

Guava Tree



1. **Name Of Tree**-Guava Tree
2. **Scientific Name**- Psidium guajava
3. **Vernacular Names** - Guava Tree
4. **Age**- 8-10 years
5. **Season**- Rainy and winter season
6. **Medicinal Properties**- It cures sickness like diarrhea, helps in reducing fever, dysentery, gastroenteritis, hypertension, diabetes, caries, pain relief and wounds.
7. **Chemical Compounds**- The main constituents of guava leaves are phenolic compounds, is flavonoids, gallic acid, catechin, epicatechin, rutin, naringenin, kaempferol.
8. **Description**- Guavas are typical Myrtoideae, with tough dark leaves that are opposite, simple, elliptic to ovate, and 5–15 centimetres (2–6 in) long.
9. **Most Favorable Location**- Mexico, Central America or northern South America
10. **Therapeutic Uses** -The entire fruit is a key ingredient in punch, and the juice is often used in culinary sauces (hot or cold), ales, candies, dried snacks, fruit bars, and desserts, or dipped in chamoy. Pulque de guava is a popular alcoholic beverage in these regions.
11. **Nutritious value**-Guavas are rich in dietary fiber and vitamin C, with moderate levels of folic acid .
12. **Economic Importance**-In Malaysia, the leaves are used with other plant materials to make a black dye for silk. In South East Asia, the leaves are employed to give a black colour to cotton; and in Indonesia, they serve to dye matting.

THANK YOU FOR READING

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