



## MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES

(A unit of Maharaja Agrasen Technical Education Society)

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### SESSION ON “EFFECTIVE BODY LANGUAGE” August 22, 2018

Department of Commerce, Maharaja Agrasen Institute of Management Studies organized a Session on “Effective Body Language” in Maharaja Agrasen Institute of Management Studies, New Delhi on August 22, 2018. The session focused on the science of effective body language and its impact, along with how to read body language. The session showed a turnout of 46 students.

Ms. Sumedha Dutta, Assistant Professor, MAIMS interacted with the students and elucidated them about the importance of developing an effective body language. She explained how body language is the unspoken part of communication which delivers the message with more impact. She described the contribution of facial expressions in conveying a thought. She then illustrated how people adjust their body language to appear a certain way, which can be more positive, engaging or negative. She further explained how one person can interpret and understand another person’s body language and facial expressions to communicate more effectively.

On behalf of Maharaja Agrasen Institute of Management Studies, Dr. Manju Gupta, thanked her for delivering an exceedingly informative session and sharing her expert guidance with the students. The expert session was extremely successful as it gave some enlightening learnings to the students and the students were delighted on being imparted with the immensely useful knowledge.

