

## **Nag Champa**



- 1. Name of Tree:** Nag Champa
- 2. Scientific Name:** Plumeria pudica
- 3. Vernacular Name :** Hindi: सुलतान चम्पा Sultan Champa Sanskrit: पुत्राग Punnaga, Panch kasara, Nagchampa, नाग चम्पा Nag Champa Tamil: Punnai, Pinnai
- 4. Age:**
- 5. Season:** Plumeria pudica
- 6. Medicinal properties:** Nag Champa essential oil combines very well any time blended thoroughly with several herbs. It really is a good choice for these diseases on the scalp, vertigo, headache, about gout, sub-acute rheumatism and many various other ailments.
- 7. Chemical Compound:** Its main constituents are Linalool,  $\alpha$ -humulene, Benzaldehyde, Benzoic acid Geraniol, beta-caryophyllene, beta-elemene, methyl eugenol.
- 8. Description:** It is an evergreen species of Plumeria. It can grow up to 3-8 metres in height. The branches are rather soft and brittle. A slow-growing plant, it flowers at an early age.
- 9. Most favorable Location:** It is originated from India. It is mostly found in east, south and Himalayan hills.
- 10. Therapeutic Uses:** Treat skin diseases, swelling of the legs, caring for burns, eye irritation, dysentery, migraine, and vertigo, arthritis, sciatica, eye irritation, antibacterial, ulcers, gonorrhoea, ringworm etc.
- 11. Nutritious value:**
- 12. Religious and Cultural Context:** In Bengali culture, most white flowers, and in particular, plumeria *chômpa* are associated with funerals and death. In India, nag champa is used in many temples as a stick, or agarbatti in India.

THANK YOU FOR READING

LINK TO FEEDBACK - <https://forms.gle/MDHEPTxcFshWAsTi6>