## MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES



(A unit of Maharaja Agrasen Technical Education Society)

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## WEBINAR ON "HOW TO STAY MOTIVATED DURING COVID- 19 - THE BRIGHT SIDE IN THE DARK TIDE" May 13, 2021

Legal Services Clinic, Department of Law, MAIMS under the aegis of IQAC and in association with MATES Warriors Club, MAIMS Alumni Association and ISKCON, Dwarka under the aegis of IQAC Cell organized a Webinar on Zoom Meetings Platform entitled- "How to stay Motivated during COVID-19 – The Bright Side in Dark Tide" timings were 12.00 and 1.45 noon on Thursday, 13<sup>th</sup> May 2021. The session was aimed at encouraging and motivating the students during these unprecedented and unpredictable times.

The eminent speaker was HG Amogh Lila Das, Vice President (ISKCON, Dwarka). The speaker encouraged and motivated students to have a positive mindset and thinking during these uncertain times. He also suggested the idea of self-grooming and the enchantments which create a positive vibration in the environment around us. During these ascertain times one must remember the duality of *sukh* and *dukh*, we have to tolerate it and remember that it will pass.

The whole Session was conducted by HG Amogh Lila Das in a very interactive manner and the students also participated enthusiastically. The Event was initiated and coordinated by Faculty Convener - Ms Purnima Gupta, Convener, Legal Services Clinic and Co- Conveners Dr. Nisha Dhanraj Dewani and Dr. Shilpee Aggarwal.



