtly overtaken our lands, water bodies and homes. Plastic pollution has gradually become one of the world's most pressing environmental concerns. This evidence comes in the form of its ever-increasing production rate, which has surpassed the world's ability to recycle it.

Enactus MAIMS organized its flagship event 'Paricharya'21, a series of interactive and insightful discussions, built around the idea of tackling the menace of plastic. This event was closely related to one of Enactus MAIMS' projects named 'Pranada.'

Paricharya' 21 was an amalgamation of two Panel discussions and a webinar which were held on 29th and 30th October 2021.

The panel discussions were on the following topics:

- a. Plastic: Junk or Novelty
- b. Plastic affecting Global Human Health

The topic of the webinar was Plastic Free Periods: Protecting Our Bodies & Preventing Plastic Pollution.

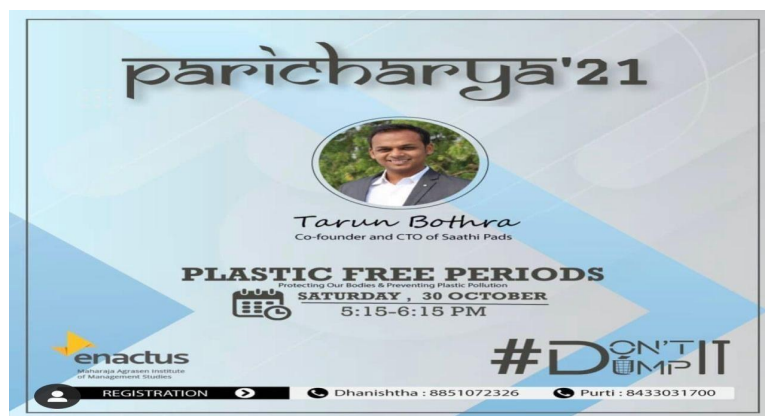
The First Panel Discussion aimed to enlighten the audience about the issues and solutions to plastic waste. Speakers for our First-panel discussion were the likes of Ankur Chawla, Shailendra Singh and Aakash Ranison, who impounded their views on the menace of plastic and discussed how plastic came as a solution but its unchecked consumption has become a threat for the entire planet.

The Second Panel Discussion was aimed at informing the viewers about the terrifying effects of plastic on Global human health. Speakers for our second-panel discussion were Mr. Tushar K. Bandopadhyay, Pinky Chandran and Nitin Srivastava, who shed some light on the issue of waste management followed by brands and youth's contribution in tackling plastic waste, the effect of plastic on global health, and how the use of plastic has made it a problem.

This was followed by the webinar, which aimed at sensitizing the masses about the harm being caused by the use of plastic pads and packaging.

The resource person enlightened us on the basics of menstruation, menstrual hygiene and its disposal. The amazing world of biodegradable sanitary napkins was brought into light by the speaker as they gave their insights on other pressing topics like impact, awareness and product choice among consumers when it comes to environmental impact.

Therefore, it was concluded that conventional sanitary pads contain a high percentage of plastic but throw-away menstrual products are adding to the plastic epidemic, made worse by incorrect disposal. In the end, it can safely be said that we only have a 'PLAN A' when it comes to the environment, so why not justify it in its truest sense?





MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

Affiliated to GGSIP University; Recognized u/s 2(f) of UGC Recognized by Bar Council of India;

ISO 9001: 2015 Certified Institution

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| Panel discussion - "Plastic Sustainability and its varied nuances effecting Health" | | | | | |
|-------------------------------------------------------------------------------------|--------------------|-----------------------------------------------------------|--------------------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Academic Year: 2021-2022 | | | | Date : October 29, 2021 | |
| List of Participants | | | | | |
| S.NO. | Name | College | Year | E-mail ID | Registering for: |
| 1 | Harshita jain | Maims | 2nd | Harshitajain.ipu051391@maims.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 2 | Sarthak Sodhi | MAIMS | 3rd year | sarthak.sodhi07@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 3 | Shaurya Bhaglal | MAIMS | 3rd | s.bhaglal@gmail.co m | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 4 | Ritika Dhiman | Maharaja Agrasen Institute of Manageme nt Studies | 3rd | ritikadhiman71@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 5 | KHUSHI GARG | Maims | 2020-23 | khushigarg.ipu060344@maims.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 6 | Varalika Vashistha | Shaheed Bhagat Singh College | 3rd | vvaralika@gmail.co m | Panel Discussion 2: Plastic affecting Global Human Health |
| 7 | Samriddhi Jain | MAIMS | 2nd, Batch of 2020 | samriddhijain.ipu210681@maims.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 8 | Muskaan | Nmims | 3rd year | Anand.muski@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 9 | Tanya | Maharaja agrasen institute of manageme nt studies, rohini | 2020-2023 | Tanyajain721 | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 10 | Sneha | MAIMS | 2 | snehasharmayoyo@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health |
| 11 | Devansh Singhal | MAIMS | 2nd | devanshvk@gmail. com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 12 | Reeva Gupta | MAIMS | 2nd | reevagupta.ipu219426@maims.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |

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| 13 | Kanu Priya | MAIMS | 2021 | Kanupriya0511@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 14 | Aenakshi Chadha | Maharaja Agrasen Institute of Management Studies | 2nd | aenakshi.chadha@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 15 | Shivam | MAIMS | 2023 | Shivam.ipu080148@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 16 | Vanshika Walia | Maims | 2023 | vanshikawalia14@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 17 | Itisha Goyal | Maharaja Agrasen Institute of Management Studies | Second year | itishagoyal05@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health |
| 18 | Rishab bansal | Maims | 2nd year | Rishabbansal20.6@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 19 | prasuk | maims | 3rd | prasukj2001@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 20 | Shomik Panda | Maharaja Agrasen Institute of Management Studies | 2020-25 | shomikpanda.ipu154677@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 21 | Keshav Goel | Shivaji College, DU | 2nd | goelkeshav27@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 22 | Saksham Jain | Maims | 2nd | sakshamjain418@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 23 | Roma Madan | Maharaja Agrasen Institute of Management Studies | 3rd year | roma.madan3@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 24 | Simrit chadha | Maharaja Agrasen Institute of Management Studies | Second | Simritchadha.sc@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 25 | Saniya Garg | Maharaja Agrasen Institute of Management Studies | 3rd | sanyagarg2311@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 26 | Hrithik Bathija | Hr college | 3rd | bhatu.h@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health |

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| 27 | Manika Arora | Maharaja Agrasen Institute Of Management Studies | 2nd | manzi13456@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 28 | Mouli Gulia | maharaja agrasen institute of management studies | Second year | Mouligulia10.mg@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 29 | Ishita garg | Maharaja Agrasen institute of management studies | 2020-2023 | ishitagarg042@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 30 | Tushar Garg | Maharaja agrasen institute of management studies | 2nd year | tgarg295@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 31 | Shashwat Kapoor | Maharaja Agrasen Institute of Management Studies | 3rd | shashwat999@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 32 | VIDIT RAJPAL | Maharaja Agrasen Institute of Management Studies | 2020-23 | viditrajpal@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 33 | Sahil Tomar | Satyawati | 1 | sahiltom3034@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 34 | Yukti Aggarwal | SSCBS, DU | 2nd | yuktigr24@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 35 | Garvit sharma | Shaheed sukhdev (SSCBS) | Second year | Garvit.20070@sscb.sdu.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 36 | khushi singharia | sscb | 2020 | khushi.20101@sscb.sdu.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 37 | Parth Chainani | Shaheed Sukhdev College of Business Studies | 2023 | parthchainani10@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 38 | Sakshi Sharma | SSCBS | 2021 | sakshi.20193@sscb.sdu.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 39 | Khushi | SSCBS | 2023 | khushi.20102@sscb.sdu.ac.in | Panel Discussion 1: Plastic- Junk or Novelty |
| 40 | Isha Aggarwal | Satyawati College, University of Delhi | 2nd | iaggarwal043@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 41 | Kaushal Verma | SSCBS | 2021 | Kaushal.20096@sscb.sdu.ac.in | Panel Discussion 1: Plastic- Junk or Novelty |

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| 42 | Khushi Wadhwa | Shaheed Sukhdev College of Business Studies | 2 | khushi.20106@sscbs.du.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 43 | Harshjit Singh | SSCBS | 2nd year | harshjit.20079@sscbs.du.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 44 | Dev Anand | SSCBS | 2nd | devanand7264@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 45 | Aditya raj | Sscbs | 2023 | aditya.20010@sscbs.du.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 46 | Ishita | SSCBS | 2023 | Ishitab3002@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
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| 48 | Harshita Banga | Maharaja Agrasen Institute Of Management Studies | 2nd | harshitabanga.ipu075640@maims.ac.in | Panel Discussion 2: Plastic affecting Global Human Health |
| 49 | Arjita | Lakshmi bai college | 2023 | Arjita.arji@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
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| 52 | Hriday Verma | Delhi Technological University | 2nd | Hridayverma2001@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 53 | Navya | Jesus and Mary college | First year | navyasagar02@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 54 | Khushi verma | Shaheed Sukhdev college of business studies | 2 | khushiv.231@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 55 | Rahul Sharma | Motilal Nehru College | IIInd year (3rd semester) | rahulsharmaskr2002@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
| 56 | Aryan Yadav | Asian law college | 2nd | honey1a2a3a@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
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| 58 | Divey Ahuja | Shaheed Sukhdev College of Business Studies | 2023 | diveyahuja02@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 59 | Tanyushvi | SSCBS | 2021 | tanyushvi15@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 60 | Suman Jaiswal | Lakshmi bai College | 2020-2023 | 20510021sumanjaiswal@lb.du.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |

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| 61 | Saumya Karan | MAIMS | 2019-2022 | saumyak21@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 62 | Anshumita taparia | Maharaja agrasen institute of management studies | 2021 | Anshumitataparia.c034040077@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health |
| 63 | Diya Chanana | Janki Devi Memorial College | II | diya.chanana@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 64 | Lakshay Thakur | SSCBS | 2nd | Lakshaylukethakur@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 65 | Diya Chanana | Janki Devi Memorial College | II | diya.chanana@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 66 | Samiksha Singh | MAIMS | 2nd | Samikshasingh.ipu124425@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 67 | Aryan Bhardwaj | Mains | 2nd | Aryanbhardwaj.ipu2020bbab8@mains.ac.in | Panel Discussion 2: Plastic affecting Global Human Health |
| 68 | Arunima Gupta | Hindu College | 3rd | arunimagupta2119@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 69 | Ekansh Khatri | MAIMS | 3 | ekansh.khatri2001@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 70 | Hardik Bansal | MAIMS | 2 | hardboybansal2002@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 71 | Ishita Tuli | Maharaja Agrasen Institute of Management Studies, IPU | 2020-2023 | tuliishita3@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 72 | Ishita Aggarwal | Sscbs | 2nd | ishita.20084@sscbs.du.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
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| 76 | Saloni Tyagi | Maharaja Agrasen Institute of Management Studies | Second | salonityagi49@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
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| 79 | Rajdeep Singh | Maims | 2nd | rajdeektakkar9@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 80 | Prince | Maharaja agrasen institute in f managing studies | 2 | Prince13grover@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 81 | Riya Rehal | Mata Sundri College for women's | 2nd year | riyarehal29@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 82 | Priyanshi Rai | MAIMS | 2020-21 | priyanshirai.201164700453@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 83 | Parth Batra | Iitm | 2020-2023 | parthbatra36@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 84 | Sahil jain | Delhi university | 2021 | Sjcool9891@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 85 | Vishal | Hansraj college | 2 | Vishalkhari2108@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 86 | Sagar rajput | Hansraj college | First | Sr265119@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 87 | Sagar rajput | Hansraj college | First | Sr265119@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 88 | Princee | Maims | 2 | vikeybhail@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 89 | Aarush nagpal | Maims | 2 | aarushnagpal.ipu146728@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 90 | Nandini Acharya | MAIMS, Delhi | 2nd year | nandiniacharya1408@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
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| 93 | Deepti Kapoor | MAIMS | 2021 | Deeptikapoor.ipu145144@mains.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |

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| 94 | Prince | Maims | 2 | princegrover.ipu030024@maims.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 95 | Parul Garg | Mata Sundri college for women | 2nd | parul08082005@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 96 | Purti Rathour | Maharaja agrasen institute of management studies | 2nd | purtirathour@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 97 | Pranav Kalra | Maharaja Agrasen Institute of Management Studies | 3rd | pranavkalra.04614701719@maims.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 98 | Manan Khurana | SSCBS | 2nd | manan.20123@sscb.sdu.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 99 | Ishika Rajput | indraprastha college for women | 2021 | rajput.ishika04@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 100 | Harshit Jain | IIMT | 2nd | jainharshit2811@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 101 | Raghav | Maims | 2nd | raghavsharma.ipu020595@maims.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
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| 103 | Gauri rajhans | Maims | Second | gaurirajhans.ipu071818@maims.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 104 | Harshita Khandelwal | Maharaja Agrasen | 2020-23 | harshita16022002@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| | | Institute of Management Studies | | | |
| 105 | Ishan Bhardwaj | Maharaja Agrasen institute of management Studies | 3rd | Ishanbb29@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 106 | Aishwariya Santhosh | MAIMS | 2021 | aishwariya570@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 107 | Prakhar Jain | Maharaja agrasen institute of management studies | 2nd | prakharjain351@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 108 | Mudit | Srm University Delhi ncr | 2nd | mudit579@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 109 | Varun Kuchhal | Rukmini devi Institute of Advanced Studies. | 2nd | rs45varun@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 110 | Riyansh | Rdias | 2 | Riyansh.bba2020ea@rdias.ac.in | Panel Discussion 1: Plastic- Junk or Novelty |
| 111 | Deepanshu chauhan | SRM University | 2 | chndeepanshu875@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |

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|-----|-----------------|------------------------------------------------------|----------|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 112 | Pakhi Verma | Kalindi College, University of Delhi | 3rd Year | pakhiverma725@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 113 | Soumya | MAIMS | 3rd | 0 | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 114 | Suhani | Maharaja Agrasen institute of management studies | 2nd | suhanidh12@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 115 | Ritika Dhiman | Maharaja Agrasen Institute of management studies | 3rd | ritikadhiman71@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 116 | Vansh chugh | Bennett university | 2nd | Vanshchugh1515@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 117 | Kashish Jain | Institute of innovation in technology and management | Third | kashishjain8967@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 118 | Yashika Arora | Sbsc | 2019 | arorayashika@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 119 | Jahnvi | Mait | 3rd year | jahnvishori2008@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 120 | Arpita verma | Netaji subhash university of technology | 2 nd | arpitaverma0105@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
| 121 | Gursimran Singh | Shaheed Sukhdev College of Business Studies | 2nd | gursimran.20074@scbs.du.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 122 | Ashutosh bhalla | Bhagwaan Parshuram institute of technology | 2020 | ashutoshbhalla12@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 123 | Harshey Devgan | harshitdevgan25@gmail.com | 2023 | harshitdevgan25@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 124 | Siddhant Saggar | MAIMS | 2022 | saggars01@yahoo.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 125 | Prisha Pugla | MAIMS | second | prishapugla@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 126 | Rhea Gupta | KMV | 2023 | rrhea.gupta@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |

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|-----|-----------------|--------------------------------------------------|-----------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 127 | sapy rai | maharaja Agrasen Institute of management studies | 2021 | sapyrai.ipu129504@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 128 | Ananya Prasad | Delhi Technological University | 3rd | ananya.p2000@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 129 | Saurabh Sharma | Mains | 2 | saurabhsharma0509@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 130 | Tejaswini pugla | Vivekanand college | 2021 | pugla.tejaswini@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 131 | NIA JAIN | Maharaja Agrasen Institute of Management Studies | 2nd year | nijain.ipu090921@mains.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 132 | Saumya | IPU | 2019-2022 | Karan.saumya21@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 133 | Muskaan Arora | Deshbandhu College | 2022 | muskaanarora2310@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 134 | Hitaishi | Srcasw | 2022 | g.hitaishi@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health |
| 135 | Mahima | Amity university, Gurgaon | 3rd | Aroramahima158@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 136 | Hitaishi Garg | Srcasw | 2022 | g.hitaishi@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 137 | Pragun Tanwar | Mains | 2nd | praguntanwar18@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 138 | Hitaishi | Srcasw | 2022 | g.hitaishi@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
| 139 | Hitaishi | Srcasw | 2022 | g.hitaishi@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 140 | Bhavya | Banasthali Vidyapeeth | 3rd year | bhavyaverma536@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 141 | Arya singh | Maharaja Agrasen institute of management studies | 2021-23 | aryas2114@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 142 | Rohan Mago | Maharaja Agrasen institute of management studies | 2nd | rohanmago.ipu113412@mains.ac.in | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 143 | Poorva Grover | Amity University India | 2020-2023 | poorvagrover5044@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
| 144 | yashika Agarwal | Satyawati college | 2 | yashika2905@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |

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|-----|-------------------|------------------------------------------------------------------------------|-------------|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 145 | Aryan Jain | Banarsidas chandiwala institute of hotel manageme nt and catering technology | 2020-24 | 190aryan@gmail.co m | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 146 | Siddhant Chawla | Maharaja Agrasen Instituite of Manageme nt Studies, Rohini, Delhi | 2nd year | siddhantchawla12@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 147 | Shreya Karan | DU | 2019-2022 | Shreya.karan122@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty |
| 148 | Vansh | MAIMS | 2nd | Vanshch07@gmail. com | Panel Discussion 2: Plastic affecting Global Human Health |
| 149 | Vanshika Bhambhry | MAIMS | 2 | vanshikabhambhry@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |
| 150 | Khushi gupta | Internation al institute of hotel manageme nt | 2nd | khushig11102201@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 151 | Vansh jain | Maharaja agresen | 2 | Jainvansh192@gma il.com | Panel Discussion 2: Plastic affecting Global Human Health |
| | | institute of manageme nt studies | | | |
| 152 | Anushka Malik | VIPS | 2nd | anushkamalik02@g mail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 153 | Srishti Kumari | IIT Roorkee | 2nd | srishti_k@me.iitr.a c.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 154 | Roopal | Amity University | 2020-22 | Dhiman.roopal@g mail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 155 | Aashwin Sharma | IIT ROORKE E | Second year | aashwin_s@ee.iitr.a c.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 156 | Mehak dhiman | Lady shri ram | 1st year | Dhimanmehak64@gmail.com | Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 157 | Urvi Gupta | IIT Roorkee | 2nd | urviguptaji@gmail. com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 158 | Kriti Chawla | Maharaja Agrasen Institute of Manageme nt Studies | 2019-22 | chawlakriti05@gm ail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 159 | Sankalp Aggarwal | MAIMS | 2nd year | Sankalpagg26@gm ail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |

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|-----|----------------|----------------------------------------------------|---------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 160 | Shivani Mishra | Daulat Ram College | 3rd | imshivani3005@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 161 | Nikita Gupta | Maharaja Agrasen Institute of Management Studies | 3rd | nikitagupta.07314701719@mains.ac.in | Panel Discussion 1: Plastic- Junk or Novelty, Panel Discussion 2: Plastic affecting Global Human Health, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 162 | Aanchal Saluja | Maharaja Agrasen institute of management studies | 1 | salujaaanchal744@gmail.com | Panel Discussion 1: Plastic- Junk or Novelty, Webinar: Plastic Free Period: Protecting Our Bodies & Preventing Plastic Pollution |
| 163 | Rhythm Gandhi | Maharaja Agressen Institute of Management Sciences | 2021-24 | Rhythm99967@gmail.com | Panel Discussion 2: Plastic affecting Global Human Health |

Session on “Mental Health by Mind peers”

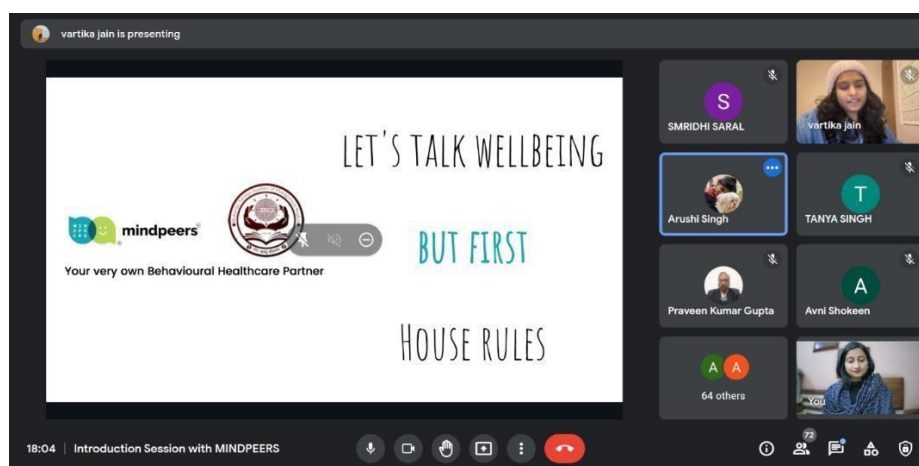
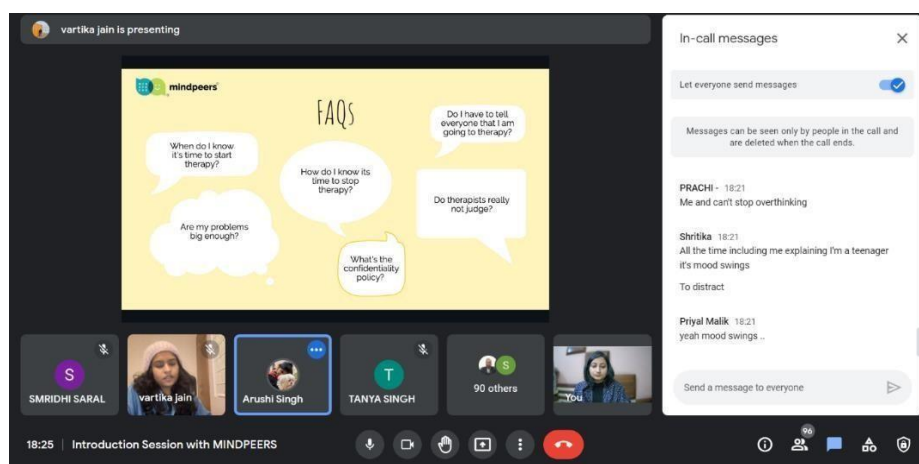
February, 2022

On February 1st, the Department of Law organized an “Introductory Session to Mindpeers: A platform for Mental Health” which focused on the importance of taking care of our mental health. Ms. Arushi Singh, Counselling Psychologist, facilitated the session. 53 participants attended the program.

The session started with a question i.e. How did you spend the last Rs. 100? The students were encouraged to answer and be more participative.

Ms. Arushi explained how it's equally important to reach out to a doctor to manage emotions, to work through our feelings and to handle stress. Throughout the session, a discussion surrounding the need to prioritize mental health took place which made the webinar a considerable success.

After the session, participants asked their queries, and Ms. Arushi answered them in the most exciting way possible. Finally, Ms. Smriti Sharma, faculty coordinator of the webinar, Assistant Professor, Department of Law, MAIMS, gave the concluding remarks and vote of thanks.





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Yoga Divas 2022

(June 21, 2022)

Yoga itself is a physical, mental and spiritual practice that originated in India about 6,000 years ago. The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India.

Prime Minister Narendra Modi performed yoga along with thousands of Indians to mark International Day of Yoga at Mysore Palace, in Mysuru. Yoga enthusiasts across the world took part in mass yoga events to mark International Yoga Day. International Yoga Day was celebrated by 24 students and management of MAIMS on June 21, 2022 with great enthusiasm. To commemorate this day, NSS unit of the Institute organized *Yoga Practice Sessions* in the college campus. Dr. Nand Kishore Garg (founder & chief advisor of MATES), Sh. Vineet Kr. Lohia (Chairperson of MATES), Sh. S.P Aggarwal (Executive Chairperson of MATES) and Sh. T.R Garg (General secretary of MATES) participated in the celebration.

Dr. Nand Kishore Garg explained the importance of Yoga in the life of youngsters. He explained that regular practice of Yoga will help the students achieve better mental and physical health. After that Acharya Sunil Kumar started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asanas were performed by the students and the teachers enthusiastically and the importance of these Asanas was explained simultaneously Acharya Sunil Chauhan. Prof. Sangeeta Malik and Ms. Neetu were convenors for the event.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2021-2022 | | | Date: June 21, 2022 | |
|--------------------------|------------------|---------------|---------------------|------|
| List of Participants | | | | |
| International Yoga Day | | | | |
| SNo. | Name of Student | Enrolment No. | Program | Year |
| 1 | Rajat Gupta | 2014788821 | BCOM | 1 |
| 2 | Aastha Suri | 414721620 | BA Eco. (H) | 2 |
| 3 | Tanishka | 50114721620 | BA Eco. (H) | 2 |
| 4 | Manvi | 4914703820 | BALLB | 2 |
| 5 | Anish Gupta | 3114701720 | BBA | 1 |
| 6 | Palak Katyal | 8614701720 | BBA | 2 |
| 7 | Chirag Arora | 6161101720 | BBA | 1 |
| 8 | Devang Verma | 8414701719 | BBA | 2 |
| 9 | Rijul Goyal | 2314788821 | BCOM | 1 |
| 10 | Chesta Singh | 4461101720 | BBA | 2 |
| 11 | Vaibhav Jain | 2214788821 | BCOM | 1 |
| 12 | Atishya Jain | 1514788821 | BCOM | 1 |
| 13 | Pulkit Bansal | 2514702419 | BA(JMC) | 3 |
| 14 | Yash Bisht | 13661101719 | BBA | 3 |
| 15 | Anjali Garg | 35561101719 | BBA | 3 |
| 16 | Muskan Jain | 2514703819 | BA LLB | 3 |
| 17 | Prerna Jain | 3761102420 | BAJMC | 2 |
| 18 | Priya | 3014702419 | BAJMC | 3 |
| 19 | Tisha Gupta | 4814721620 | BA(Eco.) | 2 |
| 20 | Mimansa | 5114703820 | BA(Eco.) | 2 |
| 21 | Chesta Singh | 4461101720 | BBA | 4 |
| 22 | Yaggyansh Chopra | 4814701719 | BBA | 6 |
| 23 | Keshav Lakhna | 10514701719 | BBA | 6 |
| 24 | Gaurang Jain | 5361101720 | BBA | 4 |



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PRACTICAL EXPOSURE TO FITNESS: A VISIT TO SPORTS AUTHORITY OF INDIA

July 22, 2022

The Department of Journalism & Mass Communication, Maharaja Agrasen Institute of Management Studies, organized a visit for Students to Sports Authority of India, JawaharLal Nehru Stadium, New Delhi on 22nd July, 2022. The visit focused on providing a chance to understand the role of Sports Authority of India (SAI) as well as various sports events infrastructure for sports players. It was a great learning experience for the students of 2nd Semester. In total 20 students went to the visit. Students were accompanied by faculty Coordinator Mr. Vijay Pal Singh, Assistant Professor.

Dr. Shiv Sharma, Executive Director, [Khelo India] interacted with students and guided them to be a good sports person. He added that Khelo India is a good initiative by Prime Minister Narendra Modi. A large number of rural and school students are participating in the Khelo India mission.

On this occasion Dr. Fahad Usmani, Senior Consultant, Sports Authority of India (SAI) delivered a lecture to the students. He talked about the allocation of sports budget to various sports and the role of SAI in organizing sports event. He briefed about the preparations for sports journalists for covering the upcoming commonwealth game (CWG) to be held in Birmingham.

On the behalf of Maharaja Agrasen Institute of Management Studies Mr. Vijay Pal Singh, Assistant Professor, Department of Journalism & Mass Communication, (MAIMS) presented a memento to Dr. Shiv Sharma, Executive Director, [Khelo India] as a token of gratitude.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2021-2022 | | | | Date: July 22, 2022 |
|----------------------------------------------------------------------|-------------------|------------------------|------------|---------------------|
| List of Participants | | | | |
| Practical exposure to Fitness : A Visit to Sports Authority of India | | | | |
| S.No. | Name Of Student | Student Enrollment No. | Department | Semester |
| 1 | Priyanshi Gulati | 00214702421 | BA(JMC) | 1st |
| 2 | Utkarsh Goel | 00161102421 | BA(JMC) | 1st |
| 3 | Aanchal Saluja | 02614702421 | BA(JMC) | 1st |
| 4 | Krishan Thapar | 01161102421 | BA(JMC) | 1st |
| 5 | Jahnvi Khurana | 01261102421 | BA(JMC) | 1st |
| 6 | Isha Maheshwari | 02261102421 | BA(JMC) | 1st |
| 7 | Krishna Pandey | 02461102421 | BA(JMC) | 1st |
| 8 | Rhythm Singh | 03061102421 | BA(JMC) | 1st |
| 9 | Priya Bhardwaj | 04861102421 | BA(JMC) | 1st |
| 10 | Yash Sharma | 08961102421 | BA(JMC) | 1st |
| 11 | Aadya Sharma | 09261102421 | BA(JMC) | 1st |
| 12 | Raj Tripathi | 10161102421 | BA(JMC) | 1st |
| 13 | Shivam Camma | 10261102421 | BA(JMC) | 1st |
| 14 | Sakshi Jadhav | 14361102421 | BA(JMC) | 1st |
| 15 | Tushar Saini | 14861102421 | BA(JMC) | 1st |
| 16 | Anmol Gupta | 00361102421 | BA(JMC) | 1st |
| 17 | Sahil Mehta | 00561102421 | BA(JMC) | 1st |
| 18 | Kartik Katiyal | 07161102421 | BA(JMC) | 1st |
| 19 | Siddhant Vashisht | 14961102421 | BA(JMC) | 1st |
| 20 | Saria Perveen | 10861102421 | BA(JMC) | 1st |

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

| S.No. | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| YEAR 2 (2020 - 2021) | | |
| 1. SOFT SKILLS | | |
| 1 | Webinar on "Identifying Own Values and Translating it to Behaviour" | 17-11-2020 |
| 2 | Expert Lecture on "Emotional Intelligence" | 18-12-2020 |
| 3 | Session on "Design Thinking and Problem Solving" | 25-03-2021 |
| 4 | Webinar on "How to stay Motivated during Covid- 19 - The Bright Side in the Dark Tide" | 13-05-2021 |
| 5 | Zindagi Chalne ka Naam - A Session on Motivation | 29-06-2021 |
| 2. LANGUAGE AND COMMUNICATION SKILLS | | |
| 6 | Expert Talk on Hindi Diwas - "Kya Hindi ka samman kiye bina vastavik Swatantrata prapt ki ja sakti hai?" | 14-09-2020 |
| 7 | Session on "How to Read Fast and Effectively" | 06-10-2020 |
| 8 | Expert Lecture on "Choosing the right Communication for your Business Ideas" | 21-10-2020 |
| 9 | Session on "Art of Listening" | 05-11-2020 |
| 10 | Margdarshan: The Industry Talk Series on Legal Language and Communication | 10-04-2021 |
| 11 | Session on "Rationale of Gender - Sensitive Communication" | 03-06-2021 |
| 12 | Special Lecture on "Health Communication: Need & Importance" | 14-06-2021 |
| 3. LIFE SKILLS | | |
| 13 | Webinar On "Career Options, Entrepreneurial Mindset And Employability Skills In The Indian Communication Industry- Prism" | 17-04-2021 |
| 14 | Webinar on "Intervention and Prevention in Drug Addiction" | 28-04-2021 |
| 15 | Panel discussion on "Delhi's Air Quality Control – A Quest for Viable Solutions to prevent Health Hazards" | 05-06-2021 |
| 16 | Webinar on "Yoga, Nutrition and Lifestyle Modification" | 21-06-2021 |



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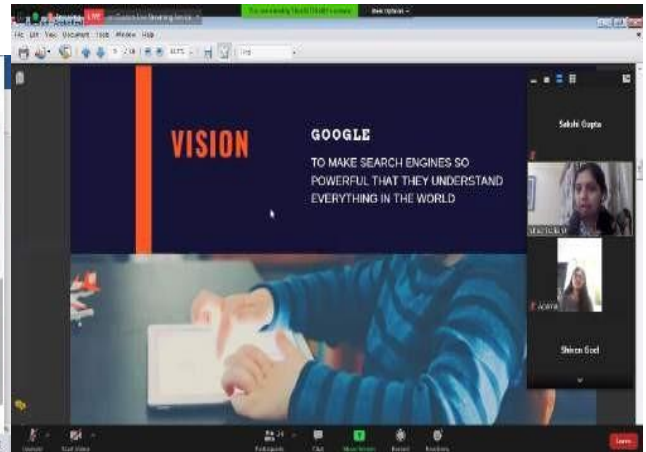
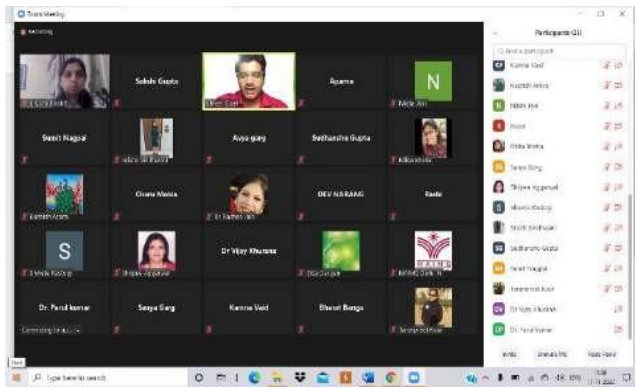
Webinar on “Identifying own values and translating it to behaviour”

The BENEVITY, business ethics and corporate social responsibility society of MAIMS under the aegis of IQAC conducted the webinar on “Identifying own values and translating it to behaviour” for the students and teaching faculties on 17th November 2020. There were in total 36 participants.

Ms. Shuchi Dixit, assistant professor, FIIB delivered the lecture. Ms. Shuchi is a result-driven training & development professional with 12 years’ experience, profoundly impacting performance through the design of personnel training programs for the reform, enhancement & advancement of organizational objectives. She is an accredited Trainer from ICS India Limited & a Certified Counsellor & legally affiliated with Counsellor Council of India. She has certification for Cognitive Behavioral Therapy & Family Counseling from VIMHANS. She has successfully designed & implemented training sessions & experiential workshops on Change & Stress Management, Team Building, Time Management, Goal Setting, Public Speaking, Emotional Intelligence & Mental Health.

The course content delivered in the webinar is as follows:

The importance of identifying our own values and how one should translate it to behavior was discussed in this session. The Speaker of the Session Ms. Shuchi Dixit presented the keynote address on “Identifying own values and translating it to behaviour”. She discussed the basic concepts values and behavior relating with best suitable real life examples which are essential for the understanding it. She projected a clear understanding of the importance of values and future problems in the real world. She inspired the audience by lively interacting on topics such as importance of giving true values to children, interview skills, individual values etc. She discussed about analyzing structured and unstructured behaviour in corporate world. She emphasized on Business Analytics career opportunities in India and global market and gaining practical mastery over applications of values through a hands-on project. She projected on comprehending the theoretical concepts and relating to the practical aspects of values. Also the feedback about the session was collected from all the participants to improve the sessions that will be conducted in the mere future. This programme is arranged in the motive of sharing the knowledge and practical experience of Ms. Shuchi Dixit, who has a long years of experience in business ethics and corporate social responsibility. The overall organization and deliverance of the webinar was helpful and satisfied the participants. The objective of the webinar was achieved. The overall session discussion benefitted the faculties, research scholars and students. This webinar would help the participants to implement business values in an effective way.





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Webinar on “Identifying own values and translating it to behaviour”

ACADEMIC YEAR : 2020-2021

DATE : November 17, 2020

LIST OF PARTICIPANTS

| | Email address | Full name | Institute | Category | Enrollment No. | Programme | Sem |
|----|---------------------------------------------|------------------|--------------------------------------------------|----------|----------------|-------------|-----|
| 1 | vijaypalsingh.faculty@maims.ac.in | Vijay Pal Singh | Maharaja agrasen institute of Management studies | Faculty | | | |
| 2 | ektadargan.faculty@maims.ac.in | Dr.Ekta Dargan | MAIMS | Faculty | | | |
| 3 | rachnajain.faculty@maims.ac.in | Rachna Jain | Maharaja agrasen institute of management studies | Faculty | | | |
| 4 | nidhichaudhry.faculty@maims.ac.in | Nidhi Chaudhry | Maharaja Agrasen Institute of Management Studies | Faculty | | | |
| 5 | anugoyal.faculty@maims.ac.in | Anu Goyal | Maharaja agrasen Institute of management studies | Faculty | | | |
| 6 | shubhamgupta.41114788818@maims.ac.in | Shubham | Maims | Student | 41114788818 | BCOM(Hons.) | 5 |
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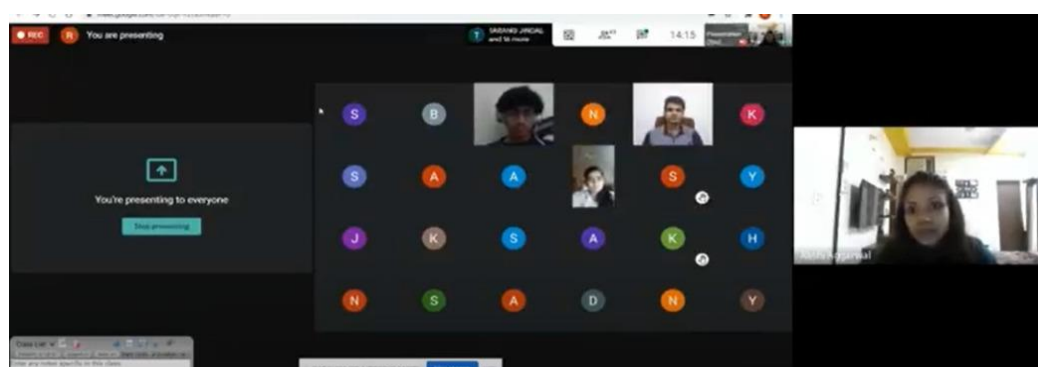
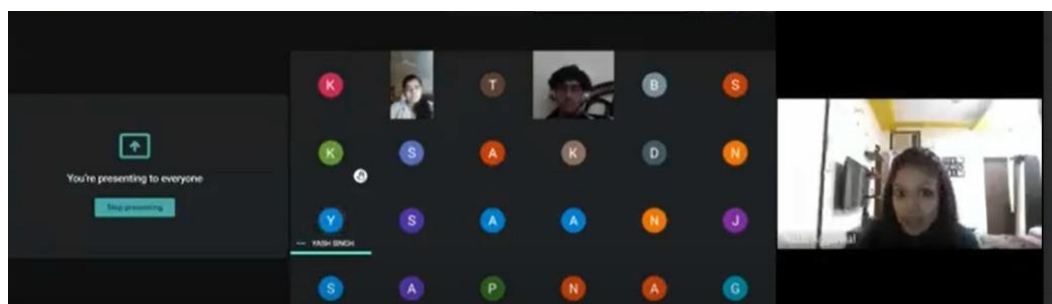
EXPERT LECTURE ON EMOTIONAL INTELLIGENCE **December 18, 2020**

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, under the aegis of IQAC organized an Expert lecture on Emotional Intelligence on December 18, 2020. The lecture was focused on providing an opportunity for students to understand the role of emotional intelligence in their personal and professional life. In total 67 students attended the expert lecture.

Ms. Rashi Aggarwal, Assistant Professor, MAIMS interacted with students and guided the students that how emotional intelligence helps an individual to build stronger relationships, succeed in career/professional life and to achieve personal goals. It can help an individual to connect with their feelings, turn intentions into action.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Riya Sharma, Assistant Professor, Department of Business Administration, (MAIMS) presented a memento as a token of gratitude.

The lecture was extremely successful as it gave some enlightening learning to the students.





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Academic Year: 2020-2021

Date: December 18, 2020

List of Participants

Expert Lecture on "Emotional Intelligence"

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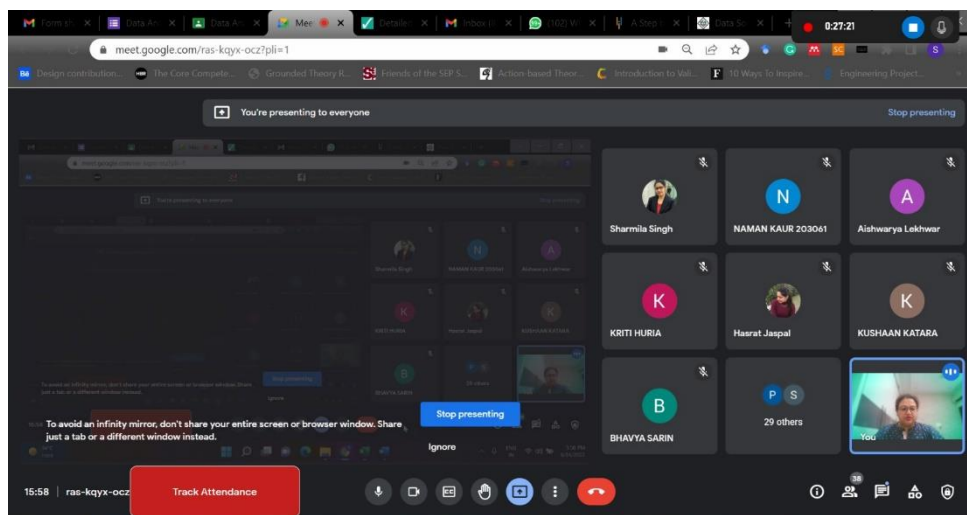
Session on Design Thinking and Problem Solving March 25, 2021

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, organized a webinar on “**Session on Design Thinking and Problem Solving**” in Maharaja Agrasen Institute of Management Studies, New Delhi on March 25, 2021 under the aegis of IQAC. The session focused on Design thinking and Problem-Solving skills. In total 59 students attended the session.

Dr. Shilpee Aggarwal, Assistant Professor, MAIMS interacted with the students and told them about design thinking and problem solving. She said “design thinking is a unique method of problem-solving that focuses on user needs first. Those who use design thinking do not need to be designers. It emphasizes observing people and their environments with empathy and using those observations to develop innovative ideas with an iterative, build-and-test approach.” She explained that design thinking process is a never-ending iterative process. Your design team can choose when the user’s needs are met to form a final product, or they can choose to iterate on the design to create alternate variations that solve for different needs.

On the behalf of Maharaja Agrasen Institute of Management Studies Mr. Deepak Dagar, Assistant Professor, Department of Business Administration, (MAIMS) presented a memento as a token of gratitude.

This session was extremely successful and very interactive as it gave a lot of enlightening learning to the students.





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Academic Year: 2020-2021

Date : March 25, 2021

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**WEBINAR ON "HOW TO STAY MOTIVATED DURING COVID- 19 - THE BRIGHT SIDE
IN THE DARK TIDE"
May 13, 2021**

Legal Services Clinic, Department of Law, MAIMS under the aegis of IQAC and in association with MATES Warriors Club, MAIMS Alumni Association and ISKCON, Dwarka under the aegis of IQAC Cell organized a Webinar on Zoom Meetings Platform entitled- “How to stay Motivated during COVID-19 – The Bright Side in Dark Tide” timings were 12.00 and 1.45 noon on Thursday, 13th May 2021. The session was aimed at encouraging and motivating the students during these unprecedented and unpredictable times.

The eminent speaker was HG Amogh Lila Das, Vice President (ISKCON, Dwarka). The speaker encouraged and motivated students to have a positive mindset and thinking during these uncertain times. He also suggested the idea of self-grooming and the enchantments which create a positive vibration in the environment around us. During these ascertain times one must remember the duality of *sukh* and *dukh*, we have to tolerate it and remember that it will pass.

The whole Session was conducted by HG Amogh Lila Das in a very interactive manner and the students also participated enthusiastically. The Event was initiated and coordinated by Faculty Convener - Ms Purnima Gupta, Convener, Legal Services Clinic and Co- Conveners Dr. Nisha Dhanraj Dewani and Dr. Shilpee Aggarwal.



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Academic Year: 2020-2021

Date: May 13, 2021

List of Participants

Webinar on "How to stay Motivated during Covid- 19 - The Bright Side in the Dark Tide"

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MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

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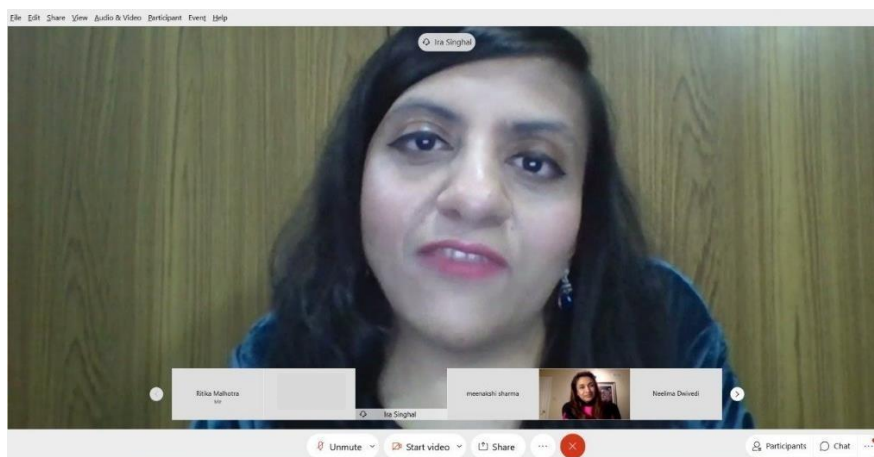
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“Zindagi Chalne ka Naam - A Session on Motivation”

An Interactive Live Session "Zindagi Chalne Ka Naam" with Ms. Ira Singhal, first woman with disability to top IAS was organized by Equal Opportunity Promotion Club, MAIMS in association with Legal Services Clinic, MAIT Delhi, MAU, Baddi, HP and under the aegis of MACS and IQAC MAIMS on June 29, 2021, Introductory and welcome address was given by Dr. Nisha Singh (Assistant Professor, Department of Journalism and Mass Communication). Dr. Ravi Kumar Gupta (Director, MAIMS) addressed the gathering and gave his guidance to the students. There were a total of 108 participants.

Ms. Purnima Gupta (Assistant Professor, Department of Law) addressed and welcomed the resource person Ms. Ira Singhal. The interview began with a question from Ms. Purnima Gupta to IAS Ms. Ira Singhal, “What are your views on diversity? Why do you think it is important?” To which Ms. Ira Singhal replied, “It is important for diversity and equality to be maintained in every sector because if people who belong to one particular sector work on a project which is for public use then they might not think from others’ perspective.” She explained the importance of diversity and equality through examples from the government and corporate sector. For any policy to be effective, for the best growth and for best outcome; diversity should be prevailed. Upon being asked about the legislation in India on the equal treatment of various strata of the society, Ma’am replied, “For different sections there are different departments working on their welfare, be it people with disability, women, transgenders, economically weaker sections of the society or marginalized. There are scholarships, reservations, pensions depending on the requirement. Ma’am stressed upon the disabilities everyone has within themselves and then came to a conclusion that everyone is differently abled.

Later, upon being asked about her views on inequality, ma’am mentioned that in the corporate sector women are not able build a long-term career because they are married and are expected to take care of the household whereas men are not. We do not have a society structure which promotes men to do household work. It is difficult to make a comeback in the corporate sector for women. Ma’am also took questions from the students and gave mantras for UPSC preparation. According to her, students must follow their passion and stop listening to others for their career. They must not compare themselves and work hard for the preparation. She also advised the students to only take up constructive criticism from others and ignore the baseless ones. Ms. Purnima Gupta (Assistant Professor, Department of Law) presented the vote of thanks.





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Academic Year: 2020-2021

Date : June 29, 2021

List of Participants

Zindagi Chalne ka Naam - A Session on Motivation

| S. No | Name | Enrollment No. | Course | Year |
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| 1 | Vashu Garg | 36814701718 | BBA | 3 |
| 2 | Khushi Tamta | 14614701719 | BBA | 2 |
| 3 | Himanshu Gautam | 07061101719 | BBA | 2 |
| 4 | Ricky Bhatia | 35514788818 | B.Com | 3 |
| 5 | Jhanvi Jindal | 05661101719 | BBA | 2 |
| 6 | Abhishek Yadav | 41214703817 | BA LLB | 4 |
| 7 | Rijul Gupta | 05114701719 | BBA | 2 |
| 8 | Samarth Wadhwa | 04114788820 | B.Com | 1 |
| 9 | Akarsh Chutani | 08061101719 | BBA | 2 |
| 10 | Himanshu Bisht | 01461188818 | B.Com | 3 |
| 11 | Charvi Chandak | 04361101720 | BBA | 1 |
| 12 | Nishant Gulati | 35861101719 | BBA | 2 |
| 13 | Utkarsh Saxena | 15214701719 | BBA | 2 |
| 14 | Shashwat Mishra | 01514703819 | BA LLB | 2 |
| 15 | Harsh Beniwal | 00761102419 | BA(JMC) | 2 |
| 16 | Aarush Nagpal | 00114703520 | BBA LLB | 1 |
| 17 | Shubham Devrani | 35914703820 | BA LLB | 1 |
| 18 | Aashutosh Sharma | 44914701718 | BBA | 3 |
| 19 | Vivek Rana | 14861101720 | BBA | 1 |
| 20 | Siddharth Gupta | 36614701718 | BBA | 3 |
| 21 | Stithi Aggarwal | 04914788819 | B.Com | 2 |
| 22 | Sparsh Jain | 12914701720 | BBA | 1 |
| 23 | Aditya Vikram A | 00761101720 | BBA | 1 |
| 24 | Shaurya Dhingra | 12361101720 | BBA | 1 |
| 25 | Aman Sharma | 00814703820 | BA LLB | 1 |
| 26 | Ammisha Srivastav | 00561102420 | BA(JMC) | 1 |
| 27 | Raghav Madan | 10761101720 | BBA | 1 |
| 28 | Sanyukta | 11861101720 | BBA | 1 |
| 29 | Aniket Sharma | 50414703820 | BA LLB | 1 |
| 30 | Anuj Dua | 01414703817 | BA LLB | 4 |
| 31 | Tanmay Mongia | 08014703817 | BA LLB | 4 |
| 32 | Tarang Jindal | 14061101720 | BBA | 1 |
| 33 | Vineet Kumar | 03214788819 | B.Com | 2 |
| 34 | Nilabh Sharma | 00714721619 | BA Eco. (H) | 2 |

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| 37 | Devansh Sethi | 01214702418 | BA(JMC) | 3 |
| 38 | Adarsh Agarwal | 00914701720 | BBA | 1 |
| 39 | Himanshu Chaudhary | 02061102420 | BA(JMC) | 1 |
| 40 | Harshit Singh Gahlot | 03614703817 | BA LLB | 4 |
| 41 | Manav Aggarwal | 35361188820 | B.Com | 1 |
| 42 | Srishti Agarwal | 35314701719 | BBA | 2 |
| 43 | Anish Arora | 00761188818 | B.Com | 3 |
| 44 | Anand Mishra | 01814701720 | BBA | 1 |
| 45 | Chirag Khatter | 04661101720 | BBA | 1 |
| 46 | Ujjwal Jindal | 12114701719 | BBA | 2 |
| 47 | Shyam | 35814703819 | BA LLB | 2 |
| 48 | Yash Bhageria | 36814701720 | BBA | 1 |
| 49 | Rahul Agarwal | 14714701719 | BBA | 2 |
| 50 | Vanshika Jain | 05314702420 | BA(JMC) | 1 |
| 51 | Vrinda Bhasin | 00214701719 | BBA | 2 |
| 52 | Khushi Khatri | 06914701719 | BBA | 2 |
| 53 | Phalguni Bhatia | 02514702420 | BA(JMC) | 1 |
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| 55 | Ishika Chauhan | 06114703819 | BA LLB | 2 |
| 56 | Gurveen Kaur | 07614701719 | BBA | 2 |
| 57 | Rahul Juneja | 35414788820 | B.Com | 1 |
| 58 | Shivangi Singh | 07114703818 | BA LLB | 3 |
| 59 | Divyam Bansal | 02861101719 | BBA | 2 |
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Expert Talk on Hindi Diwas

“Kya Hindi ka samman kiye bina vastavik Swatantrata Prapt ki Ja Sakti Hai”

14th September 2020

The country is trying to recover from the scourge of COVID-19 and in order to contain the spread we all are forced to shut ourselves in our houses. The entire teaching line is switched to online mode. In such challenging times also, our Institute performed all academic as well as extra-curricular activities online. To celebrate the “Hindi Diwas”, this year the Department of Commerce organised an online Expert Talk. The topic of the was ***“Kya Hindi ka samman kiye bina vastavik Swatantrata Prapt ki Ja Sakti Hai”***.

Mr. Sandeep Silas was invited as the expert to deliver his thoughts on the topic. Mr. Sandeep Silas who has evolved as a Public Affairs Administrator, Public Information Specialist, Strategist and Consultant as well as a scholar of English and Hindi Literature. He has several articles and books in both Hindi and English to his credit. He spoke extensively on the topic highlighting the importance of Hindi and explained by example of France, Germany and Russia that how these countries have emerged so powerful only by respecting their language and by conversing only in their mother tongue. The Indians, he said would have to come out of the aura of slavery which has been put over us by the British rule.

The meeting was organized on the zoom platform and was attended by the Director, Prof.(Dr.) Ravi Gupta, other Faculty members and the students of all the courses.



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Academic Year: 2020-2021

Date : September 14, 2020

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| 37 | Ansh Kharbanda | 01314701718 | BBA | 3 |
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| 41 | Sujat Jain | 36514701720 | BBA | 1 |
| 42 | Naman Aggarwal | 36161101720 | BBA | 1 |
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| 45 | Yatin Grover | 11161101719 | BBA | 2 |
| 46 | Khushi Gupta | 04114703820 | BA LLB | 1 |
| 47 | Mehak Khurana | 02161102418 | BA(JMC) | 3 |
| 48 | Sachin Bhakar | 35514703520 | BBA LLB | 1 |
| 49 | Urvi Malhotra | 36114703820 | BA LLB | 1 |
| 50 | Anjali | 01514703820 | BA LLB | 1 |
| 51 | Nishant Kumar | 02761188818 | B.Com | 3 |
| 52 | Bhavika Sabharwal | 03561102419 | BA(JMC) | 2 |
| 53 | Vaishali Godia | 08214703817 | BA LLB | 4 |
| 54 | Prince Grover | 03814703520 | BBA LLB | 1 |

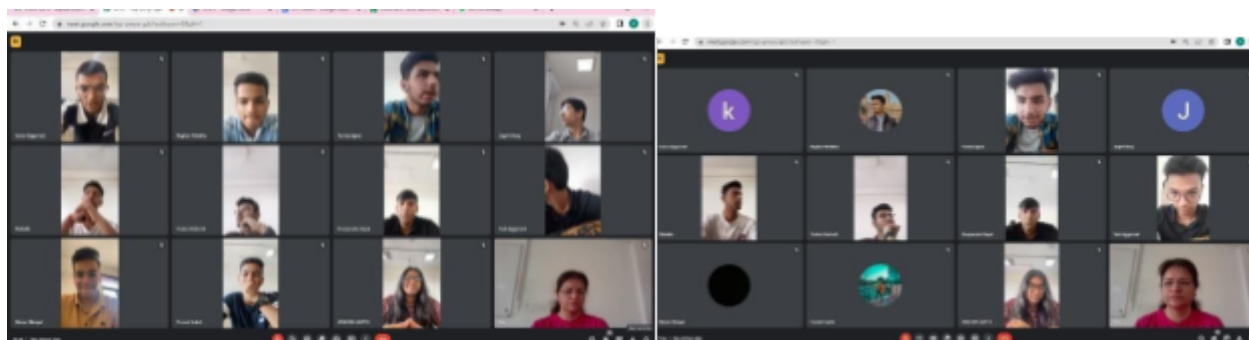
SESSION ON “HOW TO READ FAST AND EFFECTIVELY”

October 6, 2020

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, under the aegis of IQAC organized an Online Session on “How to read fast and effectively” on October 6, 2020. The session was focused on providing an opportunity for students to learn different techniques to read fast and effectively. It was a great learning experience for the students. In total 69 students attended the expert lecture.

Ms. Arpita Manchanda, Assistant Professor, MAIMS interacted with students and guided the students by highlighting the importance of reading. She further elucidated different techniques of reading through which the students can read fast and absorb the content effectively. She elaborated that reading improves an individual’s focus, empathy and communication skills.

On behalf of Maharaja Agrasen Institute of Management Studies Ms. Sumedha Dutta, Assistant Professor, Department of Business Administration (MAIMS) presented a token of gratitude.





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Academic Year: 2020-2021

Date : October 6, 2020

List of Participants

Session on "How to Read Fast and Effectively"

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| 2 | Himanshu Choudhary | 03314703820 | BA LLB | 1 |
| 3 | Aditya Goel | 07214703819 | BA LLB | 2 |
| 4 | Harshita Ghai | 5114701720 | BBA | 1 |
| 5 | Manya Jain | 05361101718 | BBA | 3 |
| 6 | Anjali Garg | 35561101719 | BBA | 2 |
| 7 | Kaushal Jain | 09514701719 | BBA | 2 |
| 8 | Shivam Gaur | 07514703819 | BA LLB | 2 |
| 9 | Naman Narula | 13861101719 | BBA | 2 |
| 10 | Steve James | 04514702420 | BA(JMC) | 1 |
| 11 | Chahat Mittal | 35314703818 | BA LLB | 3 |
| 12 | Riya Kumari | 04414703520 | BBA LLB | 1 |
| 13 | Priyank Sapra | 03614721619 | BA Eco. (H) | 2 |
| 14 | Gaurav | 02214703818 | BA LLB | 3 |
| 15 | Mohit Nagpal | 13161101719 | BBA | 2 |
| 16 | Vishesh Tiwari | 14714701720 | BBA | 1 |
| 17 | Ayush Gupta | 814701719 | BBA | 2 |
| 18 | Raunaq Singh Bakshi | 1261101719 | BBA | 2 |
| 19 | Nawaal Shaab | 01161102419 | BA(JMC) | 2 |
| 20 | Dev Singal | 35761101720 | BBA | 1 |
| 21 | Mitali Gupta | 08114701720 | BBA | 1 |
| 22 | Shivam | 12514701720 | BBA | 1 |
| 23 | Daksh Behal | 15114701719 | BBA | 2 |
| 24 | Tanisha Goyal | 40161101718 | BBA | 3 |
| 25 | Kashish Madaan | 1614702420 | BA(JMC) | 1 |
| 26 | Palak Sadh | 03161102419 | BA(JMC) | 2 |
| 27 | Simran Gulia | 08514703820 | BA LLB | 1 |
| 28 | Saurabh Pratap Singh | 04114721620 | BA Eco. (H) | 1 |
| 29 | Tanushree Sharma | 02314721619 | BA Eco. (H) | 2 |
| 30 | Kritika Gupta | 6614701720 | BBA | 1 |
| 31 | Dimple | 2314701718 | BBA | 3 |
| 32 | Muskaan Khatri | 40161188818 | B.Com | 3 |
| 33 | Sankalp Shandilya | 07614703820 | BA LLB | 1 |
| 34 | Shubham Bahl | 07614703818 | BA LLB | 3 |
| 35 | Kasvi Mal | 6414701720 | BBA | 1 |

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|----|------------------------|-------------|-------------|---|
| 36 | Muskan | 5014701718 | BBA | 3 |
| 37 | Sachin Chaturvedi | 03714702420 | BA(JMC) | 1 |
| 38 | Sahil Sharma | 03814702420 | BA(JMC) | 1 |
| 39 | Kanishka Rawat | 04214703817 | BA LLB | 4 |
| 40 | Ishita Garg | 02514721620 | BA Eco. (H) | 1 |
| 41 | Prabhu Prasad Kirtania | 04814703818 | BA LLB | 3 |
| 42 | Aastha Aggarwal | 00314701720 | BBA | 1 |
| 43 | Dhruv Kukreja | 13461101719 | BBA | 2 |
| 44 | Jahnavi Verma | 43214701718 | BBA | 3 |
| 45 | Naman Jain | 41314703817 | BA LLB | 4 |
| 46 | Rachit Chandra | 06414703820 | BA LLB | 1 |
| 47 | Aryan Narang | 01714721620 | BA Eco. (H) | 1 |
| 48 | Himanshu Singh | 01314788820 | B.Com | 1 |
| 49 | Amit Bisht | 01861188819 | B.Com | 2 |
| 50 | Kirti Sharma | 04561102419 | BA(JMC) | 2 |
| 51 | Varchas Sharma | 00414721619 | BA Eco. (H) | 2 |
| 52 | Ayushi Mittal | 01961101718 | BBA | 3 |
| 53 | Aayushman Bhatt | 03414703819 | BA LLB | 2 |
| 54 | Aditi Bhardwaj | 00414703820 | BA LLB | 1 |
| 55 | Nitish Shrestha | 05814703817 | BA LLB | 4 |
| 56 | Jay Dutt Kaushik | 3861101718 | BBA | 3 |
| 57 | Naman Nayyar | 1961102419 | BA(JMC) | 2 |
| 58 | Puneet | 06214703820 | BA LLB | 1 |
| 59 | Vanshika Kaushik | 2914702419 | BA(JMC) | 2 |
| 60 | Snigdha Dhupal | 3514788818 | B.Com | 3 |
| 61 | Shivam Jain | 12761101720 | BBA | 1 |
| 62 | Mayank Vadehra | 5561101718 | BBA | 3 |
| 63 | Jai Sharma | 6261101720 | BBA | 1 |
| 64 | Manasvi Khanna | 35514702419 | BA(JMC) | 2 |
| 65 | Himanshi Bhatt | 3161101718 | BBA | 3 |
| 66 | Ritika Singhal | 2714788819 | B.Com | 2 |
| 67 | Nikhil Kukreja | 8961101720 | BBA | 1 |
| 68 | Sarthak Mangla | 36661101720 | BBA | 1 |
| 69 | Aniket Jain | 43361101718 | BBA | 3 |



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Expert Lecture on “Choosing the Right Communication for your Business Ideas”

October 21, 2020

The Department of Journalism & Mass Communication, Maharaja Agrasen Institute of Management Studies organized an expert lecture on “Choosing the Right Communication for your Business Ideas” on 21st October, 2020. The Seminar was focused on to make the students understand the importance of choosing the right communication for your business ideas. It was a great learning experience for the students. In total 150 students participated in the seminar.

Mr. Mohit Gupta, Senior Consultant at HSBC, interacted with students and guided them how communication channels are the most powerful tool for growing business relationships. He further elucidates about the different communication channels and how communication channels have evolved over the time. He emphasized on a point that a successful business depends not only on the channel used but also on how it resonates with the target audience.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Nisha Singh Assistant Professor, Department of Journalism & Mass Communication, (MAIMS) presented a memento to Mr. Mohit Gupta, Senior Consultant, HSBC as a token of gratitude.





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Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA

Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2020-2021 | | Date : October 21, 2020 | | |
|------------------------------------------------------------------------------|----------------------|-------------------------|--------|------|
| List of Participants | | | | |
| Expert Lecture on "Choosing the right Communication for your Business Ideas" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Charvi Chandak | 04361101720 | BBA | 1 |
| 2 | Vivek Rana | 14861101720 | BBA | 1 |
| 3 | Sparsh Jain | 12914701720 | BBA | 1 |
| 4 | Aditya Vikram A | 761101720 | BBA | 1 |
| 5 | Shaurya Dhingra | 12361101720 | BBA | 1 |
| 6 | Raghav Madan | 10761101720 | BBA | 1 |
| 7 | Sanyukta | 11861101720 | BBA | 1 |
| 8 | Tarang Jindal | 14061101720 | BBA | 1 |
| 9 | Adarsh Agarwal | 00914701720 | BBA | 1 |
| 10 | Anand Mishra | 01814701720 | BBA | 1 |
| 11 | Chirag Khatter | 04661101720 | BBA | 1 |
| 12 | Yash Bhageria | 36814701720 | BBA | 1 |
| 13 | Vishwanath Oberoi | 14814701720 | BBA | 1 |
| 14 | Yash Singh | 15161101720 | BBA | 1 |
| 15 | Shivam Gulati | 36861101720 | BBA | 1 |
| 16 | Saurabh Sharma | 12161101720 | BBA | 1 |
| 17 | Agam Nagpal | 01114701720 | BBA | 1 |
| 18 | Ritudeepkaur | 10714701720 | BBA | 1 |
| 19 | Ishita Jindal | 06161101720 | BBA | 1 |
| 20 | Shashank Shekhar | 12261101720 | BBA | 1 |
| 21 | Sujat Jain | 36514701720 | BBA | 1 |
| 22 | Naman Aggarwal | 36161101720 | BBA | 1 |
| 23 | Abhishek Kumar Gupta | 714701720 | BBA | 1 |
| 24 | Harshita Ghai | 5114701720 | BBA | 1 |
| 25 | Vishesh Tiwari | 14714701720 | BBA | 1 |
| 26 | Dev Singal | 35761101720 | BBA | 1 |
| 27 | Mitali Gupta | 8114701720 | BBA | 1 |
| 28 | Shivam | 12514701720 | BBA | 1 |
| 29 | Kritika Gupta | 6614701720 | BBA | 1 |
| 30 | Kasvi Mal | 6414701720 | BBA | 1 |
| 31 | Aastha Aggarwal | 314701720 | BBA | 1 |
| 32 | Shivam Jain | 12761101720 | BBA | 1 |
| 33 | Jai Sharma | 6261101720 | BBA | 1 |
| 34 | Nikhil Kukreja | 8961101720 | BBA | 1 |
| 35 | Sarthak Mangla | 36661101720 | BBA | 1 |

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|----|---------------------|-------------|-----|---|
| 36 | Kartik Mathur | 6314701720 | BBA | 1 |
| 37 | Hiten Mantala | 5961101720 | BBA | 1 |
| 38 | Jasmeet Marwah | 6461101720 | BBA | 1 |
| 39 | Prisha Pugla | 10261101720 | BBA | 1 |
| 40 | Dhruv Tayal | 35614701720 | BBA | 1 |
| 41 | Deepti Kapoor | 3014701720 | BBA | 1 |
| 42 | Parth Kumar | 36361101720 | BBA | 1 |
| 43 | Kishan Kumar | 7261101720 | BBA | 1 |
| 44 | Naman Bindal | 8461101720 | BBA | 1 |
| 45 | Naman Jain | 36314701720 | BBA | 1 |
| 46 | Sagar Narwal | 11214701720 | BBA | 1 |
| 47 | Aatrey Singh | 414701720 | BBA | 1 |
| 48 | Harshita Khandelwal | 5861101720 | BBA | 1 |
| 49 | Sahil Verma | 11414701720 | BBA | 1 |
| 50 | Divyam Khunger | 3714701720 | BBA | 1 |
| 51 | Arya Singh | 2961101720 | BBA | 1 |
| 52 | Simran Mehta | 12714701720 | BBA | 1 |
| 53 | Arpit Khandelwal | 2761101720 | BBA | 1 |
| 54 | Khushi Tamta | 14614701719 | BBA | 2 |
| 55 | Himanshu Gautam | 07061101719 | BBA | 2 |
| 56 | Jhanvi Jindal | 5661101719 | BBA | 2 |
| 57 | Rijul Gupta | 05114701719 | BBA | 2 |
| 58 | Akarsh Chutani | 8061101719 | BBA | 2 |
| 59 | Nishant Gulati | 35861101719 | BBA | 2 |
| 60 | Utkarsh Saxena | 15214701719 | BBA | 2 |
| 61 | Srishti Agarwal | 35314701719 | BBA | 2 |
| 62 | Ujjwal Jindal | 12114701719 | BBA | 2 |
| 63 | Rahul Agarwal | 14714701719 | BBA | 2 |
| 64 | Vrinda Bhasin | 00214701719 | BBA | 2 |
| 65 | Khushi Khatri | 06914701719 | BBA | 2 |
| 66 | Gurveen Kaur | 07614701719 | BBA | 2 |
| 67 | Divyam Bansal | 2861101719 | BBA | 2 |
| 68 | Aditya Dhama | 1961101719 | BBA | 2 |
| 69 | Muskan Bansal | 35261101719 | BBA | 2 |
| 70 | Tanu Rani | 11761101719 | BBA | 2 |
| 71 | Jaskaran Khurana | 9161101719 | BBA | 2 |
| 72 | Raj Parmar | 07814701719 | BBA | 2 |
| 73 | Diksha Chauhan | 09361101719 | BBA | 2 |
| 74 | Vansh Deep Bahl | 08861101719 | BBA | 2 |
| 75 | Mandeep Singh | 05314701719 | BBA | 2 |
| 76 | Chirag Jain | 15061101719 | BBA | 2 |
| 77 | Siddharth Bahl | 10761101719 | BBA | 2 |
| 78 | Saumya Karan | 5014701719 | BBA | 2 |
| 79 | Ishan Jain | 35961101719 | BBA | 2 |
| 80 | Yatin Grover | 11161101719 | BBA | 2 |
| 81 | Anjali Garg | 35561101719 | BBA | 2 |
| 82 | Kaushal Jain | 9514701719 | BBA | 2 |

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|-----|---------------------|-------------|-----|---|
| 83 | Naman Narula | 13861101719 | BBA | 2 |
| 84 | Mohit Nagpal | 13161101719 | BBA | 2 |
| 85 | Ayush Gupta | 814701719 | BBA | 2 |
| 86 | Raunaq Singh Bakshi | 1261101719 | BBA | 2 |
| 87 | Daksh Behal | 15114701719 | BBA | 2 |
| 88 | Dhruv Kukreja | 13461101719 | BBA | 2 |
| 89 | Kanan Gupta | 6514701719 | BBA | 2 |
| 90 | Devbrat Singh | 4714701719 | BBA | 2 |
| 91 | Rishabh Gupta | 10214701719 | BBA | 2 |
| 92 | Kshitiz Bansal | 36661101719 | BBA | 2 |
| 93 | Yaggyansh Chopra | 4814701719 | BBA | 2 |
| 94 | Sanchit Gupta | 36514701719 | BBA | 2 |
| 95 | Yukti Singh Rana | 7014701719 | BBA | 2 |
| 96 | Sameep Jain Jain | 6061101719 | BBA | 2 |
| 97 | Paarth Sharma | 12361101719 | BBA | 2 |
| 98 | Vaishali Mittal | 2361101719 | BBA | 2 |
| 99 | Tanmay Sharma | 6814701719 | BBA | 2 |
| 100 | Yash Chopra | 13261101719 | BBA | 2 |
| 101 | Disha Sharma | 13061101719 | BBA | 2 |
| 102 | Ayush Bindra | 36114701719 | BBA | 2 |
| 103 | Anish Gupta | 36561101719 | BBA | 2 |
| 104 | Vashu Garg | 36814701718 | BBA | 3 |
| 105 | Aashutosh Sharma | 44914701718 | BBA | 3 |
| 106 | Siddharth Gupta | 36614701718 | BBA | 3 |
| 107 | Akhil Bansal | 661101718 | BBA | 3 |
| 108 | Rishabh Nimba | 06414701718 | BBA | 3 |
| 109 | Nikunj Mehta | 35961101718 | BBA | 3 |
| 110 | Praytn Shukla | 43761101718 | BBA | 3 |
| 111 | Chirag Chauhan | 35514701718 | BBA | 3 |
| 112 | Karan Kumar Rajan | 3814701718 | BBA | 3 |
| 113 | Shivay Misra | 10061101718 | BBA | 3 |
| 114 | Shivam Sharma | 09761101718 | BBA | 3 |
| 115 | Vuran Dawar | 41061101718 | BBA | 3 |
| 116 | Ansh Kharbanda | 1314701718 | BBA | 3 |
| 117 | Manya Jain | 5361101718 | BBA | 3 |
| 118 | Tanisha Goyal | 40161101718 | BBA | 3 |
| 119 | Dimple | 2314701718 | BBA | 3 |
| 120 | Muskan | 5014701718 | BBA | 3 |
| 121 | Jahnvi Verma | 43214701718 | BBA | 3 |
| 122 | Ayushi Mittal | 1961101718 | BBA | 3 |
| 123 | Jay Dutt Kaushik | 3861101718 | BBA | 3 |
| 124 | Mayank Vadehra | 5561101718 | BBA | 3 |
| 125 | Himanshi Bhatt | 3161101718 | BBA | 3 |
| 126 | Aniket Jain | 43361101718 | BBA | 3 |
| 127 | Brajdeep Sharma | 2261101718 | BBA | 3 |
| 128 | Ishant Bansal | 42761101718 | BBA | 3 |
| 129 | Mayank | 5461101718 | BBA | 3 |

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|-----|----------------------|-------------|-----|---|
| 130 | Kush Sindhwani | 4761101718 | BBA | 3 |
| 131 | Srishti Jain | 11061101718 | BBA | 3 |
| 132 | Mahak Garg | 4114701718 | BBA | 3 |
| 133 | Divanshi Bobal | 2561101718 | BBA | 3 |
| 134 | Abhay Gupta | 41961101718 | BBA | 3 |
| 135 | Pavitra Mittal | 36114701718 | BBA | 3 |
| 136 | Arnav Gautam | 1514701718 | BBA | 3 |
| 137 | Aditya Batra | 35114701718 | BBA | 3 |
| 138 | Ayush Gupta | 35414701718 | BBA | 3 |
| 139 | Shivam Rana | 40314701718 | BBA | 3 |
| 140 | Ananya Singh Chandel | 1461101718 | BBA | 3 |
| 141 | Tuhin Chakraborty | 11561101718 | BBA | 3 |
| 142 | Soumya Beri | 41514701718 | BBA | 3 |
| 143 | Jatin Gaur | 3661101718 | BBA | 3 |
| 144 | Aakash Mittal | 35161101718 | BBA | 3 |
| 145 | Ikshita Jain | 3361101718 | BBA | 3 |
| 146 | Ritika Bhagat | 8061101718 | BBA | 3 |
| 147 | Eshan Shiv | 2761101718 | BBA | 3 |



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SESSION ON “ART OF LISTENING”

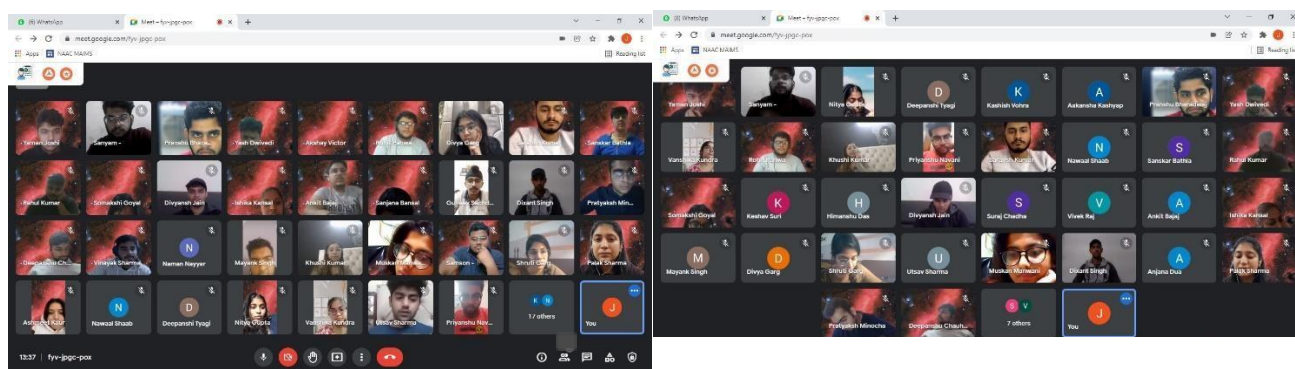
November 5, 2020

The Department of Journalism and Mass Communication, Maharaja Agrasen Institute of Management Studies, under the aegis of IQAC organized a session on “Art of Listening” on November 5, 2020.

The session was focused on providing an opportunity for students to understand the importance of art of listening in an individual life. In total 99 students attended the expert lecture.

Mr. Jitender Vig, Assistant Professor MAIMS interacted with students and guided the students that the art of listening is about finding out what the speaker thinks about something. When people listen to each other, they learn from each other. A free flow of ideas that are truly listened to can lead to an institution/workplace where people are constantly learning from each other. The art of listening is not just about hearing what the speaker says but it’s about understanding what they say and responding in a way that make them feel heard.

On the behalf of Maharaja Agrasen Institute of Management Studies, Ms. Nisha Singh, Assistant Professor, Department of Journalism and Mass Communication presented a memento as a token of gratitude.





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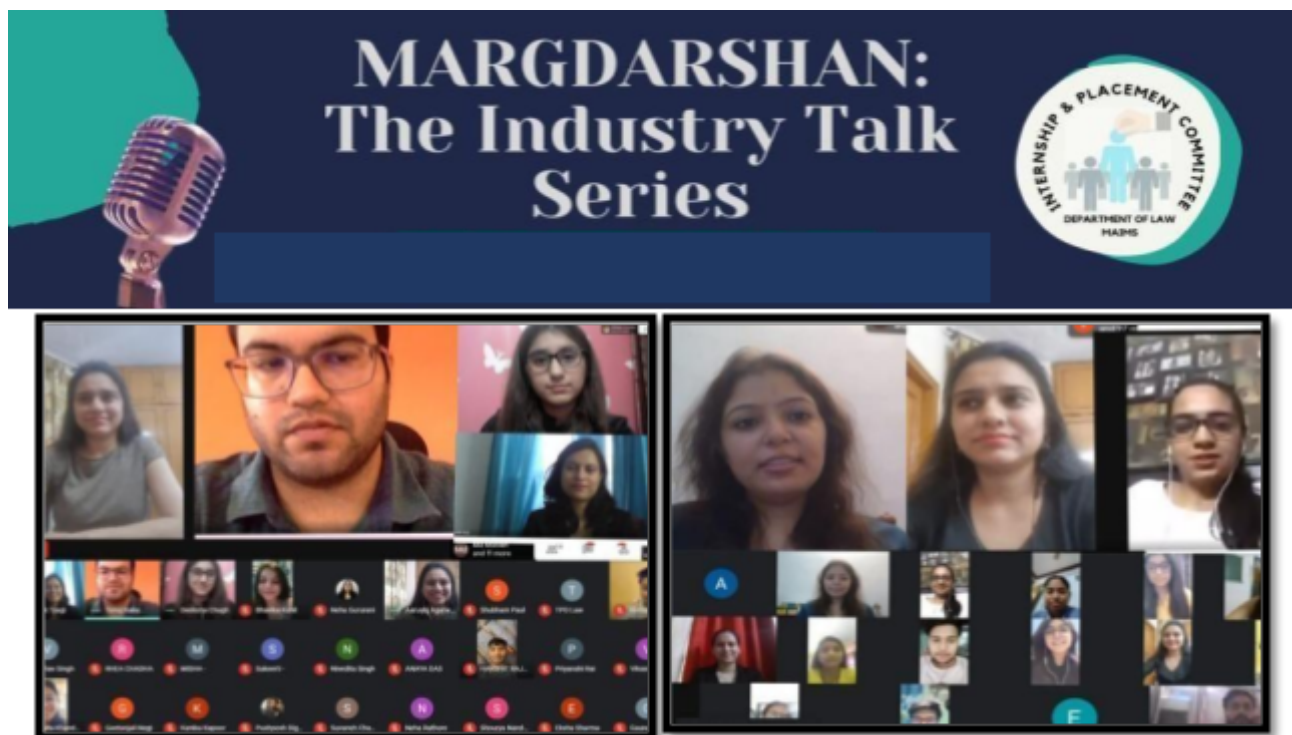
Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2020-2021 | | Date : November 5, 2020 | | |
|-------------------------------|--------------------|-------------------------|---------|------|
| List of Participants | | | | |
| Session on "Art of Listening" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Ammisha Srivastav | 00561102420 | BA(JMC) | 1 |
| 2 | Himanshu Chaudhary | 2061102420 | BA(JMC) | 1 |
| 3 | Vanshika Jain | 05314702420 | BA(JMC) | 1 |
| 4 | Phalguni Bhatia | 2514702420 | BA(JMC) | 1 |
| 5 | Sanya Vinayak | 04061102420 | BA(JMC) | 1 |
| 6 | Ritika Madaan | 3961102420 | BA(JMC) | 1 |
| 7 | Harshita Arora | 1961102420 | BA(JMC) | 1 |
| 8 | Nishtha Jain | 50161102420 | BA(JMC) | 1 |
| 9 | Priya | 2914702420 | BA(JMC) | 1 |
| 10 | Steve James | 4514702420 | BA(JMC) | 1 |
| 11 | Kashish Madaan | 1614702420 | BA(JMC) | 1 |
| 12 | Sachin Chaturvedi | 3714702420 | BA(JMC) | 1 |
| 13 | Sahil Sharma | 3814702420 | BA(JMC) | 1 |
| 14 | Abhishek Sharma | 261102420 | BA(JMC) | 1 |
| 15 | Kartik Dutta | 2861102420 | BA(JMC) | 1 |
| 16 | Gaurika Sharma | 1661102420 | BA(JMC) | 1 |
| 17 | Ishika Arora | 2261102420 | BA(JMC) | 1 |
| 18 | Gauraansh Yadav | 1014702420 | BA(JMC) | 1 |
| 19 | Rakshit Ranjan | 3314702420 | BA(JMC) | 1 |
| 20 | Tanishka Mittal | 04714702420 | BA(JMC) | 1 |
| 21 | Suhani Tuteja | 4861102420 | BA(JMC) | 1 |
| 22 | Satyam Thakur | 04161102420 | BA(JMC) | 1 |
| 23 | Pranav Sehgal | 35261102420 | BA(JMC) | 1 |
| 24 | Shivek Aggarwal | 04261102420 | BA(JMC) | 1 |
| 25 | Siddharth Raikwar | 04661102420 | BA(JMC) | 1 |
| 26 | Chirag Gahlot | 01261102421 | BA(JMC) | 1 |
| 27 | Kaushiki Garg | 35361102420 | BA(JMC) | 1 |
| 28 | Chavi Jain | 01161102420 | BA(JMC) | 1 |
| 29 | Naman Jain | 2014702420 | BA(JMC) | 1 |
| 30 | Meenal Singhal | 1814702420 | BA(JMC) | 1 |
| 31 | Aditya Bharti | 361102420 | BA(JMC) | 1 |
| 32 | Saloni Tyagi | 3914702420 | BA(JMC) | 1 |
| 33 | Vaibhav Gusain | 4814702420 | BA(JMC) | 1 |
| 34 | Harsh Beniwal | 00761102419 | BA(JMC) | 2 |
| 35 | Yaman Joshi | 1761102419 | BA(JMC) | 2 |

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|----|------------------------|-------------|---------|---|
| 36 | Nitya Gupta | 35261102419 | BA(JMC) | 2 |
| 37 | Aakansha Kashyap | 02061102419 | BA(JMC) | 2 |
| 38 | Utsav Gaur | 35461102419 | BA(JMC) | 2 |
| 39 | Pratyaksh Minocha | 02361102419 | BA(JMC) | 2 |
| 40 | Keshav Suri | 2561102419 | BA(JMC) | 2 |
| 41 | Bhavika Sabharwal | 3561102419 | BA(JMC) | 2 |
| 42 | Nawaal Shaab | 1161102419 | BA(JMC) | 2 |
| 43 | Palak Sadh | 3161102419 | BA(JMC) | 2 |
| 44 | Kirti Sharma | 4561102419 | BA(JMC) | 2 |
| 45 | Naman Nayyar | 1961102419 | BA(JMC) | 2 |
| 46 | Vanshika Kaushik | 2914702419 | BA(JMC) | 2 |
| 47 | Manasvi Khanna | 35514702419 | BA(JMC) | 2 |
| 48 | Deepanshi Tyagi | 2161102419 | BA(JMC) | 2 |
| 49 | Akshay Victor | 4461102419 | BA(JMC) | 2 |
| 50 | Akshat Gupta | 4014702419 | BA(JMC) | 2 |
| 51 | Suraj Chadha | 461102419 | BA(JMC) | 2 |
| 52 | Vanshika Kundra | 2761102419 | BA(JMC) | 2 |
| 53 | Raghav Sharma | 02414702419 | BA(JMC) | 2 |
| 54 | Ishika Kansal | 00361102419 | BA(JMC) | 2 |
| 55 | Aastha Gaba | 03814702419 | BA(JMC) | 2 |
| 56 | Madhav Mathur | 1614702419 | BA(JMC) | 2 |
| 57 | Deepasha Jain | 01314702419 | BA(JMC) | 2 |
| 58 | Aditi Rathi | 02614702419 | BA(JMC) | 2 |
| 59 | Jasmine Mehta | 2461102419 | BA(JMC) | 2 |
| 60 | Abhirath Pratap Tiwari | 2814702419 | BA(JMC) | 2 |
| 61 | Nandini Singhal | 00561102419 | BA(JMC) | 2 |
| 62 | Harshita Mehta | 1814702419 | BA(JMC) | 2 |
| 63 | Shagun Chabhhra | 35661102419 | BA(JMC) | 2 |
| 64 | Samar | 5261102419 | BA(JMC) | 2 |
| 65 | Tanvi Manchanda | 1861102419 | BA(JMC) | 2 |
| 66 | Ridhi Modi | 35161102419 | BA(JMC) | 2 |
| 67 | Divyansh Jain | 2261102419 | BA(JMC) | 2 |
| 68 | Rohit Pahwa | 4861102419 | BA(JMC) | 2 |
| 69 | Sejal Sethi | 661102419 | BA(JMC) | 2 |
| 70 | Manan Prabhakar | 4214702419 | BA(JMC) | 2 |
| 71 | Nikunj Moudgil | 3614702419 | BA(JMC) | 2 |
| 72 | Abhinav | 35561102419 | BA(JMC) | 2 |
| 73 | Sanjay Singh | 4514702419 | BA(JMC) | 2 |
| 74 | Kashish Vohra | 4761102419 | BA(JMC) | 2 |
| 75 | Devansh Sethi | 01214702418 | BA(JMC) | 3 |
| 76 | Vernica Wadhawan | 04761102418 | BA(JMC) | 3 |
| 77 | Saloni Uppal | 40214702418 | BA(JMC) | 3 |
| 78 | Rohan Sharma | 40461102418 | BA(JMC) | 3 |
| 79 | Muskan Rana | 2714702418 | BA(JMC) | 3 |
| 80 | Abhinav Garg | 114702418 | BA(JMC) | 3 |
| 81 | Riya Gulati | 3414702418 | BA(JMC) | 3 |
| 82 | Mehak Khurana | 02161102418 | BA(JMC) | 3 |

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|----|-----------------------|-------------|---------|---|
| 83 | Aniket Sharma | 00461102418 | BA(JMC) | 3 |
| 84 | Vanshika Jain | 35614702418 | BA(JMC) | 3 |
| 85 | Tanya Ravindran | 40561102418 | BA(JMC) | 3 |
| 86 | Ayushi Suyal | 00961102418 | BA(JMC) | 3 |
| 87 | Shubhangi Aggarwal | 04261102418 | BA(JMC) | 3 |
| 88 | Muskaan Bhardwaj | 02361102418 | BA(JMC) | 3 |
| 89 | Anjali Singh | 214702418 | BA(JMC) | 3 |
| 90 | Simran Gupta | 4214702418 | BA(JMC) | 3 |
| 91 | Harsh Rana | 01261102418 | BA(JMC) | 3 |
| 92 | Achint Kaur | 00261102418 | BA(JMC) | 3 |
| 93 | Aastha Giria | 40114702418 | BA(JMC) | 3 |
| 94 | Yukti Kaim | 04814702418 | BA(JMC) | 3 |
| 95 | Riya Bhakuni | 3314702418 | BA(JMC) | 3 |
| 96 | Roshni Dhar | 03761102418 | BA(JMC) | 3 |
| 97 | Amartya Narayan Yadav | 40414702418 | BA(JMC) | 3 |
| 98 | Deepansi Khatri | 1114702418 | BA(JMC) | 3 |
| 99 | Tanishk Pratap Singh | 4414702418 | BA(JMC) | 3 |

MARGDARSHAN: THE INDUSTRY TALK SERIES ON LEGAL LANGUAGE AND COMMUNICATION



Internship and Placement Committee, Department of Law, (under the aegis of Training & Placement Cell), MAIMS, has successfully organized “MARGDARSHAN- The Industry Talk Series on Legal Language and Communication”, in the benign presence Dr. Praveen Kumar Gupta, HOD, Law, MAIMS. The event was led and executed successfully under the guidance of Ms. Aarushi Agarwal, Assistant Professor and Associate Training & Placement Officer, Dept. of Law.

The motivation behind the event was to create awareness amongst students about the various career opportunities in the legal domain and thereby assisting students in selecting appropriate career choices.

It was a 6 weeks long event conducted on each week's Saturdays (10th April- 15th May, 2021), graced up with our 6 prominent and esteemed speakers namely Adv. Tariq Khan (Principal Associate, Advani Co., Arbitration Lawyer), Mr. Ashok Arora (Supreme Court Advocate), Ms. Apoorva

Mandhani (Principal Correspondent, The Print), Ms. Shruti Khanijow (Principal Associate at Khaitan & Co.), Mr. Vishal Vyas (Civil Judge & Judicial Magistrate), Mr. Tanuj Kalia (Founding CEO, Lawctopus); who eloquently bestowed their thoughts on Arbitration, Litigation, Legal Journalism, Corporate law, Judiciary, Law & Entrepreneurship respectively. The event enlightened the students not only with the conventional knowledge but the speakers diligently highlighted the gravity of ethical knowledge, for the students to grow holistically, like the need of self-evaluation to gauge ones progress, personal courtesy, being focused, patient, sincere, hard work to excel in the sphere has been the key mantra of many.

The event took place on Google Meet whereby it successfully attracted as many as 138 registrations and was attended by more than 100 students. The students were highly encouraged with the wisdom of thoughts of our eminent speakers which was unquestionably visible by the feedback given by the students. MARGDARSHAN- The Industry Talk Series ended on a positive note with a wave of inspiration and motivation to make a right and informed choice in the plethora of opportunities available in the legal domain.



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Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA

Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2020-2021 | | Date : April 10, 2021 | | |
|---------------------------------------------------------------------------|--------------------|-----------------------|--------|------|
| List of Participants | | | | |
| Margdarshan: The Industry Talk Series on Legal Language and Communication | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Shubham Devrani | 35914703820 | BA LLB | 1 |
| 2 | Aman Sharma | 00814703820 | BA LLB | 1 |
| 3 | Aniket Sharma | 50414703820 | BA LLB | 1 |
| 4 | Vanshika | 09514703820 | BA LLB | 1 |
| 5 | Lipi Singh | 04414703820 | BA LLB | 1 |
| 6 | Priyanshi Rai | 06114703820 | BA LLB | 1 |
| 7 | Khushi Gupta | 04114703820 | BA LLB | 1 |
| 8 | Urvi Malhotra | 36114703820 | BA LLB | 1 |
| 9 | Anjali | 01514703820 | BA LLB | 1 |
| 10 | Himanshu Choudhary | 03314703820 | BA LLB | 1 |
| 11 | Simran Gulia | 08514703820 | BA LLB | 1 |
| 12 | Sankalp Shandilya | 07614703820 | BA LLB | 1 |
| 13 | Rachit Chandra | 06414703820 | BA LLB | 1 |
| 14 | Aditi Bhardwaj | 00414703820 | BA LLB | 1 |
| 15 | Puneet | 06214703820 | BA LLB | 1 |
| 16 | Aaryav Lohia | 00214703820 | BA LLB | 1 |
| 17 | Rajat Singh | 06614703820 | BA LLB | 1 |
| 18 | Vanshika Joon | 09714703820 | BA LLB | 1 |
| 19 | Sahej Sehgal | 07214703820 | BA LLB | 1 |
| 20 | Abhay Garg | 00314703820 | BA LLB | 1 |
| 21 | Lakshita Jorwal | 04314703820 | BA LLB | 1 |
| 22 | Mohnish Singh | 05414703820 | BA LLB | 1 |
| 23 | Kashish Banswal | 03814703820 | BA LLB | 1 |
| 24 | Mrinalika Pandey | 05514703820 | BA LLB | 1 |
| 25 | Khushi Arora | 04014703820 | BA LLB | 1 |
| 26 | Nakul Taneja | 05614703820 | BA LLB | 1 |
| 27 | Deepali | 02514703820 | BA LLB | 1 |
| 28 | Vidhi Nimker | 09814703820 | BA LLB | 1 |
| 29 | Shashwat Mishra | 01514703819 | BA LLB | 2 |
| 30 | Vanshika Agnihotri | 35214703819 | BA LLB | 2 |
| 31 | Shyam | 35814703819 | BA LLB | 2 |
| 32 | Amish Chadha | 04714703819 | BA LLB | 2 |
| 33 | Ishika Chauhan | 06114703819 | BA LLB | 2 |
| 34 | Utkarsh Mittal | 35514703819 | BA LLB | 2 |
| 35 | Pusan Aggarwal | 03114703819 | BA LLB | 2 |

| | | | | |
|----|--------------------------|-------------|--------|---|
| 36 | Preeti | 01614703819 | BA LLB | 2 |
| 37 | Abhishek Tanwar | 00414703818 | BA LLB | 2 |
| 38 | Yash Jain | 36214703819 | BA LLB | 2 |
| 39 | Navya Gupta | 09314703819 | BA LLB | 2 |
| 40 | Nishtha Nanda | 36014703819 | BA LLB | 2 |
| 41 | Nishka Jain | 02314703819 | BA LLB | 2 |
| 42 | Aditya Goel | 07214703819 | BA LLB | 2 |
| 43 | Shivam Gaur | 07514703819 | BA LLB | 2 |
| 44 | Aayushman Bhatt | 03414703819 | BA LLB | 2 |
| 45 | Aditi Ranjan | 07114703819 | BA LLB | 2 |
| 46 | Saras Bhardwaj | 04014703819 | BA LLB | 2 |
| 47 | Smridhi Pathak | 01814703819 | BA LLB | 2 |
| 48 | Devansh Sondhi | 02414703819 | BA LLB | 2 |
| 49 | Vinay Lodwal | 09114703818 | BA LLB | 2 |
| 50 | Mukul | 09514703819 | BA LLB | 2 |
| 51 | Aastha Jain | 35114703819 | BA LLB | 2 |
| 52 | Nidhi Singh | 10314703819 | BA LLB | 2 |
| 53 | Mahak | 04114703818 | BA LLB | 2 |
| 54 | Fagun Malhotra | 35314703819 | BA LLB | 2 |
| 55 | Aryan Sharma | 10014703819 | BA LLB | 2 |
| 56 | Bhanu Pratap Singh Phore | 07614703819 | BA LLB | 2 |
| 57 | Ayush Tanwar | 03014703819 | BA LLB | 2 |
| 58 | Vansh Paul | 09414703819 | BA LLB | 2 |
| 59 | Teevra Mishra | 06714703819 | BA LLB | 2 |
| 60 | Aditya Dikshit | 05114703819 | BA LLB | 2 |
| 61 | Shivangi Singh | 07114703818 | BA LLB | 3 |
| 62 | Ritvik Bhardwaj | 05814703818 | BA LLB | 3 |
| 63 | Shivani Sharma | 07214703818 | BA LLB | 3 |
| 64 | Avantika Krupakar Wasnik | 01814703818 | BA LLB | 3 |
| 65 | Chahat Mittal | 35314703818 | BA LLB | 3 |
| 66 | Gaurav | 02214703818 | BA LLB | 3 |
| 67 | Shubham Bahl | 07614703818 | BA LLB | 3 |
| 68 | Prabhu Prasad Kirtania | 04814703818 | BA LLB | 3 |
| 69 | Prabhakar Bajpai | 41814703818 | BA LLB | 3 |
| 70 | Harshita Gogia | 02714703818 | BA LLB | 3 |
| 71 | Ayushman Patnaik | 01914703818 | BA LLB | 3 |
| 72 | Juhi Wadhwa | 40214703818 | BA LLB | 3 |
| 73 | Vikash Kumar | 09014703818 | BA LLB | 3 |
| 74 | Utkarsh | 08714703818 | BA LLB | 3 |
| 75 | Shailja Singh | 06714703818 | BA LLB | 3 |
| 76 | Abdus Samad Ansari | 40714703818 | BA LLB | 3 |
| 77 | Varnit Vashistha | 08914703818 | BA LLB | 3 |
| 78 | Palak Tyagi | 40314703818 | BA LLB | 3 |
| 79 | Aakriti Maken | 35114703818 | BA LLB | 3 |
| 80 | Shreyansh Jain | 07414703818 | BA LLB | 3 |
| 81 | Ishan Harlalka | 03014703818 | BA LLB | 3 |
| 82 | Abhyudey Kabra | 00514703818 | BA LLB | 3 |

| | | | | |
|-----|----------------------|-------------|---------|---|
| 83 | Yash Gangwani | 41914703818 | BA LLB | 3 |
| 84 | Aditi Arora | 35214703818 | BA LLB | 3 |
| 85 | Kunal Dalal | 03914703818 | BA LLB | 3 |
| 86 | Garima Singh | 41414703818 | BA LLB | 3 |
| 87 | Aditya Dogra | 00714703818 | BA LLB | 3 |
| 88 | Rohan Prasad | 06014703818 | BA LLB | 3 |
| 89 | Abhishek Yadav | 41214703817 | BA LLB | 4 |
| 90 | Anuj Dua | 01414703817 | BA LLB | 4 |
| 91 | Tanmay Mongia | 08014703817 | BA LLB | 4 |
| 92 | Arushi Goyal | 01914703817 | BA LLB | 4 |
| 93 | Harshit Singh Gahlot | 03614703817 | BA LLB | 4 |
| 94 | Shubham Sharma | 07314703817 | BA LLB | 4 |
| 95 | Kanika Kapoor | 04114703817 | BA LLB | 4 |
| 96 | Aashish Lakra | 00114703817 | BA LLB | 4 |
| 97 | Arjun Mittal | 35114703817 | BA LLB | 4 |
| 98 | Vaishali Godia | 08214703817 | BA LLB | 4 |
| 99 | Kanishka Rawat | 04214703817 | BA LLB | 4 |
| 100 | Naman Jain | 41314703817 | BA LLB | 4 |
| 101 | Nitish Shrestha | 05814703817 | BA LLB | 4 |
| 102 | Puru Lekhi | 06214703817 | BA LLB | 4 |
| 103 | Ankit Bharti | 01014703817 | BA LLB | 4 |
| 104 | Shivam Khanna | 06914703817 | BA LLB | 4 |
| 105 | Janvee Dhingra | 03914703817 | BA LLB | 4 |
| 106 | Deeksha Chugh | 02614703817 | BA LLB | 4 |
| 107 | Alok | 00714703817 | BA LLB | 4 |
| 108 | Pratishtha Negi | 06114703817 | BA LLB | 4 |
| 109 | Aman Kohli | 00814703817 | BA LLB | 4 |
| 110 | Aniket Vashisth | 00914703817 | BA LLB | 4 |
| 111 | Apurva Bhutani | 01814703817 | BA LLB | 4 |
| 112 | Bhavi Midha | 02214703817 | BA LLB | 4 |
| 113 | Ishaan Sharma | 03714703817 | BA LLB | 4 |
| 114 | Jatin Balain | 04014703817 | BA LLB | 4 |
| 115 | Sejal Tayal | 06714703817 | BA LLB | 4 |
| 116 | Janhvi Mehra | 03814703817 | BA LLB | 4 |
| 117 | Manvi Kakroo | 05114703817 | BA LLB | 4 |
| 118 | Apoorv Jain | 01614703817 | BA LLB | 4 |
| 119 | Ashneet Kaur | 02014703817 | BA LLB | 4 |
| 120 | Kumari Priyanka | 04914703817 | BA LLB | 4 |
| 121 | Aarush Nagpal | 00114703520 | BBA LLB | 1 |
| 122 | Shrey Gupta | 04814703520 | BBA LLB | 1 |
| 123 | Akshit Aggarwal | 35114703520 | BBA LLB | 1 |
| 124 | Sachin Bhakar | 35514703520 | BBA LLB | 1 |
| 125 | Prince Grover | 03814703520 | BBA LLB | 1 |
| 126 | Riya Kumari | 04414703520 | BBA LLB | 1 |
| 127 | Pari Garg | 03114703520 | BBA LLB | 1 |
| 128 | Pratham Chaturvedi | 03714703520 | BBA LLB | 1 |
| 129 | Gautam Garg | 01614703520 | BBA LLB | 1 |

| | | | | |
|-----|------------------|-------------|---------|---|
| 130 | Rajat Jain | 04014703520 | BBA LLB | 1 |
| 131 | Neeti Sharma | 02814703520 | BBA LLB | 1 |
| 132 | Rishab Bansal | 04314703520 | BBA LLB | 1 |
| 133 | Umar Hashmi | 05214703520 | BBA LLB | 1 |
| 134 | Chaitanya Mehra | 35314703520 | BBA LLB | 1 |
| 135 | Purti Rathour | 03914703520 | BBA LLB | 1 |
| 136 | Kartikey Agarwal | 02114703520 | BBA LLB | 1 |
| 137 | Aashutosh Saxena | 00214703520 | BBA LLB | 1 |
| 138 | Lakshay Narang | 02214703520 | BBA LLB | 1 |



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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

Rationale of Gender - Sensitive Communication

Maharaja Agrasen Institute of Management Studies
Gender Sensitization and Equality Initiative Club

Cordially invites you in the Student
Induction Program (2021)

Topic : Rationale of Gender - Sensitive Communication

3rd June 2021 (Thursday)
12 - 1 PM

Join us on
<https://meet.google.com/wbz-yeeu-rfm>

Speaker
Ms Nirati Gupta
Academician / Lawyer

gendersensitizationclub@maims.ac.in [@Genderchampions_maims](https://www.instagram.com/Genderchampions_maims)

The event highlighted the importance to initiate the process at young age, with the creating the positive social norms in educational institutions that value the rights of the individuals, An integrated and

interdisciplinary approach to understanding the social and cultural construction of gender that shape the experience of women and men in the society ,it will be a learning experience for the students.

Dr. Shaveta Gagneja Convenor GSEI present the welcome address

Resource person - Ms. Nirati Gupta (Academician / lawyer) highlighted the overarching goal of organizing gender sensitivity training is to raise awareness among decision-makers on gender dynamics, the importance to consider the specific needs of women and girls, also the key role that women can play in decision-making processes and and their role in supporting their access to basic rights and services. Moreover, it make the case for the role that women can play in decision-making processes and the need to systematically consult and involve them in

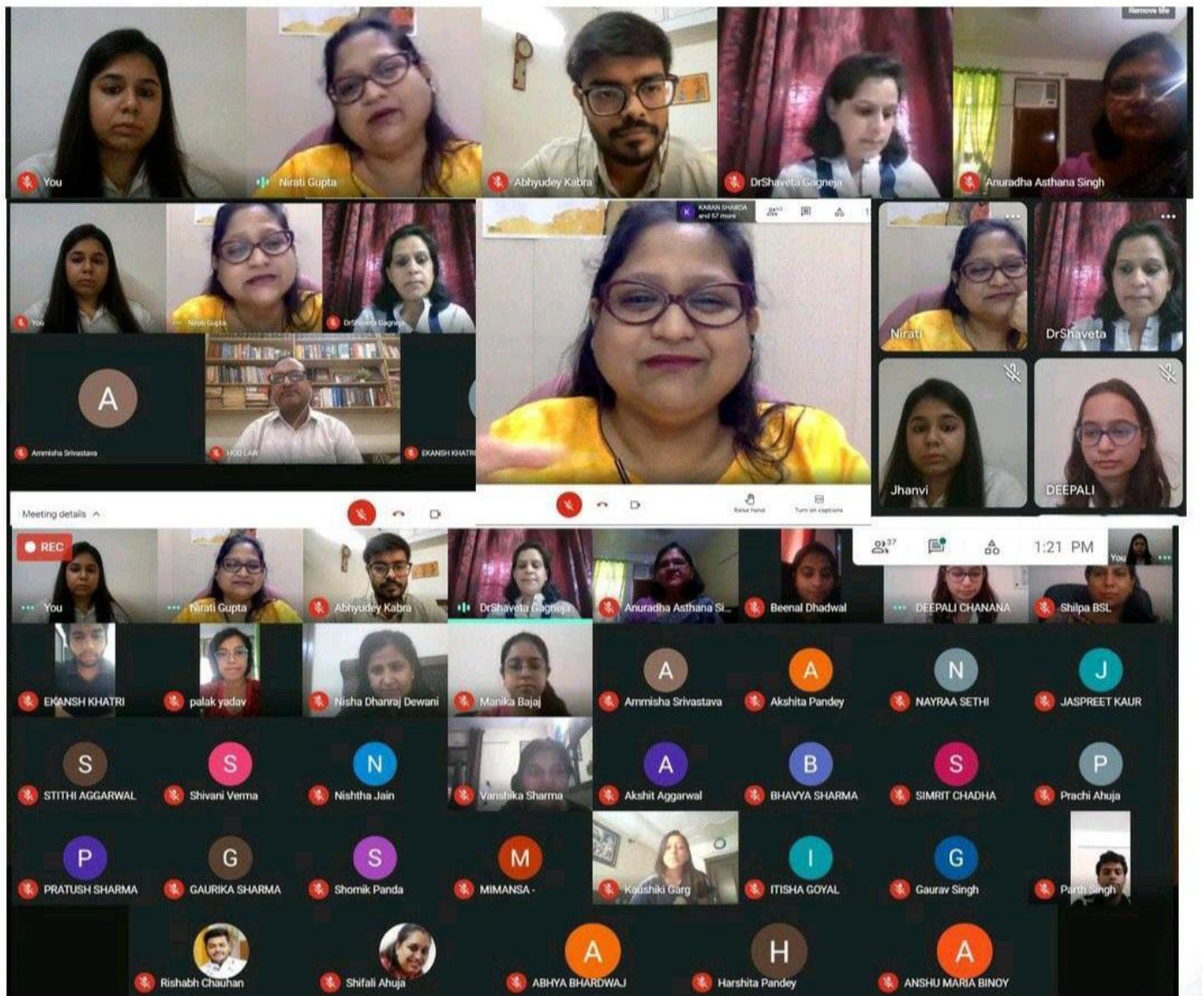
discussions that can dramatically affect their lives.

- Strengthen key stakeholder's awareness of the gender roles, expectations and issues and their impact on the community's day-to-day life.
- Develop an understanding of basic gender concepts and their application to the long- term implementation of programming and initiatives.

By the end of the training, we expect that participants will have significantly increased their receptiveness and support for the social, economic and political empowerment of women.

Activity conducted - role play - role reversed men and women play

The event concluded with Dr. Anuradha Asthana (Assistant Professor) Department of Law giving the vote of thanks.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2020-2021 | | Date : June 3, 2021 | | |
|------------------------------------------------------------|------------------|---------------------|-------------|------|
| List of Participants | | | | |
| Session on "Rationale of Gender - Sensitive Communication" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Anirudh Goel | 3314701719 | BBA | 2 |
| 2 | Amartya | 00861188820 | B.Com | 1 |
| 3 | Srishti Agarwal | 35314701719 | BBA | 2 |
| 4 | Aditya Dhama | 01961101719 | BBA | 2 |
| 5 | Vanshika Jain | 05314702420 | BA(JMC) | 1 |
| 6 | Muskaan Bhardwaj | 02361102418 | BA(JMC) | 3 |
| 7 | Aashutosh Saxena | 00214703520 | BBA LLB | 1 |
| 8 | Ishika Gupta | 43114701718 | BBA | 3 |
| 9 | Agam Nagpal | 01114701720 | BBA | 1 |
| 10 | Arham Usmani | 01414721620 | BA Eco. (H) | 1 |
| 11 | Sahil Karn | 7014701718 | BBA | 2 |
| 12 | Yaggyansh Chopra | 4814701719 | BBA | 2 |
| 13 | Kritika Gupta | 06614701720 | BBA | 1 |
| 14 | Khushi Gupta | 04114703820 | BA LLB | 1 |
| 15 | Arsh Vaish | 02861101720 | BBA | 1 |
| 16 | Sanskar Aggarwal | 11914701720 | BBA | 1 |
| 17 | Chirag Arora | 4561101720 | BBA | 1 |
| 18 | Vasu Garg | 14561101720 | BBA | 1 |
| 19 | Pranav Sehgal | 35261102420 | BA(JMC) | 1 |
| 20 | Chirag Negi | 03914788819 | B.Com | 2 |
| 21 | Angel Jain | 00914721620 | BA Eco. (H) | 1 |
| 22 | Kanika Kapoor | 04114703817 | BA LLB | 4 |
| 23 | Karan Kalia | 2014788820 | B.Com | 1 |
| 24 | Anish Arora | 761188818 | B.Com | 3 |
| 25 | Luvish Anand | 4961101718 | BBA | 3 |
| 26 | Gaurav | 02214703818 | BA LLB | 3 |
| 27 | Shivam Sharma | 9761101718 | BBA | 3 |
| 28 | Keshav Suri | 2561102419 | BA(JMC) | 2 |
| 29 | Mohak Gupta | 1961188819 | B.Com | 2 |
| 30 | Shivam Rana | 40314701718 | BBA | 3 |
| 31 | Srishti Aggarwal | 04714721620 | BA Eco. (H) | 1 |
| 32 | Jayesh Aggarwal | 1714788818 | B.Com | 3 |
| 33 | Rohit Pahwa | 4861102419 | BA(JMC) | 2 |
| 34 | Riya Bhakuni | 3314702418 | BA(JMC) | 3 |
| 35 | Simran Gulia | 08514703820 | BA LLB | 1 |

| | | | | |
|----|---------------------|-------------|-------------|---|
| 36 | Manasvi Khanna | 35514702419 | BA(JMC) | 2 |
| 37 | Vedant Bhardwaj | 05114788820 | B.Com | 1 |
| 38 | Kaushiki Garg | 35361102420 | BA(JMC) | 1 |
| 39 | Manav Aggarwal | 35361188820 | B.Com | 1 |
| 40 | Aditi Bhardwaj | 00414703820 | BA LLB | 1 |
| 41 | Shubham Bahl | 07614703818 | BA LLB | 3 |
| 42 | Mehak Dhamija | 42414701718 | BBA | 3 |
| 43 | Naman Jain | 41314703817 | BA LLB | 4 |
| 44 | Deepanshi Tyagi | 02161102419 | BA(JMC) | 2 |
| 45 | Utkarsh | 08714703818 | BA LLB | 3 |
| 46 | Yash Chopra | 13261101719 | BBA | 2 |
| 47 | Hiten Mantala | 5961101720 | BBA | 1 |
| 48 | Vishwanath Oberoi | 14814701720 | BBA | 1 |
| 49 | Simran Mehta | 12714701720 | BBA | 1 |
| 50 | Yashika Bedi | 15261101720 | BBA | 1 |
| 51 | Aryan Narang | 01714721620 | BA Eco. (H) | 1 |
| 52 | Brajdeep Sharma | 2261101718 | BBA | 3 |
| 53 | Aryan Taneja | 35114788818 | B.Com | 3 |
| 54 | Bhoomi Jain | 1561188820 | B.Com | 1 |
| 55 | Abhishek Yadav | 41214703817 | BA LLB | 4 |
| 56 | Rishab Bansal | 04314703520 | BBA LLB | 1 |
| 57 | Saurabh Sharma | 12161101720 | BBA | 1 |
| 58 | Divyam Khunger | 3714701720 | BBA | 1 |
| 59 | Vikash Kumar | 09014703818 | BA LLB | 3 |
| 60 | Gaurika Sharma | 1661102420 | BA(JMC) | 1 |
| 61 | Shubham | 13061101720 | BBA | 1 |
| 62 | Jyoti Garg | 15161101719 | BBA | 2 |
| 63 | Anurag Goyal | 2361101720 | BBA | 1 |
| 64 | Shubham Sharma | 07314703817 | BA LLB | 4 |
| 65 | Raunaq Singh Bakshi | 1261101719 | BBA | 2 |
| 66 | Harsh Rana | 01261102418 | BA(JMC) | 3 |
| 67 | Vishu Gupta | 1614701719 | BBA | 2 |

Special Lecture on “Health Communication: Need & Importance”

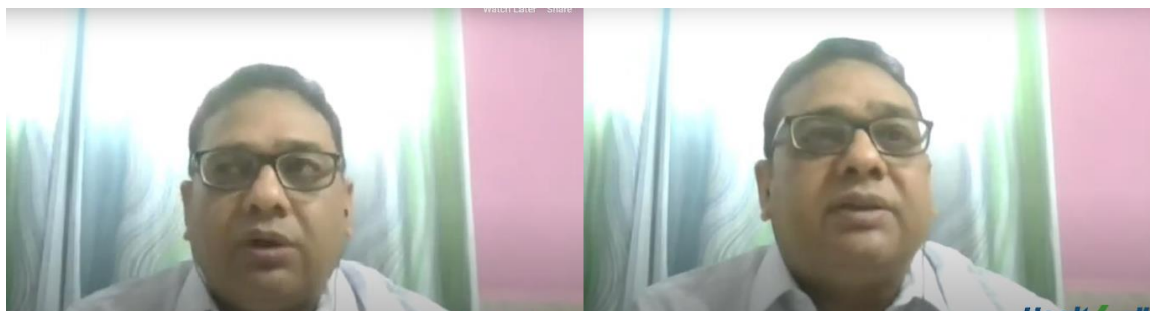
June 14, 2021

In the time of COVID -19 Pandemic, when Health Communication became the utmost need of the hour, the Department of Journalism & Mass Communication organized a Special Lecture on the topic ‘Health Communication: Need & Importance’ on June 14, 2021. Eminent Health Communicator, former Public Relation Officer of Apollo Hospitals, CEO & Managing Director, HEAL Foundation, Via Media Health, Dr. Swadeep Srivastava addressed the students of Journalism & Mass Communication.

He started his lecture with Evolution of Health Journalism and then discussed various national dialogue/ knowledge sharing platforms. He talked about the massive flow of health-related information, the spread of fake news during the COVID -19 pandemic.

While highlighting the importance of Health Journalism he said that during the pandemic, the graph of media coverage has gone up from 2% to 10% and it will increase in the near future.

He also guided students about the dos and don'ts of health reporting and highlighted the harms of misreporting of health news.





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| Academic Year: 2020-2021 | | Date : June 14, 2021 | | |
|--------------------------------------------------------------|----------------------|----------------------|---------|------|
| List of Participants | | | | |
| Special Lecture on "Health Communication: Need & Importance" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Achint Kaur | 00261102418 | BA(JMC) | 3 |
| 2 | Akash Goyal | 35161102418 | BA(JMC) | 3 |
| 3 | Harshita Mehta | 1814702419 | BA(JMC) | 2 |
| 4 | Madhav Sharma | 03161102420 | BA(JMC) | 1 |
| 5 | Lavish Alagh | 02214702418 | BA(JMC) | 3 |
| 6 | Shivek Aggarwal | 4261102420 | BA(JMC) | 1 |
| 7 | Taruvar | 05061102420 | BA(JMC) | 1 |
| 8 | Gaurang Goel | 01414702419 | BA(JMC) | 2 |
| 9 | Piyush Dhoundiyal | 02314702419 | BA(JMC) | 2 |
| 10 | Shobha Makkar | 04161102418 | BA(JMC) | 3 |
| 11 | Inshita Sharma | 01361102418 | BA(JMC) | 3 |
| 12 | Meenal Singhal | 1814702420 | BA(JMC) | 1 |
| 13 | Ishika Valecha | 01461102418 | BA(JMC) | 3 |
| 14 | Tanvi Garg | 35514702418 | BA(JMC) | 3 |
| 15 | Mayank Singh | 01661102419 | BA(JMC) | 2 |
| 16 | Siddhant Keshri | 4314702420 | BA(JMC) | 1 |
| 17 | Somakshi Goyal | 4961102419 | BA(JMC) | 2 |
| 18 | Pranjal Kumar Mishra | 03061102418 | BA(JMC) | 3 |
| 19 | Charchit Srivastava | 161102419 | BA(JMC) | 2 |
| 20 | Palak Sadh | 03161102419 | BA(JMC) | 2 |
| 21 | Nishika Khandelwal | 35214702420 | BA(JMC) | 1 |
| 22 | Aarushi Verma | 114702420 | BA(JMC) | 1 |
| 23 | Kashish Madaan | 1614702420 | BA(JMC) | 1 |
| 24 | Atharv Chaturvedi | 614702418 | BA(JMC) | 3 |
| 25 | Anjali Singh | 214702418 | BA(JMC) | 3 |
| 26 | Abhishek Sharma | 261102420 | BA(JMC) | 1 |
| 27 | Pranshu Bharadwaj | 3861102419 | BA(JMC) | 2 |
| 28 | Nishtha Narang | 2114702420 | BA(JMC) | 1 |
| 29 | Shruti Garg | 1461102419 | BA(JMC) | 2 |
| 30 | Aditya Gera | 35261102418 | BA(JMC) | 3 |



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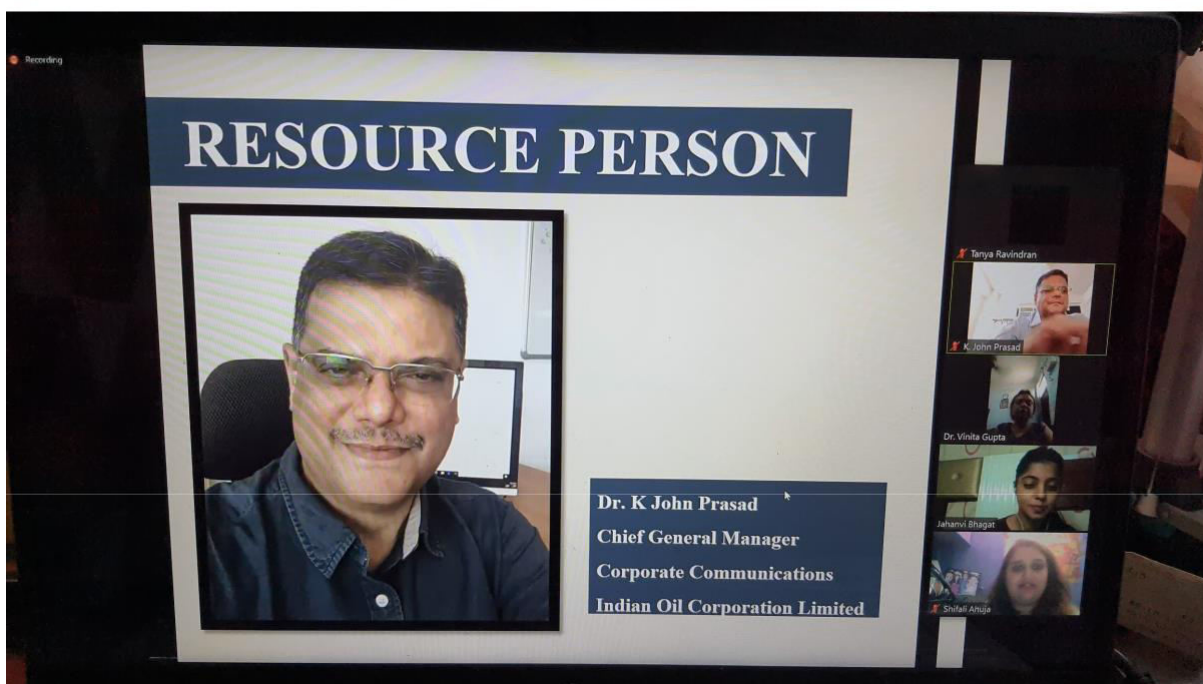
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Webinar on Career Options & Entrepreneurial mindset and Employability Skills in the Indian Communication Industry- PRism 2021

April 17 ,2021

- **PR is a mix of journalism, psychology, and lawyering – it's an ever-changing and always interesting landscape.” – Ronn Torosian**

Every business depends on good publicity and good relationships with its consumers and partners. PR plays a crucial role in building a brand up from the scratch and making friendly relations with its consumers. Public relations helps in promoting and protecting the image of a company, it is important to do good PR if you want your brand and your name to shine above all the competition. Public Relations plays with the mind of the consumers and the potential consumers in a good way. It can not be considered manipulation as Public Relations focuses on bringing the true image of a company in front of the general public by doing activities which can help the society as a whole and leave a positive impact. To educate the students about the significance of PR and its many aspects of PR, the department of Journalism and Mass Communication organized a webinar on '**Career Options & Entrepreneurial mindset and Employability Skills in the Indian Communications Industry**' on the 17th April, 2021 with renowned and unrivalled speakers from the industry with powerful opinions and meaningful experience. Our honorable resource person for the seminar was Mr. John Prasad, Executive Director, Corporate Communication, Indian Oil Corporation Limited. The faculty coordinator & Event convener for the seminar was Ms. Shifali Ahuja, Assistant Professor, Department of Journalism & Mass Communication, MAIMS. The event was conducted on Zoom and had **85** participants who listened to the seminar diligently with great attention. The seminar was full of meaningful information and students attained a lot of knowledge by the speakers and their experience. Ms. Jahanvi Bhagat, A student of BA(JMC) 3rd year was the sole anchor for the event and did a tremendous job by handling the event efficiently and interacting with the speakers and guests gracefully.

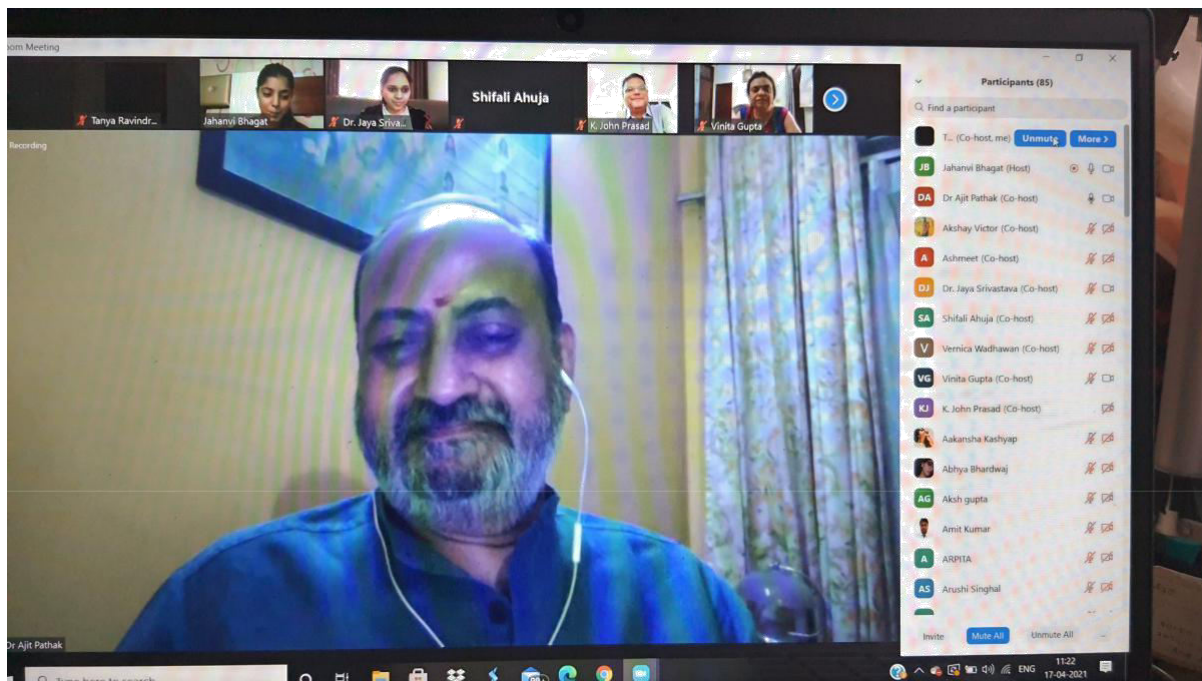




The objective of the event was to teach students how to integrate digital communications, including social media, into a public relations strategy while also covering operational implementation. Our goal was to enable participants to develop their own strategic communications plan by meaningful information and to teach them how to come up with media angles, writing media releases and media pitches that get results.

Besides our Resource person Mr. John Prasad the students were edified by the profound knowledge of our honorable Head of Department Prof (Dr.) Vinita Gupta, who shared her valuable and amazing thoughts with us on the PR industry and the current situation our whole media industry is in and how we can move forward with the rays of hope amid these hard and bleak times.

The seminar was also lightened up by the great words of motivation and hope by our guest Mr. Ajit Pathak who spoke about how institutions and industries are moving forward with the online mode and adapting to the situations. He also stated that online is the new normal for institutions to teach students so that students won't lose their studies sitting at home and will make the best out of their time even at home during the Covid restrictions and lockdowns.



The event ended on a good note with the vote of thanks by the event convener Ms. Shifali Ahuja, Assistant Professor, Department of Journalism & Mass Communication, MAIMS, who was also praised by our Head of Department, Prof (Dr.) Vinita Gupta for her dedication and efforts she has put in to make the event a success.

To conclude Ms. Shifali Ahuja commemorated the support of her colleagues and the whole faculty of the department of Journalism and Mass Communication amazingly. The participants and the guest speakers were moved by the gesture and it displayed great respect which the whole department of Journalism and Mass Communication shares among each other.

The event was indeed a success and students were left with nothing but knowledge and information imparted by our great orators in the seminar. Students also asked many questions from our resource person Mr. John Prasad who countered all the questions and cleared all the doubts of the students greatly.



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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

Academic Year: 2020-21

April 17, 2021

List of Participants

| Webinar on Career Options, Entrepreneurial mindset and Employability Skills in the Indian Communication Industry- Prism | | | | |
|-------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------|------------|----------|
| S.no. | Name of Student | Student Enrollment No. | Department | Semester |
| 1 | Abhinav Garg | 00114702418 | BA(JMC) | 6th |
| 2 | Anjali Singh | 00214702418 | BA(JMC) | 6th |
| 3 | Anshul Sangal | 00314702418 | BA(JMC) | 6th |
| 4 | Apratim Asthana | 00414702418 | BA(JMC) | 6th |
| 5 | Ashna Vig | 00514702418 | BA(JMC) | 6th |
| 6 | Atharv Chaturvedi | 00614702418 | BA(JMC) | 6th |
| 7 | Bharti | 00714702418 | BA(JMC) | 6th |
| 8 | Bhavya Chadha | 00814702418 | BA(JMC) | 6th |
| 9 | Dazy | 00914702418 | BA(JMC) | 6th |
| 10 | Deepanshi Tyagi | 01014702418 | BA(JMC) | 6th |
| 11 | Deepansi Khatri | 01114702418 | BA(JMC) | 6th |
| 12 | Devansh Sethi | 01214702418 | BA(JMC) | 6th |
| 13 | Imran Khan | 01314702418 | BA(JMC) | 6th |
| 14 | Ishank Kamboj | 01414702418 | BA(JMC) | 6th |
| 15 | Jaspreet Kaur | 01514702418 | BA(JMC) | 6th |
| 16 | Kanika Aggarwal | 01614702418 | BA(JMC) | 6th |
| 17 | Kanika Sehgal | 01714702418 | BA(JMC) | 6th |
| 18 | Kavita Bisht | 01814702418 | BA(JMC) | 6th |
| 19 | Kavya | 01914702418 | BA(JMC) | 6th |
| 20 | Kirandeep Kaur | 02014702418 | BA(JMC) | 6th |
| 21 | Krish Thareja | 02114702418 | BA(JMC) | 6th |
| 22 | Lavish Alagh | 02214702418 | BA(JMC) | 6th |
| 23 | Livanshi | 02314702418 | BA(JMC) | 6th |
| 24 | Madhav Thukral | 02414702418 | BA(JMC) | 6th |
| 25 | Mayank Anand | 02514702418 | BA(JMC) | 6th |
| 26 | Mehak Gupta | 02614702418 | BA(JMC) | 6th |
| 27 | Muskan Rana | 02714702418 | BA(JMC) | 6th |
| 28 | Muskan Sharma | 02814702418 | BA(JMC) | 6th |
| 29 | Naman Dhingra | 02914702418 | BA(JMC) | 6th |
| 30 | Payal Pawar | 03014702418 | BA(JMC) | 6th |
| 31 | Pragya Yadav | 03114702418 | BA(JMC) | 6th |
| 32 | Priyansha Malik | 03214702418 | BA(JMC) | 6th |
| 33 | Riya Bhakuni | 03314702418 | BA(JMC) | 6th |
| 34 | Riya Gulati | 03414702418 | BA(JMC) | 6th |
| 35 | Saakshi Jain | 03514702418 | BA(JMC) | 6th |
| 36 | Saiyam Bansal | 03614702418 | BA(JMC) | 6th |
| 37 | Saurav Negi | 03714702418 | BA(JMC) | 6th |



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| | | | | |
|----|-----------------------|-------------|---------|-----|
| 38 | Saysha Jain | 03814702418 | BA(JMC) | 6th |
| 39 | Shaurya Sharma | 03914702418 | BA(JMC) | 6th |
| 40 | Shivam Narang | 04014702418 | BA(JMC) | 6th |
| 41 | Shweta Sharma | 04114702418 | BA(JMC) | 6th |
| 42 | Simran Gupta | 04214702418 | BA(JMC) | 6th |
| 43 | Somya Ranjan Nayak | 04314702418 | BA(JMC) | 6th |
| 44 | Tanishk Pratap Singh | 04414702418 | BA(JMC) | 6th |
| 45 | Vanshita Shokeen | 04514702418 | BA(JMC) | 6th |
| 46 | Varnika Kushwaha | 04614702418 | BA(JMC) | 6th |
| 47 | Yukti Kaim | 04814702418 | BA(JMC) | 6th |
| 48 | Gaurav Gupta | 35114702418 | BA(JMC) | 6th |
| 49 | Navya Bansal | 35214702418 | BA(JMC) | 6th |
| 50 | Rupali Gupta | 35314702418 | BA(JMC) | 6th |
| 51 | Shaurya Gupta | 35414702418 | BA(JMC) | 6th |
| 52 | Tanvi Garg | 35514702418 | BA(JMC) | 6th |
| 53 | Vanshika Jain | 35614702418 | BA(JMC) | 6th |
| 54 | Aastha Giria | 40114702418 | BA(JMC) | 6th |
| 55 | Saloni Uppal | 40214702418 | BA(JMC) | 6th |
| 56 | Ritika Bindal | 40314702418 | BA(JMC) | 6th |
| 57 | Amartya Narayan Yadav | 40414702418 | BA(JMC) | 6th |
| 58 | Himani Kumar | 40514702418 | BA(JMC) | 6th |
| 59 | Nidhi Mishra | 40614702418 | BA(JMC) | 6th |
| 60 | Shiv Sahni | 40714702418 | BA(JMC) | 6th |
| 61 | Aastha | 00161102418 | BA(JMC) | 6th |
| 62 | Achint Kaur | 00261102418 | BA(JMC) | 6th |
| 63 | Aditya Gautam | 00361102418 | BA(JMC) | 6th |
| 64 | Aniket Sharma | 00461102418 | BA(JMC) | 6th |
| 65 | Ankit Kumar | 00561102418 | BA(JMC) | 6th |
| 66 | Arpit Mittal | 00661102418 | BA(JMC) | 6th |
| 67 | Arushi Singhal | 00761102418 | BA(JMC) | 6th |
| 68 | Ayushi Khare | 00861102418 | BA(JMC) | 6th |
| 69 | Ayushi Suyal | 00961102418 | BA(JMC) | 6th |
| 70 | Geetika Sharma | 01061102418 | BA(JMC) | 6th |
| 71 | Hardik Garg | 01161102418 | BA(JMC) | 6th |
| 72 | Harsh Rana | 01261102418 | BA(JMC) | 6th |
| 73 | Inshita Sharma | 01361102418 | BA(JMC) | 6th |
| 74 | Ishika Valecha | 01461102418 | BA(JMC) | 6th |
| 75 | Jahanvi Bhagat | 01561102418 | BA(JMC) | 6th |
| 76 | Jasdeep Singh | 01661102418 | BA(JMC) | 6th |
| 77 | Kapish Kapoor | 01761102418 | BA(JMC) | 6th |
| 78 | Karan Sharda | 01861102418 | BA(JMC) | 6th |
| 79 | Kishika Chopra | 01961102418 | BA(JMC) | 6th |
| 80 | Kushagra Sharma | 02061102418 | BA(JMC) | 6th |



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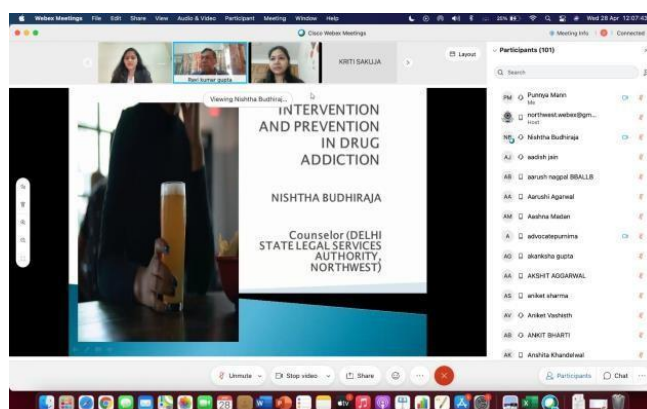
| | | | | |
|----|------------------|-------------|---------|-----|
| 81 | Mehak Khurana | 02161102418 | BA(JMC) | 6th |
| 82 | Mohammad Aakif | 02261102418 | BA(JMC) | 6th |
| 83 | Muskaan Bhardwaj | 02361102418 | BA(JMC) | 6th |
| 84 | Namrata Arora | 02461102418 | BA(JMC) | 6th |
| 85 | Nikhil P Gautam | 02561102418 | BA(JMC) | 6th |

WEBINAR ON “INTERVENTION AND PREVENTION IN DRUG ADDICTION”

April 28, 2021

Legal Services Clinic, Department of Law, MAIMS under the aegis of IQAC in collaboration with Northwest DLSA conducted a webinar on “Intervention and Prevention in Drug Addiction” on 28th April, 2021 between 12.00 and 1.00 noon. There were a total of 167 participants. The session aimed at reducing the abuse and illicit use of drugs. The purpose of the webinar was to elaborate upon the causes of and risk factors for drug addiction and translate the knowledge into prevention and treatment methods. It also aimed at designing better prevention and treatment strategies and services.

The eminent speaker for the session was Ms. Nishtha Budhiraja, Counsellor with DLSA. The speaker disseminated the knowledge to the participants to make them understand about the symptoms and changes in behavior of the students due to addiction. Various types of addictions were discussed at length and the whole session was conducted in an interactive manner with enthusiastic student participation. Over 200 students and Faculty members attended the Webinar. The event was initiated and coordinated by Ms. Purnima Gupta, Asst. Professor, Dept. of Law.





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| Academic Year: 2020-2021 | | Date : April 28, 2021 | | |
|------------------------------------------------------------|---------------------|-----------------------|--------|------|
| List of Participants | | | | |
| Webinar on "Intervention and Prevention in Drug Addiction" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Vanshi Jindal | 09414703820 | BA LLB | 1 |
| 2 | Utkarsh Pandey | 09114703820 | BA LLB | 1 |
| 3 | Parth Singh | 05814703820 | BA LLB | 1 |
| 4 | Nakul Taneja | 05614703820 | BA LLB | 1 |
| 5 | Lipi Singh | 04414703820 | BA LLB | 1 |
| 6 | Ananya Singh | 01114703820 | BA LLB | 1 |
| 7 | Naman Saraswat | 50114703820 | BA LLB | 1 |
| 8 | Utkarsh Bansal | 09014703820 | BA LLB | 1 |
| 9 | Misha | 05214703820 | BA LLB | 1 |
| 10 | Siddhant Tanwer | 08414703820 | BA LLB | 1 |
| 11 | Aditya Sharma | 00614703820 | BA LLB | 1 |
| 12 | Manan Kumar | 04514703820 | BA LLB | 1 |
| 13 | Akshat | 00714703820 | BA LLB | 1 |
| 14 | Mansi Sharma | 04814703820 | BA LLB | 1 |
| 15 | Anjali | 01514703820 | BA LLB | 1 |
| 16 | Puneet Kumar Baruwa | 06314703820 | BA LLB | 1 |
| 17 | Aneesha Chacko | 01314703820 | BA LLB | 1 |
| 18 | Mansi Sharma | 04714703820 | BA LLB | 1 |
| 19 | Sanskar | 07714703820 | BA LLB | 1 |
| 20 | Ayushi Yadav | 02214703820 | BA LLB | 1 |
| 21 | Gauri Rajhans | 03014703820 | BA LLB | 1 |
| 22 | Puneet | 06214703820 | BA LLB | 1 |
| 23 | Himanshu Pandey | 03414703820 | BA LLB | 1 |
| 24 | Vansh Chauhan | 09314703820 | BA LLB | 1 |
| 25 | Bhumika. | 02414703820 | BA LLB | 1 |
| 26 | Sonali Agrawal | 08614703820 | BA LLB | 1 |
| 27 | Vaibhav Singh | 09214703820 | BA LLB | 1 |
| 28 | Vanshika Jain | 09614703820 | BA LLB | 1 |
| 29 | Abhay Garg | 00314703820 | BA LLB | 1 |
| 30 | Harshit Rajput | 03214703820 | BA LLB | 1 |
| 31 | Mohd Azim | 05314703820 | BA LLB | 1 |
| 32 | Vrinda Taneja | 10214703820 | BA LLB | 1 |
| 33 | Sonika Singla | 08714703820 | BA LLB | 1 |
| 34 | Rohan Garg | 35814703820 | BA LLB | 1 |
| 35 | Anshika Jain | 50314703820 | BA LLB | 1 |

| | | | | |
|----|---------------------|-------------|---------|---|
| 36 | Anant Rohatgi | 00914703820 | BA LLB | 1 |
| 37 | Aaryav Lohia | 00214703820 | BA LLB | 1 |
| 38 | Sarthak Aggarwal | 07814703820 | BA LLB | 1 |
| 39 | Deepali | 02514703820 | BA LLB | 1 |
| 40 | Vinita Sejwal | 10014703820 | BA LLB | 1 |
| 41 | Advika Rai | 50214703820 | BA LLB | 1 |
| 42 | Priyanshi Rai | 06114703820 | BA LLB | 1 |
| 43 | Manvi | 04914703820 | BA LLB | 1 |
| 44 | Rishabh Chauhan | 06914703820 | BA LLB | 1 |
| 45 | Lakshita Jorwal | 04314703820 | BA LLB | 1 |
| 46 | Dhruv Kumar | 02714703820 | BA LLB | 1 |
| 47 | Mayank Singh Rawat | 05014703820 | BA LLB | 1 |
| 48 | Urvi Malhotra | 36114703820 | BA LLB | 1 |
| 49 | Ayush Kumar Jaiswal | 02114703820 | BA LLB | 1 |
| 50 | Chaitanya Mehra | 35314703520 | BBA LLB | 1 |
| 51 | Chaahat Saluja | 01114703520 | BBA LLB | 1 |
| 52 | Nidhi Arora | 02914703520 | BBA LLB | 1 |
| 53 | Vanshika Sharma | 05314703520 | BBA LLB | 1 |
| 54 | Purti Rathour | 03914703520 | BBA LLB | 1 |
| 55 | Suryansh Singh | 05114703520 | BBA LLB | 1 |
| 56 | Manav Malhotra | 02414703520 | BBA LLB | 1 |
| 57 | Shikhar Malhotra | 04614703520 | BBA LLB | 1 |
| 58 | Riya Kumari | 04414703520 | BBA LLB | 1 |
| 59 | Vineet Kumar | 05414703520 | BBA LLB | 1 |
| 60 | Siddhi Shaiwal | 04914703520 | BBA LLB | 1 |
| 61 | Aashutosh Saxena | 00214703520 | BBA LLB | 1 |
| 62 | Pratham Chaturvedi | 03714703520 | BBA LLB | 1 |
| 63 | Gautam Garg | 01614703520 | BBA LLB | 1 |
| 64 | Pari Garg | 03114703520 | BBA LLB | 1 |
| 65 | Parth Dawar | 03314703520 | BBA LLB | 1 |
| 66 | Aditya Saraswat | 00314703520 | BBA LLB | 1 |
| 67 | Akshit Aggarwal | 35114703520 | BBA LLB | 1 |
| 68 | Anshumita Taparia | 35214703520 | BBA LLB | 1 |
| 69 | Shagun Sharma | 35614703520 | BBA LLB | 1 |
| 70 | Aman Singh | 07814703819 | BA LLB | 2 |
| 71 | Yash Pancharia | 03214703819 | BA LLB | 2 |
| 72 | Prachi | 08714703819 | BA LLB | 2 |
| 73 | Himanshu Ahuja | 02714703819 | BA LLB | 2 |
| 74 | Dipakshi Aggarwal | 05614703819 | BA LLB | 2 |
| 75 | Grishita Chopra | 10114703819 | BA LLB | 2 |
| 76 | Tarun Bansal | 05014703819 | BA LLB | 2 |
| 77 | Sheetal Prajapati | 00214703819 | BA LLB | 2 |
| 78 | Aayushman Bhatt | 03414703819 | BA LLB | 2 |
| 79 | Nishtha Nanda | 36014703819 | BA LLB | 2 |
| 80 | Kanwar Aditya Singh | 01714703819 | BA LLB | 2 |
| 81 | Devansh Sondhi | 02414703819 | BA LLB | 2 |
| 82 | Aditya Goel | 07214703819 | BA LLB | 2 |

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|-----|------------------------|-------------|--------|---|
| 83 | Plash Jindal | 00914703819 | BA LLB | 2 |
| 84 | Vidhi Gupta | 00614703819 | BA LLB | 2 |
| 85 | Smridhi Pathak | 01814703819 | BA LLB | 2 |
| 86 | Shashwat Mishra | 01514703819 | BA LLB | 2 |
| 87 | Aryan Sharma | 10014703819 | BA LLB | 2 |
| 88 | Akanksha | 00714703819 | BA LLB | 2 |
| 89 | Rishabh Bhardwaj | 03514703819 | BA LLB | 2 |
| 90 | Pranav Bhardwaj | 08514703819 | BA LLB | 2 |
| 91 | Anmol Gupta | 01914703819 | BA LLB | 2 |
| 92 | Ashutosh Mahendrou | 03614703819 | BA LLB | 2 |
| 93 | Ayush Tanwar | 03014703819 | BA LLB | 2 |
| 94 | Akanksha Mishra | 00514703819 | BA LLB | 2 |
| 95 | Muskan | 08014703819 | BA LLB | 2 |
| 96 | Japdeep Singh Chahal | 09614703819 | BA LLB | 2 |
| 97 | Vinay Lodwal | 09114703818 | BA LLB | 2 |
| 98 | Vanshika Agnihotri | 35214703819 | BA LLB | 2 |
| 99 | Harshita Jain | 06014703819 | BA LLB | 2 |
| 100 | Ayush Rathor | 08914703819 | BA LLB | 2 |
| 101 | Mahak | 04114703818 | BA LLB | 2 |
| 102 | Harshit Bansal | 35414703819 | BA LLB | 2 |
| 103 | Priyavrat Sharma | 08114703819 | BA LLB | 2 |
| 104 | Nidhi Singh | 10314703819 | BA LLB | 2 |
| 105 | Yakshita Sharma | 03714703819 | BA LLB | 2 |
| 106 | Aastha Jain | 35114703819 | BA LLB | 2 |
| 107 | Nikhil Singh | 01314703819 | BA LLB | 2 |
| 108 | Sanya Kathpal | 02614703819 | BA LLB | 2 |
| 109 | Pulkit | 07414703819 | BA LLB | 2 |
| 110 | Keshav Bansal | 01414703819 | BA LLB | 2 |
| 111 | Mudit Kumar | 00114703819 | BA LLB | 2 |
| 112 | Muskan Gupta | 04414703819 | BA LLB | 2 |
| 113 | Om Dutt Kaushik | 06214703819 | BA LLB | 2 |
| 114 | Harsh Sharma | 02914703819 | BA LLB | 2 |
| 115 | Shyam | 35814703819 | BA LLB | 2 |
| 116 | Kavleen Kaur Khurana | 09714703819 | BA LLB | 2 |
| 117 | Smarth Arora | 05214703819 | BA LLB | 2 |
| 118 | Amar Bajpayee | 00814703819 | BA LLB | 2 |
| 119 | Ishika Chauhan | 06114703819 | BA LLB | 2 |
| 120 | Garvit Gupta | 36114703819 | BA LLB | 2 |
| 121 | Ayush Ranjan | 05314703819 | BA LLB | 2 |
| 122 | Harshit Arora | 02614703818 | BA LLB | 3 |
| 123 | Sidharth Nair | 07914703818 | BA LLB | 3 |
| 124 | Rohan Prasad | 06014703818 | BA LLB | 3 |
| 125 | Priyam Bakshi | 05114703818 | BA LLB | 3 |
| 126 | Punnya Mann | 36214703818 | BA LLB | 3 |
| 127 | Sparsh Agarwal | 08314703818 | BA LLB | 3 |
| 128 | Siddharth Singh Sareen | 07814703818 | BA LLB | 3 |
| 129 | Anubhav Nigam | 01414703818 | BA LLB | 3 |

| | | | | |
|-----|--------------------------|-------------|--------|---|
| 130 | Gaurav | 02214703818 | BA LLB | 3 |
| 131 | Shubham Singh Routhan | 42014703817 | BA LLB | 3 |
| 132 | Malvika Kanojia | 04214703818 | BA LLB | 3 |
| 133 | Shreyansh Jain | 07414703818 | BA LLB | 3 |
| 134 | Tushar Raghuvanshi | 08614703818 | BA LLB | 3 |
| 135 | Aditi Arora | 35214703818 | BA LLB | 3 |
| 136 | Avantika Krupakar Wasnik | 01814703818 | BA LLB | 3 |
| 137 | Jyotsana Batra | 03514703818 | BA LLB | 3 |
| 138 | Shaurya Pratap Singh | 06814703818 | BA LLB | 3 |
| 139 | Vibhor Tewari | 40514703818 | BA LLB | 3 |
| 140 | Ritu | 05714703818 | BA LLB | 3 |
| 141 | Vamika Wadhwa | 08814703818 | BA LLB | 3 |
| 142 | Saakshi Khandelwal | 06214703818 | BA LLB | 3 |
| 143 | Hritik Sejwal | 02914703818 | BA LLB | 3 |
| 144 | Mayank Kumar | 04314703818 | BA LLB | 3 |
| 145 | Nivedita Singh | 04714703818 | BA LLB | 3 |
| 146 | Sunakshi Sokhi | 08514703818 | BA LLB | 3 |
| 147 | Harsh Maheshwari | 02514703818 | BA LLB | 3 |
| 148 | Shruti Agarwal | 41614703818 | BA LLB | 3 |
| 149 | Siddhi Vinayak Mishra | 40814703818 | BA LLB | 3 |
| 150 | Beenal Dhadwal | 02014703818 | BA LLB | 3 |
| 151 | Anirudh Saraf | 41714703818 | BA LLB | 3 |
| 152 | Pushpesh Digpaul | 05414703818 | BA LLB | 3 |
| 153 | Arpan Shukla | 01614703818 | BA LLB | 3 |
| 154 | Sonakshi Chaturvedi | 08114703818 | BA LLB | 3 |
| 155 | Simran Chadha | 41214703818 | BA LLB | 3 |
| 156 | Aakriti Maken | 35114703818 | BA LLB | 3 |
| 157 | Jivesh Garg | 35414703818 | BA LLB | 3 |
| 158 | Shivender Gupta | 07314703818 | BA LLB | 3 |
| 159 | Dipanita Singh | 41314703818 | BA LLB | 3 |
| 160 | Jhanvi Tanwar | 03314703818 | BA LLB | 3 |
| 161 | Devesh Vaish | 02814703817 | BA LLB | 4 |
| 162 | Aditya Mishra | 00614703817 | BA LLB | 4 |
| 163 | Siddhant Bhardwaj | 35814703817 | BA LLB | 4 |
| 164 | Pratishtha Negi | 06114703817 | BA LLB | 4 |
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| 172 | Aashna Madan | 00214703817 | BA LLB | 4 |
| 173 | Gaurav Yadav | 03314703817 | BA LLB | 4 |
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| 179 | Gaurav Banerjee | 03214703817 | BA LLB | 4 |
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| 193 | Harsh Sharma | 40514703817 | BA LLB | 4 |
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MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

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Panel discussion on ‘Delhi’s Air Quality Control – A Quest for Viable Solutions to prevent Health Hazards’

June 5, 2021

In compliance with the University Grants Commission’s letter vide 3rd June 2021, Maharaja Agrasen Institute of Management Studies’s Department of Law in collaboration with Centre of Excellence for Research on Clean Air, IIT- Delhi and Indian Council of Medical Research- National Institute of Implementation Research on Non-Communicable Diseases, Jodhpur organised a Panel Discussion on ‘Delhi Air Quality Control- A Quest for Viable Solutions to prevent Health Hazards’ as part of its World’s Environment Day Celebrations on 5th June, 2021.

The Discussion was a cohort of scientific, technical, academic and judicial experts deliberating together in churning out solutions that meet the desired results namely Justice S K Singh, Judicial Member, National Green Tribunal, Justice Swatanter Kumar, Former Chairperson, National Green Tribunal, Dr. Arun Sharma, Director, ICMR-NIIRNCD, Prof. Sagnik Dey, Associate Professor, IIT-Delhi, Mr. Sundeep, Director, Control of Pollution Division, Ministry of Environment, Forest and Climate Change and Mr. Sayantan Sarkar, Technical Specialist, World Bank Group.

The programme started with the Introductory Remarks by Ms. Kriti Johri, Faculty Convenor introducing the theme and the collaborators of the Discussion. Thereafter, Prof. Ravi Kumar Gupta, Director, MAIMS extended a warm welcome to all the participants and delineated the successful journey of the Institute so far. Prof. S K Garg, Director General, MAIMS lauded the efforts of the Department of Law and stressed on the problem of increasing Particulate Matter in the air that is aggravating the pandemic management in Delhi. Prof. Rajni Malhotra Dhingra thereafter, spoke about air pollution as the 5th largest killer of human life and reminded that development is required not at the cost of lives of people. She further introduced the Panelists to the participants.

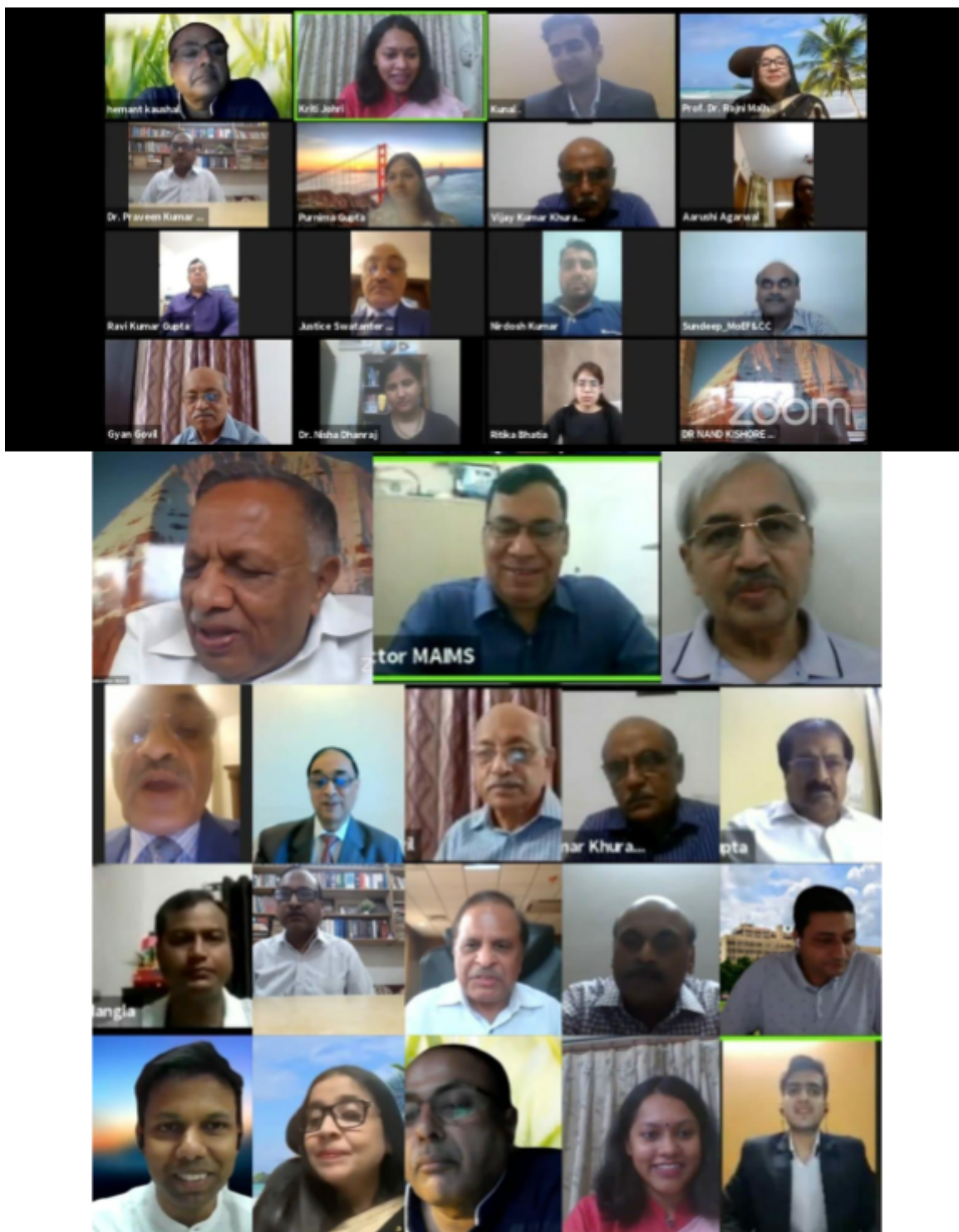
Justice S K Singh highlighted the economic cost of the Air Pollution that is 5.4% of GDP and since the factors contributing range from vehicular pollution, dust particles from construction activities, mining in aravali to industrial activities in the NCR areas, joint and collaborative efforts must stem from various authorities responsible for these activities.

Dr. Arun Sharma emphasized on nexus of air pollution and COVID-19 cases and stated that reduction of air pollution is likely to reduce the mortality rate of pandemic. Prof. Sagnik Dey highlighted the need for airshed management, evidence based policies and prioritizing action plans to control the air quality of Delhi. Mr. Sayantan Sarkar shared the success of California Model of controlling smog, Regional treaty of ASEAN region for curbing haze pollution and signifying the success of cohort measures to deal with air quality. Dr. Sundeep shared the core factors responsible for air pollution and the need to consider the unique meteorological characteristics in our policy making process. Justice Swatanter Kumar remarked Delhi as nothing better than a Gas Chamber and emphasized on the need for stricter actions from State agencies to liberate the city from harmful air.

Dr. N K Garg, founder-chairman of the Institute addressed the audience with his concluding remarks emphasising on the need for strong will power amongst all stakeholders and authorities responsible to

deal with the crisis and vehemently illustrated the significance of citizens' contributions along with efforts of state authorities as a viable solution to the problem.

This was followed by the Q&A discussion with the participants. The programme was concluded by the vote of thanks proposed by Dr. Praveen Kumar Gupta, Head Department of Law. The event was coordinated by Ms. Kriti Johri, Faculty Convenor of the Panel Discussion.





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| Academic Year: 2020-2021 | | Date : June 5, 2021 | |
|------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------------------------|--------------------------------------------------------|
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| Panel discussion on "Delhi’s Air Quality Control – A Quest for Viable Solutions to prevent Health Hazards" | | | |
| S. No | Name | Course | Institute |
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| 3 | Rishabh Chauhan | Student BALLB | MAIMS |
| 4 | Sankalp Shandilya | Ba llb | Maims |
| 5 | Sonali Agrawal | B.A.L.L.B (student) | MAIMS |
| 6 | Sahej Sehgal | Law Student | Maharaja Agrasen institute of management studies |
| 7 | Naman Saraswat | Ba llb 1st year student | Maims |
| 8 | Kuhu Sharma | BA LLB | MAIMS |
| 9 | Sambhav Jain | Student, commerce department | Maharaja Agrasen institute of management studies |
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| 12 | Manan Malik | Student (BALLB) | MAIMS |
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| 14 | Anshika Jain | Student ,BALLB | Maharaja Agrasen Institute of Management Studies |
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| 16 | Ashwani Yadav | BBA LLB 2nd sem student,DEPARTMENT OF LAW | MAIMS |
| 17 | Piyushi | Student at BBALLB | MAIMS |
| 18 | Kartikey Agarwal | BBA.LLB | MAIMS , Delhi |
| 19 | Anshumita Taparia | Student BBA LLB | maharaja agrasen institute of management studies |
| 20 | Pari Garg | STUDENT | MAIMS |
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| 22 | Harris Mudgal | Student, BBALLB | MAIMS |
| 23 | Umar | Law | Maims |
| 24 | Advika Rai | Student | MAIMS |
| 25 | Parth Singh | Student BALLB | MAIMS |

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| 27 | Raghav Sharma | BALLB | MAIMS |
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| 29 | Rhea Chadha | BA.LLB student | MAIMS |
| 30 | Simrit Chadha | Bballb | Maims |
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| 32 | Insha Khanam | Student of B.A LLB | Maharaja agrasen institute of management studies |
| 33 | Aditi Kaushik | Student, ballb sem 2A | Maharaja agrasen institute of management sciences |
| 34 | Manvi | Student of BALLB | MAIMS |
| 35 | Aadish Jain | Student, department of law | Maims |
| 36 | Ayushi Yadav | Student | MAIMS |
| 37 | Sakshi Singh | ballb | maims |
| 38 | Advika Rai | Student | MAIMS |
| 39 | Anant Rohatgi | student | MAIMS |
| 40 | Chirag Bansal | Commerce | Maims |
| 41 | Lakshya Bhatia | Law(BBA LLB) Student | Maharaja Agrasen Institute of Management Studies |
| 42 | Aenakshi Chadha | Student BBALLB | Maharaja agrasen institute of management studies |
| 43 | Sidhant Thakur | STUDENT-IT | MAHARAJA AGRASEN INSTITUTE OF TECHNOLOGY |
| 44 | Manav Gupta | Student IT | Maharaja Agrasen Institute of Technology |
| 45 | Itisha Goyal | Student, department of law | MAHARAJA AGRASEN INSTITUTE OF MANAGENT STUDIES |
| 46 | Deepanshu Jain | Student | MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES |
| 47 | Ridhi Seth | BBA LLB , student | Maharaja Agrasen institute of management studies |
| 48 | Divyansh Singh Dev | BBA LLB,2nd Semester | MAIMS |
| 49 | Sarthak Chawla | Student BCom(Hons.) | MAIMS |
| 50 | Nakul Mitra | Bba llb (student) | maharaja agrasen institute of management studies |
| 51 | Anaya Das | BA.LLB | MAIMS |
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| 55 | Samarul Islam | PDF | IIPS MUMBAI |

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| 57 | Anubha Agrawal | PhD and Chemical Engineering | IIT Delhi |
| 58 | Nipun Kalra | Student & bballb | Maharaja agresen institute of management studies |
| 59 | Purti Rathour | Student law department | Maharaja agrasen institute of management studies |
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| 72 | Gurusha Juneja | Student electrical engineering | IIT Delhi |
| 73 | Gautam Tiwari | Sr Project Assistant, Bharti School | IIT DELHI |
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| 81 | Richie Mittal | Engineering | Overdrive |
| 82 | Mohit Kumar | Research Analyst | Integrated Research and Action for Development |
| 83 | Sameer Mishra | Research Analyst | Centre for Air Pollution Studies - CSTEP, Bengaluru |
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| 85 | Kumari Aditi | Junior Research Fellow and Institute Of Environment And Sustainable Development | Banaras Hindu University |
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| 87 | Suryasis Dasgupta | Environmental Engineering | Self |
| 88 | Vikas Dohare | Environment Specialist | Aeron Systems Pvt Ltd |

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| 105 | Dr. P. B. Rastogi | Former Advisor to the Govt. of India | Ministry of Environment, Forests and Climate Change, Government. of IndiaEx- |
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| 244 | Anie K Lal | PhD Student | Indian Institute of Technology, Delhi |
| 245 | Anmol S | UG Student -BTech, Electrical Dept | IIT Delhi |
| 246 | Avinash Kumar | student, Mechanical Engineering Department | IIT Delhi |
| 247 | Ashok Dan | M.TECH student at CBME department | CBME, center for biomedical engf. |
| 248 | Khyaati Bansal | student and law department | maharaja agrasen institute of management studies |
| 249 | Krishan Dhawan | None | None |
| 250 | Ajay | Erd | Msil |
| 251 | Sudeep | IITD | IITD |
| 252 | Danvendra Singh | Research Scholar at Textile and Fibre Engineering Department | Indian Institute of Technology Delhi |
| 253 | Dr. Arpana Sharma | Associate Professor Department of Maths | Keshav Mahavidyalaya University of Delhi |
| 254 | Chhabeel Kumar | Research scholar in the department of Environmental Sciences at Central University of Himachal Pradesh | Central University of Himachal Pradesh |
| 255 | Sachin Ojha | Civil engineer | Amity University Chhattisgarh |
| 256 | Shruti Jain | physics | iit delhi |
| 257 | Joginder | M.Tech.(2nd year), Centre for Atmospheric Sciences | Indian Institute of Technology Delhi |
| 258 | Sushant Yadav | Ph.D. Scholar, department of chemical engineering | IIT Delhi |
| 259 | Jyotsna Bareja | CTO | Vision Networkz |

| | | | |
|-----|------------------|-------------------------------------------------------|--------------------------------------------------|
| 260 | Mayank Gangwani | Research scholar department of management studies | IIT Delhi |
| 261 | Arivalagan P | AIR POLLUTION CONTROL | CSIR-NEERI |
| 262 | Arivalagan P | Research scholar and civil engineering | iit ropar |
| 263 | Deblina Maiti | Project Staff, Environment Science | Jharkhand State Pollution Control Board |
| 264 | Priyanka Gupta | PhD scholar, DMS | IIT DELHI |
| 265 | Phurba Tamang | Student, Civil Engineering Department | IIT Roorkee |
| 266 | Arti Choudhary | Centre of Climate Change, Environment & Public Health | Utkal University |
| 267 | Bhavna Joshi | PhD scholar, HSS | IIT Kanpur |
| 268 | Aditi | Research scholar (Mech. Engg Dept) | IIT Delhi |
| 269 | Gautam Kumar Saw | Project Scientist, Centre for Atmospheric Sciences | IIT Delhi |
| 270 | Sunil Kumar | Researcher, Energy and Environment | MNIT Jaipur |
| 271 | Ann Varghese | Programme Manager, Policy and Advocacy | Air Pollution Action Group (A-PAG) |
| 272 | Riddhi Bisht | 1st year student of BALLB | Maharaja Agrasen institute of management studies |
| 273 | Yukti Sharma | Sem2 BaLLB ... Department of law | Maims |
| 274 | Rajdeep Singh | Student 2nd semester | Maims |
| 275 | Ritu | BALLB | MAIMS |
| 276 | Shivani Sharma | Ba.IIIB student | MAIMS |
| 277 | Vikash | ballb | Maharaja Agrasen institute of management studies |
| 278 | Ankit Singh | BALLB Student | MAIMS |
| 279 | Simran Gulia | Law student BALLB | MAIMS |
| 280 | Bhumika | Student BA LLB first semester | MAIMS |
| 281 | Prayas Jain | Student Ba IIb 1st year | Maharaja Agrasen Institute of Management Studies |
| 282 | Aditya Singh | Student of Civil Engineering | IIT Delhi |
| 283 | Ankit Bhandekar | Student, Climate Change and Sustainability Studies | Tata Institute of Social Sciences |
| 284 | Darpan Das | Postdoc | Johns Hopkins University |
| 285 | Ritika Bansal | Student (Law) | Maharaja Agrasen Institute of Management Studies |
| 286 | Vamikawadhwa | Students , Law | Maharaja Agrasen institute of management studies |
| 287 | Rituparna | PhD Scholar Kusuma School of Biological Sciences | IIT Delhi |
| 288 | Vikas Dohare | Environment Specialist | Aeron Systems Pvt Ltd |

| | | | |
|-----|--------------------|----------------------------------------------------------------|--------------------------------------------------|
| 289 | Manvi | Student and BALLB | Maharaja agrasen institute of management studies |
| 290 | Neha Agarwal | Senior Scientific Officer | RAJASTHAN POLLUTION CONTROL BOARD |
| 291 | Atar Singh Pipal | Canter for Environmental Sustainability and Human Health | Ming Chi University of Technology Taiwan |
| 292 | Ritesh Kumar Singh | Senior Engineer QA&I | Kalpataru power transmission ltd |
| 293 | Vanshija | 4 semster BALLB | Maims |
| 294 | Anurag Sharma | Researcher Environmental Engineering | FLOW MONK |
| 295 | Abhay Pratap Singh | Student, CIVIL engineering | MNIT JAIPUR |
| 296 | Vivek Kumar Nair | PhD candidate at School of Interdisciplinary Research | IIT Delhi |
| 297 | Manish Gupta | Research Scholar Mechanical Engineering | IIT Delhi |
| 298 | Anie K Lal | PhD Student, CAS | Indian Institute of Technology, Delhi |
| 299 | Kajol Gehlot | 4th year BTech EE | IITD |
| 300 | Manish Kumar | Phd student, Chemistry | IIT Delhi |
| 301 | Kalpak Gupta | Research Scholar, Department of Physics | Indian Institute of Technology Delhi |
| 302 | Raju Ram Parihar | AEE Civil Estate & works | IIT Delhi |
| 303 | Balvinder Singh | STUDENT CHEMISTRY | IIT Delhi |
| 304 | Prankul Middha | Adjunct Professor, Chemical Engineering | IIT Delhi |
| 305 | Abhishek Kumar | PhD student sire department | Sire |
| 306 | Ajit Kumar | Research scholar (PhD) at Department of Mechanical Engineering | IIT Delhi |
| 307 | Chandrakant Joshi | officer | armed forces |
| 308 | Noor Fatima | Staff CS | IITD |
| 309 | Siddharth Shankar | Phd Research Scholar | IIT Delhi, civil Engineering Department |
| 310 | Preetam Kumar | SeNSE | iit delhi |
| 311 | Anurag Pandey | Sr. PROJECT ENGINEER, IIT KANPUR | IIT KANPUR |
| 312 | Ashish Pandey | Project Manager, IIT, Kanpur | IIT, Kanpur |
| 313 | Abhishek Tiwari | Mtech Student and Electrical department | IIT Delhi |
| 314 | Anshi Pandey | Volunteer in Dept of Health and Care | SATHEE |
| 315 | Anchita Dey | M.S.(R) Student, EE Department | IIT Delhi |
| 316 | Yared Gebremichael | PhD Scholar, Chemical Engineering | Private |

| | | | |
|-----|----------------------|---------------------------------------------------------------------|------------------------------------------------------------|
| 317 | Parul Vats | Research Scholar, School of Environment and Sustainable Development | Central University of Gujarat |
| 318 | Aakash Mishra | Student, M.Tech in Civil Engineering Department | IIT Delhi |
| 319 | Harsha | Ms. And Chemistry | IIT Delhi |
| 320 | Arindam Maulik | PhD student at Electrical Engineering department | IIT Delhi |
| 321 | Prateek Bhati | production and industrial engineering | . |
| 322 | Dr. Suresh Yadav | Scientist C | NIIRNCD, Jodhpur |
| 323 | Shrutika Sharma | M.SC SCHOLAR (biotechnology) | NIIRNCD, Jodhpur |
| 324 | Sharwan Kumar | PTO | NIIRNCD |
| 325 | Dr. Madhu Bala Singh | Scientist G, | ICMR NIIRNCD, Jodhpur |
| 326 | Dr Pk Anand | Scientist-E, Epidemiology | ICMR-National Institute of Implementation Research on NCDs |
| 327 | Priyanshu | B.tech ece | Nil |
| 328 | Dr Mahendra Thakor | Scientist B, NIIRNCD Jodhpur | NIIRNCD JODHPUR |
| 329 | Grishita Chopra | Student- BALLB | MAIMS ,IPU |
| 330 | Ayush | M.Tech Student, Bharti School | IIT Delhi |
| 331 | Ashvini Kumar | Civil Engg. | IIT Delhi |
| 332 | Sumitra Sharma | Project Scientist, CERCA | Indian Institute of Technology Delhi |
| 333 | Amita | Senior professor | S M S Medical College Jaipur |
| 334 | Anoj Meena | Lab Technician and Medical Dep. | NIIRNCD-ICMR , jodhpur |
| 335 | Suresh Kumar | Lab technician, Medical dipartment | NIIRNCD JODHPUR |
| 336 | Dr Arun Kr Sharma | Director | ICMR-NIIRNCD |
| 337 | Umesh Sharma | Phd Student | IIT DELHI |
| 338 | Deepti Mishra | Student | Maharaja Agrasen institute of management studies |
| 339 | Sahej Sehgal | 1st year BA LLB | Maharaja Agrasen institute of management studies |
| 340 | Shubham Ajay Pachpor | Center for atmospheric sciences | IITD |
| 341 | Vinita Sejwal | Student at MAIMS | - |
| 342 | Jhanvi Tanwar | Student, Law Department | MAIMS |
| 343 | Rachit | Law | Maims |
| 344 | Anubha Agrawal | PhD, Chemical Engineering | Indian Institute of Technology Delhi (IIT Delhi) |
| 345 | Anirudh Gupta | Assistant Professor, Civil Engineering Department | KITS Coimbatore |
| 346 | Purnima Gupta | Assistant professor | Maharaja agrasen Institute of management studies |

| | | | |
|-----|-------------------------|---------------------------------------------------------------------|----------------------------------------------------------------|
| 347 | Aarushi Agarwal | Assistant Professor/ Department of Law | MAIMS |
| 348 | Dr. Nisha Dhanraj | Assistant Professor, Law | MAIMS |
| 349 | Nirdosh Kumar | Assistant Professor | MAIMS |
| 350 | Dr. Praveen Kumar Gupta | Head, Department of Law | Maharaja Agrasen Institute of Management Studies, Rohini Delhi |
| 351 | Apoorva Thakur | Assistant Professor, Department of Law | MAIMS |
| 352 | Akanksha Gupta | ASSISTANT PROFESSOR , DEPARTMENT OF LAW | MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES |
| 353 | Himanshu Ahuja | Student - Ballb | MAIMS |
| 354 | Dr. Vijay Kr. Khurana | Professor & HOD, Business Administration | MAIMS |
| 355 | Moinuddhin Mansuri | Technician-A Clinical Epidemiology | ICMR-National Institute of Occupational Health Ahmedabad |
| 356 | Aashna Madan | Student; BA LL. B (H) | Maharaja Agrasen Institute of Management Studies, Rohini |
| 357 | Dr. Rajnish Gupta | Technical Assistant, Air Pollution Division | ICMR-Naational Institute of Occupational Health |
| 358 | Dr Ajai Kumar Tiwari | Principal Scientist, Floriculture and landscaping, IARI Newdelhi | ICAR |
| 359 | Neha Rathore | Student B.A.LL.B | Maharaja Agrasen Institute of management studies |
| 360 | Dr. Vinita Gupta | Professor and HOD, JMC | MAIMS |
| 361 | Dr. V. K. Bhatnagar | Associate professor , Deptt. of LAW | MAIMS |
| 362 | Kashish | Student, Textile | IIT Delhi |
| 363 | Ritika Bhatia | Assistant Professor, Department of Law | Maharaja Agrasen Institute of Management Studies |
| 364 | Mohd Monish | Law | NA |
| 365 | Dr. Bhargavi Jadeja | Dentist | Jsph |
| 366 | Neha Tak | Msc biotechnology student | Niirncd (icmr) |
| 367 | Dr. Bhargavi Jadeja | Dentist | Jsph |
| 368 | Deepak Choudhary | PTO | NIRT CHENNAI |
| 369 | Amit Mathur | Post graduation Student, biomedical engineering | NIIRNCD,JODHPUR |
| 370 | Prachi Agnihotri | Ballb | UPES |
| 371 | Parveen Malik | Assistant Professor (Law) | MAIMS |
| 372 | Gaurav Agarwal | Student-ece | Malaviya national institute of technology jaipur |
| 373 | Udita Gupta | Environmental engineering student | GAUTAM BUDDHA UNIVERISTY |
| 374 | Rachit | Law | Maims |
| 375 | Gayatri Goyal | MSc final year biotechnology | NIIR-NCD , icmr |

| | | | |
|-----|-----------------|-----------------------------|----------------------|
| 376 | Akshat Chauhan | JAI HIND SCHOOL | POLLUTION |
| 377 | Neetu Chauhan | Self employed | Advisor |
| 378 | Joshi Ram | Senior Laboratory Assistant | IIT DELHI |
| 379 | Simran Kaur | MSc | Icmr |
| 380 | Ambikaa Chauhan | MBBS | Student |
| 381 | Riya Dubey | Student and law department | Banasthali vidyapith |
| 382 | Kanika Parashar | Law | mairs |



MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES
(DEPARTMENT OF LAW)
Legal Services Clinic (विधि मित्र)
in collaboration with DLSA North West

Presents

A WEBINAR ON

Yoga, Nutrition and Lifestyle Modification

Date: June 21, 2021

Time: 5:00 pm–6:30 pm

Venue

Zoom Meeting

RESOURCE PERSON

DR GOVINDA KUMAR TRIVEDI
CMO BALAJINIROGDHAM BNYS(MD)

DR ANKIT CHAUDHARY (BNYS)
MS NEHA JINDAL (NUTRITIONIST)



Faculty Convenor : Ms. Purnima Gupta (Assistant Professor)



Clear your head, feel
the flow and celebrate

International Day of Yoga



Report on Webinar on "Yoga, Nutrition and Lifestyle Modification" on the occasion of 'INTERNATIONAL YOGA DAY' organized by the Legal Services Clinic - विवि वित्र (Department of Law), MAIMS in collaboration with DLSA (North West)

A webinar was conducted on the subject "Yoga, Nutrition and Lifestyle Modification" on the occasion of International Yoga Day, 2021 by Legal Services Clinic (विवि वित्र) Department of Law, MAIMS in association with DLSA (North West). The Webinar aimed at encouraging and motivating the students to adopt a healthy lifestyle and making them understand the significance of Yoga.

The eminent speakers were Dr. Govinda Kumar Trivedi and Dr. Ankit Chaudhary.

Dr. Govinda Kumar Trivedi is MD in Clinical Naturopathy and has published various research papers in International Journal. He explained the meaning of yoga as "the one which holds us together". He further elaborated that everything we do towards fulfilling our duties and obligations is in itself a YOGA. Moreover, he explained the importance of adopting natural herbs and plants in our daily routine and avoiding artificial medicines. He talked about various ways to cure diseases through natural sources. He also talked about the changing lifestyle of people in different fields including the students and working professionals and how we can stay healthy in today's times. The session was extremely informative and insightful.

The second speaker was Dr. Ankit Chaudhary. Sir specializes in Yoga and Nutrition. He showed various yoga poses which can be easily performed by beginners. He encouraged the participants to perform those asanas along with him. The session was very enthusiastic and motivating. He encouraged and Motivated students and teachers alike to have a positive mindset and thinking during these uncertain times.

Overall, the Webinar was very insightful and taught the importance of yoga in our everyday life and the significant role played by beautiful Nature.

The Webinar was attended by over 100 students and Faculty members attended the Webinar on Zoom meetings and YouTube Live.

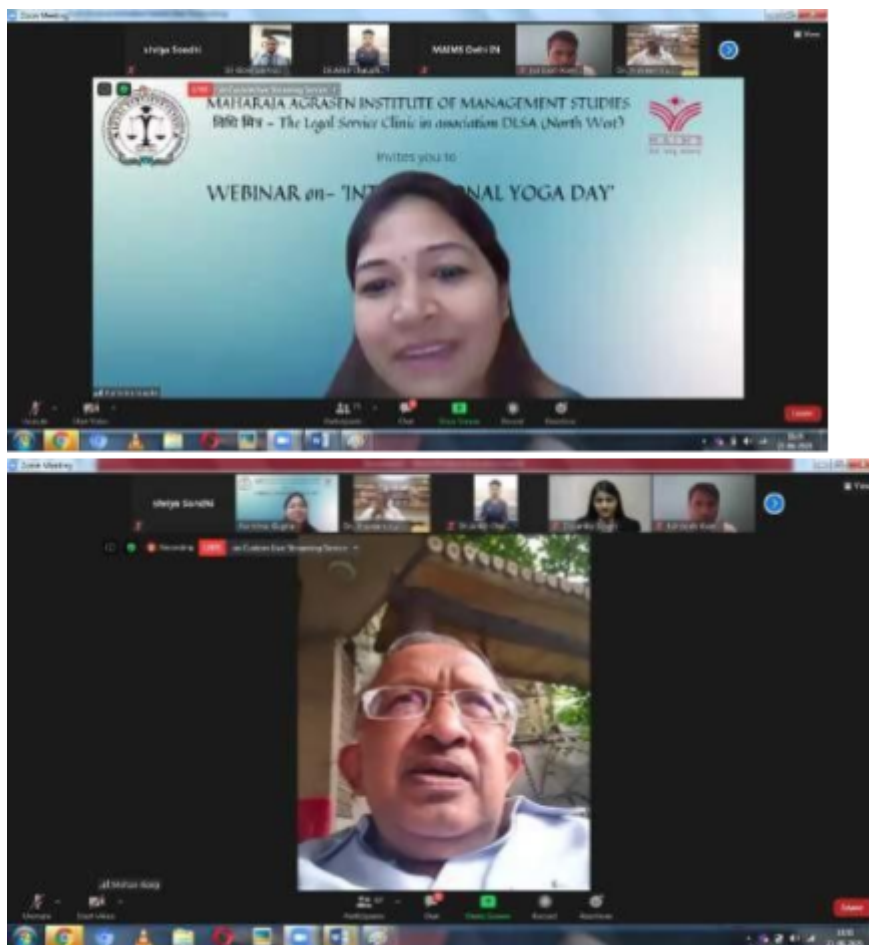
The Event was initiated and coordinated by Faculty Convenor - Ms. Purnima Gupta, Convenor, Legal Services Clinic (विवि वित्र). Prof. Dr. Rajni Malhotra Dhingra Principal, Department of Law

delivered the Welcome Address. Dr. Praveen Kumar Gupta, Head, Department of Law addressed the participants and enlightened the participants with his words of wisdom.

Then, Prof. Dr.G.P. Govil, Advisor MATES addressed the participants and elaborated on the importance of having a healthy lifestyle through Yoga. Prof. (Dr.) Ravi Kumar Gupta, Director, MAIMS also enlightened the participants through his words of wisdom. Further, Prof. (Dr.) SK Garg, Director General, MAIMS while addressing the participants also explained various important asanyas for a healthy lifestyle.

At the end, Vote of Thanks was delivered by Shri MOHAN GARG JI, Joint Secretary, MAIMS. Students: Punnya Mann, Saakshi Khandelwal, Shriya Sondhi and Dipanita Singh from the Department of law coordinated the Event.

Few Screenshots of the event are as follows:







MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES
(A unit of Maharaja Agrasen Technical Education Society)
Affiliated to GGSIP University
Recognized by Bar Council of India; ISO 9001: 2015 Certified Institution
Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA
Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2020-2021 | | Date: June 21, 2021 | | |
|----------------------------------------------------------------------------------|--------------------|---------------------|---------|------|
| List of Participants | | | | |
| International Yoga Day - Webinar on "Yoga, Nutrition and Lifestyle Modification" | | | | |
| S.No. | NAME | ENROLMENT NO. | COURSE | YEAR |
| 1 | Rahul Kumar | 00961102419 | BA JMC | 2 |
| 2 | Simran Chadha | 41214703818 | BA LLB | 3 |
| 3 | Vaishali Godia | 08214703817 | BA LLB | 4 |
| 4 | Nakul Taneja | 05614703820 | BA LLB | 1 |
| 5 | Sneha Singh Baghel | 07614703817 | BA LLB | 4 |
| 6 | Harris Mudgal | 35414703520 | BBA LLB | 1 |
| 7 | Aditya Sharma | 00614703820 | BA LLB | 1 |
| 8 | Shruti Agarwal | 41614703818 | BA LLB | 3 |
| 9 | Himanshu Ahuja | 02714703819 | BA LLB | 2 |
| 10 | Divyansh Singh Dev | 01414703520 | BBA LLB | 1 |
| 11 | Manish Kumar Garg | 35314703817 | BA LLB | 4 |
| 12 | Beenal Dhadwal | 02014703818 | BA LLB | 3 |
| 13 | Neerja | 05614703817 | BA LLB | 4 |
| 14 | Yuvraj Singh Yadav | 08414703817 | BA LLB | 4 |
| 15 | Aarush Nagpal | 00114703520 | BBA LLB | 1 |
| 16 | Chaahat Saluja | 01114703520 | BBA LLB | 1 |
| 17 | Freya Grover | 01514703520 | BBA LLB | 1 |
| 18 | Shagun Sharma | 35614703520 | BBA LLB | 1 |
| 19 | Aditya Saraswat | 00314703520 | BBA LLB | 1 |
| 20 | Nilabh Sharma | 00714721619 | BA Eco | 2 |
| 21 | Arpan Shukla | 01614703818 | BA LLB | 3 |
| 22 | Aslesha Dogra | 01014703520 | BBA LLB | 1 |
| 23 | Anubhav Nigam | 01414703818 | BA LLB | 3 |
| 24 | Ashmeet Kaur | 00861102419 | BA JMC | 2 |
| 25 | Aditi Kaushik | 00514703820 | BA LLB | 1 |
| 26 | Nikunj Moudgil | 03614702419 | BA JMC | 2 |
| 27 | Aditya Yadav | 00614721620 | BA ECO | 1 |
| 28 | Sanchit Sachdeva | 65114703817 | BA LLB | 4 |
| 29 | Aniket Shankar | 01214721619 | BA Eco | 2 |
| 30 | Arjun Mittal | 35114703817 | BA LLB | 4 |
| 31 | Nagma Khan | 05514703817 | BA LLB | 4 |
| 32 | Aditya Gautam | 00361102418 | BA JMC | 3 |
| 33 | Anshumita Taparia | 35214703520 | BBA LLB | 1 |
| 34 | Rohan Gupta | 40914703818 | BA LLB | 3 |
| 35 | Pallav Sharma | 35414703817 | BA LLB | 4 |
| 36 | Imaz Ahmed | 03714702419 | BA JMC | 2 |
| 37 | Ujjwal | 00514721619 | BA Eco | 2 |
| 38 | Sanya Kathpal | 02614703819 | BA LLB | 2 |
| 39 | Chaitanya Mehra | 35314703520 | BBA LLB | 1 |
| 40 | Divam Garg | 01314703520 | BBA LLB | 1 |
| 41 | Sidhant Oberoi | 07414703817 | BA LLB | 4 |
| 42 | Ananya Bhatia | 00514703520 | BBA LLB | 1 |
| 43 | Tushar Rajput | 00814721619 | BA Eco | 2 |
| 44 | Akshat Gupta | 04014702419 | BA JMC | 2 |
| 45 | Prince Verma | 06014703820 | BA LLB | 1 |
| 46 | Arpit Mittal | 00661102418 | BA JMC | 3 |
| 47 | Shreya Sharma | 35614703818 | BA LLB | 3 |
| 48 | Aastha Gaba | 03814702419 | BA JMC | 2 |
| 49 | Ishika Kansal | 00361102419 | BA JMC | 2 |
| 50 | Haritima Singh | 40114703817 | BA LLB | 4 |
| 51 | Sejal Sethi | 00661102419 | BA JMC | 2 |
| 52 | Harsh Sharma | 02914703819 | BA LLB | 2 |
| 53 | Aenakshi Chadha | 00414703520 | BBA LLB | 1 |
| 54 | Prayas Jain | 05914703820 | BA LLB | 1 |

| | | | | |
|----|---------------------|-------------|---------|---|
| 55 | Rishabh Singhal | 03914702419 | BA JMC | 2 |
| 56 | Abhay Garg | 00314703820 | BA LLB | 1 |
| 57 | Prashita Tomer | 00614721619 | BA Eco | 2 |
| 58 | Gautam Garg | 01614703520 | BBA LLB | 1 |
| 59 | Suraj Chadha | 00461102419 | BA JMC | 2 |
| 60 | Ashwani Yadav | 00914703520 | BBA LLB | 1 |
| 61 | Prachi Aggarwal | 35514703817 | BA LLB | 4 |
| 62 | Sunjoey Kaur Gulati | 07814703817 | BA LLB | 4 |
| 63 | Amit Singh Rana | 00814721620 | BA ECO | 1 |
| 64 | Varchas Sharma | 00414721619 | BA Eco | 2 |
| 65 | Ayushman Patnaik | 01914703818 | BA LLB | 3 |
| 66 | Abhinav Pandey | 00514721620 | BA ECO | 1 |
| 67 | Ankit Kumar | 00561102418 | BA JMC | 3 |
| 68 | Dixant Singh | 00261102419 | BA JMC | 2 |
| 69 | Dipesh Chawla | 01214703520 | BBA LLB | 1 |
| 70 | Akshit Aggarwal | 35114703520 | BBA LLB | 1 |
| 71 | Rudraksh Batra | 01114721619 | BA Eco | 2 |
| 72 | Samridhi Tyagi | 02814703819 | BA LLB | 2 |
| 73 | Tanmay Mongia | 08014703817 | BA LLB | 4 |
| 74 | Antara Banerjee | 00614703520 | BBA LLB | 1 |
| 75 | Vanshika Darbari | 08314703817 | BA LLB | 4 |
| 76 | Aastha Suri | 00414721620 | BA ECO | 1 |
| 77 | Nitin Nautiyal | 05714703820 | BA LLB | 1 |
| 78 | Devansh Dua | 02114703818 | BA LLB | 3 |
| 79 | Aishwarya Vasdev | 00714721620 | BA ECO | 1 |
| 80 | Garima Singh | 41414703818 | BA LLB | 3 |
| 81 | Sanjana Patel | 41114703818 | BA LLB | 3 |
| 82 | Nandini Singhal | 00561102419 | BA JMC | 2 |
| 83 | Disha Moitra | 35214703817 | BA LLB | 4 |
| 84 | Simran | 07514703817 | BA LLB | 4 |
| 85 | Aastha | 00161102418 | BA JMC | 3 |
| 86 | Ashish Arora | 01714703818 | BA LLB | 3 |
| 87 | Harsh Beniwal | 00761102419 | BA JMC | 2 |
| 88 | Mrinalika Pandey | 05514703820 | BA LLB | 1 |
| 89 | Angel Jain | 00914721620 | BA ECO | 1 |
| 90 | Muskan Jain | 02514703819 | BA LLB | 2 |
| 91 | Achint Kaur | 00261102418 | BA JMC | 3 |
| 92 | Dipanita Singh | 41314703818 | BA LLB | 3 |
| 93 | Aniket Sharma | 00461102418 | BA JMC | 3 |
| 94 | Parth Singh | 05814703820 | BA LLB | 1 |
| 95 | Aditi Bhardwaj | 00414703820 | BA LLB | 1 |
| 96 | Mohnish Singh | 05414703820 | BA LLB | 1 |
| 97 | Sachin Bhakar | 35514703520 | BBA LLB | 1 |

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

| S.No. | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) |
|---------------------------------------------|-----------------------------------------------------------------|-------------------------------------|
| YEAR 3 (2019-2020) | | |
| 1. SOFT SKILLS | | |
| 1 | Session on "Personality Development" | 06-03-2020 |
| 2 | Webinar on "How to Think Creatively" | 26-03-2020 |
| 3 | Webinar on "Leadership Skills" | 04-06-2020 |
| 2. LANGUAGE AND COMMUNICATION SKILLS | | |
| 4 | Expert Session on "Business Jargons" | 04-11-2019 |
| 5 | Session on Communication Skills: "Get your words right" | 05-11-2019 |
| 6 | Workshop On "Corporate Communication For Entrepreneurs" | 29-01-2020 |
| 7 | Session on "Impact of Sense of Humor on the Audience" | 13-04-2020 |
| 3. LIFE SKILLS | | |
| 8 | Self Defence Training Programme | 23-09-2019 |
| 9 | Session on Mental Health : "Dance away your Stress" | 24-02-2020 |
| 10 | Webinar on "Ill Effects of Tobacco on Health" | 04-06-2020 |
| 11 | International Yoga Day | 21-06-2020 |

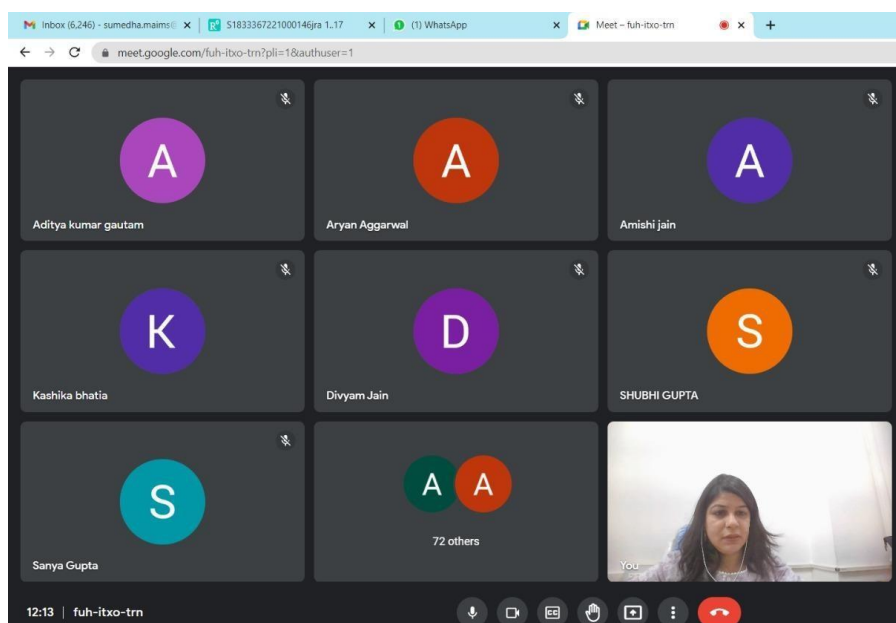
SESSION ON “PERSONALITY DEVELOPMENT”

March 6, 2020

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, under the aegis of IQAC organized a Session on “Personality Development” on March 6, 2020. The online session was focused on providing an opportunity for students to understand the role of an individual’s personality in their personal and professional life. In total 147 students attended the expert lecture.

Ms. Sumedha Dutta, Assistant Professor, MAIMS interacted with students and guided the students on how personality development helps an individual to gain recognition and acceptance from the society as well as people around. It makes an individual disciplined, punctual and an asset for his/her organization. It enhances an individual's social and emotional well being, improves communication skills and interpersonal skills.

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Rashi Aggarwal, Assistant Professor, Department of Business Administration, (MAIMS) presented a memento as a token of gratitude. The lecture was extremely successful as it gave some enlightening learning to the students.





MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

Affiliated to GGSIP University

Recognized by Bar Council of India; ISO 9001: 2015 Certified Institution

Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA

Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2019-2020 | | Date : March 6, 2020 | | |
|--------------------------------------|------------------------|----------------------|--------|------|
| List of Participants | | | | |
| Session on "Personality Development" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Gurnoor Singh | 961101719 | BBA | 1 |
| 2 | Priyanshi Rawat | 35161101719 | BBA | 1 |
| 3 | Bhavika Dhingra | 6861101719 | BBA | 1 |
| 4 | Rishabh Jindal | 5614701719 | BBA | 1 |
| 5 | Sanchit Gulati | 14261101719 | BBA | 1 |
| 6 | Yaggyansh Chopra | 4814701719 | BBA | 1 |
| 7 | Navneet Kaur Sabharwal | 36314701719 | BBA | 1 |
| 8 | Himanshu Gautam | 7061101719 | BBA | 1 |
| 9 | Kshitij Gupta | 4414701719 | BBA | 1 |
| 10 | Mayank Saboo | 11414701719 | BBA | 1 |
| 11 | Arjun Singh | 9914701719 | BBA | 1 |
| 12 | Yash Gosain | 2661101719 | BBA | 1 |
| 13 | Sansar Gupta | 5061101719 | BBA | 1 |
| 14 | Sejal Jindal | 12814701719 | BBA | 1 |
| 15 | Mohit Aggarwal | 3061101719 | BBA | 1 |
| 16 | Saurabh Kumar Karotia | 4361101719 | BBA | 1 |
| 17 | Tanbir Singh | 14114701719 | BBA | 1 |
| 18 | Manya Bisht | 4261101719 | BBA | 1 |
| 19 | Kshitiz Bansal | 36661101719 | BBA | 1 |
| 20 | Aman Kumar Gupta | 414701719 | BBA | 1 |
| 21 | Nikunj Gupta | 12161101719 | BBA | 1 |
| 22 | Adit Rajesh Chaudhry | 12514701719 | BBA | 1 |
| 23 | Rahul Aggarwal | 5514701719 | BBA | 1 |
| 24 | Parv Mittal | 3814701719 | BBA | 1 |
| 25 | Aman Gupta | 3561101719 | BBA | 1 |
| 26 | Lakshay Talreja | 2914701719 | BBA | 1 |
| 27 | Rishabh Gupta | 10214701719 | BBA | 1 |
| 28 | Divyansh Kataria | 8461101719 | BBA | 1 |
| 29 | Garvit Sahni | 9814701719 | BBA | 1 |
| 30 | Diksha Chauhan | 9361101719 | BBA | 1 |
| 31 | Gaurav Goyal | 36014701719 | BBA | 1 |
| 32 | Anupam Bhargava | 7414701719 | BBA | 1 |
| 33 | Pranjal Sharma | 2714701719 | BBA | 1 |
| 34 | Sarthak Sodhi | 5814701719 | BBA | 1 |
| 35 | Vishesh Gupta | 9861101719 | BBA | 1 |

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| 36 | Aryan Jain | 6314701719 | BBA | 1 |
| 37 | Dev Chhabra | 8561101719 | BBA | 1 |
| 38 | Mayank Antil | 8161101719 | BBA | 1 |
| 39 | Aditya Mehra | 3514701719 | BBA | 1 |
| 40 | Lakshay Jindal | 9561101719 | BBA | 1 |
| 41 | Hardik Bhargava | 36861101719 | BBA | 1 |
| 42 | Sachin Kumar Khichi | 361101719 | BBA | 1 |
| 43 | Aaryan Goyal | 5761101719 | BBA | 1 |
| 44 | Paraduem Mittal | 36761101719 | BBA | 1 |
| 45 | Muskan Sharma | 10261101719 | BBA | 1 |
| 46 | Ishaan Gupta | 36614701719 | BBA | 1 |
| 47 | Onkar Jha | 10161101719 | BBA | 1 |
| 48 | Suraj Chand | 7861101719 | BBA | 1 |
| 49 | Nipun Chadha | 9061101719 | BBA | 1 |
| 50 | Aditya Bansal | 35661101719 | BBA | 1 |
| 51 | Praytn Shukla | 43761101718 | BBA | 2 |
| 52 | Yash Goyal | 36861101718 | BBA | 2 |
| 53 | Hardik Gambhir | 2614701718 | BBA | 2 |
| 54 | Sarbaz Hussain | 45614701718 | BBA | 2 |
| 55 | Muskan Jain | 5861101718 | BBA | 2 |
| 56 | Sarthak Kukreti | 36261101718 | BBA | 2 |
| 57 | Vansh Bajaj | 9914701718 | BBA | 2 |
| 58 | Siddharth Gupta | 36614701718 | BBA | 2 |
| 59 | Ashit Kedia | 1761101718 | BBA | 2 |
| 60 | Himanshu Dwivedi | 40814701718 | BBA | 2 |
| 61 | Vanshika Gilhotra | 45014701718 | BBA | 2 |
| 62 | Gautam Oberoi | 46514701718 | BBA | 2 |
| 63 | Prabhat Singh | 6114701718 | BBA | 2 |
| 64 | Sandeep Chhatri | 8961101718 | BBA | 2 |
| 65 | Akshant Chauhan | 761101718 | BBA | 2 |
| 66 | Vritika Singhal | 10114701718 | BBA | 2 |
| 67 | Jatin Gaur | 3661101718 | BBA | 2 |
| 68 | Sagar Bhatia | 8461101718 | BBA | 2 |
| 69 | Shray Kalra | 10261101718 | BBA | 2 |
| 70 | Aryam Goyal | 1614701718 | BBA | 2 |
| 71 | Vrishti Gupta | 46214701718 | BBA | 2 |
| 72 | Rishabh Vohra | 7861101718 | BBA | 2 |
| 73 | Rahul Chawla | 7561101718 | BBA | 2 |
| 74 | Kaustav Kishore Dutta | 4461101718 | BBA | 2 |
| 75 | Shiven Goel | 10161101718 | BBA | 2 |
| 76 | Akshit Sundriyal | 43861101718 | BBA | 2 |
| 77 | Falguni Gupta | 2861101718 | BBA | 2 |
| 78 | Gayatri Nambisan | 40414701718 | BBA | 2 |
| 79 | Sanat Jain | 41661101718 | BBA | 2 |
| 80 | Abhinav Dahiya | 314701718 | BBA | 2 |
| 81 | Muskaan Chauhan | 42161101718 | BBA | 2 |
| 82 | Arnav Gautam | 1514701718 | BBA | 2 |

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|-----|------------------------|-------------|-----|---|
| 83 | Samarth Harsh Jha | 8761101718 | BBA | 2 |
| 84 | Vuran Dawar | 41061101718 | BBA | 2 |
| 85 | Tapan Chaudhary | 11461101718 | BBA | 2 |
| 86 | Mehak Lonial | 4714701718 | BBA | 2 |
| 87 | Soumya Beri | 41514701718 | BBA | 2 |
| 88 | Akshay Gangwani | 814701718 | BBA | 2 |
| 89 | Abhey Choudhary | 214701718 | BBA | 2 |
| 90 | Saksham Garg | 8561101718 | BBA | 2 |
| 91 | Robin Singh | 43414701718 | BBA | 2 |
| 92 | Himanshi Bhatt | 3161101718 | BBA | 2 |
| 93 | Siddhant | 10561101718 | BBA | 2 |
| 94 | Nishant Chug | 6361101718 | BBA | 2 |
| 95 | Siddharth Shankar | 10661101718 | BBA | 2 |
| 96 | Karan Raturi | 40914701718 | BBA | 2 |
| 97 | Paras Goyal | 36014701718 | BBA | 2 |
| 98 | Priya Maheshwari | 7261101718 | BBA | 2 |
| 99 | Chirag Khanna | 2014701718 | BBA | 2 |
| 100 | Yashika Mendiratta | 36814701717 | BBA | 3 |
| 101 | Yash Garg | 8861101717 | BBA | 3 |
| 102 | Rahul Gupta | 44714701717 | BBA | 3 |
| 103 | Chirag Aggarwal | 35314701717 | BBA | 3 |
| 104 | Yuvraj Singh | 36861101717 | BBA | 3 |
| 105 | R. Gautham | 05314701717 | BBA | 3 |
| 106 | Harshali Pahuja | 50261101717 | BBA | 3 |
| 107 | Pratik Prasannam Panda | 40461101717 | BBA | 3 |
| 108 | Rishika Kashyap | 44761101717 | BBA | 3 |
| 109 | Aditya Airan | 414701717 | BBA | 3 |
| 110 | Sarthak Shukla | 6861101717 | BBA | 3 |
| 111 | Deepali Dodeja | 1814701717 | BBA | 3 |
| 112 | Shrey Gulati | 6714701717 | BBA | 3 |
| 113 | Anant Tayal | 44514701717 | BBA | 3 |
| 114 | Sandesh Sachdeva | 44961101717 | BBA | 3 |
| 115 | Kshitij Murarka | 4214701717 | BBA | 3 |
| 116 | Himanshi Ohri | 2814701717 | BBA | 3 |
| 117 | Tarishi Singh | 42361101717 | BBA | 3 |
| 118 | Ayush Sharma | 41161101717 | BBA | 3 |
| 119 | Rahul Bansal | 6061101717 | BBA | 3 |
| 120 | Muskan Gupta | 45961101717 | BBA | 3 |
| 121 | Rishabh Pardesi | 43561101717 | BBA | 3 |
| 122 | Hanish Gurnani | 2314701717 | BBA | 3 |
| 123 | Kriti Laxman | 4114701717 | BBA | 3 |
| 124 | Mohd Zaid Siddiqui | 4461101717 | BBA | 3 |
| 125 | Rudraksh Mahajan | 6114701717 | BBA | 3 |
| 126 | Ketan Arora | 3361101717 | BBA | 3 |
| 127 | Utkarsh Singh | 7614701717 | BBA | 3 |
| 128 | Vivek Arora | 40314701717 | BBA | 3 |
| 129 | Viraj Khandelwal | 36661101717 | BBA | 3 |

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|-----|--------------------|-------------|-----|---|
| 130 | Anjali | 45461101717 | BBA | 3 |
| 131 | Himanshu Garg | 46061101717 | BBA | 3 |
| 132 | Kartik Agarwal | 90261101718 | BBA | 3 |
| 133 | Kunal Mittal | 35514701717 | BBA | 3 |
| 134 | Mahima Chaddha | 44361101717 | BBA | 3 |
| 135 | Nikhil Garg | 35714701717 | BBA | 3 |
| 136 | Anupam Singh Nehra | 1061101717 | BBA | 3 |
| 137 | Arushi Aggarwal | 35214701717 | BBA | 3 |
| 138 | Aditi Bhatia | 41861101717 | BBA | 3 |
| 139 | Kaushal Dish Koli | 3714701717 | BBA | 3 |
| 140 | Yash Garg | 40614701717 | BBA | 3 |
| 141 | Rohan Bhola | 6561101717 | BBA | 3 |
| 142 | Parv Prabhakar | 44261101717 | BBA | 3 |
| 143 | Pratham Sharma | 45314701717 | BBA | 3 |
| 144 | Nitesh Kumar | 4961101717 | BBA | 3 |
| 145 | Rachit Jain | 5414701717 | BBA | 3 |
| 146 | Namit Jain | 41261101717 | BBA | 3 |
| 147 | Chetan Garg | 41561101717 | BBA | 3 |



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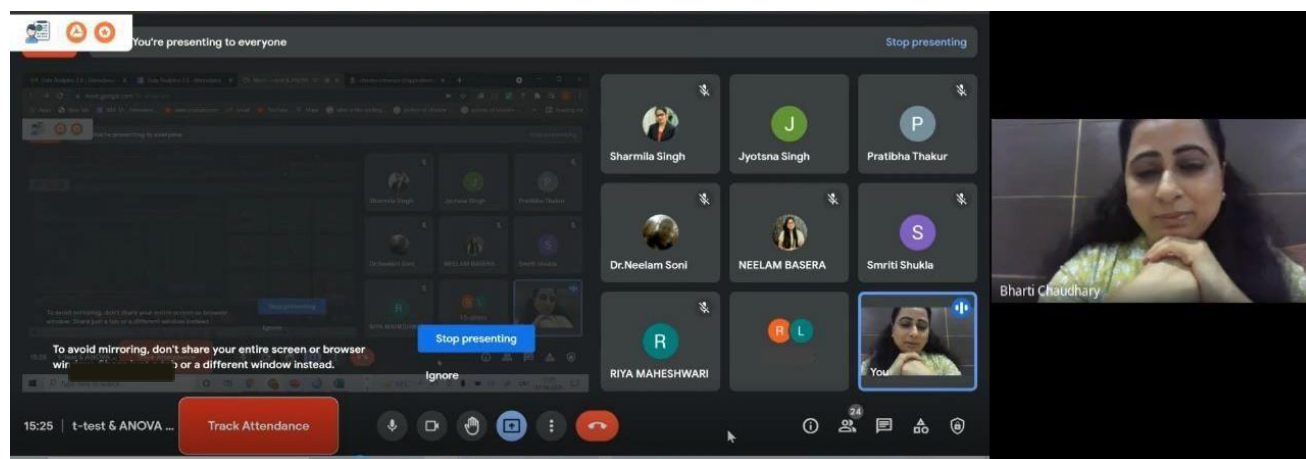
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Webinar on “How to Think Creatively” March 26, 2020

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, organized a Webinar on “How to Think Creatively” in Maharaja Agrasen Institute of Management Studies, New Delhi on March 26, 2020. In total 134 students attended the session.

Dr. Bharti Chaudhary, Faculty MAIMS interacted with the students and explained that Creative thinking is the ability to look at things differently, and find new ways of solving problems. She also briefed Creative thinking skills allows thinking out of the box and picking the most different ideas. This ability means to look at the current scenario and find new alternatives. The uncommon and unconventional ideas can help us in solving a problem. The students shared some imaginative ideas for stories and the session was very interactive.

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Shikha Sharma, Assistant Professor, Department of Business Administration (MAIMS) presented a memento as a token of gratitude.





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Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA

Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2019-2020 | | | | Date : March 26, 2020 |
|--------------------------------------|---------------------|----------------|--------|-----------------------|
| List of Participants | | | | |
| Webinar on "How to Think Creatively" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Rijul Gupta | 5114701719 | BBA | 1 |
| 2 | Muskan Khemka | 6014701719 | BBA | 1 |
| 3 | Hamza Hussain | 4114701719 | BBA | 1 |
| 4 | Palak | 13014701719 | BBA | 1 |
| 5 | Tanvi Gupta | 6714701719 | BBA | 1 |
| 6 | Anubhav Bansal | 14014701719 | BBA | 1 |
| 7 | Nishant Gulati | 35861101719 | BBA | 1 |
| 8 | Raghav Malhotra | 36161101719 | BBA | 1 |
| 9 | Mohak Gupta | 35761101719 | BBA | 1 |
| 10 | Raunaq Singh Bakshi | 1261101719 | BBA | 1 |
| 11 | Manraj Singh Handa | 11214701719 | BBA | 1 |
| 12 | Manvi Jain | 1214701719 | BBA | 1 |
| 13 | Harshit Goyal | 4061101719 | BBA | 1 |
| 14 | Kajal | 3461101719 | BBA | 1 |
| 15 | Lakshay Bansal | 35114701719 | BBA | 1 |
| 16 | Abhinav Kumar Dubey | 1661101719 | BBA | 1 |
| 17 | Sushobhit Pandey | 11261101719 | BBA | 1 |
| 18 | Manya Rastogi | 13914701719 | BBA | 1 |
| 19 | Shashwat Gupta | 461101719 | BBA | 1 |
| 20 | Rahul Agarwal | 14714701719 | BBA | 1 |
| 21 | Divyanshu Goyal | 4214701719 | BBA | 1 |
| 22 | Vishesh Vatni | 3214701719 | BBA | 1 |
| 23 | Yukti Singh Rana | 7014701719 | BBA | 1 |
| 24 | Aaryan Choudhary | 14414701719 | BBA | 1 |
| 25 | Sresth Saluja | 6761101719 | BBA | 1 |
| 26 | Raghav Dembla | 11661101719 | BBA | 1 |
| 27 | Ridhima Gupta | 8714701719 | BBA | 1 |
| 28 | Garvit Goel | 13761101719 | BBA | 1 |
| 29 | Yogesh Gupta | 8614701719 | BBA | 1 |
| 30 | Akshat | 3661101719 | BBA | 1 |
| 31 | Charmie Sethi | 10314701719 | BBA | 1 |
| 32 | Varun Kumar | 2014701719 | BBA | 1 |
| 33 | Shivangi Negi | 8914701719 | BBA | 1 |
| 34 | Aditya Bansal | 10861101719 | BBA | 1 |
| 35 | Dishika Aggarwal | 14214701719 | BBA | 1 |

| | | | | |
|----|-----------------------|-------------|-----|---|
| 36 | Aman Kumar Singh | 10661101719 | BBA | 1 |
| 37 | Shreya Jain | 35614701719 | BBA | 1 |
| 38 | Jas Gupta | 10561101719 | BBA | 1 |
| 39 | Ansh Srivastava | 11961101719 | BBA | 1 |
| 40 | Malabika Jena | 3261101719 | BBA | 1 |
| 41 | Dhrruv Vohra | 1561101719 | BBA | 1 |
| 42 | Aniketh | 4661101719 | BBA | 1 |
| 43 | Sparsh Gupta | 36061101719 | BBA | 1 |
| 44 | Saumya Karan | 05014701719 | BBA | 1 |
| 45 | Khushi Khatri | 6914701719 | BBA | 1 |
| 46 | Sirjan Singh Kathuria | 1761101719 | BBA | 1 |
| 47 | Ayushi Mittal | 1961101718 | BBA | 2 |
| 48 | Siddhant Gulati | 46314701718 | BBA | 2 |
| 49 | Srishti Singhal | 36714701718 | BBA | 2 |
| 50 | Nandita Gupta | 6161101718 | BBA | 2 |
| 51 | Nitanshi Bhagat | 6461101718 | BBA | 2 |
| 52 | Tushar Aggarwal | 9314701718 | BBA | 2 |
| 53 | Vasu Gupta | 11961101718 | BBA | 2 |
| 54 | Rohit Khandelwal | 46114701718 | BBA | 2 |
| 55 | Arz Bhatnagar | 1661101718 | BBA | 2 |
| 56 | Geetika Bajaj | 2514701718 | BBA | 2 |
| 57 | Sarthak Bhutani | 9061101718 | BBA | 2 |
| 58 | Prerna Ahuja | 40561101718 | BBA | 2 |
| 59 | Parth Sharma | 41414701718 | BBA | 2 |
| 60 | Bhavika Gugnani | 2161101718 | BBA | 2 |
| 61 | Deepansh Gupta | 35561101718 | BBA | 2 |
| 62 | Robin Rai | 6614701718 | BBA | 2 |
| 63 | Tanmay Kuchhal | 9214701718 | BBA | 2 |
| 64 | Harshita | 3114701718 | BBA | 2 |
| 65 | Srijan Jain | 10961101718 | BBA | 2 |
| 66 | Tanish Gadodia | 42661101718 | BBA | 2 |
| 67 | Jethin Joy | 3961101718 | BBA | 2 |
| 68 | Shivam Kanojia | 8314701718 | BBA | 2 |
| 69 | Kumar Gaurav | 44361101718 | BBA | 2 |
| 70 | Tanishq Bhugra | 11361101718 | BBA | 2 |
| 71 | Shivam Arora | 43014701718 | BBA | 2 |
| 72 | Kunal Chaudhary | 41914701718 | BBA | 2 |
| 73 | Raghav Goyal | 7461101718 | BBA | 2 |
| 74 | Rishabh Nimba | 6414701718 | BBA | 2 |
| 75 | Umar Siddiqui | 9714701718 | BBA | 2 |
| 76 | Yash Raj | 44114701718 | BBA | 2 |
| 77 | Luvish Anand | 4961101718 | BBA | 2 |
| 78 | Tushar Katheriya | 9514701718 | BBA | 2 |
| 79 | Shubham Goel | 36414701718 | BBA | 2 |
| 80 | Saijel Gupta | 7114701718 | BBA | 2 |
| 81 | Khushi Goel | 35661101718 | BBA | 2 |
| 82 | Veni Garg | 36661101718 | BBA | 2 |

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|-----|--------------------|-------------|-----|---|
| 83 | Jerry Simon | 3614701718 | BBA | 2 |
| 84 | Tushar Rajawat | 9614701718 | BBA | 2 |
| 85 | Aniket Jain | 43361101718 | BBA | 2 |
| 86 | Vrinda Gupta | 45714701718 | BBA | 2 |
| 87 | Amarjeet Kumar | 1261101718 | BBA | 2 |
| 88 | Ikshita Jain | 3361101718 | BBA | 2 |
| 89 | Simran Gaur | 7461101717 | BBA | 3 |
| 90 | Samyak Runwal | 45514701717 | BBA | 3 |
| 91 | Aryan Raj Singh | 1161101717 | BBA | 3 |
| 92 | Vasu Kohli | 44414701717 | BBA | 3 |
| 93 | Prayaas Kochhar | 5014701717 | BBA | 3 |
| 94 | Tanish Gupta | 36414701717 | BBA | 3 |
| 95 | Manav Jethani | 50461101717 | BBA | 3 |
| 96 | Rashi Kapoor | 6161101717 | BBA | 3 |
| 97 | Tushar Sharma | 36614701717 | BBA | 3 |
| 98 | Divya Kotwal | 2014701717 | BBA | 3 |
| 99 | Akshat Garg | 561101717 | BBA | 3 |
| 100 | Shresheth Chhabra | 46914701717 | BBA | 3 |
| 101 | Sanyam Garg | 36161101717 | BBA | 3 |
| 102 | Vivek Anand | 8661101717 | BBA | 3 |
| 103 | Harsh Aggarwal | 43214701717 | BBA | 3 |
| 104 | Tanu | 36514701717 | BBA | 3 |
| 105 | Kavish Madan | 3814701717 | BBA | 3 |
| 106 | Kritika Arora | 41414701717 | BBA | 3 |
| 107 | Abhinav Bansal | 65214701717 | BBA | 3 |
| 108 | Pranav Garg | 35814701717 | BBA | 3 |
| 109 | Shivani Gupta | 7161101717 | BBA | 3 |
| 110 | Apoorva Gautam | 50161101717 | BBA | 3 |
| 111 | Ankit Dutta | 861101717 | BBA | 3 |
| 112 | Fazil Zaidi | 43814701717 | BBA | 3 |
| 113 | Himanshu | 2661101717 | BBA | 3 |
| 114 | Pragun Sehgal | 5461101717 | BBA | 3 |
| 115 | Dikshant Watwani | 46614701717 | BBA | 3 |
| 116 | Kriti Chaudhary | 3761101717 | BBA | 3 |
| 117 | Nishant Singla | 35761101717 | BBA | 3 |
| 118 | Tushar Sharma | 36461101717 | BBA | 3 |
| 119 | Muskan Pathak | 35614701717 | BBA | 3 |
| 120 | Shivangi Aggarwal | 45914701717 | BBA | 3 |
| 121 | Utkarsh Arora | 46314701717 | BBA | 3 |
| 122 | Arnav Sharma | 01014701717 | BBA | 3 |
| 123 | Karan Hari Agarwal | 46561101717 | BBA | 3 |
| 124 | Richiek Agarwal | 35914701717 | BBA | 3 |
| 125 | Harshit Singhal | 2714701717 | BBA | 3 |
| 126 | Krishna Negi | 4014701717 | BBA | 3 |
| 127 | Aadit Kharbanda | 35161101717 | BBA | 3 |
| 128 | Paras Sharma | 5161101717 | BBA | 3 |
| 129 | Deepak Gupta | 1861101717 | BBA | 3 |

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|-----|----------------|-------------|-----|---|
| 130 | Jhonty Gulati | 42261101717 | BBA | 3 |
| 131 | Manav Giri | 3961101717 | BBA | 3 |
| 132 | Aryan Gupta | 41214701717 | BBA | 3 |
| 133 | Aashi Aggarwal | 261101717 | BBA | 3 |
| 134 | Ankit Dahiya | 35114701717 | BBA | 3 |



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WEBINAR ON “LEADERSHIP SKILLS”

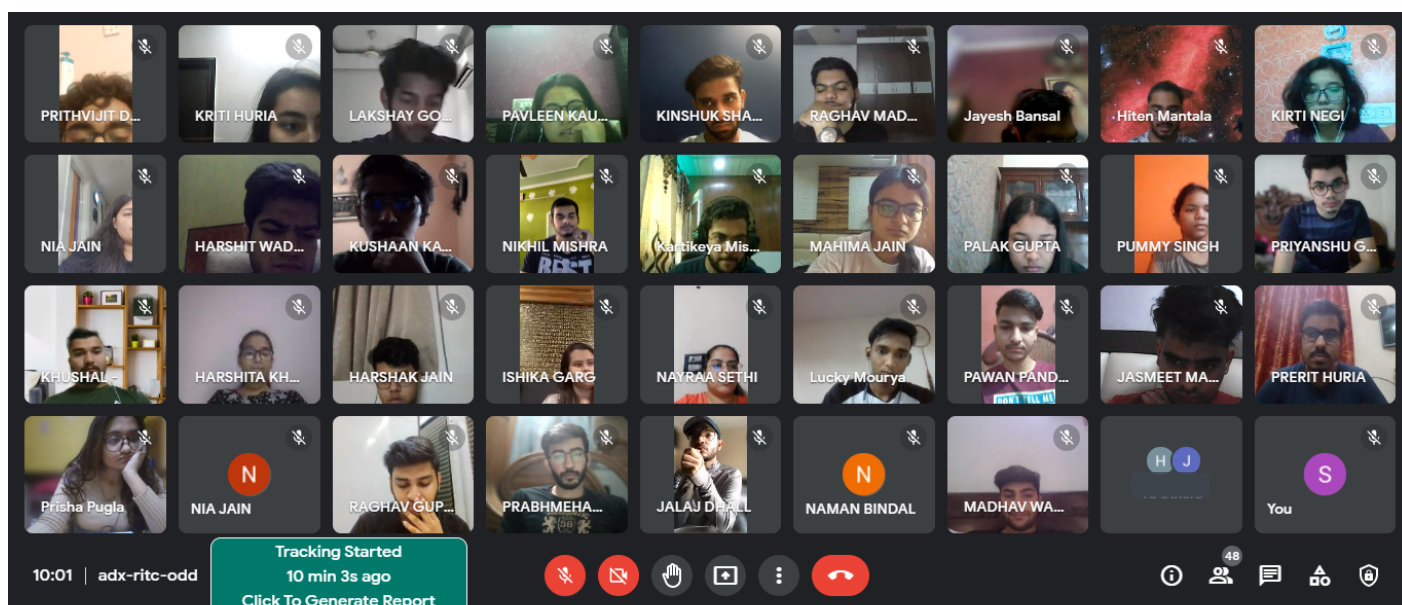
June 4, 2020

The Department of Journalism & Mass Communication, Maharaja Agrasen Institute of Management Studies, under the aegis of IQAC organized a Webinar on “Leadership Skills” on June 4, 2020. The webinar was focused on providing guidance to students on how they can inculcate Leadership skills among themselves. The students participated enthusiastically in the webinar. In total 112 students participated in a webinar and it was a learning experience for the students.

Mr. Amit Gupta, Senior Architect, Cognizant interacted with students and guided them to be a good leader, he explained the students that learning how to be a good leader can greatly impact the success of your team, your organization and yourself and to be an effective leader, you must understand your own motivations, strengths and weaknesses. He even further explained the role of a good leader in a team and he emphasized on the point that Great leaders connect with their team by facilitating open communication, encouraging employee growth and development, and giving and receiving feedback.

On the behalf of Maharaja Agrasen Institute of Management Studies, Ms. Shifali Ahuja, Assistant Professor, Department of Journalism & Mass Communication, (MAIMS) presented a vote of thanks to Mr. Amit Gupta, Senior Architect, Cognizant to show a heartfelt gratitude.

The webinar was extremely successful as it gave some enlightening learning to the students.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2019-2020 | | | | Date : June 4, 2020 |
|--------------------------------|-----------------------|----------------|------------|---------------------|
| List of Participants | | | | |
| Webinar on "Leadership Skills" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Siddhant Dwivedi | 3661188819 | B.Com. (H) | 1 |
| 2 | Ritik Bansal | 1214788819 | B.Com. (H) | 1 |
| 3 | Aniket Bhutani | 761188819 | B.Com. (H) | 1 |
| 4 | Aniket Singhal | 4361188819 | B.Com. (H) | 1 |
| 5 | Anisha Jain | 4761188819 | B.Com. (H) | 1 |
| 6 | Pranshu Rajpal | 40561188818 | B.Com. (H) | 2 |
| 7 | Srishti Sindhwani | 35661188818 | B.Com. (H) | 2 |
| 8 | Anubhav Gupta | 414788818 | B.Com. (H) | 2 |
| 9 | Gitansh Ahuja | 1361188818 | B.Com. (H) | 2 |
| 10 | Kangna Batheja | 1914788818 | B.Com. (H) | 2 |
| 11 | Vivek Bumra | 3814788818 | B.Com. (H) | 2 |
| 12 | Ujjwal Kumar | 2614788817 | B.Com. (H) | 3 |
| 13 | Sumit Vats | 40761188817 | B.Com. (H) | 3 |
| 14 | Ananya Chadha | 50261188817 | B.Com. (H) | 3 |
| 15 | Karan Sachdeva | 41214788817 | B.Com. (H) | 3 |
| 16 | Rohan Aggarwal | 40114788817 | B.Com. (H) | 3 |
| 17 | Shivam Murghai | 2161188817 | B.Com. (H) | 3 |
| 18 | Ritika Dhiman | 2414721619 | BA Eco.(H) | 1 |
| 19 | Mitali Sharma | 2214721619 | BA Eco.(H) | 1 |
| 20 | Tushar Rajput | 814721619 | BA Eco.(H) | 1 |
| 21 | Anmol Arora | 2514721619 | BA Eco.(H) | 1 |
| 22 | Kirti Sharma | 5914721617 | BA Eco.(H) | 3 |
| 23 | Ayushi Garg | 6414721617 | BA Eco.(H) | 3 |
| 24 | Shubh Singhal | 6514721617 | BA Eco.(H) | 3 |
| 25 | Anshi Shree | 08214703819 | BA LLB | 1 |
| 26 | Harshit Bansal | 35414703819 | BA LLB | 1 |
| 27 | Shivam Mehta | 08314703819 | BA LLB | 1 |
| 28 | Harshita Jain | 06014703819 | BA LLB | 1 |
| 29 | Angad Khurana | 35614703819 | BA LLB | 1 |
| 30 | Dhruv Kumar | 00414703819 | BA LLB | 1 |
| 31 | Ashutosh Mahendrou | 03614703819 | BA LLB | 1 |
| 32 | Jyotsana Batra | 03514703818 | BA LLB | 2 |
| 33 | Shubham Singh Routhan | 42014703817 | BA LLB | 2 |
| 34 | Aditya Dogra | 00714703818 | BA LLB | 2 |
| 35 | Hritik Sejwal | 02914703818 | BA LLB | 2 |

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|----|--------------------|-------------|---------|---|
| 36 | Jivesh Garg | 35414703818 | BA LLB | 2 |
| 37 | Jai Bhardwaj | 03214703818 | BA LLB | 2 |
| 38 | Princee Jain | 05014703818 | BA LLB | 2 |
| 39 | Ayushman Patnaik | 01914703818 | BA LLB | 2 |
| 40 | Abhishek Yadav | 41214703817 | BA LLB | 3 |
| 41 | Ankit Bharti | 01014703817 | BA LLB | 3 |
| 42 | Aditya Mishra | 00614703817 | BA LLB | 3 |
| 43 | Sneha Singh Baghel | 07614703817 | BA LLB | 3 |
| 44 | Geetanjali Negi | 40414703817 | BA LLB | 3 |
| 45 | Neerja | 05614703817 | BA LLB | 3 |
| 46 | Raghav Sharma | 2414702419 | BA(JMC) | 1 |
| 47 | Vivek Raj | 3261102419 | BA(JMC) | 1 |
| 48 | Bhavika Sabharwal | 3561102419 | BA(JMC) | 1 |
| 49 | Aditi Rathi | 2614702419 | BA(JMC) | 1 |
| 50 | Mayank Singh | 1661102419 | BA(JMC) | 1 |
| 51 | Vaibhav Sambharwal | 5214702419 | BA(JMC) | 1 |
| 52 | Kishika Chopra | 01961102418 | BA(JMC) | 2 |
| 53 | Bhavya Chadha | 814702418 | BA(JMC) | 2 |
| 54 | Ishank Kamboj | 1414702418 | BA(JMC) | 2 |
| 55 | Mohammad Aakif | 02261102418 | BA(JMC) | 2 |
| 56 | Bhavya Agarwal | 614712417 | BA(JMC) | 3 |
| 57 | Bhavana Lalwani | 514712417 | BA(JMC) | 3 |
| 58 | Hardik Aggarwal | 1214712417 | BA(JMC) | 3 |
| 59 | Moksha Garg | 35214702417 | BA(JMC) | 3 |
| 60 | Chahat Bhatia | 50114702417 | BA(JMC) | 3 |
| 61 | Kabir Mahendru | 1414712417 | BA(JMC) | 3 |
| 62 | Sparsh Chawla | 36461101719 | BBA | 1 |
| 63 | Mannan Parashar | 12061101719 | BBA | 1 |
| 64 | Vaishali Mittal | 2361101719 | BBA | 1 |
| 65 | Akarsh Chutani | 8061101719 | BBA | 1 |
| 66 | Mayank Aggarwal | 7161101719 | BBA | 1 |
| 67 | Shivay Rana | 6561101719 | BBA | 1 |
| 68 | Harsh Dua | 7461101719 | BBA | 1 |
| 69 | Naman Narula | 13861101719 | BBA | 1 |
| 70 | Naman Gulati | 9461101719 | BBA | 1 |
| 71 | Atul Sharma | 8814701719 | BBA | 1 |
| 72 | Aviral Agarwal | 761101719 | BBA | 1 |
| 73 | Sparsh Gupta | 1161101719 | BBA | 1 |
| 74 | Esha Gulati | 11461101719 | BBA | 1 |
| 75 | Lavanya Sharma | 12314701719 | BBA | 1 |
| 76 | Kritika Uppal | 4014701718 | BBA | 2 |
| 77 | Akhil Anilkumar | 561101718 | BBA | 2 |
| 78 | Jayant Gupta | 35814701718 | BBA | 2 |
| 79 | Apoorv Agrawal | 35361101718 | BBA | 2 |
| 80 | Palak Gupta | 36061101718 | BBA | 2 |
| 81 | Bhavay Batra | 44461101718 | BBA | 2 |
| 82 | Yash Joon | 40514701718 | BBA | 2 |

| | | | | |
|-----|-------------------|-------------|-----|---|
| 83 | Ishan Gupta | 3314701718 | BBA | 2 |
| 84 | Sakshi Garg | 8661101718 | BBA | 2 |
| 85 | Arihant Jain | 35461101718 | BBA | 2 |
| 86 | Akshit Goel | 35214701718 | BBA | 2 |
| 87 | Simran | 08614701718 | BBA | 2 |
| 88 | Harshit | 3014701718 | BBA | 2 |
| 89 | Sanya Gupta | 7814701718 | BBA | 2 |
| 90 | Aditya Somasundar | 614701718 | BBA | 2 |
| 91 | Vaibhav Rohira | 11861101718 | BBA | 2 |
| 92 | Chetan Jain | 41161101718 | BBA | 2 |
| 93 | Nikunj Gupta | 5614701718 | BBA | 2 |
| 94 | Kabir Chadha | 46514701717 | BBA | 3 |
| 95 | Srishti Arora | 7661101717 | BBA | 3 |
| 96 | Sarthak Kumar | 6414701717 | BBA | 3 |
| 97 | Chaitanya Acharya | 45161101717 | BBA | 3 |
| 98 | Omni Billa | 43661101717 | BBA | 3 |
| 99 | Prachi Tayal | 5361101717 | BBA | 3 |
| 100 | Rishab Arora | 46114701717 | BBA | 3 |
| 101 | Ritish Sharma | 65714701717 | BBA | 3 |
| 102 | Aviral Aneja | 1561101717 | BBA | 3 |
| 103 | Akshay Yadav | 43614701717 | BBA | 3 |
| 104 | Ishank Verma | 41314701717 | BBA | 3 |
| 105 | Mayank Singla | 40714701717 | BBA | 3 |
| 106 | Avishi Gupta | 42561101717 | BBA | 3 |
| 107 | Naman Kanojia | 4714701717 | BBA | 3 |
| 108 | Nikunj Gupta | 35661101717 | BBA | 3 |
| 109 | Rahul Garg | 90314701718 | BBA | 3 |
| 110 | Dhruv Nayyar | 50314701717 | BBA | 3 |
| 111 | Sachin Narang | 36014701717 | BBA | 3 |
| 112 | Yashika Bhutani | 45861101717 | BBA | 3 |

EXPERT SESSION ON “BUSINESS JARGONS”

November 4, 2019

Department of Business Administration, Maharaja Agrasen Institute of Management Studies organized an “Expert Session on Business Jargons” on November 4, 2019. The webinar focused on what are business jargons and the need of using appropriate business jargons in today’s growing corporate culture. It was a great learning experience for the students. The session showed a turnout of 60 students. The main speaker who was invited for this expert session was Mr. Kartik Raina, Former CEO, Dabur Foods. The expert session was exceedingly informative and worthwhile for the students.

Mr. Kartik Raina interacted with the students and elucidated them about the basics of business jargons. He described why employees use business jargons at the workplace and how business jargons became a part of routine communication in the developing corporate culture. He said that there are many who dislike these corporate buzzwords but nevertheless they say that they hear the corporate buzzwords at least once in the day. He further explained by giving examples of business jargons and their purpose. He then guided the students about the usage of business jargons and how they can learn them. He ended the session by saying that if the business jargons are used wisely, then they can take a person’s business communication to another level.

On behalf of Maharaja Agrasen Institute of Management Studies, Mr. Deepak Dagar, Assistant Professor, thanked Mr. Kartik Raina for delivering an exceedingly informative expert session and sharing his expert guidance with the students. The expert session was extremely successful as it gave some enlightening learning to the students and the students were delighted to be imparted with the immensely useful knowledge.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2019-2020 | | | | Date : November 4, 2019 |
|--------------------------------------|-------------------|----------------|--------|-------------------------|
| List of Participants | | | | |
| Expert Session on "Business Jargons" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Sana Gupta | 36814701719 | BBA | 1 |
| 2 | Paarth Sharma | 12361101719 | BBA | 1 |
| 3 | Chirag Jain | 15061101719 | BBA | 1 |
| 4 | Utkarsh Kandpal | 35514701719 | BBA | 1 |
| 5 | Akshita Sharma | 12714701719 | BBA | 1 |
| 6 | Aditi Goel | 1361101719 | BBA | 1 |
| 7 | Aryaman Tomar | 2561101719 | BBA | 1 |
| 8 | Swati Jain | 5461101719 | BBA | 1 |
| 9 | Chirag Chandra | 6461101719 | BBA | 1 |
| 10 | Anchit Gupta | 12961101719 | BBA | 1 |
| 11 | Raj Parmar | 7814701719 | BBA | 1 |
| 12 | Jaskaran Khurana | 9161101719 | BBA | 1 |
| 13 | Saijal Jain | 10961101719 | BBA | 1 |
| 14 | Shashwat Kapoor | 9714701719 | BBA | 1 |
| 15 | Ujjwal Jindal | 12114701719 | BBA | 1 |
| 16 | Kush Singla | 1914701719 | BBA | 1 |
| 17 | Nandit Sharma | 11561101719 | BBA | 1 |
| 18 | Chanchal | 4014701719 | BBA | 1 |
| 19 | Kanishk Gupta | 7761101719 | BBA | 1 |
| 20 | Yatin Grover | 11161101719 | BBA | 1 |
| 21 | Harshit Dogra | 11061101719 | BBA | 1 |
| 22 | Vikash Singh | 3014701719 | BBA | 1 |
| 23 | Vishu Gupta | 1614701719 | BBA | 1 |
| 24 | Jhanvi Jindal | 5661101719 | BBA | 1 |
| 25 | Ishika | 35714701718 | BBA | 2 |
| 26 | Yash Aggarwal | 10314701718 | BBA | 2 |
| 27 | Mehak Gupta | 44714701718 | BBA | 2 |
| 28 | Harsh | 2714701718 | BBA | 2 |
| 29 | Harshita Kapoor | 3061101718 | BBA | 2 |
| 30 | Aashutosh Sharma | 44914701718 | BBA | 2 |
| 31 | Viksit Agarwal | 10014701718 | BBA | 2 |
| 32 | Saksham Goel | 7214701718 | BBA | 2 |
| 33 | Ubeta Chaurasia | 11661101718 | BBA | 2 |
| 34 | Karan Kumar Rajan | 3814701718 | BBA | 2 |
| 35 | Moksh Sehgal | 46414701718 | BBA | 2 |

| | | | | |
|----|----------------------|-------------|-----|---|
| 36 | Naman Gupta | 44061101718 | BBA | 2 |
| 37 | Kahaan Daxesh Zaveri | 4061101718 | BBA | 2 |
| 38 | Alka Patel | 861101718 | BBA | 2 |
| 39 | Dimple | 2314701718 | BBA | 2 |
| 40 | Poras Prajapati | 6014701718 | BBA | 2 |
| 41 | Gagandeep Chopra | 43161101718 | BBA | 2 |
| 42 | Paridhi Gupta | 5814701718 | BBA | 2 |
| 43 | Shivansh Gupta | 46414701717 | BBA | 3 |
| 44 | Priyanshi Jain | 5114701717 | BBA | 3 |
| 45 | Kaustav Saha | 3161101717 | BBA | 3 |
| 46 | Raghav Bansal | 65161101717 | BBA | 3 |
| 47 | Harry | 2414701717 | BBA | 3 |
| 48 | Vanshika Jain | 8261101717 | BBA | 3 |
| 49 | Rohan Jain | 41814701717 | BBA | 3 |
| 50 | Princy Garg | 40914701717 | BBA | 3 |
| 51 | Mayank Mangla | 44561101717 | BBA | 3 |
| 52 | Tanmay Gupta | 65114701717 | BBA | 3 |
| 53 | Lakshay Arora | 41661101717 | BBA | 3 |
| 54 | Smarth Kathuria | 44061101717 | BBA | 3 |
| 55 | Naveelsion Soibam | 40414701717 | BBA | 3 |
| 56 | Aastha | 50114701717 | BBA | 3 |
| 57 | Chirag Makkar | 46661101717 | BBA | 3 |
| 58 | Keshav Lakhotia | 41714701717 | BBA | 3 |
| 59 | Ujjwal Goswami | 8161101717 | BBA | 3 |
| 60 | Unnati Gupta | 65414701717 | BBA | 3 |



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A Session on Communication Skills "GET YOUR WORDS RIGHT"

November 5, 2019

The Department of Law, Maharaja Agrasen Institute of Management Studies, organized a Session on Communication Skills - "Get your words right" on November 05, 2019. The webinar was focused on to make students understand the power of using the right words at the right time because sometimes they might have the power to change the world". It was a great learning experience for the students. In total 28 students attended the webinar.

The Expert Ms. Radhika Mahajan from IITM interacted with students and shared her viewpoints on the various aspects of getting your words. She elucidated that Nowadays, what matters is not how big your message is, but how you convey it, how you make people see your point of view by making it as short as you can and using the right words. It doesn't have to be big to make people understand. She emphasis on the point that there are a lot of ways through which we can express a message which will all have the same meaning, but the way we say it, the way we convey it is what matters

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Purnima Garg, Assistant Professor, Department of Law, (MAIMS) presented a vote of thanks to Ms. Radhika Mahajan to express a heartfelt gratitude.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

| Academic Year: 2019-2020 | | | | Date : November 5, 2019 |
|---------------------------------------------------------|----------------------|----------------|------------|-------------------------|
| List of Participants | | | | |
| Session on Communication Skills: "Get your words right" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Yash Garg | 35314788819 | B.Com. (H) | 1 |
| 2 | Payal Kapoor | 2714788818 | B.Com. (H) | 2 |
| 3 | Atul Khurana | 41214788818 | B.Com. (H) | 2 |
| 4 | Shobhit Bansal | 2014721619 | BA Eco.(H) | 1 |
| 5 | Rudraksh Batra | 1114721619 | BA Eco.(H) | 1 |
| 6 | Chirag Kumar | 09214703819 | BA LLB | 1 |
| 7 | Ayush Tanwar | 03014703819 | BA LLB | 1 |
| 8 | Devansh Khatter | 05814703819 | BA LLB | 1 |
| 9 | Ashish Arora | 01714703818 | BA LLB | 2 |
| 10 | Tanushree | 5314702419 | BA(JMC) | 1 |
| 11 | Aakansha Kashyap | 2061102419 | BA(JMC) | 1 |
| 12 | Sejal Sethi | 661102419 | BA(JMC) | 1 |
| 13 | Akshay Victor | 4461102419 | BA(JMC) | 1 |
| 14 | Jahanvi Bhagat | 01561102418 | BA(JMC) | 2 |
| 15 | Navya Bansal | 35214702418 | BA(JMC) | 2 |
| 16 | Vishal Kumar | 4614712417 | BA(JMC) | 3 |
| 17 | Garv Chand | 11114701719 | BBA | 1 |
| 18 | Himanshu Singh | 5561101719 | BBA | 1 |
| 19 | Chirag Arora | 2961101719 | BBA | 1 |
| 20 | Vashu Garg | 36814701718 | BBA | 2 |
| 21 | Sachin Agarwal | 6914701718 | BBA | 2 |
| 22 | Aditya Batra | 35114701718 | BBA | 2 |
| 23 | Kashish Garg | 42314701718 | BBA | 2 |
| 24 | Mansi Mukesh Agrawal | 5261101718 | BBA | 2 |
| 25 | Shivam Bhardwaj | 9661101718 | BBA | 2 |
| 26 | Saransh Gupta | 45014701717 | BBA | 3 |
| 27 | Raunaq Singh | 44461101717 | BBA | 3 |
| 28 | Kirti Jain | 3561101717 | BBA | 3 |



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WORKSHOP – CORPORATE COMMUNICATION FOR ENTREPRENEURS January 29, 2020

Department of Journalism and Mass Communication, Maharaja Agrasen Institute of Management Studies in association with Apeejay Institute of Mass Communication, Dwarka, Delhi organised one day workshop on “Corporate Communication for entrepreneurs” on January 29, 2020 for students of MAIMS. Workshop began with Saraswati Vandana, a prayer was offered to Maa Saraswati, the embodiment of knowledge to mark the auspicious occasion of Vasant Panchami. The guests were then welcomed with saplings by HOD (Dept. of Journalism and Mass Communication) Prof. (Dr.) Vinita Gupta HOD, Dept. of Journalism and Mass Communication, (MAIMS) Ms. Nidhi Chaudhry, to nurture a sustainable environment. Ms. Pushpa Nair, Communication Strategist and Dr. Rajeev Kumar Panda, Associate Professor, Apeejay Institute of Mass Communication conducted simulating sessions. 50 students participated in the workshop. Faculty members of the department of Journalism and Mass Communication also attended workshop. Ms. Nidhi Chaudhry organised the workshop as the convenor.

Ms. Pushpa Nair has been marketing and communication professional with over a 25 years experience PR Consulting, Corporate Communications and Marketing roles, with a proven track record of excellent performance, both as employee and entrepreneur. Focus on creating complete customized solutions that effectively address the communication issues. Specialize in "connecting people" with what works for them.

- Reputation for delivering focused results across a diverse spectrum of clients
- Reliable spokesperson in crisis situations, presenting a realistic image while adopting appropriate communication outlets
- Entrepreneurship spirit prospecting new business opportunities with success
- Distinction of working with a wide target audience, including internal and external stakeholders
- Excellent networking with key contacts in the media, government and corporate sector



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Specialties: Integrated marketing strategy, public relations and communication strategy and implementation; brand building; media sensitization and message development for spokespersons. Believe that the most effective communication is the connect and hence the importance of storytelling as an effective tool.

Dr. Rajeev Kumar Panda has more than 15 years of experience in Teaching & Industry in the area of TV Production and Direction, Electronic Cinematography & Broadcast Journalism. He has directed and video graphed several documentaries, serials and music videos for Doordarshan and other organisations. He is an alumnus of reputed Biju Pattnaik Film & TV Institute, Orissa. Holds 3 Years Diploma in Cinematography, MA & Ph.D in Mass Communication.

Ms. Pushpa Nair kick started the discussion on the basics of Corporate Communication with an informal question friendly approach. Delving into the nuances of the subject, the branding, marketing, and advertising strategy of various Indian and International brands like Amul, Apple, and Infosys were discussed by her to foster a thought-provoking environment. Ms. Nair underlining the significance of strategic communication meticulously taught students nuisances of Corporate communication through case studies and students were asked to analyse the communication and crisis management strategies of given companies. Corporate communication is all about learning the art of presenting an idea or argument lucidly. Drawing upon this fundamental, Ms. Nair discussed the communication strategies of high-end luxury brands like Rolls Royce, Mac, Lamborghini, etc. which don't indulge in advertising to create a desirability quotient.

To foster a holistic and academia-oriented approach, strategizing and brainstorming activities were conducted wherein students were divided into groups to represent different corporations. It was planned in a way to equip students with a better understanding of the subject and to hone their communication skills. This activity provided the students with a platform to discuss and gain a deeper insight into the role of a corporate communication department.



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Director General MAIMS Prof (Dr.) S. K. Garg addressing the students on occasion said one cannot overlook the significance of communication in every walk of life and it has tremendous role in highly competitive corporate scenario.

Director MAIMS Prof (Dr.) Ravi Kumar Gupta applauded and encouraged the department for such practical and professional exposure. Prof. (Dr.) Vinita Gupta highlighted the importance of real industry exposure for the students.

The workshop ignited the minds of the students with an array of questions. Discussions were held on the scope and future of Corporate Communication for entrepreneurs. Finally, a certificate distribution ceremony was conducted to commemorate and motivate the students by Director General, (MAIMS) Prof (Dr) S. K. Garg; Director (MAIMS). Prof (Dr) Ravi Kumar Gupta and HOD (Dept. of Journalism and Mass Communication) Prof. Dr. Vinita Gupta.

Workshop culminated with Ms. Nidhi Chaudhry's vote of thanks.

It was indeed a day of insightful discussions and great learning with students having so much to ask for and take back.







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Academic Year: 2019-20

January 29, 2020

List of Participants

| Workshop On Corporate Communication For Entrepreneurs | | | | |
|-------------------------------------------------------|-----------------|------------------------|------------|----------|
| S.NO. | Name of Student | Student Enrollment No. | Department | Semester |
| 1 | Dazy | 00914702418 | BA(JMC) | 4th |
| 2 | Deepanshi Tyagi | 01014702418 | BA(JMC) | 4th |
| 3 | Deepansi Khatri | 01114702418 | BA(JMC) | 4th |
| 4 | Devansh Sethi | 01214702418 | BA(JMC) | 4th |
| 5 | Imran Khan | 01314702418 | BA(JMC) | 4th |
| 6 | Ishank Kamboj | 01414702418 | BA(JMC) | 4th |
| 7 | Jaspreet Kaur | 01514702418 | BA(JMC) | 4th |
| 8 | Kanika Aggarwal | 01614702418 | BA(JMC) | 4th |
| 9 | Kanika Sehgal | 01714702418 | BA(JMC) | 4th |
| 10 | Kavita Bisht | 01814702418 | BA(JMC) | 4th |
| 11 | Kavya | 01914702418 | BA(JMC) | 4th |
| 12 | Kirandeep Kaur | 02014702418 | BA(JMC) | 4th |
| 13 | Krish Thareja | 02114702418 | BA(JMC) | 4th |
| 14 | Lavish Alagh | 02214702418 | BA(JMC) | 4th |
| 15 | Livanshi | 02314702418 | BA(JMC) | 4th |
| 16 | Madhav Thukral | 02414702418 | BA(JMC) | 4th |
| 17 | Mayank Anand | 02514702418 | BA(JMC) | 4th |
| 18 | Mehak Gupta | 02614702418 | BA(JMC) | 4th |
| 19 | Muskan Rana | 02714702418 | BA(JMC) | 4th |
| 20 | Muskan Sharma | 02814702418 | BA(JMC) | 4th |
| 21 | Naman Dhingra | 02914702418 | BA(JMC) | 4th |
| 22 | Payal Pawar | 03014702418 | BA(JMC) | 4th |
| 23 | Pragya Yadav | 03114702418 | BA(JMC) | 4th |
| 24 | Priyansha Malik | 03214702418 | BA(JMC) | 4th |
| 25 | Riya Bhakuni | 03314702418 | BA(JMC) | 4th |
| 26 | Riya Gulati | 03414702418 | BA(JMC) | 4th |
| 27 | Saakshi Jain | 03514702418 | BA(JMC) | 4th |
| 28 | Arushi Singhal | 00761102418 | BA(JMC) | 4th |
| 29 | Ayushi Khare | 00861102418 | BA(JMC) | 4th |
| 30 | Ayushi Suyal | 00961102418 | BA(JMC) | 4th |
| 31 | Geetika Sharma | 01061102418 | BA(JMC) | 4th |
| 32 | Hardik Garg | 01161102418 | BA(JMC) | 4th |
| 33 | Harsh Rana | 01261102418 | BA(JMC) | 4th |
| 34 | Inshita Sharma | 01361102418 | BA(JMC) | 4th |
| 35 | Ishika Valecha | 01461102418 | BA(JMC) | 4th |
| 36 | Jahanvi Bhagat | 01561102418 | BA(JMC) | 4th |
| 37 | Jasdeep Singh | 01661102418 | BA(JMC) | 4th |



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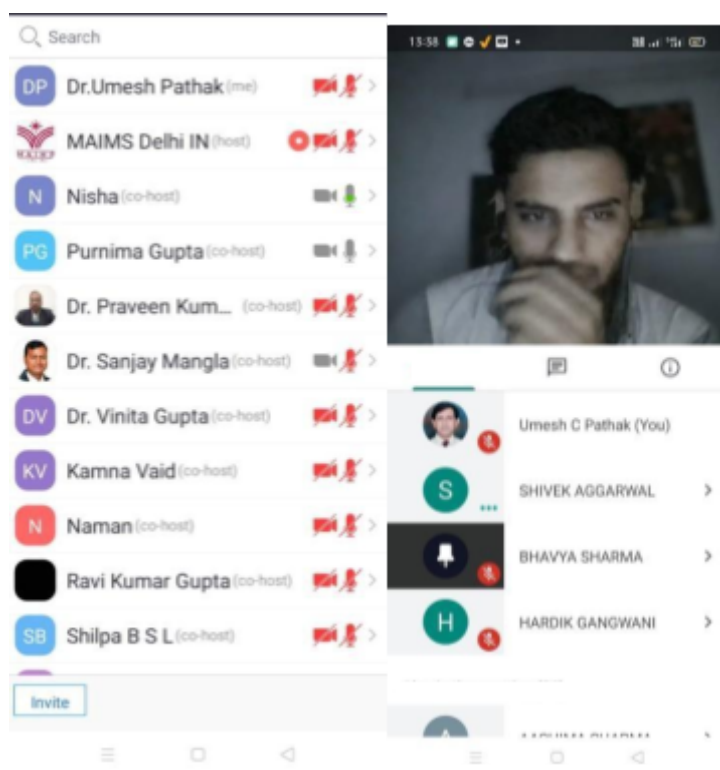
| | | | | |
|----|----------------------|-------------|---------|-----|
| 38 | Kapish Kapoor | 01761102418 | BA(JMC) | 4th |
| 39 | Karan Sharda | 01861102418 | BA(JMC) | 4th |
| 40 | Kishika Chopra | 01961102418 | BA(JMC) | 4th |
| 41 | Kushagra Sharma | 02061102418 | BA(JMC) | 4th |
| 42 | Mehak Khurana | 02161102418 | BA(JMC) | 4th |
| 43 | Mohammad Aakif | 02261102418 | BA(JMC) | 4th |
| 44 | Muskaan Bhardwaj | 02361102418 | BA(JMC) | 4th |
| 45 | Namrata Arora | 02461102418 | BA(JMC) | 4th |
| 46 | Nikhil P Gautam | 02561102418 | BA(JMC) | 4th |
| 47 | Nitya Dhingra | 02661102418 | BA(JMC) | 4th |
| 48 | Payal Mishra | 02761102418 | BA(JMC) | 4th |
| 49 | Payal Nagwani | 02861102418 | BA(JMC) | 4th |
| 50 | Pranjal Kumar Mishra | 03061102418 | BA(JMC) | 4th |

Session on “Impact of Sense of Humor on the Audience” **April 13, 2020**

The Department of Journalism and Mass Communication, Maharaja Agrasen Institute of Management Studies, organized a session on “Impact of sense of humor on the audience” in Maharaja Agrasen Institute of Management Studies, New Delhi on April 13, 2020. In total 57 students attended the session.

Dr. Umesh Pathak, Faculty, MAIMS interacted with the students and briefed about how Humor is a superpower that is underestimated and underused. He also mentioned that in order to lead with humor, the first thing is to know your audience. Sense of Humor can be incorporated using Stories, phrases, situations, quotes, etc. The participants enjoyed the session and learnt creative ways to include humor in conversation. Communication can be so effectively used for attracting the audience was the key lesson in the session.

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Nisha Singh, Assistant Professor, Department of Journalism and Mass Communication (MAIMS) presented a memento as a token of gratitude.





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Maharaja Agrasen Chowk, Sector 22, Rohini, Delhi - 110086, INDIA

Tel. Office: 8448186947, 8448186950 www.maims.ac.in

Academic Year: 2019-2020

Date : April 13, 2020

List of Participants

Session on "Impact of Sense of Humor on the Audience"

| S. No | Name | Enrollment No. | Course | Year |
|-------|----------------------|----------------|---------|------|
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| 2 | Rahul Kumar | 961102419 | BA(JMC) | 1 |
| 3 | Manan Prabhakar | 4214702419 | BA(JMC) | 1 |
| 4 | Samar | 5261102419 | BA(JMC) | 1 |
| 5 | Rishabh Singhal | 3914702419 | BA(JMC) | 1 |
| 6 | Disha Chopra | 214702419 | BA(JMC) | 1 |
| 7 | Priyanshu Navani | 3661102419 | BA(JMC) | 1 |
| 8 | Yaman Joshi | 1761102419 | BA(JMC) | 1 |
| 9 | Bhaves Jain | 35361102419 | BA(JMC) | 1 |
| 10 | Abhay Solanki | 2214702419 | BA(JMC) | 1 |
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| 13 | Yash Dwivedi | 1561102419 | BA(JMC) | 1 |
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| 15 | Divya Garg | 4661102419 | BA(JMC) | 1 |
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| 19 | Rishika Mangal | 1114702419 | BA(JMC) | 1 |
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| 21 | Shreya Basia | 5114702419 | BA(JMC) | 1 |
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| 23 | Saloni Uppal | 40214702418 | BA(JMC) | 2 |
| 24 | Vanshika Jain | 35614702418 | BA(JMC) | 2 |
| 25 | Jasdeep Singh | 01661102418 | BA(JMC) | 2 |
| 26 | Inshita Sharma | 01361102418 | BA(JMC) | 2 |
| 27 | Shiv Sahni | 40714702418 | BA(JMC) | 2 |
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| 29 | Deepanshi Tyagi | 1014702418 | BA(JMC) | 2 |
| 30 | Rahul Jain | 03361102418 | BA(JMC) | 2 |
| 31 | Triyon Sengupta | 04561102418 | BA(JMC) | 2 |
| 32 | Nitya Dhingra | 02661102418 | BA(JMC) | 2 |
| 33 | Tanishk Pratap Singh | 4414702418 | BA(JMC) | 2 |
| 34 | Priyansha Malik | 3214702418 | BA(JMC) | 2 |
| 35 | Shubhangi Aggarwal | 04261102418 | BA(JMC) | 2 |

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| 37 | Yukti Kaim | 4814702418 | BA(JMC) | 2 |
| 38 | Muskan Rana | 2714702418 | BA(JMC) | 2 |
| 39 | Khushboo Kabra | 35461102418 | BA(JMC) | 2 |
| 40 | Riya Bhakuni | 3314702418 | BA(JMC) | 2 |
| 41 | Imran Khan | 1314702418 | BA(JMC) | 2 |
| 42 | Shivam Narang | 4014702418 | BA(JMC) | 2 |
| 43 | Ashna Vig | 514702418 | BA(JMC) | 2 |
| 44 | Shubh Khastagir | 40661102418 | BA(JMC) | 2 |
| 45 | Atharv Chaturvedi | 614702418 | BA(JMC) | 2 |
| 46 | Ritika Kohli | 03661102418 | BA(JMC) | 2 |
| 47 | Somya Ranjan Nayak | 4314702418 | BA(JMC) | 2 |
| 48 | Bhumika Kohli | 714712417 | BA(JMC) | 3 |
| 49 | Tarun Gambhir | 4314712417 | BA(JMC) | 3 |
| 50 | Pallavi | 2414712417 | BA(JMC) | 3 |
| 51 | Mamta Joshi | 2014712417 | BA(JMC) | 3 |
| 52 | Mallika Khurana | 1914712417 | BA(JMC) | 3 |
| 53 | Swasti Jain | 4214712417 | BA(JMC) | 3 |
| 54 | Kuber Jain | 1714712417 | BA(JMC) | 3 |
| 55 | Muskaan Madaan | 2314712417 | BA(JMC) | 3 |
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| 57 | Sangat Singh Saran | 3514712417 | BA(JMC) | 3 |

SELF DEFENCE TRAINING PROGRAMME

September 23, 2019 – October 4, 2019

Maharaja Agrasen Institute of Management Studies in collaboration with Crime Against Women's Cell (CAWC), Delhi Police organized a Ten-day training programme on Self Defence from 23rd September, 2019 to 4th October, 2019.

In the presence of dignitaries, Sh. Mohan Garg, Prof. M. L. Goyal, Sh. Rajnish Gupta, Prof. S. K. Garg, Prof. M.K. Bhat, Prof. G.P. Govil, Prof. Muneesh Kumar the programme was inaugurated.

Keeping in view the rising number of crimes against girls in the country, it is important to provide self-defence training to them to ensure their safety and security. Self-defence training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. Self defence training techniques instills self confidence amongst girls and helps to promote girls education.





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| Academic Year: 2019-2020 | | | | Date : September 23, 2019 |
|---------------------------------|-------------------|----------------|------------|---------------------------|
| List of Participants | | | | |
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| 1 | Monika Meena | 1114788819 | B.Com. (H) | 1 |
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| 7 | Prerna Sachdeva | 661188819 | B.Com. (H) | 1 |
| 8 | Khushi Kapoor | 361188819 | B.Com. (H) | 1 |
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| 12 | Vanshika Chawla | 41261188818 | B.Com. (H) | 2 |
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| 35 | Sanjana Patel | 41114703818 | BA LLB | 2 |

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| 39 | Kapila Bishnoi | 04414703817 | BA LLB | 3 |
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| 42 | Bhumika Popli | 02414703817 | BA LLB | 3 |
| 43 | Lavi Tyagi | 41014703817 | BA LLB | 3 |
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| 47 | Ridhi Modi | 35161102419 | BA(JMC) | 1 |
| 48 | Chetna Vohra | 35414702419 | BA(JMC) | 1 |
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| 57 | Jaspreet Kaur | 1514702418 | BA(JMC) | 2 |
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| 95 | Prakriti Nagpal | 6861101718 | BBA | 2 |
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| 100 | Aditi Bansal | 361101717 | BBA | 3 |
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| 103 | Anushka Kansal | 46261101717 | BBA | 3 |
| 104 | Palak Soni | 41961101717 | BBA | 3 |
| 105 | Jahnvi Khanna | 50361101717 | BBA | 3 |
| 106 | Asma Nawaz | 1361101717 | BBA | 3 |
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| 109 | Shruti Malik | 36314701717 | BBA | 3 |
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Session on Mental Health: "Dance away your Stress"

February 24, 2020

CONDUCTED BY: INSTITUTE OF INTEGRATED LEARNING IN MANAGEMENT (IILM)

SPEAKER: Dr. SHIVANI KHURANA, Faculty, IILM

In a time where there is cut throat competition all around the world the pressure is on students to stand out. They are trying to do their best to reach their goals and, in the process, face many problems. These problems may be internal or external and affect person to person on different levels. Some of these problems are discussed in the presentation.

Stress can have either a negative(distress) or a positive(eustress) effect on a person. This depends on the level of pressure and the way in which the person deals with the problem. The various problems may be the expectation from the college, assignments, pressure from parents, unavailability of guidance, etc. these may cause eating disorders, sleep disorders, relationship problems, substance abuse, anxiety and depression.

The only main way to avoid stress is to give ourselves priority instead of anyone or anything else. Taking care of oneself is very important to keep our mental and physical health in check. Any kind of imbalance can lead to some severe problems. Taking part in different activities distracts our minds from daily life and gives us a mental break that everyone needs once in a while. Another important and effective way is by making friends that are truly helpful and understand you. A mutual and good friendship can really help a person mentally. Sharing the thoughts that's eating you inside surely gives relief.

There are many other ways to manage stress

- Making changes
- Learn to recognize the stressors
- Take a break
- Stay positive
- Let other know you are stressed out
- Allow yourself to say NO
- Be prepared
- Prioritize
- Write down feelings
- Enjoy simple things

Last but the most effective way is through humor. Humor is a way of life, it connects us to more people and makes our life more effective. Humor relaxes our brain and releases hormones that relaxes our body.

Overall it is very important to take care of yourself. Every person is like a snowflake, they may look same from a distance but if we look closer they are very different. Every situation affects a person in different ways. Understanding ourselves and others is very important to avoid stress.





Stress

Because everyone reacts to stress in his or her own way, no one stress test can give you a complete diagnosis of your stress levels. This stress test is intended to give you an overview only. Please see a Stress Management Consultant for a more in-depth analysis.

Answer all the questions but just tick one box that applies to you, either yes or no. Answer yes, even if only part of a question applies to you. Take your time, but please be completely honest with your answers:

| | Yes | No |
|----------------------------------------------------------------------------------------------------|-----|----|
| I frequently bring work home at night | | |
| Not enough hours in the day to do all the things that I must do | | |
| I deny or ignore problems in the hope that they will go away | | |
| I do the jobs myself to ensure they are done properly | | |
| I underestimate how long it takes to do things | | |
| I feel that there are too many deadlines in my work / life that are difficult to meet | | |
| My self confidence / self esteem is lower than I would like it to be | | |
| I frequently have guilty feelings if I relax and do nothing | | |
| I find myself thinking about problems even when I am supposed to be | | |
| I feel fatigued or tired even when I wake after a good night's sleep | | |
| I often nod or finish other people's sentences for them when they speak slowly | | |
| I have a tendency to eat, talk, walk and drive quickly | | |
| My appetite has changed, have either a desire to binge or have a loss of appetite / may skip meals | | |
| I feel irritated or angry if the car or traffic in front seems to be going too slowly | | |
| I become very frustrated at having to wait in a queue | | |
| If something or someone really annoys me I will bottle up my feelings | | |
| When I play sport or games, I really try to win whoever I play | | |
| I experience mood swings, difficulty making decisions, concentration and memory is impaired | | |
| I find fault and criticize others rather than praising, even if it is deserved | | |
| I seem to be listening even though I am preoccupied with my own thoughts | | |
| I don't want to talk / get attracted towards boys/ girls | | |
| I find myself grinding my teeth | | |
| Increase in muscular aches and pains especially in the neck, head, lower back, shoulders | | |
| I am unable to perform tasks as well as I used to, my judgment is clouded or not as good as it was | | |
| I find I have a greater dependency on alcohol, caffeine, nicotine or drugs | | |
| I find that I don't have time for many interests / hobbies outside of work | | |
| TOTALS | | |

A answer score = 1 (one), and a no answer score = 0 (zero).



Stress

Your score:

Most of us can manage varying amounts of pressure without feeling stressed. However too much or excessive pressure, often created by our own thinking patterns and life experiences, can overstretch our ability to cope and then stress is experienced.

4 points or less: You are least likely to suffer from stress-related illness.

5 - 13 points: You are more likely to experience stress related ill health either mental, physical or both. You would benefit from stress management / counseling or advice to help in the identified areas.

14 points or more: You are the most prone to stress showing a great many traits or characteristics that are creating un-healthy behaviours. This means that you are also more likely to experience stress & stress-related illness e.g. diabetes, irritable bowel, migraine, back and neck pain, high blood pressure, heart disease/strokes, mental ill health (depression, anxiety & stress). It is important to seek professional help or stress management counseling. Consult your medical practitioner.

Tips to help improve your score

Review the questions that you scored yes.

- See if you can reduce, change or modify this trait.
- Start with the ones that are easiest & most likely to be successful for you.
- Only expect small changes to start with, it takes daily practice to make any change.
- Support from friends, family/colleagues will make the process easier and more enjoyable.
- Professional help is always available & your GP is a good place to start.

Alphabet of Stress Management and Coping Skills

A

Ash for help
Aromatherapy
Art
Attend an event of interest
Athletics
Ask to talk to a friend
Allow time to think
Apologize
Add numbers
Aerobics
Act out favorite actor/actress
Artistically express feelings
Act out feelings
Address the real issue

B

Bounce a stress ball
Breathe slowly
Baking
Basketball
Be attentive

C

Count to ten
Color a picture
Catch a ball
Call crisis line
Call a friend
Cookie decorating
Collect thoughts
Chat with friends
Calming techniques

D

Deep breathing
Drawing emotions/feelings
Dancing
Do push ups
Driving
Drink water
Dress up (play)
Discuss feelings
Demonstrate self-control

E

Eat a snack
Exercise
Escape the situation

F

Find a safe place
Finish house work
Fishing
Free weight
Find a book to read
Filter emotions
Find a puzzle to play
Find a friend
Free write feelings
Following directions
Fly a kite
Focus attention elsewhere

G

Go talk to an adult
Go to happy place
Golfing
Games
Going to a friends
Get help from teacher
Go outside
Go running
Go swimming
Going to the gym
Gather thoughts
Go to a different place
Grow a garden
Get help from others

H

Help someone else with a problem
Hiking
Have a party
Hug a friend
High jumps
Hang out with friends
Have someone listen to your problem

I

"I" statements
Identify triggers
Instagram pictures
Interact with friends
Initiate conversation
Imagine your safe place
Invite someone to play
Ignore people

J

jogging in place
Jot down good behaviors
Jumping jacks
Jumping rope
Journaling

K

Kick a soccer ball
Keep a journal
Knitting
Kickboxing
Keep calm by thinking
Kickball
Keep hands to yourself

L

Listen and discuss
Laugh
Long walks
Listen to music
Lay down
Lift weights
Letter writing
Loach outside
Learn something new
Lay head down on desk

M

Make a plan
Make silly faces
Make food
Make a craft
Meditate
Make a book
Meet new people

N

Napping
Notes to self
Never give up
Name something positive

O

Offer assistance
Organize item of interest
Obstacle course
Open up
Observe a movie
Observe surroundings

P

Play a game
Paint a picture
Play instrument
Prepare healthy meal
Play at the park
Phone a friend
Play music
Practice sport
Play with PlayDough
Pretend you are in the other person's shoes

Q

Quiet time
Quilting
Quickly remove stressor
Quiet down
Question feelings

R

Read
Run
Ride a bike
Relax
Rest
Request space

S

Sing
Sleep
Swim
Soak in tub
Soccer
Send a letter
Stretch muscles
Sit in a hammock
Sun bathing
Standing alone
Stop and think about response
Shoot baskets
Separate self
Speak up
Stop and listen

T

Talk to a friend
Talk to an adult
Take time by yourself
Take a walk
Take a hot shower/bath
Take deep breaths
Take a break
Take a nap
Talk it out

U

Untie your shoes
Use a work out video
Undertake a project
Unite with family
Unwind
Utilize support system
Use a yo-yo
Use tools
Utilize resources/coping skills

V

View TV
Visit a friend/family
Volunteer
Visualize calm space
Verbalize emotions effectively
Visit counselor
Video games
Vent feelings

W

Watch a movie
Write poetry
Walking
Write in journal
Walk outside
Workout
Write feelings/thoughts
Walk away from situation
Write a letter

X

Xylophone playing
Xbox
X-ray your feelings



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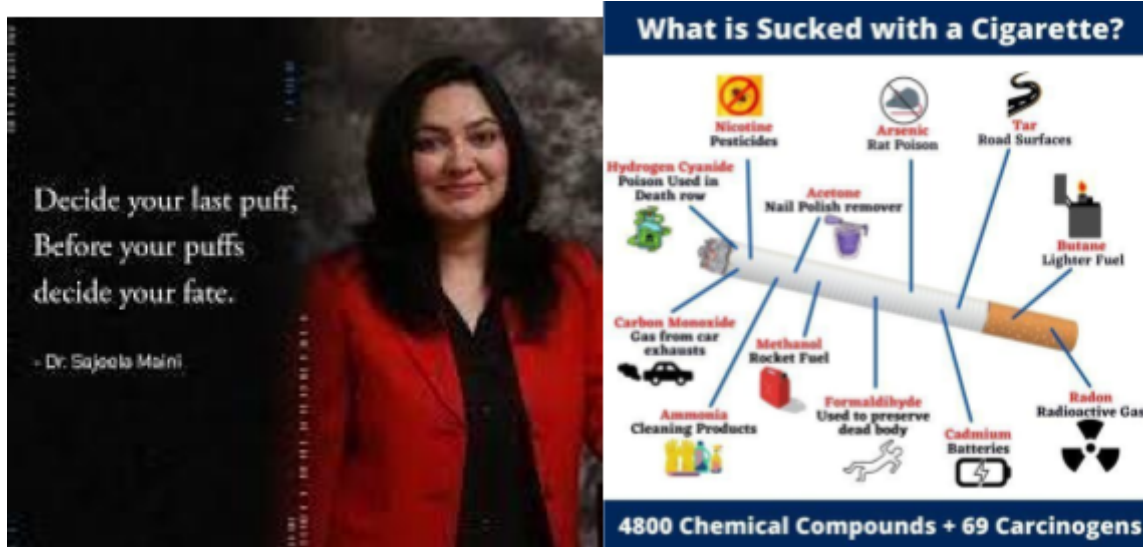
| Academic Year: 2019-2020 | | | | Date : February 24, 2020 |
|-----------------------------------------------------|------------------------|----------------|--------|--------------------------|
| List of Participants | | | | |
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| 14 | Sachin Kumar | 13714701719 | BBA | 1 |
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| 22 | Shubham Dua | 44161101718 | BBA | 2 |
| 23 | Shivam Arora | 9561101718 | BBA | 2 |
| 24 | Aastha Bhatnagar | 114701718 | BBA | 2 |
| 25 | Abhishek Arora | 46014701718 | BBA | 2 |
| 26 | Ritika Bhagat | 8061101718 | BBA | 2 |
| 27 | Harshil Pratap Singhal | 2914701718 | BBA | 2 |
| 28 | Jay Dutt Kaushik | 3861101718 | BBA | 2 |
| 29 | Nikhil Arora | 4861101717 | BBA | 3 |
| 30 | Kanika Arora | 3314701717 | BBA | 3 |
| 31 | Ankit Gupta | 50761101717 | BBA | 3 |
| 32 | Eric Paul | 42714701717 | BBA | 3 |
| 33 | Akash Gautam | 461101717 | BBA | 3 |
| 34 | Shruti Goel | 66214701717 | BBA | 3 |
| 35 | Ekansh Bhardwaj | 2261101717 | BBA | 3 |

| | | | | |
|----|------------------|-------------|-----|---|
| 36 | Archit Vohra | 46714701717 | BBA | 3 |
| 37 | Jeevansh Thakkar | 50614701717 | BBA | 3 |
| 38 | Jatin Anand | 3114701717 | BBA | 3 |
| 39 | Chirag Mittal | 40361101717 | BBA | 3 |
| 40 | Pawan Pandey | 5261101717 | BBA | 3 |
| 41 | Aanchal | 161101717 | BBA | 3 |
| 42 | Himanshu Gupta | 2761101717 | BBA | 3 |
| 43 | Manvi Jain | 4614701717 | BBA | 3 |
| 44 | Deewanshu Salian | 1961101717 | BBA | 3 |
| 45 | Mahima Patheja | 41761101717 | BBA | 3 |
| 46 | Kartikey Mathur | 65361101717 | BBA | 3 |

Webinar on “Ill Effects of Tobacco on Health” June 4, 2020

Department of Law in collaboration with North West District Legal Services Authority organized a Webinar on Ill Effects of Tobacco on Health on 4th June 2020 under the aegis of IQAC. Sh. Sunil Kumar Gupta Secretary, North West District Legal Services Authority along with Sh. Praveen Kumar Gupta, HoD, Dept. of Law and Ms. Purnima Gupta, Legal Aid Convener, hosted the event with their team through Cisco Webex. Around 90 students participated.

The resource person for the said webinar was Dr. Sajeela Maini, consultant at Sir Ganga Ram Hospital, New Delhi. She has also authored a book titled 'The last Puff'. Dr. Sajeela is heading the Tobacco Cessation Centre at Sir Ganga Ram Hospital, a specialized Center, wherein tobacco habitués are given psychotherapeutic interventions and pharmacotherapy to reduce withdrawals/urges and make the quitting process easy and less discomforting. She counsels today's young generations about the bad effects of smoking cigarettes, hookah or tobacco in any other form.





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Tel. Office: 8448186947, 8448186950 www.maims.ac.in

Academic Year: 2019-2020

Date : June 4, 2020

List of Participants

Webinar on "Ill Effects of Tobacco on Health"

| S. No | Name | Enrollment No. | Course | Year |
|-------|--------------------|----------------|--------|------|
| 1 | Smarth Arora | 05214703819 | BA LLB | 1 |
| 2 | Sanya Kathpal | 02614703819 | BA LLB | 1 |
| 3 | Harshvardhan | 06514703819 | BA LLB | 1 |
| 4 | Shivanshi Aggarwal | 09114703819 | BA LLB | 1 |
| 5 | Himanshu Ahuja | 02714703819 | BA LLB | 1 |
| 6 | Kumari Surbhi | 04514703819 | BA LLB | 1 |
| 7 | Muskan Gupta | 04414703819 | BA LLB | 1 |
| 8 | Aditya Goel | 07214703819 | BA LLB | 1 |
| 9 | Kashish Gulati | 04214703819 | BA LLB | 1 |
| 10 | Muskan Jain | 02514703819 | BA LLB | 1 |
| 11 | Nishitha Nanda | 36014703819 | BA LLB | 1 |
| 12 | Nidhi Singh | 10314703819 | BA LLB | 1 |
| 13 | Saransh Attri | 02014703819 | BA LLB | 1 |
| 14 | Harsh Sharma | 02914703819 | BA LLB | 1 |
| 15 | Harshit Aggarwal | 35714703819 | BA LLB | 1 |
| 16 | Preeti | 01614703819 | BA LLB | 1 |
| 17 | Anmol Gupta | 01914703819 | BA LLB | 1 |
| 18 | Utkarsh Mittal | 35514703819 | BA LLB | 1 |
| 19 | Fagun Malhotra | 35314703819 | BA LLB | 1 |
| 20 | Eksha Sharma | 03314703819 | BA LLB | 1 |
| 21 | Aayushman Bhatt | 03414703819 | BA LLB | 1 |
| 22 | Sukhleen | 01114703819 | BA LLB | 1 |
| 23 | Vanshika Agnihotri | 35214703819 | BA LLB | 1 |
| 24 | Vansh Paul | 09414703819 | BA LLB | 1 |
| 25 | Rishabh Sharma | 07714703819 | BA LLB | 1 |
| 26 | Samridhi Tyagi | 02814703819 | BA LLB | 1 |
| 27 | Akanksha Mishra | 00514703819 | BA LLB | 1 |
| 28 | Amish Chadha | 04714703819 | BA LLB | 1 |
| 29 | Pulkit | 07414703819 | BA LLB | 1 |
| 30 | Aastha Jain | 35114703819 | BA LLB | 1 |
| 31 | Subodh | 05714703819 | BA LLB | 1 |
| 32 | Harsh Kumar | 08614703819 | BA LLB | 1 |
| 33 | Reyansh Naarang | 05514703818 | BA LLB | 2 |
| 34 | Pushpesh Digpaul | 05414703818 | BA LLB | 2 |
| 35 | Ritu | 05714703818 | BA LLB | 2 |

| | | | | |
|----|--------------------------|-------------|--------|---|
| 36 | Rohan Prasad | 06014703818 | BA LLB | 2 |
| 37 | Kavish Behl | 03714703818 | BA LLB | 2 |
| 38 | Kiran Chuphal | 03814703818 | BA LLB | 2 |
| 39 | Varnit Vashistha | 08914703818 | BA LLB | 2 |
| 40 | Anirudh Saraf | 41714703818 | BA LLB | 2 |
| 41 | Shreya Sharma | 35614703818 | BA LLB | 2 |
| 42 | Aakash Singh | 00114703818 | BA LLB | 2 |
| 43 | Juhi Mishra | 03414703818 | BA LLB | 2 |
| 44 | Avantika Krupakar Wasnik | 01814703818 | BA LLB | 2 |
| 45 | Harsh Maheshwari | 02514703818 | BA LLB | 2 |
| 46 | Malvika Kanojia | 04214703818 | BA LLB | 2 |
| 47 | Pragati Kumar | 04914703818 | BA LLB | 2 |
| 48 | Simran Chadha | 41214703818 | BA LLB | 2 |
| 49 | Akshansh Gautam | 00914703818 | BA LLB | 2 |
| 50 | Punnya Mann | 36214703818 | BA LLB | 2 |
| 51 | Sukeerti | 08414703818 | BA LLB | 2 |
| 52 | Sonakshi Chaturvedi | 08114703818 | BA LLB | 2 |
| 53 | Siddharth Singh Sareen | 07814703818 | BA LLB | 2 |
| 54 | Yash Gangwani | 41914703818 | BA LLB | 2 |
| 55 | Sparsh Adhikari | 08214703818 | BA LLB | 2 |
| 56 | Vibhor Tewari | 40514703818 | BA LLB | 2 |
| 57 | Anshita Khandelwal | 01314703818 | BA LLB | 2 |
| 58 | Kashish Wadhwa | 03614703818 | BA LLB | 2 |
| 59 | Prabhu Prasad Kirtania | 04814703818 | BA LLB | 2 |
| 60 | Shruti Agarwal | 41614703818 | BA LLB | 2 |
| 61 | Purva Mukhi | 05314703818 | BA LLB | 2 |
| 62 | Disha Chandra | 03014703817 | BA LLB | 3 |
| 63 | Bhavika Kohli | 02314703817 | BA LLB | 3 |
| 64 | Apoorv Setia | 01714703817 | BA LLB | 3 |
| 65 | Manav Mehra | 41414703817 | BA LLB | 3 |
| 66 | Ashneet Kaur | 02014703817 | BA LLB | 3 |
| 67 | Harshit Singh Gahlot | 03614703817 | BA LLB | 3 |
| 68 | Nitish Shrestha | 05814703817 | BA LLB | 3 |
| 69 | Anurag Singh | 01514703817 | BA LLB | 3 |
| 70 | Disha Moitra | 35214703817 | BA LLB | 3 |
| 71 | Shivani Verma | 07114703817 | BA LLB | 3 |
| 72 | Devesh Vaish | 02814703817 | BA LLB | 3 |
| 73 | Sanchit Sachdeva | 65114703817 | BA LLB | 3 |
| 74 | Anmol Sharma | 01214703817 | BA LLB | 3 |
| 75 | Kanksha Gupta | 04314703817 | BA LLB | 3 |
| 76 | Vaishali Godia | 08214703817 | BA LLB | 3 |
| 77 | Sunjoey Kaur Gulati | 07814703817 | BA LLB | 3 |
| 78 | Aman Kohli | 00814703817 | BA LLB | 3 |
| 79 | Apurva Bhutani | 01814703817 | BA LLB | 3 |
| 80 | Yuvraj Kundu | 36214703817 | BA LLB | 3 |
| 81 | Prince Gupta | 50214703817 | BA LLB | 3 |
| 82 | Vanshika Darbari | 08314703817 | BA LLB | 3 |

| | | | | |
|----|----------------|-------------|--------|---|
| 83 | Palak Karla | 05914703817 | BA LLB | 3 |
| 84 | Riya Singh | 41814703817 | BA LLB | 3 |
| 85 | Aayushi Dhawan | 00414703817 | BA LLB | 3 |
| 86 | Bhavi Midha | 02214703817 | BA LLB | 3 |
| 87 | Charvi Duggal | 02514703817 | BA LLB | 3 |
| 88 | Vinay Kaushik | 36114703817 | BA LLB | 3 |
| 89 | Prachi Ahuja | 06014703817 | BA LLB | 3 |
| 90 | Avish Mangla | 42314703817 | BA LLB | 3 |

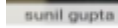
WEBINAR ON INTERNATIONAL YOGA DAY

June 21, 2020



On the occasion of **International Yoga Day 2020**, North West, West and South West District Legal Services Authorities together organized a webinar **on 21st June, 2020**. for the students and faculty members of Maharaja Agrasen Institute of Management Studies and other esteemed Institutes. People from the bar also participated in the webinar. Sh. Sunil Gupta, Secretary, North West District Legal Services Authority along with the Sh. Praveen Kumar Gupta, HoD (Law) and Legal Aid Convener, Ms. Purnima Gupta, Department of Law, MAIMS conducted the event. The event was held through Cisco WebEx and was live on face-book too. The webinar was anxiously attended by faculty members of the esteemed college along with students of MAIMS.

The resource person for Webinar was Sh. Gopal Krishan, Executive member AYUSH Delhi Government. He explained the “Yoga- breath Technique”. The students, very curious and inquisitive, asked their doubts and asked various questions on the importance of yoga and other eating habits in the present situation of Covid-19 Pandemic. The prominent questions being: what continues and healthy diet, how to boost one's immunity etc. It was a very insightful and informative session for each one of us in order to successfully fight the current pandemic and improve our immunity to fight with such a disease. The faculty, students and friends of the bar really appreciated the session and enjoyed a lot during the session.





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International Yoga Day

ACADEMIC YEAR: 2019-2020

DATE: 21 JUNE 2020

LIST OF PARTICIPANTS

| . | Email Address | Name | Institution | Course | | Enrollm ent No. |
|----|------------------------------------------|--------------------|-------------|-----------|-----|--------------------|
| 1 | punnyamann.36214703818@maims.ac.in | Punnya Mann | MAIMS | BA.LLB(H) | 6A | 36214703818 |
| 2 | dishamoitra.35214703817@maims.ac.in | Disha Moitra | MAIMS | BA LLB | 8A | 35214703817 |
| 3 | keshavgarg.65214703817@maims.ac.in | Keshav Garg | MAIMS | BA.LLB | 9B | 65214703817 |
| 4 | priyambakshi.05114703818@maims.ac.in | Priyam Bakshi | MAIMS | Ba LLb | 7-B | 05114703818 |
| 5 | bhavikakohli.02314703817@maims.ac.in | Bhavika Kohli | MAIMS | BA LLB | 9A | 02314703817 |
| 6 | grishitachopra.10114703819@maims.ac.in | Grishita Chopra | MAIMS | BALLB | 5B | 10114703819 |
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| 8 | snehasinghbaghel.07614703817@maims.ac.in | Sneha Singh Baghel | MAIMS | BA LLB | 9-B | 07614703816 |
| 9 | bhavikakohli.02314703817@maims.ac.in | Bhavika Kohli | MAIMS | BA LLB | 9a | 02314703817 |
| 10 | shalinikashyap.40214703817@maims.ac.in | Shalini Kashyap | MAIMS | BA LLB | 9B | 40214703817 |
| 11 | kankshagupta.04314703817@maims.ac.in | Kanksha Gupta | MAIMS | BA LLB | 9A | 04314703817 |
| 12 | ritikarani.05614703818@maims.ac.in | Ritika Rani | MAIMS | BA LLB | 7 B | 05614703818 |
| 13 | kritisakuja.04714703817@maims.ac.in | Kriti Sakuja | MAIMS | BA LLB | 9A | 04714703817 |
| 14 | dipanitasingh.41314703818@maims.ac.in | Dipanita Singh | MAIMS | BA LLB | 7B | 41314703818 |

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

| S.No. | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) |
|---------------------------------------------|----------------------------------------------------------------------|-------------------------------------|
| YEAR 4 (2018-2019) | | |
| 1. SOFT SKILLS | | |
| 1 | Session on "Effective Body Language" | 22-08-2018 |
| 2 | Session on "Self Development" | 03-10-2018 |
| 3 | Session on "Management Skills and Team Building" | 02-11-2018 |
| 2. LANGUAGE AND COMMUNICATION SKILLS | | |
| 4 | Expert Session on "Story Telling" | 07-09-2018 |
| 5 | Session on "Building business friendly Vocabulary" | 18-11-2018 |
| 6 | Special Lecture on "Reporting for News Agency" | 15-02-2019 |
| 7 | Session on "Ways to Develop Communication Skills and Why it matters" | 05-04-2019 |
| 3. LIFE SKILLS | | |
| 8 | Expert Session on "Menstrual Hygiene" | 13-03-2019 |
| 9 | Expert session on "Body Posture and its Impact on our Health" | 17-04-2019 |
| 10 | Session on "Importance of Yoga" | 21-06-2019 |



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SESSION ON “EFFECTIVE BODY LANGUAGE”

August 22, 2018

Department of Commerce, Maharaja Agrasen Institute of Management Studies organized a Session on “Effective Body Language” in Maharaja Agrasen Institute of Management Studies, New Delhi on August 22, 2018. The session focused on the science of effective body language and its impact, along with how to read body language. The session showed a turnout of 46 students.

Ms. Sumedha Dutta, Assistant Professor, MAIMS interacted with the students and elucidated them about the importance of developing an effective body language. She explained how body language is the unspoken part of communication which delivers the message with more impact. She described the contribution of facial expressions in conveying a thought. She then illustrated how people adjust their body language to appear a certain way, which can be more positive, engaging or negative. She further explained how one person can interpret and understand another person’s body language and facial expressions to communicate more effectively.

On behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked her for delivering an exceedingly informative session and sharing her expert guidance with the students. The expert session was extremely successful as it gave some enlightening learnings to the students and the students were delighted on being imparted with the immensely useful knowledge.





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Academic Year: 2018-2019

Date : August 22, 2018

List of Participants

Session on "Effective Body Language"

| S. No | Name | Enrollment No. | Course | Year |
|-------|---------------------|----------------|-------------|------|
| 1 | Vrishti Gupta | 46214701718 | BBA | 1 |
| 2 | Chetan Kumar Pal | 814788818 | B. Com. (H) | 1 |
| 3 | Harsh Bengani | 41114701716 | BBA | 3 |
| 4 | Rohan Mondal | 3561188816 | B. Com. (H) | 3 |
| 5 | Jerry Simon | 3614701718 | BBA | 1 |
| 6 | Utkarsh Singh | 7614701717 | BBA | 2 |
| 7 | Rahul Gupta | 5614701717 | BBA | 2 |
| 8 | Harsh Sharma | 43461101717 | BBA | 2 |
| 9 | Ritik Choudhary | 7961101718 | BBA | 1 |
| 10 | Abhinav Gupta | 414701718 | BBA | 1 |
| 11 | Aryan Gupta | 41214701717 | BBA | 2 |
| 12 | Archit Vohra | 46714701717 | BBA | 2 |
| 13 | Saransh Gupta | 8961101716 | BBA | 3 |
| 14 | Sarthak Kumar | 6414701717 | BBA | 2 |
| 15 | Akshita Sharma | 914701718 | BBA | 1 |
| 16 | Lakshay Arora | 41661101717 | BBA | 2 |
| 17 | Mohit Aggarwal | 4814701718 | BBA | 1 |
| 18 | Mayank Raj | 40561188817 | B. Com. (H) | 2 |
| 19 | Kartik Kumar | 3914701718 | BBA | 1 |
| 20 | Aniket Wadhwa | 161188817 | B. Com. (H) | 2 |
| 21 | Abhinav Jindal | 161188818 | B. Com. (H) | 1 |
| 22 | Himanshu Garg | 46061101717 | BBA | 2 |
| 23 | Lav Singh Chauhan | 4914701716 | BBA | 3 |
| 24 | Vaishnawi Singh | 4061188818 | B. Com. (H) | 1 |
| 25 | Bhavya Jain | 50214701717 | BBA | 2 |
| 26 | S Sadhana Sivaraman | 8361101718 | BBA | 1 |
| 27 | Kshitij Goyal | 2014788818 | B. Com. (H) | 1 |
| 28 | Priyansh Raunak | 7361101718 | BBA | 1 |
| 29 | Ayush Goyal | 42514701716 | BBA | 3 |
| 30 | Kuljeet Singh | 1514788816 | B. Com. (H) | 3 |
| 31 | Ayushi Goyal | 65314701717 | BBA | 2 |
| 32 | Shreya Goyal | 42161101716 | BBA | 3 |
| 33 | Akshit Sundriyal | 43861101718 | BBA | 1 |
| 34 | Srijan Jain | 10961101718 | BBA | 1 |
| 35 | Tejas Chhatwal | 2414788817 | B. Com. (H) | 2 |

| | | | | |
|----|-----------------|-------------|-------------|---|
| 36 | Shahid Husain | 9361101718 | BBA | 1 |
| 37 | Gaurav Hudda | 41361101716 | BBA | 3 |
| 38 | Vaibhav Ittan | 36561101717 | BBA | 2 |
| 39 | Mohit Solanki | 6561101716 | BBA | 3 |
| 40 | Gaurav Chawla | 1414788818 | B. Com. (H) | 1 |
| 41 | Eva Gupta | 3961101716 | BBA | 3 |
| 42 | Mayank Kain | 914788817 | B. Com. (H) | 2 |
| 43 | Akshay Gangwani | 814701718 | BBA | 1 |
| 44 | Tarun Goel | 2314788817 | B. Com. (H) | 2 |
| 45 | Nisha Mallik | 42061101718 | BBA | 1 |
| 46 | Akshit Goel | 35214701718 | BBA | 1 |

SESSION ON “SELF DEVELOPMENT”

October 3, 2018

Department of Business Administration, Maharaja Agrasen Institute of Management Studies organized a “Session on Self-Development” in Maharaja Agrasen Institute of Management Studies, New Delhi on October 3, 2018. The expert session focused on the need of self-development. The session showed a turnout of 52 students.

The main speaker invited for this session was Ms. Riya Sharma, Assistant Professor MAIMS.

Ms. Riya Sharma interacted with the students and elucidated them about what personal development is. She extensively explained about the importance of personal growth and development. She spoke about how a person can grow from inside out, using life experiences and making conscious life choices. She described how a person can become the best version of himself/herself and his/her best contributor through self-introspection and self-development. She further talked about the importance of developing new skills that helps a person get the best result from any situation thrown at him/her. She ended the session by quoting- “reduce fear and replace it with confidence”.

Dr. Vijay Kumar Khurana extended gratitude on the behalf of Maharaja Agrasen Institute of Management Studies for enthusiastically being a part of the expert session. Students actively participated in the discussion.





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Academic Year: 2018-2019

Date : October 3, 2018

List of Participants

Session on "Self Development"

| S. No | Name | Enrollment No. | Course | Year |
|-------|------------------------|----------------|-------------|------|
| 1 | Aryan Taneja | 35114788818 | B. Com. (H) | 1 |
| 2 | Ipsa Madhuri Lao | 1561188818 | B. Com. (H) | 1 |
| 3 | Srishti Sindhwani | 35661188818 | B. Com. (H) | 1 |
| 4 | Shubham Garg | 40661188818 | B. Com. (H) | 1 |
| 5 | Harshil Aggarwal | 1514788818 | B. Com. (H) | 1 |
| 6 | Lakshay Bansal | 1161188817 | B. Com. (H) | 2 |
| 7 | Karan Sachdeva | 41214788817 | B. Com. (H) | 2 |
| 8 | Aman Mittal | 35114788817 | B. Com. (H) | 2 |
| 9 | Sachin | 2214788816 | B. Com. (H) | 3 |
| 10 | Kartik Rana | 65114788816 | B. Com. (H) | 3 |
| 11 | Nikhil Aggarwal | 2561188816 | B. Com. (H) | 3 |
| 12 | Mukund Aggarwal | 6314721617 | BA Eco. (H) | 2 |
| 13 | Siddharth Singh Sareen | 07814703818 | BA LLB | 1 |
| 14 | Harshita Gogia | 02714703818 | BA LLB | 1 |
| 15 | Yash Gangwani | 41914703818 | BA LLB | 1 |
| 16 | Saurabh | 06614703818 | BA LLB | 1 |
| 17 | Shivam Upadhyay | 07014703818 | BA LLB | 1 |
| 18 | Palak Karla | 05914703817 | BA LLB | 2 |
| 19 | Vanshika Gupta | 35914703817 | BA LLB | 2 |
| 20 | Jasdeep Singh | 01661102418 | BA(JMC) | 1 |
| 21 | Arushi Singhal | 00761102418 | BA(JMC) | 1 |
| 22 | Tanmay Naskar | 04461102418 | BA(JMC) | 1 |
| 23 | Triyon Sengupta | 04561102418 | BA(JMC) | 1 |
| 24 | Mehak Khurana | 02161102418 | BA(JMC) | 1 |
| 25 | Utkarsh Nautiyal | 04661102418 | BA(JMC) | 1 |
| 26 | Shubh Khastagir | 40661102418 | BA(JMC) | 1 |
| 27 | Shilpa Pal | 3914712417 | BA(JMC) | 2 |
| 28 | Pallavi | 2414712417 | BA(JMC) | 2 |
| 29 | Vaibhav Ratra | 4214702416 | BA(JMC) | 3 |
| 30 | Priya Arora | 7161101718 | BBA | 1 |
| 31 | Harshit Bansal | 42614701718 | BBA | 1 |
| 32 | Kunal Chaudhary | 41914701718 | BBA | 1 |
| 33 | Ayushi Mittal | 1961101718 | BBA | 1 |
| 34 | Akshat Goyal | 35261101718 | BBA | 1 |
| 35 | Priya Maheshwari | 7261101718 | BBA | 1 |

| | | | | |
|----|---------------------|-------------|-----|---|
| 36 | Shivang Anand | 9861101718 | BBA | 1 |
| 37 | Simran | 8614701718 | BBA | 1 |
| 38 | Tanisha Goyal | 40161101718 | BBA | 1 |
| 39 | Harry | 2414701717 | BBA | 2 |
| 40 | Naman Sharma | 43514701717 | BBA | 2 |
| 41 | Anushka Kansal | 46261101717 | BBA | 2 |
| 42 | Kshitij Murarka | 4214701717 | BBA | 2 |
| 43 | Arnav Sharma | 1014701717 | BBA | 2 |
| 44 | Aditi Bansal | 361101717 | BBA | 2 |
| 45 | Abhishek Bansal | 461101716 | BBA | 3 |
| 46 | Himanshu Paliwal | 3414701716 | BBA | 3 |
| 47 | Rajat Agarwal | 61061101716 | BBA | 3 |
| 48 | Siddharth | 10261101716 | BBA | 3 |
| 49 | Abhinav Arora | 214701716 | BBA | 3 |
| 50 | Shekhar Kumar Gupta | 8814701716 | BBA | 3 |
| 51 | Hardik Pahuja | 4061101716 | BBA | 3 |
| 52 | Ratika Thakur | 7314701716 | BBA | 3 |



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Session on “Management Skills and Team Building”

November 2, 2018

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, organized a Session on “Management Skills and Team Building” on November 2, 2018. The session focused on teaching students about management skills and team building. In total 75 students attended the session.

Ms. Avni Bhatia, Social Campaign Manager— ITC-Vivel interacted with students and discussed various management skills like emotional intelligence, communication, problem solving, team building etc. She said “team building is one of the most critical skills required for management”. She also said that Team building is an ongoing and intentional process, so it is important that managers have the know-how to build relationships, foster communication, and strengthen bonds between teammates. Great team leaders rally group members around a central purpose. The session was full of fun discussions with the students.

On the behalf of Maharaja Agrasen Institute of Management Studies Dr. Deepak Dagar, Assistant Professor, Department of Business Administration, (MAIMS) presented a memento to Ms. Avni Bhatia as a token of gratitude. This session was extremely successful and very interactive as it gave a lot of enlightening learning to the students.





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| Academic Year: 2018-2019 | | | | Date : November 2, 2018 |
|--------------------------------------------------|---------------------|----------------|-------------|-------------------------|
| List of Participants | | | | |
| Session on "Management Skills and Team Building" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Anmol Futela | 861188818 | B. Com. (H) | 1 |
| 2 | Devesh Bhatti | 1014788818 | B. Com. (H) | 1 |
| 3 | Pulkit Midha | 3014788818 | B. Com. (H) | 1 |
| 4 | Mahak Gupta | 35461188817 | B. Com. (H) | 2 |
| 5 | Raman Bansal | 2014788816 | B. Com. (H) | 3 |
| 6 | Shruti | 60214788816 | B. Com. (H) | 3 |
| 7 | Raghav Bansal | 40914788816 | B. Com. (H) | 3 |
| 8 | Gurleen Kaur Gill | 4014721617 | BA Eco. (H) | 2 |
| 9 | Nancy Sharma | 5814721617 | BA Eco. (H) | 2 |
| 10 | Mayank Gupta | 35414721617 | BA Eco. (H) | 2 |
| 11 | Ayushi Garg | 6414721617 | BA Eco. (H) | 2 |
| 12 | Rohan Burman | 05914703818 | BA LLB | 1 |
| 13 | Shivam Sethi | 06914703818 | BA LLB | 1 |
| 14 | Aditya Mishra | 00614703817 | BA LLB | 2 |
| 15 | Devesh Vaish | 02814703817 | BA LLB | 2 |
| 16 | Riya Singh | 41814703817 | BA LLB | 2 |
| 17 | Kanishka Rawat | 04214703817 | BA LLB | 2 |
| 18 | Ishaan Sharma | 03714703817 | BA LLB | 2 |
| 19 | Vaishali Godia | 08214703817 | BA LLB | 2 |
| 20 | Aashna Madan | 00214703817 | BA LLB | 2 |
| 21 | Disha Chandra | 03014703817 | BA LLB | 2 |
| 22 | Sunjoey Kaur Gulati | 07814703817 | BA LLB | 2 |
| 23 | Prachi Ahuja | 06014703817 | BA LLB | 2 |
| 24 | Payal Nagwani | 02861102418 | BA(JMC) | 1 |
| 25 | Ankit Kumar | 00561102418 | BA(JMC) | 1 |
| 26 | Ankit Kumar | 00561102418 | BA(JMC) | 1 |
| 27 | Khushboo Kabra | 35461102418 | BA(JMC) | 1 |
| 28 | Ayushi Suyal | 00961102418 | BA(JMC) | 1 |
| 29 | Apoorva Joshi | 414712417 | BA(JMC) | 2 |
| 30 | Abhishek Kumar | 114712417 | BA(JMC) | 2 |
| 31 | Ashish Sharma | 814702416 | BA(JMC) | 3 |
| 32 | Bhavika Gugnani | 2161101718 | BBA | 1 |
| 33 | Vritika Singhal | 10114701718 | BBA | 1 |
| 34 | Paras Goyal | 36014701718 | BBA | 1 |
| 35 | Yash | 12061101718 | BBA | 1 |

| | | | | |
|----|------------------------|-------------|-----|---|
| 36 | Manmeet Singh Bhandari | 40214701718 | BBA | 1 |
| 37 | Shubham Khairwal | 10461101718 | BBA | 1 |
| 38 | Sakshi Mundra | 44814701718 | BBA | 1 |
| 39 | Sarbaz Hussain | 45614701718 | BBA | 1 |
| 40 | Mehak Gupta | 44714701718 | BBA | 1 |
| 41 | Akshat Juyal | 714701718 | BBA | 1 |
| 42 | Chirag Chauhan | 35514701718 | BBA | 1 |
| 43 | Prerna Ahuja | 40561101718 | BBA | 1 |
| 44 | Neeraj Joshi | 35861101718 | BBA | 1 |
| 45 | Anant Abhishek | 1114701718 | BBA | 1 |
| 46 | Akanksha Sharma | 361101718 | BBA | 1 |
| 47 | Mani Aneja | 45214701718 | BBA | 1 |
| 48 | Anant Jain | 1361101718 | BBA | 1 |
| 49 | Rhythm Jindal | 42361101718 | BBA | 1 |
| 50 | Sanjit Sikka | 6661101717 | BBA | 2 |
| 51 | Muskan Pathak | 35614701717 | BBA | 2 |
| 52 | Aadit Kharbanda | 35161101717 | BBA | 2 |
| 53 | Fazil Zaidi | 43814701717 | BBA | 2 |
| 54 | Tanu | 36514701717 | BBA | 2 |
| 55 | Jhonty Gulati | 42261101717 | BBA | 2 |
| 56 | Asma Nawaz | 1361101717 | BBA | 2 |
| 57 | Anjali | 45461101717 | BBA | 2 |
| 58 | Radhika Gupta | 43361101717 | BBA | 2 |
| 59 | Akshat Garg | 561101717 | BBA | 2 |
| 60 | Shivam Kansal | 9114701716 | BBA | 3 |
| 61 | Keshav Saboo | 4714701716 | BBA | 3 |
| 62 | Rajat Jain | 7214701716 | BBA | 3 |
| 63 | Heena Sharma | 3314701716 | BBA | 3 |
| 64 | Angad Mehta | 1161101716 | BBA | 3 |
| 65 | Rajat Aggarwal | 43914701716 | BBA | 3 |
| 66 | Rithik Motwani | 41561101716 | BBA | 3 |
| 67 | Shivam Nijhawan | 9561101716 | BBA | 3 |
| 68 | Yatin Suneja | 40814701716 | BBA | 3 |
| 69 | Siddharth Garg | 10461101716 | BBA | 3 |
| 70 | Ronak Gupta | 8661101716 | BBA | 3 |
| 71 | Rishabh Garg | 60461101716 | BBA | 3 |
| 72 | Divija Goel | 40161101716 | BBA | 3 |
| 73 | Dhairya Kumar | 2414701716 | BBA | 3 |
| 74 | Sanghmitra Gautam | 8314701716 | BBA | 3 |
| 75 | Ankit Ghuta | 1261101716 | BBA | 3 |



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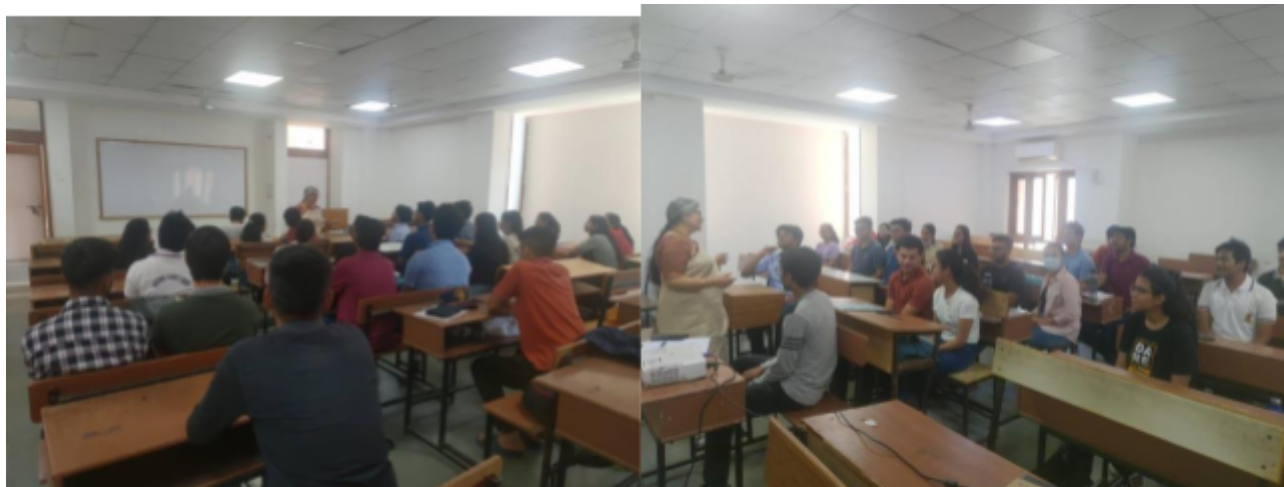
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Expert Session on “Story Telling” September 7, 2018

The Department of Business Administration, Maharaja Agrasen Institute of Management Studies, organized an “Expert Session on Story Telling” in Maharaja Agrasen Institute of Management Studies, New Delhi on September 7, 2018. The session focused on educating students about the art of storytelling. In total 57 students attended the session.

Dr. Namrata Sharma, Faculty, MAIT interacted with the students and explained how story telling is an art. Like art, it requires creativity, vision, skill, and practice. It's a crucial part of the most successful marketing campaigns, and it sets vibrant brands apart from simple businesses and loyal consumers from one-time stop-in shoppers. She also told students about Dos and Don'ts of storytelling. She said “Just telling a story isn't enough — you want one that resonates and grabs attention.” and the way to do that is to create suspense which attracts audiences with unanswered questions and an interest to learn more and answer those questions. Surprising your audience is also a great way to pull readers in. Imagination is key to a great story. Knowing your audience is very important. The students shared some imaginative ideas for stories and the session was very interactive.

On the behalf of Maharaja Agrasen Institute of Management Studies Ms. Shikha Sharma, Assistant Professor, Department of Business Administration (MAIMS) presented a memento as a token of gratitude.





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Academic Year: 2018-2019

Date : September 7, 2018

List of Participants

Expert Session on "Story Telling"

| S. No | Name | Enrollment No. | Course | Year |
|-------|----------------------|----------------|-------------|------|
| 1 | Saransh Gupta | 45014701717 | BBA | 2 |
| 2 | Yash Aggarwal | 10314701718 | BBA | 1 |
| 3 | Manav Bhardwaj | 1361188817 | B. Com. (H) | 2 |
| 4 | Shivam Sharma | 9314701716 | BBA | 3 |
| 5 | Aakash Mittal | 35161101718 | BBA | 1 |
| 6 | Naman Arora | 43661101716 | BBA | 3 |
| 7 | Rahul Bansal | 6061101717 | BBA | 2 |
| 8 | Shivam Goel | 9014701716 | BBA | 3 |
| 9 | Jayant Kumar | 4114701716 | BBA | 3 |
| 10 | Naman Rajput | 5314701718 | BBA | 1 |
| 11 | Tapan Chaudhary | 11461101718 | BBA | 1 |
| 12 | Rahul Hooda | 8161101716 | BBA | 3 |
| 13 | Prabal Jain | 6714701716 | BBA | 3 |
| 14 | Sarthak Verma | 9161101718 | BBA | 1 |
| 15 | Gitansh Ahuja | 1361188818 | B. Com. (H) | 1 |
| 16 | Kunal Rana | 40461101716 | BBA | 3 |
| 17 | Shivam Datt Gautam | 8914701716 | BBA | 3 |
| 18 | Sanat Jain | 41661101718 | BBA | 1 |
| 19 | Vansh Bajaj | 9914701718 | BBA | 1 |
| 20 | Niyati Khulbe | 41314788818 | B. Com. (H) | 1 |
| 21 | Akash Gautam | 461101717 | BBA | 2 |
| 22 | Radhika Gupta | 36261101716 | BBA | 3 |
| 23 | Pranav Garg | 35814701717 | BBA | 2 |
| 24 | Vaibhav Dhyani | 9814701718 | BBA | 1 |
| 25 | Vanshika Jain | 44161101716 | BBA | 3 |
| 26 | Kajal Gupta | 35514701716 | BBA | 3 |
| 27 | Karan Seth | 3414701717 | BBA | 2 |
| 28 | Ananya Singh Chandel | 1461101718 | BBA | 1 |
| 29 | Nishchay Sirohi | 2861188818 | B. Com. (H) | 1 |
| 30 | Harsh Dabas | 2614701717 | BBA | 2 |
| 31 | Mayank Dua | 5614701716 | BBA | 3 |
| 32 | Harsh Garg | 45361101717 | BBA | 2 |
| 33 | Gaurav Kalra | 42214701718 | BBA | 1 |
| 34 | Vishal Gupta | 7814701717 | BBA | 2 |
| 35 | Keshav Ailawadhi | 35761101716 | BBA | 3 |

| | | | | |
|----|---------------------|-------------|-------------|---|
| 36 | Ketan Arora | 3361101717 | BBA | 2 |
| 37 | Komal Garg | 43061101716 | BBA | 3 |
| 38 | Siddharth Rathore | 2561188817 | B. Com. (H) | 2 |
| 39 | Ishant Nijhawan | 3414701718 | BBA | 1 |
| 40 | Shubham Jindal | 10061101716 | BBA | 3 |
| 41 | Karan Sekhri | 4961101716 | BBA | 3 |
| 42 | Mehul Tayal | 5914701716 | BBA | 3 |
| 43 | Tanya Hora | 3961188818 | B. Com. (H) | 1 |
| 44 | Sakshi Bharti | 43961101717 | BBA | 2 |
| 45 | Akash Solanki | 861101716 | BBA | 3 |
| 46 | Pavitra Mittal | 36114701718 | BBA | 1 |
| 47 | Parth Bansal | 36161101718 | BBA | 1 |
| 48 | Chetna Mahor | 2661101716 | BBA | 3 |
| 49 | Aashutosh Sharma | 44914701718 | BBA | 1 |
| 50 | Parmeet Singh Sethi | 2861188816 | B. Com. (H) | 3 |
| 51 | Prasanna Jain | 41014788816 | B. Com. (H) | 3 |
| 52 | Hardik Sharma | 3014701716 | BBA | 3 |
| 53 | Akhil Gupta | 961101716 | BBA | 3 |
| 54 | Aditya Chaudhary | 40461101718 | BBA | 1 |
| 55 | Aditya Paliwal | 35161101716 | BBA | 3 |
| 56 | Sparsh Jain | 36661101716 | BBA | 3 |
| 57 | Muskan Chauhan | 45314701718 | BBA | 1 |



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SESSION ON “BUILDING BUSINESS FRIENDLY VOCABULARY”

November 18, 2018

Department of Business Administration organized a “Session on Building Business Friendly Vocabulary” in Maharaja Agrasen Institute of Management Studies, New Delhi, on November 18, 2018. The webinar focused on how business students can build a business-friendly vocabulary that will help them strive with the ever growing and developing business environment and corporate culture. The session showed a turnout of 39 students. The main speaker for the session was Mr. Sameer Soni.

Mr. Sameer Soni interacted with the students and elucidated them about the basics of what business vocabulary is. He then explained them the importance of building a strong business friendly vocabulary. He told the students that clearly defining and understanding business terms is the first step to successfully growing and advancing in corporate world. He then explained the students about the possible mistakes and misinterpretations that one can make if they misunderstand the basic business terminologies and business vocabulary. He ended the session by guiding the students on how they can build and improve their business-friendly vocabulary.

On behalf of Maharaja Agrasen Institute of Management Studies, Ms. Sumedha Dutta, Assistant Professor thanked Mr. Sameer Soni for delivering an exceedingly informative session and sharing his expert guidance with the students. The expert session was extremely successful as it gave some enlightening learnings to the students and the students were delighted on being imparted with the immensely useful knowledge.





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Academic Year: 2018-2019

Date : November 18, 2018

List of Participants

Session on "Building business friendly Vocabulary"

| S. No | Name | Enrollment No. | Course | Year |
|-------|---------------------|----------------|--------|------|
| 1 | Mantu | 4214701718 | BBA | 1 |
| 2 | Vrishti Gupta | 46214701718 | BBA | 1 |
| 3 | Saumya Katiha | 45414701718 | BBA | 1 |
| 4 | Jerry Simon | 3614701718 | BBA | 1 |
| 5 | Ritik Choudhary | 7961101718 | BBA | 1 |
| 6 | Abhinav Gupta | 414701718 | BBA | 1 |
| 7 | Akshita Sharma | 914701718 | BBA | 1 |
| 8 | Mohit Aggarwal | 4814701718 | BBA | 1 |
| 9 | Jatin Gaur | 3661101718 | BBA | 1 |
| 10 | Kartik Kumar | 3914701718 | BBA | 1 |
| 11 | S Sadhana Sivaraman | 8361101718 | BBA | 1 |
| 12 | Shivangi Aggarwal | 45914701717 | BBA | 2 |
| 13 | Srishti Kalra | 41914701717 | BBA | 2 |
| 14 | Chinmae Dutt | 1761101717 | BBA | 2 |
| 15 | Utkarsh Singh | 7614701717 | BBA | 2 |
| 16 | Rahul Gupta | 5614701717 | BBA | 2 |
| 17 | Harsh Sharma | 43461101717 | BBA | 2 |
| 18 | Aryan Gupta | 41214701717 | BBA | 2 |
| 19 | Archit Vohra | 46714701717 | BBA | 2 |
| 20 | Sarthak Kumar | 6414701717 | BBA | 2 |
| 21 | Shivansh Gupta | 46414701717 | BBA | 2 |
| 22 | Lakshay Arora | 41661101717 | BBA | 2 |
| 23 | Viraj Khandelwal | 36661101717 | BBA | 2 |
| 24 | Lakshay Khurana | 43714701717 | BBA | 2 |
| 25 | Kabir Chadha | 46514701717 | BBA | 2 |
| 26 | Himanshu Garg | 46061101717 | BBA | 2 |
| 27 | Bhavya Jain | 50214701717 | BBA | 2 |
| 28 | Muskan Pathak | 35614701717 | BBA | 2 |
| 29 | Mehak Gupta | 5814701716 | BBA | 3 |
| 30 | Harsh Bengani | 41114701716 | BBA | 3 |
| 31 | Devansh Dixit | 3261101716 | BBA | 3 |
| 32 | Sarvesh Gupta | 43114701716 | BBA | 3 |
| 33 | Mayank Singhal | 5714701716 | BBA | 3 |
| 34 | Saransh Gupta | 8961101716 | BBA | 3 |
| 35 | Jatin Chhabra | 44361101716 | BBA | 3 |

| | | | | |
|----|-------------------|-------------|-----|---|
| 36 | Deepak Aggarwal | 60414701716 | BBA | 3 |
| 37 | Lav Singh Chauhan | 4914701716 | BBA | 3 |
| 38 | Sarthak Bansal | 36514701716 | BBA | 3 |
| 39 | Keshav Saboo | 4714701716 | BBA | 3 |

SPECIAL LECTURE ON REPORTING FOR NEWS AGENCY

February 15, 2019

Reporting for News Agency' is something different from other media. What is that difference, no other than a Journalist from PTI, India's leading news agency can tell. Today Department of Journalism and Mass Communication, Maharaja Agrasen Institute of Management studies organised a special lecture on 'Reporting for News Agency' on February 15, 2019. And the lecture was delivered by Mr. Neeraj Kumar, Senior editor of PTI-Bhasha. Event began with the motivational speech by Prof. (Dr.) Vinita Gupta, HOD Dept. of Journalism and Mass Communication and a 2 min silence for the martyrs at Pulwama.

Mr. Neeraj told the students about the working and challenges faced by reporters of news agencies.

He said nowadays News Agencies are going through the transition period. 47 Students of Department of Journalism and Mass Communication attended the lecture. The event was coordinated by Ms. Nidhi Chaudhry, Assistant professor in the Department.





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MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES DEPARTMENT OF JOURNALISM & MASS COMMUNICATION

ORGANISES
SPECIAL LECTURE

ON

REPORTING FOR NEWS AGENCY

BY

MR. NEERAJ KUMAR
SENIOR EDITOR, PTI - BHASHA

DATE: 15TH FEBRUARY, 2019

TIME: 10:30 AM

VENUE: MAHARAJA AGRASEN CAMPUS, ROHINI





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Academic Year: 2018-19

February 15, 2019

List of Participants

| Special Lecture on Reporting for News Agency | | | | |
|----------------------------------------------|----------------------------|------------------------|------------|----------|
| S.no. | Name of Student | Student Enrollment No. | Department | Semester |
| 1 | Ekanshu | 1014712417 | BA(JMC) | 4th |
| 2 | Shilpa Pal | 3914712417 | BA(JMC) | 4th |
| 3 | Gaurav | 1114712417 | BA(JMC) | 4th |
| 4 | Parmeet Kaur | 2514712417 | BA(JMC) | 4th |
| 5 | Sashakt Gupta | 3714712417 | BA(JMC) | 4th |
| 6 | Shivangi Saxena | 4014712417 | BA(JMC) | 4th |
| 7 | Vishal Kumar | 4614712417 | BA(JMC) | 4th |
| 8 | Rahul Satija | 3014712417 | BA(JMC) | 4th |
| 9 | Mishi Varshney | 2214712417 | BA(JMC) | 4th |
| 10 | Moksha Garg | 35214702417 | BA(JMC) | 4th |
| 11 | Ansh Kwatra | 314712417 | BA(JMC) | 4th |
| 12 | Mamta Joshi | 2014712417 | BA(JMC) | 4th |
| 13 | Jayash Kakria | 35114702417 | BA(JMC) | 4th |
| 14 | Kuber Jain | 1714712417 | BA(JMC) | 4th |
| 15 | Muskaan Madaan | 2314712417 | BA(JMC) | 4th |
| 16 | Ishan Kumar | 1314712417 | BA(JMC) | 4th |
| 17 | Sangat Singh Saran | 3514712417 | BA(JMC) | 4th |
| 18 | Rohan R Murari | 35414702417 | BA(JMC) | 4th |
| 19 | Bhavana Lalwani | 514712417 | BA(JMC) | 4th |
| 20 | Priya Gupta | 2814712417 | BA(JMC) | 4th |
| 21 | Chahat Bhatia | 50114702417 | BA(JMC) | 4th |
| 22 | Rakshit Sobti | 3114712417 | BA(JMC) | 4th |
| 23 | Akhil Hasija | 214712417 | BA(JMC) | 4th |
| 24 | Chiranjeevi Karnail | 814712417 | BA(JMC) | 4th |
| 25 | Garima Batra | 40414712417 | BA(JMC) | 4th |
| 26 | Mallika Khurana | 1914712417 | BA(JMC) | 4th |
| 27 | Udita Singhal | 4414712417 | BA(JMC) | 4th |
| 28 | Sarthak Goswami | 40514712417 | BA(JMC) | 4th |
| 29 | Nivendra Sajivshant Saxena | 40814712417 | BA(JMC) | 4th |
| 30 | Abhishek Kumar | 114712417 | BA(JMC) | 4th |
| 31 | Mayank Arora | 2114712417 | BA(JMC) | 4th |
| 32 | Bhumika Kohli | 714712417 | BA(JMC) | 4th |
| 33 | Kashmira Sachdeva | 1614712417 | BA(JMC) | 4th |
| 34 | Anshdeep Singh Arora | 40614712417 | BA(JMC) | 4th |
| 35 | Anirudh Ghose | 40914712417 | BA(JMC) | 4th |
| 36 | Shubhangi Goel | 35514702417 | BA(JMC) | 4th |
| 37 | Kanika Sharma | 1514712417 | BA(JMC) | 4th |
| 38 | Parth Hans | 2614712417 | BA(JMC) | 4th |



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| | | | | |
|----|----------------|-------------|---------|-----|
| 39 | Pallavi | 2414712417 | BA(JMC) | 4th |
| 40 | Swasti Jain | 4214712417 | BA(JMC) | 4th |
| 41 | Raghav Gupta | 35314702417 | BA(JMC) | 4th |
| 42 | Apoorva Joshi | 414712417 | BA(JMC) | 4th |
| 43 | Kabir Mahendru | 1414712417 | BA(JMC) | 4th |
| 44 | Preeti | 2714712417 | BA(JMC) | 4th |
| 45 | Shefali Bhatia | 3814712417 | BA(JMC) | 4th |
| 46 | Saksham Patel | 3314712417 | BA(JMC) | 4th |
| 47 | Vatsal Garg | 4514712417 | BA(JMC) | 4th |

**SESSION ON “WAYS TO DEVELOP COMMUNICATION SKILLS AND
WHY IT MATTERS”**

April 5, 2019

Department of Commerce, organized a Session on “Ways to Develop Communication Skills and Why it Matters” in Maharaja Agrasen Institute of Management Studies, New Delhi on April 5, 2019. It was a great learning experience for students. There was a turnout of 36 students for the session. The main speaker for the webinar was Dr. Parul Sharma, Faculty, MAIT. The session was exceptionally informative by knowing how to improve communication skills like by thinking before you speak, be brief, yet specific, body language matters, etc.

She interacted with the students and elucidated about the basics of communication skills and importance. She described how successful communication helps us better understand people and situations. It helps us overcome diversities, build trust and respect, and create conditions for sharing creative ideas and solving problems. She then spoke about the core issues one faces while communicating with others. After this, questions were raised from the participants and their queries were suitably answered. She ended the session by briefing the participants about the how they can improve their skills and thing to keep in mind while learning.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, Department of Commerce, thanked her for delivering such an informative session.





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Academic Year: 2018-2019

Date : April 5, 2019

List of Participants

Session on "Ways to Develop Communication Skills and Why it matters"

| S. No | Name | Enrollment No. | Course | Year |
|-------|------------------|----------------|--------|------|
| 1 | Ishika Gupta | 43114701718 | BBA | 1 |
| 2 | Shahid Husain | 9361101718 | BBA | 1 |
| 3 | Gaurav Hudda | 41361101716 | BBA | 3 |
| 4 | Shubham Gupta | 65214701716 | BBA | 3 |
| 5 | Vaibhav Ittan | 36561101717 | BBA | 2 |
| 6 | Amarjeet Kumar | 1261101718 | BBA | 1 |
| 7 | Mohit Solanki | 6561101716 | BBA | 3 |
| 8 | Smarth Kathuria | 44061101717 | BBA | 2 |
| 9 | Eva Gupta | 3961101716 | BBA | 3 |
| 10 | Rohan Kaamra | 50814701717 | BBA | 2 |
| 11 | Sparsh Garg | 36361101718 | BBA | 1 |
| 12 | Akshay Gangwani | 814701718 | BBA | 1 |
| 13 | Shubham Gupta | 9961101716 | BBA | 3 |
| 14 | Umair Khalid | 10814701716 | BBA | 3 |
| 15 | Nisha Mallik | 42061101718 | BBA | 1 |
| 16 | Akshit Goel | 35214701718 | BBA | 1 |
| 17 | Tushar Shodwani | 42514701718 | BBA | 1 |
| 18 | Ayush Gupta | 1714701716 | BBA | 3 |
| 19 | Mahima Patheja | 41761101717 | BBA | 2 |
| 20 | Shubham Gupta | 10361101718 | BBA | 1 |
| 21 | Tanu | 36514701717 | BBA | 2 |
| 22 | Kaustav Saha | 3161101717 | BBA | 2 |
| 23 | Kartik Sharma | 42914701717 | BBA | 2 |
| 24 | Gagandeep Chopra | 43161101718 | BBA | 1 |
| 25 | Kartikesh Mehta | 42114701717 | BBA | 2 |
| 26 | Shiven Goel | 10161101718 | BBA | 1 |
| 27 | Saransh Gupta | 45014701717 | BBA | 2 |
| 28 | Yogesh Sheoran | 11861101716 | BBA | 3 |
| 29 | Yash Aggarwal | 10314701718 | BBA | 1 |
| 30 | Prayaas Kochhar | 5014701717 | BBA | 2 |
| 31 | Varun Chadha | 11261101716 | BBA | 3 |
| 32 | Shivam Sharma | 9314701716 | BBA | 3 |

| | | | | |
|----|---------------|-------------|-----|---|
| 33 | Nupur Gupta | 35814701716 | BBA | 3 |
| 34 | Ankur Mehra | 1214701718 | BBA | 1 |
| 35 | Aakash Mittal | 35161101718 | BBA | 1 |
| 36 | Naman Arora | 43661101716 | BBA | 3 |

EXPERT SESSION ON “MENSTRUAL HYGIENE”

March 13, 2019

Department of Commerce, Maharaja Agrasen Institute of Management Studies organized an “Expert session on Menstrual Hygiene” in Maharaja Agrasen Institute of Management Studies, New Delhi on March 13, 2019. The expert session focused on menstrual hygiene and health. It was a great learning experience for the students. The session showed a turnout of 52 students. The main speaker invited for this expert session was Dr. Deepa Kaushik, Assistant Professor, VIPS. The expert session was exceedingly informative and worthwhile for the students.

Dr. Deepa interacted with the students and elucidated them about what menstruation is and menstrual hygiene. She then explained the complete menstruation process. She then spoke about the physical and psychological changes a body goes through over the years due to menstruation. She emphasized on the removal of taboos around menstruation and introversion amongst people when it comes to conversing about these topics. The expert session was followed by a question-and-answer session wherein students came forward to ask and share their doubts, conceptions, thoughts and apprehensions that they had from over the years by hearing about this topic in whispers.

On behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked her for delivering an exceedingly informative expert session and sharing his expert guidance with the students.





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Academic Year: 2018-2019

Date : March 13, 2019

List of Participants

Expert Session on "Menstrual Hygiene"

| S. No | Name | Enrollment No. | Course | Year |
|-------|-------------------|----------------|-------------|------|
| 1 | Geetanjali Negi | 40414703817 | BA LLB | 2 |
| 2 | Palak Gupta | 36061101718 | BBA | 1 |
| 3 | Khushboo Kabra | 35461102418 | BA(JMC) | 1 |
| 4 | Muskaan Chauhan | 42161101718 | BBA | 1 |
| 5 | Alka Patel | 861101718 | BBA | 1 |
| 6 | Surabhi Aggarwal | 10414701716 | BBA | 3 |
| 7 | Arushi Singhal | 00761102418 | BA(JMC) | 1 |
| 8 | Gayatri Nambisan | 40414701718 | BBA | 1 |
| 9 | Nandni Mittal | 43061101717 | BBA | 2 |
| 10 | Jyotsana Batra | 03514703818 | BA LLB | 1 |
| 11 | Himanshi Bhatt | 3161101718 | BBA | 1 |
| 12 | Diksha Raman | 41861188817 | B. Com. (H) | 2 |
| 13 | Bhavya Tuli | 2361101716 | BBA | 3 |
| 14 | Isha Mittal | 6114721617 | BA Eco. (H) | 2 |
| 15 | Juhi Wadhwa | 40214703818 | BA LLB | 1 |
| 16 | Ritika Sharma | 6461101717 | BBA | 2 |
| 17 | Tanvi Kumar | 10861101716 | BBA | 3 |
| 18 | Smarpita Sachdewa | 04361102418 | BA(JMC) | 1 |
| 19 | Mansi Kansal | 5414701716 | BBA | 3 |
| 20 | Drishti | 03114703817 | BA LLB | 2 |
| 21 | Ashima Gupta | 35114721617 | BA Eco. (H) | 2 |
| 22 | Shubhika Ramola | 8514701718 | BBA | 1 |
| 23 | Payal Mishra | 02761102418 | BA(JMC) | 1 |
| 24 | Akshita Aggarwal | 714701716 | BBA | 3 |
| 25 | Himanshi Sharma | 714788817 | B. Com. (H) | 2 |
| 26 | Saranshi Wadhwa | 40161188817 | B. Com. (H) | 2 |
| 27 | Geetika Sharma | 01061102418 | BA(JMC) | 1 |
| 28 | Komal | 42414701717 | BBA | 2 |
| 29 | Kashish Garg | 42314701718 | BBA | 1 |
| 30 | Aditi Bansal | 35214701716 | BBA | 3 |
| 31 | Kriti Laxman | 4114701717 | BBA | 2 |
| 32 | Ishan Gupta | 3714701716 | BBA | 3 |
| 33 | Yashika Garg | 60914701716 | BBA | 3 |
| 34 | Pratiksha Pandey | 03161102418 | BA(JMC) | 1 |
| 35 | Muskan Jain | 4414703818 | BA LLB | 1 |

| | | | | |
|----|----------------------|-------------|-------------|---|
| 36 | Kalpana Dhami | 3714701718 | BBA | 1 |
| 37 | Chahat Bhatia | 50114702417 | BA(JMC) | 2 |
| 38 | Ananya | 42561101716 | BBA | 3 |
| 39 | Aastha Bhatnagar | 114701718 | BBA | 1 |
| 40 | Priyanshi | 41361101717 | BBA | 2 |
| 41 | Manya Jain | 5361101718 | BBA | 1 |
| 42 | Juhi Mishra | 03414703818 | BA LLB | 1 |
| 43 | Shreya Batra | 40814702416 | BA(JMC) | 3 |
| 44 | Vamika Wadhwa | 08814703818 | BA LLB | 1 |
| 45 | Shivani Verma | 07114703817 | BA LLB | 2 |
| 46 | Jasgun Singh Ateliey | 35214721617 | BA Eco. (H) | 2 |
| 47 | Avishi Gupta | 42561101717 | BBA | 2 |
| 48 | Yogesh Kumar Madhrey | 8014701717 | BBA | 2 |
| 49 | Riya Maheshwari | 8261101718 | BBA | 1 |
| 50 | Sonakshi Chaturvedi | 08114703818 | BA LLB | 1 |
| 51 | Bhavika Kohli | 02314703817 | BA LLB | 2 |
| 52 | Shivangi Aggarwal | 45914701717 | BBA | 2 |



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SESSION ON “BODY POSTURE AND ITS IMPACT ON OUR HEALTH” APRIL 17, 2019

Department of Commerce, organized a Session on “Body Posture and Its Impact on our Health” in Maharaja Agrasen Institute of Management Studies, New Delhi on April 17, 2019. The session focused on the importance of body posture and its impact on our health. There was a turnout of 37 students for the session. The speaker for the session was Mr. Sunil Kumar, Yoga Instructor.

Mr. Sunil interacted with the students and elucidated about the basics of one’s body posture and its impact on their body. He described how bad habits such as slouching and inactivity cause muscle fatigue and tension that ultimately lead to poor posture. He then spoke about the complications of poor posture include back pain, spinal dysfunction, joint degeneration, rounded shoulders and a potbelly. After this, questions were raised from the participants and their queries were suitably answered. He ended the session by briefing the participants about the how good posture is important to your overall health and offers a variety of benefits including reduced back pain, increased energy, and greater confidence.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked him for delivering an informative session which helped all the participants to lead a healthier life.





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Academic Year: 2018-2019

Date : April 17, 2019

List of Participants

Expert session on "Body Posture and its Impact on our Health"

| S. No | Name | Enrollment No. | Course | Year |
|-------|-------------------|----------------|-------------|------|
| 1 | Jatin Rohra | 1861188818 | B. Com. (H) | 1 |
| 2 | Muskan Singhal | 41914788818 | B. Com. (H) | 1 |
| 3 | Parag Gupta | 2614788818 | B. Com. (H) | 1 |
| 4 | Maitraiya Jaiswal | 68114788817 | B. Com. (H) | 2 |
| 5 | Sanyam Goel | 40314788817 | B. Com. (H) | 2 |
| 6 | Lakshya Gupta | 1261188817 | B. Com. (H) | 2 |
| 7 | Sahil Gupta | 35414788816 | B. Com. (H) | 3 |
| 8 | Yashaswi Sharma | 41614788816 | B. Com. (H) | 3 |
| 9 | Ankit Kumar Jha | 35161188816 | B. Com. (H) | 3 |
| 10 | Manvi Garg | 35314721617 | BA Eco. (H) | 2 |
| 11 | Sanchita Gaur | 06314703818 | BA LLB | 1 |
| 12 | Ritwik Sharma | 06314703817 | BA LLB | 2 |
| 13 | Karan Sharda | 01861102418 | BA(JMC) | 1 |
| 14 | Rahul Jain | 03361102418 | BA(JMC) | 1 |
| 15 | Shivangi Verma | 3714702416 | BA(JMC) | 3 |
| 16 | Saumya Gupta | 40614702416 | BA(JMC) | 3 |
| 17 | Samarth Harsh Jha | 8761101718 | BBA | 1 |
| 18 | Shiven Goel | 10161101718 | BBA | 1 |
| 19 | Luvish Anand | 4961101718 | BBA | 1 |
| 20 | Tavishi Suneja | 43161101717 | BBA | 2 |
| 21 | Rishabh Pardesi | 43561101717 | BBA | 2 |
| 22 | Akshay Yadav | 43614701717 | BBA | 2 |
| 23 | Naman Kanojia | 4714701717 | BBA | 2 |
| 24 | Uzair Ahmad Bhat | 50661101717 | BBA | 2 |
| 25 | Rimsha Khan | 42861101717 | BBA | 2 |
| 26 | Archit Jain | 1414701716 | BBA | 3 |
| 27 | Kartik Lamba | 4514701716 | BBA | 3 |
| 28 | Bhavay Jain | 35414701716 | BBA | 3 |

| | | | | |
|----|-----------------|-------------|-----|---|
| 29 | Mayank Bansal | 5514701716 | BBA | 3 |
| 30 | Deepanshu Gupta | 3061101716 | BBA | 3 |
| 31 | Suhani Chawla | 10561101716 | BBA | 3 |
| 32 | Pragya Madan | 7761101716 | BBA | 3 |
| 33 | Akhil Jain | 614701716 | BBA | 3 |
| 34 | Nitya Bansal | 6414701716 | BBA | 3 |
| 35 | Rohan Bansal | 36561101716 | BBA | 3 |
| 36 | Kapil Bhakoo | 4214701716 | BBA | 3 |
| 37 | Parul Kaushik | 6614701716 | BBA | 3 |

Session on “Importance of Yoga”

JUNE 21, 2019

Department of Business Administration, organized a Session on “Importance of Yoga” on the occasion of International Yoga Day at Maharaja Agrasen Institute of Management Studies, New Delhi on June 21, 2019. The session focused on the importance of yoga and health benefits attached to it. There was a turnout of 26 students and few faculty members for the session. The speaker for the session was Mr. Sunil Kumar, Yoga Instructor.

Mr. Sunil interacted with students and explained that Yoga offers physical and mental health benefits for people of all ages. And, if you’re going through an illness, recovering from surgery or living with a chronic condition, yoga can become an integral part of your treatment and potentially hasten healing. He further briefed that yoga is not just about bending or twisting the body and holding the breath. It is a technique to bring you into a state where you see and experience reality simply the way it is. If you enable your energies to become exuberant and ecstatic, your sensory body expands. This enables you to experience the whole universe as a part of yourself, making everything one, this is the union that yoga creates. The students were highly motivated for the same.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Vijay Kumar Khurana, presented a memento as a token of appreciation and gratitude to Mr. Sunil.





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Academic Year: 2018-2019

Date : June 21, 2019

List of Participants

Session on "Importance of Yoga"

| S. No | Name | Enrollment No. | Course | Year |
|-------|----------------------|----------------|-------------|------|
| 1 | Jatin Dev Prshad | 3914701716 | BBA | 3 |
| 2 | Deepak Anchalia | 41014701716 | BBA | 3 |
| 3 | Yamini | 10214701718 | BBA | 1 |
| 4 | Mahima Chawla | 5114701716 | BBA | 3 |
| 5 | Shubham Bansal | 07714703818 | BA LLB | 1 |
| 6 | Sikender | 2861188817 | B. Com. (H) | 2 |
| 7 | Avni Aggarwal | 1814701718 | BBA | 1 |
| 8 | Adhiyan Agarwal | 65161101716 | BBA | 3 |
| 9 | Rishabh Nimba | 6414701718 | BBA | 1 |
| 10 | Shivay Misra | 10061101718 | BBA | 1 |
| 11 | Aniket Gupta | 61214701716 | BBA | 3 |
| 12 | Mallika Khurana | 1914712417 | BA(JMC) | 2 |
| 13 | Gaurav Kalra | 42214701718 | BBA | 1 |
| 14 | Kanika Sharma | 1514712417 | BA(JMC) | 2 |
| 15 | Geetika Bajaj | 2514701718 | BBA | 1 |
| 16 | Bhavay Batra | 44461101718 | BBA | 1 |
| 17 | Rahul Gupta | 5614701717 | BBA | 2 |
| 18 | Tushar Goyal | 9414701718 | BBA | 1 |
| 19 | Deewanshu Salian | 1961101717 | BBA | 2 |
| 20 | Kamal Kishore Bansal | 35214788816 | B. Com. (H) | 3 |
| 21 | Kanishka Panwar | 44214701718 | BBA | 1 |
| 22 | Moksh Arya | 1114788817 | B. Com. (H) | 2 |
| 23 | Shivam Kumar | 41614701717 | BBA | 2 |
| 24 | Samyak Runwal | 45514701717 | BBA | 2 |
| 25 | Akash Kumar | 361188818 | B. Com. (H) | 1 |
| 26 | Vrishti Gupta | 46214701718 | BBA | 1 |

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

| S.No. | Name of the capacity development and skills enhancement program | Date of implementation (DD-MM-YYYY) |
|---------------------------------------------|-----------------------------------------------------------------|-------------------------------------|
| YEAR 5 (2017-2018) | | |
| 1. SOFT SKILLS | | |
| 1 | Session on "How Good are your Leadership Skills" | 08-09-2017 |
| 2 | Session on "Team Building Skills" | 19-03-2018 |
| 3 | Expert Session on "How to be Self Motivated" | 04-04-2018 |
| 2. LANGUAGE AND COMMUNICATION SKILLS | | |
| 4 | Session on "How to develop Good Communication Skills" | 31-10-2017 |
| 5 | Session on "Cross Cultural Communication in Organisations" | 20-12-2017 |
| 6 | Session on "Language and Selling Skills" | 01-02-2018 |
| 7 | Rural Reporting - Reporting in Manoli Village | 24-02-2018 |
| 3. LIFE SKILLS | | |
| 8 | Expert Session on "Self Hygiene" | 07-11-2017 |
| 9 | Self Defense Training Programme | 27-02-2018 |
| 10 | Session on "Why eating Raw Wholesome Diet is Important" | 19-03-2018 |
| 11 | Session on "Yoga for Mental Clarity" | 21-06-2018 |



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Session on “How Good are your Leadership Skills” September 8, 2017

The Department of Commerce, Maharaja Agrasen Institute of Management Studies, organized a session on “How Good are your Leadership Skills” on September 8, 2017. In total 45 students attended the session. The session focused on educating students about techniques to develop good Leadership Skills.

Dr. Puja Khatri, Professor, USMS interacted with the students and discussed various ways to develop Leadership skills. She discussed that to become a more effective Leader, we should possess several core leadership qualities. She explained we must constantly push ourself to improve our leadership skills, whether it's taking the initiative, honing our critical thinking abilities, or learning how to inspire and empower those around us. She also included activities which can help students identify the type of leader they are.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, presented a memento as a token of gratitude.





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| Session on “How good are your Leadership Skills” | | | | | |
|--------------------------------------------------|------------------|-------------------|--------------------------|------------|------|
| ACADEMIC YEAR : 2017-2018 | | | DATE : September 8, 2017 | | |
| LIST OF PARTICIPANTS | | | | | |
| S. No | Name | Enrollment Number | College | Course | Year |
| 1 | SHITIJA GARG | 35514702415 | MAIMS | BA JMC (H) | 3 |
| 2 | SHREYA SAHNI | 35614702415 | MAIMS | BA JMC (H) | 3 |
| 3 | SIDDHARTH TYAGI | 40114702415 | MAIMS | BA JMC (H) | 3 |
| 4 | GUNJAN KOHLI | 40214702415 | MAIMS | BA JMC (H) | 3 |
| 5 | SWATI DAGA | 40314702415 | MAIMS | BA JMC (H) | 3 |
| 6 | VAIBHAV ARORA | 40414702415 | MAIMS | BA JMC (H) | 3 |
| 7 | BHARAT SHRESHTHA | 40514702415 | MAIMS | BA JMC (H) | 3 |
| 8 | ARYAN BAZAD | 40614702415 | MAIMS | BA JMC (H) | 3 |
| 9 | DEEPANJALI KHERA | 40714702415 | MAIMS | BA JMC (H) | 3 |
| 10 | MUSKAN GUPTA | 40914702415 | MAIMS | BA JMC (H) | 3 |
| 11 | PRANAY SATYAM | 41014702415 | MAIMS | BA JMC (H) | 3 |
| 12 | KANIKA THAPLIYAL | 60014702415 | MAIMS | BA JMC (H) | 3 |
| 13 | YASH SHARMA | 04961188816 | MAIMS | B.COM (H) | 2 |
| 14 | ANKIT KUMAR JHA | 35161188816 | MAIMS | B.COM (H) | 2 |
| 15 | PARTH GUPTA | 35461188816 | MAIMS | B.COM (H) | 2 |
| 16 | SAHIB JAGGI | 35561188816 | MAIMS | B.COM (H) | 2 |
| 17 | GAURAV RAJORA | 40161188816 | MAIMS | B.COM (H) | 2 |
| 18 | BHAVAY GUPTA | 40261188816 | MAIMS | B.COM (H) | 2 |
| 19 | TUSHAR AGGARWAL | 40361188816 | MAIMS | B.COM (H) | 2 |
| 20 | SHIVAM GUPTA | 40461188816 | MAIMS | B.COM (H) | 2 |
| 21 | SACHIN VIJAY | 40561188816 | MAIMS | B.COM (H) | 2 |
| 22 | RIYA BANSAL | 60161188816 | MAIMS | B.COM (H) | 2 |
| 23 | SHRESHTHA GUPTA | 60261188816 | MAIMS | B.COM (H) | 2 |
| 24 | GAUTAM GOEL | 65161188816 | MAIMS | B.COM (H) | 2 |

| | | | | | |
|----|-----------------|-------------|-------|-----|---|
| 25 | YEJASWI AGRAWAL | 14314701715 | MAIMS | BBA | 3 |
| 26 | AKSHIT GOEL | 35114701715 | MAIMS | BBA | 3 |
| 27 | ANURAG DABAS | 35214701715 | MAIMS | BBA | 3 |
| 28 | DIKSHA GOEL | 35314701715 | MAIMS | BBA | 3 |
| 29 | GAURAV GUPTA | 35414701715 | MAIMS | BBA | 3 |
| 30 | HARSHITA GOEL | 35514701715 | MAIMS | BBA | 3 |
| 31 | HARSHITA GUPTA | 35614701715 | MAIMS | BBA | 3 |
| 32 | HIMANI GUPTA | 35714701715 | MAIMS | BBA | 3 |
| 33 | KASHISH MADAAAN | 35814701715 | MAIMS | BBA | 3 |
| 34 | KAVISHA GUPTA | 35914701715 | MAIMS | BBA | 3 |
| 35 | MUSKAN GOEL | 36014701715 | MAIMS | BBA | 3 |
| 36 | NAMAN JAIN | 36114701715 | MAIMS | BBA | 3 |
| 37 | SAGAR JAIRATH | 36214701715 | MAIMS | BBA | 3 |
| 38 | SHASHANK GUPTA | 36314701715 | MAIMS | BBA | 3 |
| 39 | SHUBHAM GUPTA | 36414701715 | MAIMS | BBA | 3 |
| 40 | SHUBHAM MITTAL | 36514701715 | MAIMS | BBA | 3 |
| 41 | TEJAS POPLI | 36614701715 | MAIMS | BBA | 3 |
| 42 | TUSHAR SINGAL | 36714701715 | MAIMS | BBA | 3 |
| 43 | TWINKLE GUPTA | 36814701715 | MAIMS | BBA | 3 |
| 44 | BHAVYA NAGPAL | 40114701715 | MAIMS | BBA | 3 |
| 45 | ADITYA JAIN | 00714701715 | MAIMS | BBA | 3 |

Session on "Team Building Skills"

March 19, 2018

Department of Business Administration, organized a Session on "Team Building Skills" in Maharaja Agrasen Institute of Management Studies, New Delhi on March 19, 2018. The session focused on the importance of Team Building as a Skill. There was a turnout of 91 students for the session.

Ms. Meenakshi Gupta, Assistant Professor MAIMS interacted with students and explained that Team building skills are capabilities that help leaders form interactive, supportive, and high-functioning teams. For example, problem solving, listening, and organizing are essential team building skills. The purpose of these skills is to support teamwork and team development. She further explained that these skills can be learned in team building books, by following team building examples, and by participating in team building games and team building problems. She closed the session by saying Confident, competent, and considerate leaders impress colleagues and inspire teams to excel. We should keep improving, and our teams are sure to improve too. The students were highly motivated for the same.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Vijay Kumar Khurana, thanked him for delivering such an informative session.





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Academic Year: 2017-2018

Date : March 19, 2018

List of Participants

Session on "Team Building Skills"

| S. No | Name | Enrollment No. | Course | Year |
|-------|-----------------------------|----------------|-------------|------|
| 1 | Shivanshu Aggarwal | 2261188817 | B. Com. (H) | 1 |
| 2 | Shashank Khanduri | 42114788817 | B. Com. (H) | 1 |
| 3 | Vedansh Jain | 2814788817 | B. Com. (H) | 1 |
| 4 | Abhinav Goel | 41761188817 | B. Com. (H) | 1 |
| 5 | Siddharth Teri | 2761188817 | B. Com. (H) | 1 |
| 6 | Divyansh Kumar | 40261188817 | B. Com. (H) | 1 |
| 7 | Rohan Mondal | 3561188816 | B. Com. (H) | 2 |
| 8 | Aditya Jain | 361188816 | B. Com. (H) | 2 |
| 9 | Sajal Goel | 60114788816 | B. Com. (H) | 2 |
| 10 | Abhinav Arora | 161188816 | B. Com. (H) | 2 |
| 11 | Paras Anand | 40214788815 | B. Com. (H) | 3 |
| 12 | Kush Bhardwaj | 35261188815 | B. Com. (H) | 3 |
| 13 | Ayush Garg | 1314788815 | B. Com. (H) | 3 |
| 14 | Aditya Arora | 314788815 | B. Com. (H) | 3 |
| 15 | Shreyansh Garg | 3914788815 | B. Com. (H) | 3 |
| 16 | Udbhav Mangal | 4061188815 | B. Com. (H) | 3 |
| 17 | Harshit Vardaan | 1814788815 | B. Com. (H) | 3 |
| 18 | Aditya Veer Jain | 514788815 | B. Com. (H) | 3 |
| 19 | Shubh Singhal | 6514721617 | BA Eco. (H) | 1 |
| 20 | Saumya Nagpal | 4714721617 | BA Eco. (H) | 1 |
| 21 | Lavi Tyagi | 41014703817 | BA LLB | 1 |
| 22 | Shruti Bansal | 35714703817 | BA LLB | 1 |
| 23 | Harshit Singh Gahlot | 03614703817 | BA LLB | 1 |
| 24 | Pratishtha Negi | 06114703817 | BA LLB | 1 |
| 25 | Shubham Singh Routhan | 42014703817 | BA LLB | 1 |
| 26 | Aditya Mishra | 00614703817 | BA LLB | 1 |
| 27 | Apoorv Jain | 01614703817 | BA LLB | 1 |
| 28 | Mishi Varshney | 2214712417 | BA(JMC) | 1 |
| 29 | Parth Hans | 2614712417 | BA(JMC) | 1 |
| 30 | Shivendra Sajivshant Saxena | 40814712417 | BA(JMC) | 1 |
| 31 | Kuber Jain | 1714712417 | BA(JMC) | 1 |
| 32 | Vishal Kumar | 4614712417 | BA(JMC) | 1 |
| 33 | Akshita Gupta | 41014712417 | BA(JMC) | 1 |

| | | | | |
|----|------------------------|-------------|---------|---|
| 34 | Sanchit Jain | 3414712417 | BA(JMC) | 1 |
| 35 | Riya Pahuja | 3214702416 | BA(JMC) | 2 |
| 36 | Rishab Gupta | 3114702416 | BA(JMC) | 2 |
| 37 | Vivaan Mittal | 35214702416 | BA(JMC) | 2 |
| 38 | Ishpreet Kaur Saini | 40314702416 | BA(JMC) | 2 |
| 39 | Muskaan Swami | 2414702415 | BA(JMC) | 3 |
| 40 | Vaibhav Arora | 40414702415 | BA(JMC) | 3 |
| 41 | Utkarsha Sahani | 7714701717 | BBA | 1 |
| 42 | Harsh Garg | 45361101717 | BBA | 1 |
| 43 | Vineet Khurana | 45214701717 | BBA | 1 |
| 44 | Chirag Aggarwal | 35314701717 | BBA | 1 |
| 45 | Ilma Khan | 3014701717 | BBA | 1 |
| 46 | Pratik Prasannam Panda | 40461101717 | BBA | 1 |
| 47 | Tanaaya Sharma | 8061101717 | BBA | 1 |
| 48 | Aridaman Raghav | 914701717 | BBA | 1 |
| 49 | Anisha Gupta | 761101717 | BBA | 1 |
| 50 | Bhavya Nahata | 1214701717 | BBA | 1 |
| 51 | Sonali Dhameja | 7314701717 | BBA | 1 |
| 52 | Manav Jethani | 50461101717 | BBA | 1 |
| 53 | Shivam Kumar | 41614701717 | BBA | 1 |
| 54 | Naman Garg | 40814701717 | BBA | 1 |
| 55 | Rishabh Pardesi | 43561101717 | BBA | 1 |
| 56 | Shray Bhushan | 6614701717 | BBA | 1 |
| 57 | Anjali | 45461101717 | BBA | 1 |
| 58 | Sanjit Sikka | 6661101717 | BBA | 1 |
| 59 | Sourav Sharma | 43014701717 | BBA | 1 |
| 60 | Aditi Bhatia | 41861101717 | BBA | 1 |
| 61 | Rohan Bhola | 6561101717 | BBA | 1 |
| 62 | Nishant Singla | 35761101717 | BBA | 1 |
| 63 | Mayank Singla | 40714701717 | BBA | 1 |
| 64 | Dishant Singh | 40914701716 | BBA | 2 |
| 65 | Parush Bhatia | 7661101716 | BBA | 2 |
| 66 | Abhinadan Jain | 41314701716 | BBA | 2 |
| 67 | Aditya Singhal | 761101716 | BBA | 2 |
| 68 | Sehaj Rawat | 40661101716 | BBA | 2 |
| 69 | Nitya Bansal | 6414701716 | BBA | 2 |
| 70 | Abhishek Kumar | 314701716 | BBA | 2 |
| 71 | Kuhu Arora | 5461101716 | BBA | 2 |
| 72 | Aastha Jain | 35114701716 | BBA | 2 |
| 73 | Akshay Ahuja | 1061101716 | BBA | 2 |
| 74 | Lakshya Gupta | 5661101716 | BBA | 2 |
| 75 | Guneet Singh Sawhney | 43714701716 | BBA | 2 |
| 76 | Vaibhav Verma | 36861101716 | BBA | 2 |
| 77 | Saurabh Aggarwal | 8714701716 | BBA | 2 |

| | | | | |
|----|----------------|-------------|-----|---|
| 78 | Vanika Mangla | 42414701716 | BBA | 2 |
| 79 | Shivam Singla | 9661101716 | BBA | 2 |
| 80 | Yatish Jolly | 41814701715 | BBA | 3 |
| 81 | Muskan Goel | 36014701715 | BBA | 3 |
| 82 | Sahil Mehra | 10761101715 | BBA | 3 |
| 83 | Chetna Kumar | 2714701715 | BBA | 3 |
| 84 | Ravi Panwar | 9414701715 | BBA | 3 |
| 85 | Harsh Goel | 4261101715 | BBA | 3 |
| 86 | Ganesh Goel | 35661101715 | BBA | 3 |
| 87 | Kriti Chitkara | 41761101715 | BBA | 3 |
| 88 | Mehul Dogra | 7661101715 | BBA | 3 |
| 89 | Jatin Kumar | 5014701715 | BBA | 3 |
| 90 | Rajeev Ranjan | 9214701715 | BBA | 3 |
| 91 | Kopal Sethi | 40761101715 | BBA | 3 |



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Expert Session on "How to be Self Motivated"

April 4, 2018

Department of Business Administration, organized an Expert Session on "How to be Self Motivated" in Maharaja Agrasen Institute of Management Studies, New Delhi on April 4, 2018. The session focused on the importance of being Self Motivated. There was a turnout of 51 students for the session.

The main speaker for the session was Ms. Riya Sharma, Assistant Professor, MAIMS. The session was exceptionally informative as she explained that Self-motivation is the force that keeps pushing us to go on – it's our internal drive to achieve, produce, develop, and keep moving forward. When you think you're ready to quit something, or you just don't know how to start, your self-motivation is what pushes you to go on.

Ms. Riya interacted with the students and elucidated about the basics. She explained that when we talk about self-motivation, we are going beyond basic motives. What we really mean is the ability to follow through on making a positive change in life — without giving up. Self-motivation requires that you believe in yourself, stay inspired, and keep going despite setbacks. After this, questions were raised from the participants and their queries were suitably answered. She ended the session by concluding the objective and his views on the topic.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Vijay Kumar Khurana, expressed gratitude to the speaker for such an informative session. The students were highly motivated after the session.





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Academic Year: 2017-2018

Date : April 4, 2018

List of Participants

Expert Session on "How to be Self Motivated"

| S. No | Name | Enrollment No. | Course | Year |
|-------|---------------------|----------------|-------------|------|
| 1 | Anshul Jain | 42114701716 | BBA | 2 |
| 2 | Anshika Garg | 35361101715 | BBA | 3 |
| 3 | Shubham Gupta | 9961101716 | BBA | 2 |
| 4 | Shivangi Jaiswal | 35414788817 | B. Com. (H) | 1 |
| 5 | Shubham Gupta | 40914701715 | BBA | 3 |
| 6 | Yogesh Sheoran | 11861101716 | BBA | 2 |
| 7 | Vibha Sharma | 40961101716 | BBA | 2 |
| 8 | Arnav Gupta | 11814701716 | BBA | 2 |
| 9 | Ashish Jain | 661188815 | B. Com. (H) | 3 |
| 10 | Aanchal Suryan | 161101716 | BBA | 2 |
| 11 | Rahul Kumar | 5714701717 | BBA | 1 |
| 12 | Tanish Gupta | 36414701717 | BBA | 1 |
| 13 | Karan Malhotra | 60614701716 | BBA | 2 |
| 14 | Shivam Sahni | 44014701717 | BBA | 1 |
| 15 | Poorva Khatri | 7914701715 | BBA | 3 |
| 16 | Shalini Kashyap | 40214703817 | BA LLB | 1 |
| 17 | Vivek Arora | 40314701717 | BBA | 1 |
| 18 | Rishabh Chhalani | 8561101716 | BBA | 2 |
| 19 | Tushar Tyagi | 4561188816 | B. Com. (H) | 2 |
| 20 | Jayash Kakria | 35114702417 | BA(JMC) | 1 |
| 21 | Pragya Gulati | 36061101716 | BBA | 2 |
| 22 | Amit Sethi | 35261101715 | BBA | 3 |
| 23 | Shivam Murghai | 2161188817 | B. Com. (H) | 1 |
| 24 | Ritvik Seth | 1514788817 | B. Com. (H) | 1 |
| 25 | Varun Kumar Kataria | 13314701715 | BBA | 3 |
| 26 | Aakansha Goel | 50114721617 | BA Eco. (H) | 1 |
| 27 | Harsh Sharma | 43461101717 | BBA | 1 |
| 28 | Nishant Gahlot | 8361101715 | BBA | 3 |
| 29 | Naman Singh Chhabra | 4761101717 | BBA | 1 |
| 30 | Aayushi Dhawan | 00414703817 | BA LLB | 1 |
| 31 | Lehar Gupta | 1814712417 | BA(JMC) | 1 |
| 32 | Kanika Gupta | 861188817 | B. Com. (H) | 1 |
| 33 | Tanishq Malhotra | 36361101717 | BBA | 1 |

| | | | | |
|----|-------------------|-------------|-------------|---|
| 34 | Saumya Gupta | 40614702416 | BA(JMC) | 2 |
| 35 | Kunal Gupta | 1061188817 | B. Com. (H) | 1 |
| 36 | Gauraang Singhal | 2814701716 | BBA | 2 |
| 37 | Mukund Aggarwal | 6314721617 | BA Eco. (H) | 1 |
| 38 | Abhishek Sharma | 43114701717 | BBA | 1 |
| 39 | Shubham Bansal | 4014788815 | B. Com. (H) | 3 |
| 40 | Akshit Dhingra | 40314788816 | B. Com. (H) | 2 |
| 41 | Shreya Jain | 60514788816 | B. Com. (H) | 2 |
| 42 | Saransh Gupta | 45014701717 | BBA | 1 |
| 43 | Raghav Gupta | 35314702417 | BA(JMC) | 1 |
| 44 | Rimsha Khan | 42861101717 | BBA | 1 |
| 45 | Keshav Garg | 35614701716 | BBA | 2 |
| 46 | Arushi Goyal | 01914703817 | BA LLB | 1 |
| 47 | Ayush Sharma | 41161101717 | BBA | 1 |
| 48 | Sparsh Jain | 36661101716 | BBA | 2 |
| 49 | Hitansh Achantani | 4514701715 | BBA | 3 |
| 50 | Suprabha Arya | 35661188817 | B. Com. (H) | 1 |
| 51 | Ankit | 1214701716 | BBA | 2 |

SESSION ON “HOW TO DEVELOP GOOD COMMUNICATION SKILLS”

October 31, 2017

Department of Law, Maharaja Agrasen Institute of Management Studies organized a Session on “How to develop Good Communication Skills” on 31st October, 2017. The session focused on the how a person can develop good communication skills and the benefits one can reap from being a master communicator. It was a great learning experience for the students. The session showed a turnout of 39 students. The main speaker invited for this session was Mr. Vikas Chandwani, Lifeskill Coach. The session was exceedingly informative and worthwhile for the students.

Mr. Chandwani interacted with the students and elucidated them about the basics of how to develop good communication skills. He explained what effective communication actually is and how to become an effective communicator. He told the students about the importance of effective communication at work and the effects of poor communication. He described how an individual can improve his/her questioning and listening skills in order to ensure effective communication. He further explained the ways in which an individual can overcome barriers to effective communication and handle conflicts more productively and efficiently. He ended the session by saying establishing good communication skills is all about being able to listen and then getting one's point or opinion across in the right way.

On behalf of Maharaja Agrasen Institute of Management Studies, Ms. Sarita Garg, thanked him for delivering an exceedingly informative session and sharing guidance with the students.





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Academic Year: 2017-2018

Date : October 31, 2017

List of Participants

Session on "How to develop Good Communication Skills"

| S. No | Name | Enrollment No. | Course | Year |
|-------|-----------------------|----------------|-------------|------|
| 1 | Shivangi Jaiswal | 35414788817 | B. Com. (H) | 1 |
| 2 | Ujjwal Kumar Jha | 3414788816 | B. Com. (H) | 2 |
| 3 | Parth Gupta | 35461188816 | B. Com. (H) | 2 |
| 4 | Prabha Chhalani | 2361188815 | B. Com. (H) | 3 |
| 5 | Rohit Kumar Manchanda | 3414788815 | B. Com. (H) | 3 |
| 6 | Ashish Jain | 661188815 | B. Com. (H) | 3 |
| 7 | Ekansh Bhardwaj | 2261101717 | BBA | 1 |
| 8 | Shreya Menon | 6814701717 | BBA | 1 |
| 9 | Ritika Sharma | 6461101717 | BBA | 1 |
| 10 | Kunal Aggarwal | 4314701717 | BBA | 1 |
| 11 | Rahul Kumar | 5714701717 | BBA | 1 |
| 12 | Tanish Gupta | 36414701717 | BBA | 1 |
| 13 | Rashi Kalra | 46361101717 | BBA | 1 |
| 14 | Shivam Sahni | 44014701717 | BBA | 1 |
| 15 | Piyush Bansal | 40514701717 | BBA | 1 |
| 16 | Shivangi Aggarwal | 45914701717 | BBA | 1 |
| 17 | Vivek Arora | 40314701717 | BBA | 1 |
| 18 | Anshul Jain | 42114701716 | BBA | 2 |
| 19 | Shubham Gupta | 9961101716 | BBA | 2 |
| 20 | Charu Gupta | 40214701716 | BBA | 2 |
| 21 | Yogesh Sheoran | 11861101716 | BBA | 2 |
| 22 | Vibha Sharma | 40961101716 | BBA | 2 |
| 23 | Arnav Gupta | 11814701716 | BBA | 2 |
| 24 | Saksham Aggarwal | 60761101716 | BBA | 2 |
| 25 | Akshita Aggarwal | 714701716 | BBA | 2 |
| 26 | Rahul Jain | 7014701716 | BBA | 2 |
| 27 | Aanchal Suryan | 161101716 | BBA | 2 |
| 28 | Karan Malhotra | 60614701716 | BBA | 2 |
| 29 | Paras Sharma | 61114701716 | BBA | 2 |
| 30 | Keshav Gupta | 40714701716 | BBA | 2 |
| 31 | Sahil Arora | 40861101716 | BBA | 2 |
| 32 | Anshika Garg | 35361101715 | BBA | 3 |
| 33 | Archit Gupta | 2361101715 | BBA | 3 |

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|----|---------------|-------------|-----|---|
| 34 | Shubham Gupta | 40914701715 | BBA | 3 |
| 35 | Shivam Gaur | 11714701715 | BBA | 3 |
| 36 | Simran Jain | 60061101715 | BBA | 3 |
| 37 | Laksh Kapoor | 6461101715 | BBA | 3 |
| 38 | Poorva Khatri | 7914701715 | BBA | 3 |
| 39 | Vaibhav Gupta | 40514701715 | BBA | 3 |

SESSION ON “CROSS CULTURAL COMMUNICATION IN ORGANISATIONS”

December 20, 2017

Department of Journalism and Mass Communication, organized a “Session on Cross Cultural Communication in Organizations” in Maharaja Agrasen Institute of Management Studies, New Delhi on December 20, 2017. The session focused on the importance of cross-cultural communication in organization. There was a turnout of 29 students for the session.

The main speaker for the session was Mr. Vikas Chandwani, Lifeskill Coach. The session was exceptionally informative as how cross-cultural communication in the workplace allows businesses to work with people from a wide variety of backgrounds and cultures. As a result, overall communication improves, bonds between coworkers grow, and the company's performance reaches greater heights.

He described fundamentals of effective cross-cultural communication. He further explained Competence, Commitment, Contribution, and Character of cross-cultural communication in organizations. He then spoke about the core issues that are present like anxiety, assuming similarities instead of difference, ethnocentrism, language problems, prejudice and stereotyping, and misinterpretation of non-verbal. He ended the session by concluding the objective and his views on the topic.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Praveen Kumar extended gratitude for taking such a wonderful session.





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Academic Year: 2017-2018

Date : December 20, 2017

List of Participants

Session on "Cross Cultural Communication in Organisations"

| S. No | Name | Enrollment No. | Course | Year |
|-------|------------------------|----------------|-------------|------|
| 1 | Vidhi Sharma | 2914788817 | B. Com. (H) | 1 |
| 2 | Shivam Murghai | 2161188817 | B. Com. (H) | 1 |
| 3 | Ritvik Seth | 1514788817 | B. Com. (H) | 1 |
| 4 | Varun Kumar Kataria | 13314701715 | BBA | 3 |
| 5 | Raman Yadav | 8361101716 | BBA | 2 |
| 6 | Harsh Sharma | 43461101717 | BBA | 1 |
| 7 | Nishant Gahlot | 8361101715 | BBA | 3 |
| 8 | Naman Singh Chhabra | 4761101717 | BBA | 1 |
| 9 | Kaustubh Luthra | 40814788817 | B. Com. (H) | 1 |
| 10 | Naman Kanojia | 4714701717 | BBA | 1 |
| 11 | Harshit Madan | 4361101716 | BBA | 2 |
| 12 | Rishabh Gupta | 60114701715 | BBA | 3 |
| 13 | Kanika Gupta | 861188817 | B. Com. (H) | 1 |
| 14 | Dhruv Aggarwal | 3314701715 | BBA | 3 |
| 15 | Tanishq Malhotra | 36361101717 | BBA | 1 |
| 16 | Akshat Jain | 40161101715 | BBA | 3 |
| 17 | Krishna Garg | 3661101717 | BBA | 1 |
| 18 | Sidakjeev Singh Baweja | 41061101716 | BBA | 2 |
| 19 | Kunal Gupta | 1061188817 | B. Com. (H) | 1 |
| 20 | Vibhas Gupta | 3514788816 | B. Com. (H) | 2 |
| 21 | Aman Gupta | 60114701716 | BBA | 2 |
| 22 | Gauraang Singhal | 2814701716 | BBA | 2 |
| 23 | Yavi Aggarwal | 35661188815 | B. Com. (H) | 3 |
| 24 | Muskan Bhatia | 6761101716 | BBA | 2 |
| 25 | Nikhil Aggarwal | 7414701715 | BBA | 3 |
| 26 | Saurabh Goel | 35361188815 | B. Com. (H) | 3 |
| 27 | Abhishek Sharma | 43114701717 | BBA | 1 |
| 28 | Shubham Bansal | 4014788815 | B. Com. (H) | 3 |
| 29 | Akshit Dhingra | 40314788816 | B. Com. (H) | 2 |

SESSION ON “LANGUAGE AND SELLING SKILLS”

FEBRUARY 1, 2018

Department of Business Administration, organized a “Session on Language and Selling Skills” in Maharaja Agrasen Institute of Management Studies, New Delhi on February 1, 2018. The webinar focused on the importance of language and selling skills. It was a great learning experience for students. There was a turnout of 78 students for the webinar.

Dr. Bharti Chaudhary, Faculty MAIMS interacted with the students and elucidated about the basics of language and how it effects in selling skills. She described how your choice of language has a huge impact on your ability to sell. She further explained some skills to keep in mind while selling, like understanding what the buyer wants, use psychology to engage the buyer, establishing trust with the buyer, etc. She then spoke about the core issues that occur while selling like not being able to communicate, not listening to what the buyer wants, etc. After this, questions were raised from the participants and their queries were suitably answered. She ended the session by briefing the participants about how they can speak with clarity, be patient, keep it simple, etc while selling a product or service.

It's a wonderful thing to drink from the minds of those who have labored long, hard and well. On behalf of the institute, Dr. Vijay Kumar Khurana, thanked her for giving us the priceless session.





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| Academic Year: 2017-2018 | | | Date : February 1, 2018 | |
|------------------------------------------|-----------------------|----------------|-------------------------|------|
| List of Participants | | | | |
| Session on "Language and Selling Skills" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Rishab Joshi | 6361101717 | BBA | 1 |
| 2 | Shreyansh Jaspal | 6914701717 | BBA | 1 |
| 3 | Mayank Jain | 42661101717 | BBA | 1 |
| 4 | Lakshay Chaudhary | 4514701717 | BBA | 1 |
| 5 | Nakul Ghai | 4661101717 | BBA | 1 |
| 6 | Avishi Gupta | 42561101717 | BBA | 1 |
| 7 | Jeevansh Thakkar | 50614701717 | BBA | 1 |
| 8 | Harsh Augustine Kujur | 2514701717 | BBA | 1 |
| 9 | Tanu | 36514701717 | BBA | 1 |
| 10 | Dhruv Sharma | 40114701717 | BBA | 1 |
| 11 | Sandesh Sachdeva | 44961101717 | BBA | 1 |
| 12 | Prayaas Kochhar | 5014701717 | BBA | 1 |
| 13 | Omni Billa | 43661101717 | BBA | 1 |
| 14 | Rachit Rawat | 5861101717 | BBA | 1 |
| 15 | Dikshant Watwani | 46614701717 | BBA | 1 |
| 16 | Bhavika | 1114701717 | BBA | 1 |
| 17 | Vanshika Kapoor | 46014701717 | BBA | 1 |
| 18 | Kritika Arora | 41414701717 | BBA | 1 |
| 19 | Utkarsh Arora | 46314701717 | BBA | 1 |
| 20 | Ashutosh Goel | 41514701717 | BBA | 1 |
| 21 | Sachin Narang | 36014701717 | BBA | 1 |
| 22 | Akshay Arora | 44661101717 | BBA | 1 |
| 23 | Shubham Kumar | 7361101717 | BBA | 1 |
| 24 | Keshav Agarwal | 3914701717 | BBA | 1 |
| 25 | Aastha | 50114701717 | BBA | 1 |
| 26 | Harshit Jain | 45814701717 | BBA | 1 |
| 27 | Deepali Dodeja | 1814701717 | BBA | 1 |
| 28 | Gatendra Kumar Verma | 2361101717 | BBA | 1 |
| 29 | Ishit Gupta | 35414701717 | BBA | 1 |
| 30 | Jatin Anand | 3114701717 | BBA | 1 |
| 31 | Nupur Garg | 42614701716 | BBA | 2 |
| 32 | Manan Khurana | 5314701716 | BBA | 2 |
| 33 | Vanshika Jain | 44161101716 | BBA | 2 |
| 34 | Devansh Dixit | 3261101716 | BBA | 2 |

| | | | | |
|----|-------------------|-------------|-----|---|
| 35 | Prabal Jain | 6714701716 | BBA | 2 |
| 36 | Rashi Dhir | 8461101716 | BBA | 2 |
| 37 | Latika Gupta | 4814701716 | BBA | 2 |
| 38 | Yashasvi Sharma | 44461101716 | BBA | 2 |
| 39 | Angad Mehta | 1161101716 | BBA | 2 |
| 40 | Tanya Diwan | 41661101716 | BBA | 2 |
| 41 | Anuj Singhal | 44061101716 | BBA | 2 |
| 42 | Aarushi Dhawan | 42814701716 | BBA | 2 |
| 43 | Deepak Anchalia | 41014701716 | BBA | 2 |
| 44 | Puneet Gupta | 44114701716 | BBA | 2 |
| 45 | Sambhav Lakhanpal | 41614701716 | BBA | 2 |
| 46 | Ankur Othiwal | 1314701716 | BBA | 2 |
| 47 | Harshul Jindal | 40761101716 | BBA | 2 |
| 48 | Bhupesh Mepal | 1914701716 | BBA | 2 |
| 49 | Nupur Gupta | 35814701716 | BBA | 2 |
| 50 | Mansi Kansal | 5414701716 | BBA | 2 |
| 51 | Rahul Hooda | 8161101716 | BBA | 2 |
| 52 | Surbhi Rastogi | 10761101716 | BBA | 2 |
| 53 | Nimit Gupta | 7261101716 | BBA | 2 |
| 54 | Sudhanshu Kumar | 36614701716 | BBA | 2 |
| 55 | Puneet Sharma | 36161101716 | BBA | 2 |
| 56 | Nishant Chandna | 7361101716 | BBA | 2 |
| 57 | Sangam Panghal | 8214701716 | BBA | 2 |
| 58 | Shantanu Oberoi | 9261101716 | BBA | 2 |
| 59 | Sanjeevani Sethi | 8414701716 | BBA | 2 |
| 60 | Sahil Preva | 10614701715 | BBA | 3 |
| 61 | Dushaan Dua | 3714701715 | BBA | 3 |
| 62 | Sarthak Arora | 11161101715 | BBA | 3 |
| 63 | Kumar Rishabh | 5314701715 | BBA | 3 |
| 64 | Aryesh Raj | 2314701715 | BBA | 3 |
| 65 | Rishabh Madan | 9714701715 | BBA | 3 |
| 66 | Abhishek Raheja | 861101715 | BBA | 3 |
| 67 | Vikas Kumar Gupta | 13514701715 | BBA | 3 |
| 68 | Shiva Bhugra | 11614701715 | BBA | 3 |
| 69 | Utkarsh Goyal | 12561101715 | BBA | 3 |
| 70 | Arpit Sharma | 2114701715 | BBA | 3 |
| 71 | Archit Adlakha | 1814701715 | BBA | 3 |
| 72 | Ankit Mittal | 1861101715 | BBA | 3 |
| 73 | Diksha Goyal | 35561101715 | BBA | 3 |
| 74 | Aditya Gupta | 41414701715 | BBA | 3 |
| 75 | Hardik Chawla | 4061101715 | BBA | 3 |
| 76 | Yash Aggarwal | 40561101715 | BBA | 3 |
| 77 | Akshita Sharma | 1114701715 | BBA | 3 |
| 78 | Soumya Gupta | 11961101715 | BBA | 3 |



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Rural Reporting - Reporting in Manoli Village

February 24, 2018

Village is a far dream and destination for the people living in Metro cities like Delhi and media doesn't have time to listen or raise villager's voice. Department of Journalism and Mass Communication, Maharaja Agrasen Institute of Management Studies arranged a Rural Reporting Visit for the students at village Manoli, located on the banks of Yamuna near Sonapat district in Haryana.

Dr. Vinita Gupta expressed heartfelt gratitude to Shri Ashok Kumar Gupta ji, one of our trustees along with Shri Surendra ji, Nitin ji and Nikhil ji who made it possible for the students to visit the village and learn about how to do reporting in rural regions. 65 students participated and thoroughly gained knowledge from the visit.





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Academic Year: 2017-2018 **Date : February 24, 2018**

List of Participants

Rural Reporting - Reporting in Manoli Village

| S. No | Name | Enrollment No. | Course | Year |
|-------|----------------------|----------------|---------|------|
| 1 | Kabir Mahendru | 1414712417 | BA(JMC) | 1 |
| 2 | Shivangi Saxena | 4014712417 | BA(JMC) | 1 |
| 3 | Udita Singhal | 4414712417 | BA(JMC) | 1 |
| 4 | Kashmira Sachdeva | 1614712417 | BA(JMC) | 1 |
| 5 | Hardik Aggarwal | 1214712417 | BA(JMC) | 1 |
| 6 | Siddharth Aggarwal | 35614702417 | BA(JMC) | 1 |
| 7 | Ishan Kumar | 1314712417 | BA(JMC) | 1 |
| 8 | Saksham Patel | 3314712417 | BA(JMC) | 1 |
| 9 | Akhil Hasija | 214712417 | BA(JMC) | 1 |
| 10 | Parmeet Kaur | 2514712417 | BA(JMC) | 1 |
| 11 | Jigisha Sai | 40314712417 | BA(JMC) | 1 |
| 12 | Swasti Jain | 4214712417 | BA(JMC) | 1 |
| 13 | Radhika Chugh | 2914712417 | BA(JMC) | 1 |
| 14 | Mayank Arora | 2114712417 | BA(JMC) | 1 |
| 15 | Sashakt Gupta | 3714712417 | BA(JMC) | 1 |
| 16 | Sarthak Goswami | 40514712417 | BA(JMC) | 1 |
| 17 | Pallavi | 2414712417 | BA(JMC) | 1 |
| 18 | Shreyansh Shrivastav | 4114712417 | BA(JMC) | 1 |
| 19 | Mamta Joshi | 2014712417 | BA(JMC) | 1 |
| 20 | Mallika Khurana | 1914712417 | BA(JMC) | 1 |
| 21 | Kuber Jain | 1714712417 | BA(JMC) | 1 |
| 22 | Apoorva Joshi | 414712417 | BA(JMC) | 1 |
| 23 | Anish Ganguli | 514702416 | BA(JMC) | 2 |
| 24 | Sumit Kumar Ranga | 3914702416 | BA(JMC) | 2 |
| 25 | Sarthak Bhardwaj | 40714702416 | BA(JMC) | 2 |
| 26 | Samarth Kaushik | 3514702416 | BA(JMC) | 2 |
| 27 | Paridhi Gupta | 40514702416 | BA(JMC) | 2 |
| 28 | Mahima Mourya | 2514702416 | BA(JMC) | 2 |
| 29 | Kashish Sharma | 2114702416 | BA(JMC) | 2 |
| 30 | Lakshya Wadhera | 2314702416 | BA(JMC) | 2 |
| 31 | Shreya Batra | 40814702416 | BA(JMC) | 2 |
| 32 | Ayush Chaudhary | 1114702416 | BA(JMC) | 2 |
| 33 | Aman Bharti | 40114702416 | BA(JMC) | 2 |
| 34 | Rahul Solanki | 3014702416 | BA(JMC) | 2 |

| | | | | |
|----|------------------|-------------|---------|---|
| 35 | Diksha Agarwal | 35314702416 | BA(JMC) | 2 |
| 36 | Ayush Singh | 1314702416 | BA(JMC) | 2 |
| 37 | Prachi Arora | 2814702416 | BA(JMC) | 2 |
| 38 | Ashish Sharma | 814702416 | BA(JMC) | 2 |
| 39 | Ayush Pandey | 1214702416 | BA(JMC) | 2 |
| 40 | Tushar Poddar | 4114702416 | BA(JMC) | 2 |
| 41 | Shivangi Verma | 3714702416 | BA(JMC) | 2 |
| 42 | Sachet Shokeen | 40914702416 | BA(JMC) | 2 |
| 43 | Jijeesh Jaimon | 1914702416 | BA(JMC) | 2 |
| 44 | Aakanksha Verma | 114702416 | BA(JMC) | 2 |
| 45 | Nishant Budhraj | 2614702416 | BA(JMC) | 2 |
| 46 | Pranaya Pandey | 2914702415 | BA(JMC) | 3 |
| 47 | Shitija Garg | 35514702415 | BA(JMC) | 3 |
| 48 | Aditya Maken | 414702415 | BA(JMC) | 3 |
| 49 | Kashish Sachdeva | 2014702415 | BA(JMC) | 3 |
| 50 | Swati Daga | 40314702415 | BA(JMC) | 3 |
| 51 | Anurag Joshi | 614702415 | BA(JMC) | 3 |
| 52 | Rashi Chaturvedi | 35314702415 | BA(JMC) | 3 |
| 53 | Nidhi Singh | 2614702415 | BA(JMC) | 3 |
| 54 | Ayushman Madhwal | 814702415 | BA(JMC) | 3 |
| 55 | Gurpreet Hora | 1414702415 | BA(JMC) | 3 |
| 56 | Prerna Malik | 3014702415 | BA(JMC) | 3 |
| 57 | Charu Sabharwal | 1014702415 | BA(JMC) | 3 |
| 58 | Kanika Jain | 1914702415 | BA(JMC) | 3 |
| 59 | Shivani Pandey | 4114702415 | BA(JMC) | 3 |
| 60 | Sanchit Thukral | 3714702415 | BA(JMC) | 3 |
| 61 | Himanshu Dheer | 1614702415 | BA(JMC) | 3 |
| 62 | Nishant Sagar | 2714702415 | BA(JMC) | 3 |
| 63 | Shreya Sahni | 35614702415 | BA(JMC) | 3 |
| 64 | Aryan Bazad | 40614702415 | BA(JMC) | 3 |
| 65 | Mohit Kumar | 2114702415 | BA(JMC) | 3 |



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EXPERT SESSION ON “SELF HYGIENE”

November 7, 2017

Department of Commerce, Maharaja Agrasen Institute of Management Studies organized an “Expert Session on Self Hygiene” in Maharaja Agrasen Institute of Management Studies, New Delhi on November 7, 2017. The expert session focused on the need to maintain good personal hygiene. It was a great learning experience for students. The session showed a turnout of 58 students. The main speaker invited for this expert session was Dr. Deepa Kaushik, Assistant Professor, VIPS.

Dr. Deepa interacted with the students and elucidated them about the importance of personal hygiene and how having good hygiene habits contribute to the wellness of society. She then illustrated some good hygiene activities which are necessary to be undertaken by everyone. She then spoke about having good hygiene perpetuates a personable image of an individual in the society. She encouraged the students to take responsibility for their own hygiene and health and further promote good hygiene habits. The expert session was ended by a quick quiz session which saw an enthusiastic response from the students. Dr. Deepa concluded the session by the good old proverb: “Health is Wealth”.

On behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked her for delivering an exceedingly informative expert session and sharing her expert guidance with the students.





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Academic Year: 2017-2018 Date : November 7, 2017

List of Participants

Expert Session on "Self Hygiene"

| S. No | Name | Enrollment No. | Course | Year |
|-------|-------------------|----------------|-------------|------|
| 1 | Yash Goel | 35561188815 | B. Com. (H) | 3 |
| 2 | Rishabh Jasola | 5914701717 | BBA | 1 |
| 3 | Akhil Hasija | 214712417 | BA(JMC) | 1 |
| 4 | Raghav Chawla | 5961101717 | BBA | 1 |
| 5 | Mehul Tayal | 5914701716 | BBA | 2 |
| 6 | Devesh Vaish | 02814703817 | BA LLB | 1 |
| 7 | Mayank Dalal | 4061101717 | BBA | 1 |
| 8 | Yashaswi Sharma | 41614788816 | B. Com. (H) | 2 |
| 9 | Priyanshu Chauhan | 41414701716 | BBA | 2 |
| 10 | Udit Saksena | 41014701715 | BBA | 3 |
| 11 | Mohit Kumar | 1461188817 | B. Com. (H) | 1 |
| 12 | Deepank Aggarwal | 60414701716 | BBA | 2 |
| 13 | Ankit Kalra | 41314701715 | BBA | 3 |
| 14 | Sidhi Jain | 11761101715 | BBA | 3 |
| 15 | Priyanshu Garg | 5761101717 | BBA | 1 |
| 16 | Yashaank | 8961101717 | BBA | 1 |
| 17 | Shreya Khandelwal | 36261101715 | BBA | 3 |
| 18 | Richa Rai | 9514701715 | BBA | 3 |
| 19 | Riya Singh | 41814703817 | BA LLB | 1 |
| 20 | Rohan Malik | 7614701716 | BBA | 2 |
| 21 | Manav Bhardwaj | 1361188817 | B. Com. (H) | 1 |
| 22 | Monika Punia | 6661101716 | BBA | 2 |
| 23 | Mahak Gupta | 35461188817 | B. Com. (H) | 1 |
| 24 | Priyanshi Jain | 5114701717 | BBA | 1 |
| 25 | Lakshay Gupta | 5714701715 | BBA | 3 |
| 26 | Vasu Kohli | 44414701717 | BBA | 1 |
| 27 | Vishesh Jain | 40614701716 | BBA | 2 |
| 28 | Rishab Garg | 60561101715 | BBA | 3 |
| 29 | Girisha Singh | 1314702415 | BA(JMC) | 3 |
| 30 | Gagan Gera | 3814701715 | BBA | 3 |
| 31 | Chetna Mahor | 2661101716 | BBA | 2 |
| 32 | Srishti Tyagi | 4314788815 | B. Com. (H) | 3 |
| 33 | Vaishali Singh | 11214701716 | BBA | 2 |

| | | | | |
|----|-------------------|-------------|-------------|---|
| 34 | Aayush Gupta | 361101715 | BBA | 3 |
| 35 | Ankita Midha | 1961101715 | BBA | 3 |
| 36 | Mansi Chauhan | 6414701715 | BBA | 3 |
| 37 | Tushar | 36761101716 | BBA | 2 |
| 38 | Sahil Bhaskar | 7914701716 | BBA | 2 |
| 39 | Harsh Garg | 41961188817 | B. Com. (H) | 1 |
| 40 | Nikhil Arora | 4861101717 | BBA | 1 |
| 41 | Siddhant Arora | 40514788817 | B. Com. (H) | 1 |
| 42 | Ishant Kalra | 4561101716 | BBA | 2 |
| 43 | Kashish Matta | 1761188815 | B. Com. (H) | 3 |
| 44 | Akansha Kohli | 514701716 | BBA | 2 |
| 45 | Harkirat Singh | 4161101715 | BBA | 3 |
| 46 | Sadhna | 8761101716 | BBA | 2 |
| 47 | Aniket Gupta | 61214701716 | BBA | 2 |
| 48 | Sanyam Goel | 40314788817 | B. Com. (H) | 1 |
| 49 | Pragati . Singhi | 40714788817 | B. Com. (H) | 1 |
| 50 | Shruti | 60214788816 | B. Com. (H) | 2 |
| 51 | Amarpali Aggarwal | 414702416 | BA(JMC) | 2 |
| 52 | Sourabh Sorout | 40714703817 | BA LLB | 1 |
| 53 | Soumya Aggarwal | 7561101717 | BBA | 1 |
| 54 | Manish Kumar Garg | 35314703817 | BA LLB | 1 |
| 55 | Aditi Sharma | 40661188815 | B. Com. (H) | 3 |
| 56 | Paras Eachpilani | 8861101715 | BBA | 2 |
| 57 | Raghav Goel | 3214788815 | B. Com. (H) | 3 |
| 58 | Palak Seth | 8661101715 | BBA | 3 |



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SELF- DEFENCE TRAINING PROGRAMME

27th February, 2018 - 8th March, 2018

Under the initiative of Dr. Nand Kishore Garg, Founder Chairman, MATES, and Shri Prem Sagar Goyal Ji, Chairman, MATES, in collaboration with Crime Against Women's Cell (CAWC), Delhi Police, conducted a ten-day training programme in self-defence (27th February, 2018 to 8th March, 2018) for the girl students of the Institute. In India, self-defence, especially for women is of utmost importance since crime against women has been on the rise. Providing self defence training increases self-confidence in girls so that they can contribute meaningfully to their own development and shape their own destiny. This is indeed one of the noble initiatives taken by the Delhi Police.

The primary goal of the programme was to empower the girls in techniques of basic martial arts and self-defence. The programme whose main motto was "SAY NO TO FEAR" was conducted by a team of well trained women constables who demonstrated several techniques of self-defence using everyday objects and accessories that women use such as dupatta, hand bags, notebooks, and pens to protect themselves from crimes such as chain or bag snatching, acid attacks and physical assaults. The programme was also successful in creating a sense of awareness of the potential attacker's likely strategies and the ways to counter them. The trainers emphasised that awareness to be the first line of defence and trained students to create a "forced presence" in order to avoid such unpleasant situations. It equipped students with first aid techniques in cases of physical attacks and acid-attacks. 50 students participated in the programme.

At the end of the training programme, a formal closing ceremony was organized on Women's Day, 8th March, 2018. The function was graced by Miss Veditha Reddy, SHO, Kanjhawala, Chief Guest; Shri Mohan Garg Ji, Joint General Secretary, MATES and Prof M. K. Bhat, Director, MAIMS.

The Institute strongly believes that such initiatives will go a long way in empowering girls and enabling them to raise their voice against any odd. We are sure that the training will help our girl students to face all adversities in life courageously.





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| Academic Year: 2017-2018 | | | | Date : February 27, 2018 |
|---------------------------------|------------------|----------------|-------------|--------------------------|
| List of Participants | | | | |
| Self Defense Training Programme | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Shreya Jain | 60514788816 | B. Com. (H) | 2 |
| 2 | Nikita Kakkar | 35961101716 | BBA | 2 |
| 3 | Khyati | 5961101715 | BBA | 3 |
| 4 | Vanshika Dewan | 35514788816 | B. Com. (H) | 2 |
| 5 | Ashima Gupta | 35114721617 | BA Eco. (H) | 1 |
| 6 | Jigyasa Pandey | 40414702416 | BA(JMC) | 2 |
| 7 | Twinkle Mahajan | 61214701715 | BBA | 3 |
| 8 | Isha Mittal | 6114721617 | BA Eco. (H) | 1 |
| 9 | Ruhi Salhotra | 1614788817 | B. Com. (H) | 1 |
| 10 | Sheffali Goel | 3261188815 | B. Com. (H) | 3 |
| 11 | Pragun Jain | 8114701715 | BBA | 3 |
| 12 | Chahat Goel | 44614701717 | BBA | 1 |
| 13 | Prachi Arora | 2814702416 | BA(JMC) | 2 |
| 14 | Pragun Sehgal | 5461101717 | BBA | 1 |
| 15 | Charu Gupta | 40214701716 | BBA | 2 |
| 16 | Anjali Nayyar | 61014701715 | BBA | 3 |
| 17 | Ayushi Jain | 614788817 | B. Com. (H) | 1 |
| 18 | Surabhi Aggarwal | 10414701716 | BBA | 2 |
| 19 | Anusha Panjwani | 2261101715 | BBA | 3 |
| 20 | Sakshi Gupta | 36214701716 | BBA | 2 |
| 21 | Prachi Tayal | 5361101717 | BBA | 1 |
| 22 | Priya | 1914788816 | B. Com. (H) | 2 |
| 23 | Kritika Arora | 41414701717 | BBA | 1 |
| 24 | Bhavya Jain | 50214701717 | BBA | 1 |
| 25 | Sidhi Jain | 11761101715 | BBA | 3 |
| 26 | Neha Arora | 46814701717 | BBA | 1 |
| 27 | Latika Gupta | 4814701716 | BBA | 2 |
| 28 | Parul Jindal | 35514721617 | BA Eco. (H) | 1 |
| 29 | Bhavana Lalwani | 514712417 | BA(JMC) | 1 |
| 30 | Aastha | 50114701717 | BBA | 1 |
| 31 | Priyam Aggarwal | 60561101716 | BBA | 2 |
| 32 | Rimsha Khan | 42861101717 | BBA | 1 |
| 33 | Mahima Chawla | 5114701716 | BBA | 2 |
| 34 | Bhavi Midha | 02214703817 | BA LLB | 1 |

| | | | | |
|----|-------------------|-------------|-------------|---|
| 35 | Ayushi Dhoundiyal | 43761101716 | BBA | 2 |
| 36 | Aditi Bhatia | 41861101717 | BBA | 1 |
| 37 | Vandana Gupta | 60214788815 | B. Com. (H) | 3 |
| 38 | Surbhi Rastogi | 10761101716 | BBA | 2 |
| 39 | Rashi Dhir | 8461101716 | BBA | 2 |
| 40 | Garima Goel | 3561101715 | BBA | 3 |
| 41 | Saranshi Gupta | 40761101717 | BBA | 1 |
| 42 | Shruti | 60214788816 | B. Com. (H) | 2 |
| 43 | Srishti Gupta | 7761101717 | BBA | 1 |
| 44 | Palak Kamra | 60261101715 | BBA | 3 |
| 45 | Mansi Kansal | 5414701716 | BBA | 2 |
| 46 | Chetna Mahor | 2661101716 | BBA | 2 |
| 47 | Sanjeevani Sethi | 8414701716 | BBA | 2 |
| 48 | Akansha Gupta | 314702416 | BA(JMC) | 2 |
| 49 | Aishwarya Chopra | 42161101715 | BBA | 3 |
| 50 | Gauri Garg | 3961101715 | BBA | 3 |

Session on “Why eating Raw Wholesome Diet is Important”

March 19, 2018

Department of Business Administration, organized a “Session on Why eating Raw Wholesome Diet is Important” in Maharaja Agrasen Institute of Management Studies, New Delhi on March 19, 2018. The session focused on the importance of Raw Wholesome diet and health benefits attached to it. There was a turnout of 43 participants for the session. The speaker for the session was Dr. Usha Nair, Faculty MAIMS

Dr. Usha Nair interacted with the participants and elaborated that raw food diet consists mainly of unprocessed whole foods, plant-based, and organic foods that are a source of high nutritional value. She emphasized on the idea that heating food destroys its nutrients and natural enzymes, which is bad because enzymes boost digestion and fight chronic disease. In short: When you cook it, you kill it.

She further mentioned that as known, processed foods contain high unhealthy unsaturated fats, which do more harm than good. They can cause high inflammatory responses in the body and also lead to heart problems. They are either high in added sugar or have high salt content, excess of which can cause severe health issues. That said, a raw food diet is unprocessed and healthy, which makes it beneficial for the body. The students were keen on trying Raw Wholesome diet to test the benefits themselves.

On the behalf of Maharaja Agrasen Institute of Management Studies, Dr. Vijay Kumar Khurana, thanked her for delivering such an informative session.





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| Academic Year: 2017-2018 | | | | Date : March 19, 2018 |
|---------------------------------------------------------|-----------------------------|----------------|-------------|-----------------------|
| List of Participants | | | | |
| Session on "Why eating Raw Wholesome Diet is Important" | | | | |
| S. No | Name | Enrollment No. | Course | Year |
| 1 | Shubh Singhal | 6514721617 | BA Eco. (H) | 1 |
| 2 | Dishant Singh | 40914701716 | BBA | 2 |
| 3 | Utkarsha Sahani | 7714701717 | BBA | 1 |
| 4 | Rohan Mondal | 3561188816 | B. Com. (H) | 2 |
| 5 | Parush Bhatia | 7661101716 | BBA | 2 |
| 6 | Yatish Jolly | 41814701715 | BBA | 3 |
| 7 | Riya Pahuja | 3214702416 | BA(JMC) | 2 |
| 8 | Harsh Garg | 45361101717 | BBA | 1 |
| 9 | Vineet Khurana | 45214701717 | BBA | 1 |
| 10 | Chirag Aggarwal | 35314701717 | BBA | 1 |
| 11 | Ilma Khan | 3014701717 | BBA | 1 |
| 12 | Pratik Prasannam Panda | 40461101717 | BBA | 1 |
| 13 | Tanaaya Sharma | 8061101717 | BBA | 1 |
| 14 | Aridaman Raghav | 914701717 | BBA | 1 |
| 15 | Abhinadan Jain | 41314701716 | BBA | 2 |
| 16 | Saumya Nagpal | 4714721617 | BA Eco. (H) | 1 |
| 17 | Rishab Gupta | 3114702416 | BA(JMC) | 2 |
| 18 | Aditya Singhal | 761101716 | BBA | 2 |
| 19 | Muskan Goel | 36014701715 | BBA | 3 |
| 20 | Anisha Gupta | 761101717 | BBA | 1 |
| 21 | Paras Anand | 40214788815 | B. Com. (H) | 3 |
| 22 | Shivanshu Aggarwal | 2261188817 | B. Com. (H) | 1 |
| 23 | Sehaj Rawat | 40661101716 | BBA | 2 |
| 24 | Mishi Varshney | 2214712417 | BA(JMC) | 1 |
| 25 | Sahil Mehra | 10761101715 | BBA | 3 |
| 26 | Bhavya Nahata | 1214701717 | BBA | 1 |
| 27 | Parth Hans | 2614712417 | BA(JMC) | 1 |
| 28 | Chetna Kumar | 2714701715 | BBA | 3 |
| 29 | Kush Bhardwaj | 35261188815 | B. Com. (H) | 3 |
| 30 | Shivendra Sajivshant Saxena | 40814712417 | BA(JMC) | 1 |
| 31 | Shashank Khanduri | 42114788817 | B. Com. (H) | 1 |
| 32 | Nitya Bansal | 6414701716 | BBA | 2 |
| 33 | Abhishek Kumar | 314701716 | BBA | 2 |

| | | | | |
|----|----------------|-------------|-------------|---|
| 34 | Kuber Jain | 1714712417 | BA(JMC) | 1 |
| 35 | Ravi Panwar | 9414701715 | BBA | 3 |
| 36 | Harsh Goel | 4261101715 | BBA | 3 |
| 37 | Lavi Tyagi | 41014703817 | BA LLB | 1 |
| 38 | Sonali Dhameja | 7314701717 | BBA | 1 |
| 39 | Ayush Garg | 1314788815 | B. Com. (H) | 3 |
| 40 | Manav Jethani | 50461101717 | BBA | 1 |
| 41 | Kuhu Arora | 5461101716 | BBA | 2 |
| 42 | Vedansh Jain | 2814788817 | B. Com. (H) | 1 |
| 43 | Vivaan Mittal | 35214702416 | BA(JMC) | 2 |

Session on Yoga for Mental Clarity

June 21, 2018

Department of Business Administration, organized a “Session on Yoga for Mental Clarity” in Maharaja Agrasen Institute of Management Studies, New Delhi on International Yoga Day, June 21, 2018. The session focused on the importance of yoga and mental health benefits attached to it. There was a turnout of 72 participants for the session. The speaker/instructor for the session was Mr. Sunil Kumar, Yoga Instructor.

Mr. Sunil interacted with the participants and elaborated that Although many people are only familiar with the physical postures of Yoga, there are also a number of very effective Yogic breathing exercises that can invigorate you or calm you down. Additionally, there are pranayama or breathing exercises that can effectively “clear the mental cobwebs” and help to increase mental clarity.

He mentioned research shows that yoga and meditation may improve executive functions, such as reasoning, decision making, memory, learning, reaction time, and accuracy on tests of mental acuity. Participants got the queries resolved and the session was concluded with some pranayama and posture practice.

All the participants performed the aasanas and thanked Mr. Sunil for such a refreshing session.





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Academic Year: 2017-2018

Date : June 21, 2018

List of Participants

Session on "Yoga for Mental Clarity"

| S. No | Name | Enrollment No. | Course | Year |
|-------|---------------------|----------------|-------------|------|
| 1 | Chiranjeevi Karnail | 814712417 | BA(JMC) | 1 |
| 2 | Shubham Gupta | 36414701715 | BBA | 3 |
| 3 | Akshita Sharma | 661101717 | BBA | 1 |
| 4 | Aryaman Jaiswal | 40961101717 | BBA | 1 |
| 5 | Isha Hindocha | 2861101717 | BBA | 1 |
| 6 | Keshav Ailawadhi | 35761101716 | BBA | 2 |
| 7 | Yukti Bansal | 60814701716 | BBA | 2 |
| 8 | Sanchit Mahajan | 8861101716 | BBA | 2 |
| 9 | Kritika Khanna | 04814703817 | BA LLB | 1 |
| 10 | Nakul Gupta | 35414702416 | BA(JMC) | 2 |
| 11 | Ridhima Arora | 10161101715 | BBA | 3 |
| 12 | Jatin Dev Prshad | 3914701716 | BBA | 2 |
| 13 | Vishal Moray | 4414702416 | BA(JMC) | 2 |
| 14 | Abhishek Chauhan | 40461101715 | BBA | 3 |
| 15 | Vipul Kumar | 13614701715 | BBA | 3 |
| 16 | Sahil Kholiya | 3514702415 | BA(JMC) | 3 |
| 17 | Saloni Arora | 3214721617 | BA Eco. (H) | 1 |
| 18 | Kushagra Batra | 6361101715 | BBA | 3 |
| 19 | Parth Aneja | 40661101715 | BBA | 3 |
| 20 | Mankeerat Kaur | 7361101715 | BBA | 3 |
| 21 | Ayush Goel | 35261188817 | B. Com. (H) | 1 |
| 22 | Eva Gupta | 3961101716 | BBA | 2 |
| 23 | Lavesh Raj | 5014701716 | BBA | 2 |
| 24 | Chaitanya Arora | 2014701716 | BBA | 2 |
| 25 | Samyak Jain | 35561188817 | B. Com. (H) | 1 |
| 26 | Sagar Kansal | 36014701716 | BBA | 2 |
| 27 | Karan Sachdeva | 41214788817 | B. Com. (H) | 1 |
| 28 | Suraj Singh | 3214788816 | B. Com. (H) | 2 |
| 29 | Riya | 7414701716 | BBA | 2 |
| 30 | Mayur Jain | 6614701715 | BBA | 3 |
| 31 | Tanya Singh | 44261101716 | BBA | 2 |
| 32 | Sakshi Jolly | 10861101715 | BBA | 3 |
| 33 | Princy Garg | 40914701717 | BBA | 1 |

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|----|-----------------------|-------------|-------------|---|
| 34 | Sahil Sharma | 3614702415 | BA(JMC) | 3 |
| 35 | Priyanshu | 40114788816 | B. Com. (H) | 2 |
| 36 | Shubhmeet Singh | 7014701717 | BBA | 1 |
| 37 | Aman Jain | 60514701716 | BBA | 2 |
| 38 | Harpreet Singh Bhatia | 4214701715 | BBA | 3 |
| 39 | Aman Karwa | 1461101715 | BBA | 3 |
| 40 | Tarishi Singh | 42361101717 | BBA | 1 |
| 41 | Madhur Thakral | 1961188815 | B. Com. (H) | 3 |
| 42 | Shivani Verma | 07114703817 | BA LLB | 1 |
| 43 | Rishabh Arora | 10261101715 | BBA | 3 |
| 44 | Rinki Arora | 42361101715 | BBA | 3 |
| 45 | Muskan Gupta | 35414788815 | B. Com. (H) | 3 |
| 46 | Hiten Nayyar | 4461101716 | BBA | 2 |
| 47 | Anuj Patil | 214721617 | BA Eco. (H) | 1 |
| 48 | Kashish Jain | 41214701715 | BBA | 3 |
| 49 | Sonakshi Joshi | 41861101715 | BBA | 3 |
| 50 | Yatin Suneja | 40814701716 | BBA | 2 |
| 51 | Sachin Sharma | 6214701717 | BBA | 1 |
| 52 | Pawan Mittal | 3114788815 | B. Com. (H) | 3 |
| 53 | Pragya Manchanda | 9161101715 | BBA | 3 |
| 54 | Raghav Maheshwari | 5514701717 | BBA | 1 |
| 55 | Aashima Chawla | 41061188817 | B. Com. (H) | 1 |
| 56 | Shlok Jindal | 7261101717 | BBA | 1 |
| 57 | Shailesh Shankar | 7061101717 | BBA | 1 |
| 58 | Jigar Kotecha | 1461188815 | B. Com. (H) | 3 |
| 59 | Dhruv Baweja | 40761188815 | B. Com. (H) | 3 |
| 60 | Deepanshu Bansal | 42061101717 | BBA | 1 |
| 61 | Sanchit Gupta | 35514788815 | B. Com. (H) | 3 |
| 62 | Kartik Lamba | 4514701716 | BBA | 2 |
| 63 | Akash Solanki | 861101716 | BBA | 2 |
| 64 | Ojas Tayal | 3814788816 | B. Com. (H) | 2 |
| 65 | Navdeep Singh | 1761188817 | B. Com. (H) | 1 |
| 66 | Shree Deeksha | 11914701715 | BBA | 3 |
| 67 | Priyanshi | 41361101717 | BBA | 1 |
| 68 | Sonali Bajaj | 45414701717 | BBA | 1 |
| 69 | Brijesh Kalra | 2461101716 | BBA | 2 |
| 70 | Sandeep Kumar | 1914788817 | B. Com. (H) | 1 |
| 71 | Ajinkya Rastogi | 35114788815 | B. Com. (H) | 3 |
| 72 | Parth Pasricha | 9061101715 | BBA | 3 |