## MAHARAJA AGRASEN INSTITUTE OF MANAGEMENT STUDIES



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## **Jamun Tree**



- 1. Name of Tree-Jamun
- 2. Scientific Name- Syzygium Cumini
- 3. Vernacular Names Malabar plum, Java Plum, Black plum, Jambolan
- **4. Age-** 60 years
- **5. Season-** Jamun fruit is produced almost year-round in tropical and sub-tropical climates with a peak season in the summer.
- **6. 6.Medicinal Properties** the Jamun seed is rich in glycosides which possess anti-diabetic properties.
- 7. Chemical compound- The fruit of Jamun consists of different anthocyanins.
- **8. Description**-As a rapidly growing species, it can reach heights of up to 30 m and can live more than 100 years.
- 9. Most favorable location-East India, Thailand, Philippines, Madagascar
- **10. Therapeutic Uses-**Jamun fruit is eaten fresh, off the tree. Because of the astringent taste, the dark berries are often eaten with a sprinkle of salt when fresh
- **11. Nutritious value-**Raw fruit is 83% water, 16% <u>carbohydrates</u>, 1% <u>protein</u>, and contains negligible fat.
- **12. Religious and cultural context**-Krishna is also known to have four symbols of the jambu fruit on his right foot as mentioned in the Srimad Bhagavatam.

THANK YOU FOR READING

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