



MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES
(A unit of Maharaja Agrasen Technical Education Society)

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SESSION ON “SELF DEVELOPMENT”

October 3, 2018

Department of Business Administration, Maharaja Agrasen Institute of Management Studies organized a “Session on Self-Development” in Maharaja Agrasen Institute of Management Studies, New Delhi on October 3, 2018. The expert session focused on the need of self-development. The session showed a turnout of 52 students.

The main speaker invited for this session was Ms. Riya Sharma, Assistant Professor MAIMS.

Ms. Riya Sharma interacted with the students and elucidated them about what personal development is. She extensively explained about the importance of personal growth and development. She spoke about how a person can grow from inside out, using life experiences and making conscious life choices. She described how a person can become the best version of himself/herself and his/her best contributor through self-introspection and self-development. She further talked about the importance of developing new skills that helps a person get the best result from any situation thrown at him/her. She ended the session by quoting- “reduce fear and replace it with confidence”.

Dr. Vijay Kumar Khurana extended gratitude on the behalf of Maharaja Agrasen Institute of Management Studies for enthusiastically being a part of the expert session. Students actively participated in the discussion.

