

Jamun Tree



1. **Name of Tree**-Jamun
2. **Scientific Name**- Syzygium Cumini
3. **Vernacular Names** - Malabar plum, Java Plum, Black plum, Jambolan
4. **Age**- 60 years
5. **Season**- Jamun fruit is produced almost year-round in tropical and sub-tropical climates with a peak season in the summer.
6. **6.Medicinal Properties**- the Jamun seed is rich in glycosides which possess anti-diabetic properties.
7. **Chemical compound**- The fruit of Jamun consists of different anthocyanins.
8. **Description**-As a rapidly growing species, it can reach heights of up to 30 m and can live more than 100 years.
9. **Most favorable location**-East India, Thailand, Philippines, Madagascar
10. **Therapeutic Uses**-Jamun fruit is eaten fresh, off the tree. Because of the astringent taste, the dark berries are often eaten with a sprinkle of salt when fresh
11. **Nutritious value**-Raw fruit is 83% water, 16% carbohydrates, 1% protein, and contains negligible fat.
12. **Religious and cultural context**-Krishna is also known to have four symbols of the jambu fruit on his right foot as mentioned in the Srimad Bhagavatam .

THANK YOU FOR READING

LINK TO FEEDBACK-<https://forms.gle/MDHEPTxcFshWAsTi6>