<u>МАІМБ</u> "योग: аर्गसु कौशळम्;"

Maharaja Agrasen Institute of Management Studies

(A unit of Maharaja Agrasen Technical Education Society) Affiliated to GGSIP University; Recognized u/s 2(f) of UGC Recognized by Bar Council of India; ISO 9001:2015 Certified Institution Maharaja Agrasen Chowk, Sector-22, Rohini, Delhi-110086, India Phone Office: 8448186947, 8448186950 Website: <u>www.maims.ac.in</u>

Report

One day workshop on

" FIRST AID TRAINING AND SAFETY MEASURES"

For Non-Teaching Staff

December 12, 2018

In the wake of health and safety of the employees, Maharaja Agrasen Institute of Management Studies organized a one day workshop on **"First Aid Training and Safety Measures"** for its non-teaching staff members. The workshop was conducted on 12 December, 2018 on the institute campus. The training focused on the Aim of First Aid, the Definition and type of Bandages, wound care, how to manage everyday minor accidents, and Learn how to treat an unconscious and breathing casualty and manage minor cuts, grazes, bleeding, and burns.

The training was provided by Dr. K. L. Sethi within the premises of Institute. The workshop sessions focused on the basics of first aid, and how to provide first aid in wounds, bleeding, musculoskeletal injury, burns, heatstroke, poisoning, bites, drowning, fainting, seizures and unconsciousness. All teachers had hands-on experience of dressing the wound, applying different types of bandages, splinting the injured body part, providing cardiopulmonary resuscitation, and transferring the victim. There was active participation by all the Non-teaching staff members and they expressed that the workshop will be beneficial for them to meet the emergencies.

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