



## MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

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### **Awareness program on 'Women Menstrual Cycle' in Pooth Kalan Department of Journalism and Mass Communication, Legal Services Clinic, MAIMS, 22<sup>nd</sup> March 2018**

Department of Journalism and Mass Communication and Legal Services Clinic, MAIMS organized an awareness program on 'Women Menstrual Cycle' in Pooth Kalan area on 22<sup>nd</sup> March, 2018. Prof. (Dr.) Vinita Gupta, Head of Department Journalism and Mass Communication addressed girls and women of slum areas and made them aware about the disease which can be caused by using dirty cloths. She further motivated girls to talk about menstruation and feminine hygiene with their elder ones. Creating awareness and openness is one of the most effective ways to help teach girls how to properly manage their menstrual hygiene. 100 pads were also distributed to needy by student volunteers.

